

- (3) King, S. The best wines and where to find them. In: Loftus, E. (ed.) *Fine Wine: A Guide*, 1st ed. Nottingham: Delectable Publications; 2010. p. 28-46.
- (4) Jenkins, O. Unusual Recipes and Cantonese Cuisine. *Culinary Research*, 1996;Volume 5(8), pp. 47-59. Available at: www.culinaryresearchjournal.com/jenkinsocanteonese [Accessed: 5 June 2016].
- (5) Bell, Y. Man with unusual tastes eats chalk for breakfast. *The Weekly Herald*; Year. p. 4.
- (6) HealthTips. *Superfoods and where to find them*. Available at: www.healthtipsarticles.com/superfoodsandwheretofindthem [Accessed 20 June 2016].
- (7) Yummydishes. Egg custard – simple recipe! [YouTube video]. Available at: www.youtube.com/yummydisheseggcustard [Accessed 13 June 2016].
- (8) World Kitchen: Nigeria, episode 5. BBC 1: BBC; 2011.
- (9) ummydishes. Innovative Baking [Podcast]. Innovative Food. 2015. Available at: www.foodiepodcasts.com/yummydishesinnovativebaking [Accessed: 17 April 2016].
- (10) Neath, G. An examination of Mexican food in popular culture [Masters level]. Oxford Brookes University; 2008.

Cite references in Vancouver style (Calibri, pt. 10).