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SLO County Air Pollution Control District

Air Quality Awareness Week

Tip #2 - Clean Up Your Commute

How did you get to work today? Car or truck? Bicycle? Bus? Your own two feet?

During Air Quality Awareness Week, the San Luis Obispo (SLO) County Air Pollution Control District (APCD) urges residents to Be Air Aware by reducing the use of their car or truck. Here are some commuting tips to help keep the air clean:

1. Drive less and join a carpool or rideshare. Bike, walk or take the bus when possible.
2. Consolidate your errands into one trip; it helps saves fuel and aggravation!
3. Limit vehicle idling. Did you know that idling a vehicle for 10 minutes a day uses an average of 26.4 gallons of gas a year? This translates into each vehicle polluting approximately 530 pounds of carbon dioxide into the atmosphere each year! Turn off your engine if stopped more than one minute.
4. Refuel your car after 6 p.m. Avoid spilling gas and don't "top off" the tank. Replace gas tank cap tightly.
5. Keep your car tuned up and your tires properly inflated.

To protect your health, avoid strenuous outdoor activities when pollution levels are high. Sign up to receive the daily air quality forecast via email by subscribing online using the APCD website:

<http://www.slocleanair.org/air/AirForecasting.php>. Air quality information is also available online at <http://www.slocleanair.org/> or by calling the air quality forecast recording at (805) 781-4390. You can also follow the SLO County APCD on Twitter at @SLOCleanAir!

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