

Definition despair, bewilderment frustration and terror

Oxford English Dictionary (OED) definitions in
2021 vs 1937 when the Big Book was being written:

“The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison.”- page 66 BB

2021 Brainstorm (noun)

1. a spontaneous group discussion to produce ideas and ways of solving problem.
2. a sudden clever idea.

brainstorming (verb)

1. produce an idea or way of solving a problem by holding a spontaneous group discussion.

1937- Brainstorm (noun)

1. A violent transient mental derangement manifested in a maniacal outburst
2. Severe mental disturbance.

“It thickened, ever becoming blacker. Some of us sought out sordid places, hoping to find understanding companionship and approval. Momentarily we did—then would come oblivion and the awful awakening to face the hideous Four Horsemen—Terror, Bewilderment, Frustration, Despair.” BB page 151

➤ **Despair** (noun):

1. Hopelessness; a hopeless state lack of hope or expectation
2. That which is despaired of; that without which there is no hope
3. To lose confidence

➤ **Bewilder** (verb):

1. To lead into perplexity or confusion; to lose in pathless places; to confound for want of a plain road

- Bewildered (adj): Lost in mazes; perplexed with disorder, confusion or intricacy.
 - (intricate: 1. having many complexly interrelating parts or elements
2. difficult to resolve or analyze)

➤ **Frustrate** (verb transitive)

1. To disappoint, deceive trick (etymology or history of the word is from frusta: in vain)

2. To make null; to nullify; to render of no effect

3. Vain; ineffectual; useless; unprofitable; null; void; of no effect

- Frustration (noun): The act of frustrating; disappointment; defeat; as, the frustration of one attempt or design

➤ **Terror** (noun)

1. Extreme fear; violent dread; fright; fear that agitates the body and mind

2. That which may excite dread; the cause of extreme fear

- (dread. noun. 1. a feeling of great fear about something that might or will happen in the future; a thing that causes this feeling.

OXFORD ENGLISH DICTIONARY 1937

Alcoholics Anonymous, pg. 152

We have shown how we got out from under. You say, "Yes, I'm willing. But am I to be consigned to a life where I shall be stupid, boring and glum, like some righteous people I see? I know I must get along without liquor, but how can I? **Have you a sufficient substitute?"**

Yes, there is a substitute and it is vastly more than that. It is a fellowship in Alcoholics Anonymous. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus we find the fellowship, and so will you.

"How is that to come about?" you ask. "Where am I to find these people?"