

St. Joseph's Primary School
G&WJC (Basketball) 5x5
Rules and Regulations

- 1 Every team should be able to field 5 players, of which a maximum of 1 Special Player, ready to play 2 minutes before the scheduled time to begin.
- 2 Each game in the preliminary round has one 8-minute period and that in the final round has one 8-minute period.
- 3 Each team is entitled to one time-out of 30 seconds per game.
- 4 The team that wins the toss of a coin decides which basket it will attack in the match.
- 5 Alternating possession is a method of causing the ball to become live with a throw-in rather than a jump ball.

The team that does not gain control of the live ball on the playing court after the jump ball shall be entitled to the first alternating possession.
- 6 FIBA rule 28.1.1. [team must cause the ball to go into its frontcourt within 8 seconds] and stop clock in the last minute of a match will be adopted.

FIBA rules will be adopted and the FIBA rule 29.1.1. [team must attempt a shot for a field goal within 24 seconds] will be **in effect this year (2026)**.

No disputes or challenges by the players to the referees are permitted.
- 7 The fourth personal foul on a player will disqualify him from the match. Maximum of 4 team fouls for all teams per match, above which a 1+1 free throws will kick in for each subsequent foul.
- 8 Slam dunk is not permitted.
- 9 If score is tied at the end of the match, no extra periods will be held. Winning team is determined by one-on-one free throws. If the scores are level, throws continue until 1 team has scored a point more than the other from the same number of throws. No substitutions are permitted when the match ends.

- 10** Game clock will not stop except for time-outs, the last minute of a match in the final round and in the event of player injury.
- 11** Every team member should dress uniformly. Team jerseys should bear distinct numbers.
If there is a colour clash, the away-team players must put on the number bibs provided by the G&WJC Committee.
- 12** Only **sports spectacles** are allowed.
FIBA rule 4.4.2. [Players shall not wear equipment (objects) that may cause injury to other players: Spectacles are permitted if they do not pose a danger to other players]
- 13** Players must respect the umpire's decision.

Player Code of Conduct

- 1** *No Disruptive behavior*
- 2** *No Foul or abusive language*
- 3** *No Obscene gesture*