



FOR IMMEDIATE RELEASE: October 28, 2019

Contact: Meghan Field, 805-781-5912

SLO County Air Pollution Control District

Dr. Penny Borenstein, 805-781-5500 SLO County Public Health Department

HEALTH ADVISORY - SMOKE IMPACTING SAN LUIS OBISPO COUNTY

SAN LUIS OBISPO, CALIFORNIA, – San Luis Obispo County is being impacted by smoke from the fires in Northern and Southern California. The San Luis Obispo (SLO) County Air Pollution Control District (APCD) and Public Health Department are working in partnership to identify any potential health impacts and to inform the community about safeguarding individual health.

Expect skies to be hazy and course particulate (PM_{10}), fine particulate ($PM_{2.5}$) and ozone concentrations to be higher than normal. Currently, the air quality index is ranging from Moderate to Unhealthy for Sensitive Groups. Changing winds make it difficult to predict which areas of the county may be most affected. However, until the fires are put out, smoke will likely be intermittently present in our region.

If you smell smoke or see ash fall:

Air District officials recommend that if you smell smoke or see ash, take precautions and use common sense to reduce your exposure to smoke. All adults and children should:

- Avoid strenuous outdoor activity
- Remain indoors as much as possible
- Close all windows and doors that lead outside to prevent bringing additional smoke inside
- Set any heating/air conditioning/ventilation systems to recirculate

These precautions are especially important for sensitive groups, including children, older adults, and people with existing respiratory illness and heart conditions, as they are particularly vulnerable to the health effects of poor air quality. Families with small children should be aware that even if adults in the household have no symptoms, children may experience symptoms due to their smaller body mass and developing lungs. If smoke increases, healthy people could be affected as well. If you experience a cough, shortness of breath, wheezing, exhaustion, light-headedness or chest pain, stop any outdoor activity immediately and seek medical attention. More information can be found at slocleanair.org/air-quality/wildfire.

For updates:

APCD and County officials will continue to closely monitor smoke impacts and air quality in San Luis Obispo County. By following the current air quality conditions (Air Quality Index or AQI) on the APCD website: slocleanair.org, the public can monitor real-time air quality throughout SLO County. The AQI focuses on health effects individuals may experience after breathing polluted air. A discussion of the smoke impacts and forecasted AQI is available via the forecast page on the APCD website. Follow the SLO County APCD and Public Health Department Twitter feeds for the latest updates (@slocleanair and @SLOPublicHealth). Sign up for AirAware alerts right on your phone by visiting our website at SLOCleanAir.org.