

## GESUNDHEIT | SCHÖNHEIT | WOHLGEFÜHL

- Medical trainer and lecturer for doctors/naturopaths. Independent and non-affiliated with any association or company to relay information based solely on its content value. Teaching various medical disciplines and treatment possibilities with main focus in the PRP-therapy.
- ✓ Degree in business administration (Germany), college and working experience abroad (London) and early founder of the most successful training institute and association for physical therapy (BodyBalancePilates®) in Germany.
  Steady interest in health and well-being continued with further studies in Building Biology & Sustainability,
  Teacher in Buteyko Breathing Technique as well as engaging in a 4 year training program as a naturopath. Additional medical education in London, Berlin, Russia, Moldova, Spain, Italy and South Korea.
- ✓ Founder and CEO of the medical training institute GSW –Gesundheit, Schönheit, Wohlgefühl (engl. GSW health, beauty, well-being). With great passion especially for the enhanced form of the autologous blood therapy using platelet-rich plasma (PRP).
- Course developer and lecturer for all courses of GSW, e.g. mesotherapy, PRP-therapy, PRP in orthopaedics, PRP in aesthetics, carboxy-therapy, plasma-gel, filler injection techniques etc. such as speaker and instructor at medical fairs, in-house trainings and online courses.
- Joining medical workgroups and International commitment to the development of PRP (Russia, Australia) such as gaining knowledge of converting the PRP-serum into a solid consistency for using it as a dermal filler, turning the PRP into a powder or enhancing its efficiency by a maximum through incubation.
- ✓ Medical equipment expert and product developer/privat label (ampoules for mesotherapy, PRP-cream "Plasma Booster" for personalized cosmetics, plasma-gel-device, anti-aging/sleeping concepts "Biomed+"), furthermore distributor/ trader of certified medical products.
- Occasionally publishes articles in medical journals and is author of the medical bilingual book "PRP and Plasma Gel" German/English).



### KATRIN BÖTTGER

BACHELOR OF ECONOMICS
CERTIFIED NATUROPATH

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# **INFORMATION AT A GLANCE**

#### **PRP COURSES**

- Orthop./Sport Medicine
- Dermatology
- Medical Aesthetics
- Dentistry
- ENT
- Gynaecology



# FURTHER COURSES (BIO MEDICINE)

- Unicorn/advanced PRP
- Mesotherapy
- Carboxy therapy
- Injection techniques



GERMANY'S
FIRST TRAINING
CENTER FOR
PLASMA-GELCOURSES &
UNICORN





AUTHOR &
PUBLISHER
OF THE BOOK
"PRP UND
PLASMA-GEL"



FOUNDER & CEO OF GSW TRAINING INSTITUTE



CERTIFIED
BUTEYKO
TEACHER
[Respiratory treatment]

CONCEPT &
DEVELOPMENT
OF BIOMED+
SLEEP SUPPORT
PRODUCT RANGE



DEVELOPMENT
OF VARIOUS
COSMETIC
PRODUCTS
SINCE 1988



CONSULTANTS
BUILDING
BIOLOGY AND
SUSTAINABILITY



Institut für Baubiologie + Nachhaltigkeit



TRAINING
CENTER
FOR HAIR
TRANSPLANT
(FUE Method)



LIPOGEMS OWN BODY FAT TRANSFER



VARIOUS ONLINE-SEMINARS