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SLO County Air Pollution Control District**

Air Quality Awareness Week - Day #4

Hop on Your Bike - May is Bike Month!

SAN LUIS OBISPO, CALIFORNIA, – Bike Month is the largest community organized event in San Luis Obispo County. There are over fifty events happening countywide throughout the month of May. Bicycles are the ultimate clean air, zero emissions vehicle - practical, economical, low-maintenance and non-polluting. Not to mention, they are fun to ride and great way to exercise!

Tip # 4 – Plan your bike ride today and join us in one (or more) of the many events held throughout Bike Month. Festivities include multiple bike breakfasts, Cycle De Mayo, Tweed Ride, Bike-in Movie and Bike to Work Day (May 16). For a listing of all events, visit

<http://rideshare.org/BikeMonth2014/BikeMonth2014Events.aspx> Be sure to log five or more bicycle trips on iRideshare.org to receive fun prizes.

When you plan to be outside and active, it is a good idea to keep informed of the air quality conditions. Sign up to receive the daily air quality forecast via email by subscribing online using the APCD website: <http://www.slocleanair.org/air/AirForecasting.php> Air quality information is also available online at <http://www.slocleanair.org/> or by calling the air quality forecast recording at (805) 781-4390. You can also follow the SLO County APCD on Twitter at @SLOCleanAir!

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