

ARE YOU READY FOR...

# WILDFIRE SEASON



Smoke is a harmful air pollutant that can contain hundreds of different chemicals - including particulate matter, carbon, hydrocarbons, and other toxic materials.

## HAVE A PLAN

- Perform routine maintenance on your HVAC system.
- Upgrade air filters to HEPA or MERV rating of 13 or more.
- Create a Clean Air Room in your home. Want to find out how? [SLOCleanAir.org](http://SLOCleanAir.org).
- Make sure all of your windows are opening and closing properly and that seals are still functioning.
- Locate any possible indoor sources of particulate matter.
- Determine how you will stay cool if you have to keep windows and doors closed - purchase new box fans if possible.

## GET ALERTS

- Do you know where to get up to date information when there is smoke present? Here are some resources:
  - Sign up for **AirAware texts** at [SLOCleanAir.org](http://SLOCleanAir.org).
  - **Follow us** on Twitter, Instagram and Facebook for up to date information.
  - **Fire.AirNow.gov**
  - Bookmark the **AirNow website** so you can easily check local air quality.
  - Sign up for emails at **Enviroflash.info**.

## HEALTH EFFECTS

Smoke can cause numerous health effects, from mild eye burning to irritated air ways and even cardiac issues. When smoke levels are high enough even healthy people may experience some of these symptoms.

The public is advised to consult a doctor if you are experiencing health problems. For those affected, some relief may be gained by staying indoors, limiting strenuous activities and setting any heating/ventilation/air conditioning systems to recirculation.

[SLOCLEANAIR.ORG](http://SLOCLEANAIR.ORG)



BEFORE WILDFIRE SEASON

WILDFIRE SMOKE PRESENT