



Air Pollution Control District
San Luis Obispo County

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Media Contact: Aeron Arlin Genet, 781-5998

**Get on Your Bike and Join the Group Commute!
Wednesday Morning, May 29, 2013**

Join staff from San Luis Obispo (SLO) County Air Pollution Control District (APCD), SLO Regional Rideshare, and local Board of Supervisors, as well as executives, employees, students and everyday commuters, in the 2013 Bicycling Group Commute. Tomorrow morning (May 29) meet up at one of the three start locations (i.e., Santa Margarita, Morro Bay and Arroyo Grande) for bike commutes that will all converge at the SLO County Government Center for a Bicycle Breakfast sponsored by the APCD. If these routes do not fit your commute schedule, stop in as part of your bicycle commute for the free breakfast. Top off your tank with House of Bread breakfast items and coffee from Blackhorse. Rideshare will be at the breakfast with Bike Month tickets and Bike Month T-shirts for those who have logged 5 i-rideshare bicycle trips this month.

Don't forget your helmet and for specifics about the Group Commute options, visit: <http://slocleanair.org/community/gc13.php> or call Andy Mutziger at 805.781.5956.

The APCD wants to thank all Bike Month participants for using their bicycle as part of their personal transportation choice. Opting to replace some vehicle trips with your bicycle is a great way to improve your fitness, connect to your community, and reduce air pollution. By way of example, **during this year's Bike to Work Week Challenge (May 13-17), 51 bike teams with 305 team members reduced 4.4 metric tons of CO2 emissions and burned 560,000 calories riding 10,538 miles in 2,938 trips!** As a long time sponsor of Bike Month, the APCD is excited about Bike Month's self-sustaining momentum with steady increases in participants and events over the years.

Go to <http://rideshare.org/BikeMonth2013/events> to check out the remaining Bike Month 2013 events on the Rideshare calendar and come enjoy the Bike Month Blowout on June 6 from 6:30 to 8:30 p.m. at the Creeky Tiki.