



Portland Institute
For Loss and Transition

Certification Overview

Interested in pursuing ***Certification in Meaning Reconstruction in Loss*** through the Portland Institute? You may already have made substantial progress toward this goal by claiming credits you have completed in the last 3 years.* Use this handy checklist to see where you stand in the 55-hour curriculum.

Onsite Components

Core courses [18 hours total]

- 1. Grief and its Complications [6 hours]
- 2. Grief Therapy as Meaning Reconstruction:
Processing the Event Story of the Death [6 hours]
- 3. Grief Therapy as Meaning Reconstruction:
Accessing the Back Story of Relationship [6 hours]

Note: Participants in the 2016 Leuven workshop series with Robert Neimeyer, PhD, sponsored by Context can claim credit for both Courses 2 & 3 above. The 2019 Context workshop also counts for a core course, potentially completing this requirement for many.

Techniques modules [9 hours total]

Six 90-minute *Techniques* modules.

- Module 1
- Module 2
- Module 3
- Module 4
- Module 5
- Module 6

Note: Participants in the February 2019 Leuven series by Robert Neimeyer, PhD, can claim 2 *Techniques* credits each for workshops sponsored by *Context* (20/02) and *Verbinding in Verlies* (21-22/02), thereby fully completing this requirement.

Case Study modules [4 hours total]

Two *Case Study* modules .

- Case Study 1
- Case Study 2

Note: Participants in the February 2019 Leuven series by Robert Neimeyer, PhD, can claim 2 *Case Study* credits for workshops sponsored by *Verbinding in Verlies* (21-22/02), thereby fully completing this requirement.

Practicum modules [6 hours]

Complete a minimum of four 90-minute Practicum/Supervision modules”

- Practicum Module 1
- Practicum Module 2
- Practicum Module 3
- Practicum Module 4

Note: Participants in the February 2019 Leuven series by Robert Neimeyer, PhD, and his colleagues can claim 2 *Practicum* credits for the workshop sponsored by *Verbinding in Verlies* (23/02).

Online Components

Orientation to Meaning Reconstruction [12 hours total]

Read assigned chapters in the popular book, *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved*, and write 4 brief reflection papers on the concepts and techniques that are most relevant to your practice. A PI faculty member will then offer a response to each paper to deepen the dialogue.

- Orientation module [with 4 brief assignments]

Mentoring modules [hours total]

Consult with the Faculty Mentor of your choice from the Portland Institute web site in three hour-long *Mentoring* modules on topics of your choice, from specific techniques through case consultation to career advice and personal perspectives. Meet at a mutually convenient time via videoconference or phone, at your preference.

- Mentoring module 1
- Mentoring module 2
- Mentoring module 3

Session Evaluation [3 hours total]

As a final opportunity to demonstrate your basic competence in a meaning reconstruction approach to grief therapy, you will submit a 1-hour video of an actual or role-played session along with a transcript of the interaction for PI faculty feedback. This step follows completion of all other modules, which can be completed in any order the learner finds convenient.

- Session Evaluation

For more information simply consult the Training/Certification page of the Portland Institute website: www.portlandinstitute.org

***Registering Optional Workshop Credit**

To claim optional credit for previous workshops taught by Robert Neimeyer, PhD, or other approved PI faculty, simply navigate to the Training/Certification page of the PI site, and follow the simple instructions at the top in the convenient pdf download.