

## Samenvatting

*Techniques of Grief Therapy: Assessment and Intervention* continues where the acclaimed *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved* left off, offering a whole new set of innovative approaches to grief therapy to address the needs of the bereaved. This new volume provides a variety of specific and practical therapeutic techniques, each conveyed in concrete detail and anchored in an illustrative case study. *Techniques of Grief Therapy: Assessment and Intervention* also features a whole new section on assessment, featuring contributions by leading developers of the clinical scales used to evaluate various challenges in coping with loss, with inclusion of the actual scales and scoring keys to facilitate their use by practitioners and researchers. Offering both an orientation to bereavement work and an indispensable toolkit for counseling survivors of losses of many kinds, this book belongs on the shelf of both experienced clinicians and those just beginning to delve into the field of grief therapy.

## Recensie

*Techniques of Grief Therapy: Assessment and Intervention* merits a place in every grief counselor's library. These 66 chapters are a repository of great wisdom and the most current approaches, and they offer much, including underlying theory, assessment instruments, and a wide range of carefully described intervention strategies that encompass goals such as assisting clients in coping with emotion, reaffirming continuing bonds, reconstructing meaning, and utilizing ritual in individual and group settings. This volume will become a classic in the field and should be required reading for every counselor or therapist helping individuals cope with loss. -Kenneth J. Doka, PhD, professor in the graduate school at the College of New Rochelle and senior consultant with the Hospice Foundation of America Robert Neimeyer is the undisputed leader in the psychological study of bereavement. After a chapter that outlines a new comprehensive description of grief, he presents an impressive collection of authors who offer concrete ideas and methods for assessing and helping the bereaved. The 66 short chapters with succinct explanations and illustrative examples invite readers to learn about a wide range of possible techniques. Everyone, from seasoned mental health professionals to lay bereavement group facilitators, will find new and useful tools in this book. -Dennis Klass, PhD, coauthor of *Dead but Not Lost: Grief Narratives in Religious Traditions* and author of *The Spiritual Lives of Bereaved Parents* Enlisting a wide range of contributors to bereavement research and practice, this book weaves theory and intervention into a practical blend for all professionals wanting to hone their skills in effective therapeutic work with grieving populations. More than 75 different authors offer successful studies, techniques, and strategies to enhance the work of clinicians, researchers and educators. -Donna L. Schuurman, EdD, FT, CEO of the Dougy Center for Grieving Children & Families Case illustrations and clinical applications through each of the chapters make this book's array of tools and techniques wonderfully useful and inviting of further research. Neimeyer and his co-authors have provided a substantial resource that will enrich new practitioners as well as thanatological veterans. --Paul Metzler, DMin, ADEC Forum This new volume, subtitled *Assessment and Intervention*, offers the reader a rich array of approaches to the assessment of varied bereavement responses and the evaluation of interventions designed to help people who are bereaved. It includes an entirely new selection of therapeutic techniques to complement the earlier book. In the spirit of full disclosure, I contributed to the previous volume and believe wholeheartedly in the principle that guided its development, namely that grief therapy is as much an art as a science. Like that book, this one honors the art of psychotherapy, highlighting the work of professionals of diverse orientations and expertise. --Phyllis Kominsky, PhD, Clinical Social Work/Therapist