



Air Pollution Control District  
San Luis Obispo County

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### **HEALTH ADVISORY - SMOKE IMPACTING SAN LUIS OBISPO COUNTY**

**SAN LUIS OBISPO, CALIFORNIA,** – The San Luis Obispo (SLO) County Air Pollution Control District and Public Health Department are working in partnership to assess the air quality in order to identify any potential health impacts and to inform the community about safeguarding individual health. At this time, a wildfire near Avila Beach is impacting air quality.

Expect skies to be hazy and fine particulate (PM<sub>2.5</sub>) concentrations to be higher than normal. Changing winds make it difficult to predict which areas of the county may be most affected. However, until the fire is put out, smoke will likely be intermittently present in our region.

#### **If you smell smoke or see ash fall:**

Air District officials recommend that if you smell smoke or see ash, take precautions, and use common sense to reduce your exposure to smoke. All adults and children should:

- Head indoors and remain indoors, if possible
- Avoid strenuous outdoor activity
- Close all windows and doors that lead outside to prevent bringing additional smoke inside

These precautions are especially important for sensitive groups, including children, older adults, and people with existing respiratory illness and heart conditions, as they are particularly vulnerable to the health effects of poor air quality. Families with small children should be aware that even if adults in the household have no symptoms, children may experience symptoms due to their smaller body mass and developing lungs. If smoke increases, healthy people could be affected as well. If you experience a cough, shortness of breath, wheezing, exhaustion, light-headedness or chest pain, stop any outdoor activity immediately and seek medical attention. More information can be found at [slocleanair.org/air-quality/wildfire](http://slocleanair.org/air-quality/wildfire).

#### **Face Coverings During Wildfires:**

Cloth masks will not adequately protect you from inhaling wildfire smoke. During the COVID-19 pandemic, cloth masks are encouraged to protect others (not yourself) from the liquid droplets that are expelled when we speak, cough or sneeze from going into the air. Residual spray when you speak produces larger droplets than the PM<sub>2.5</sub> particles produced during wildfire events.

Due to COVID-19, N95 masks are in short supply and should be reserved for frontline workers as much as possible. That is why, to the extent possible, people should stay indoors when wildfire smoke is present as opposed to wearing an N95 mask or a cloth face coverings.

#### **For updates:**

APCD and County officials will continue to closely monitor smoke impacts and air quality in San Luis Obispo County. By following the air quality index (AQI), the public can also monitor real-time air quality throughout SLO County. The AQI focuses on health effects individuals may experience within a few hours or days after breathing polluted air. The current and forecasted AQI is available via the APCD website: [slocleanair.org](http://slocleanair.org) and you can also follow the SLO County APCD and Public Health Department Twitter feeds for the latest updates (@slocleanair and @SLOPublicHealth). You can also sign up for AirAware alerts right on your phone by visiting our website at [SLOCleanAir.org](http://SLOCleanAir.org).

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