## You're Sober - Now What? A 12-week Series QUESTIONS REGARDING TRADITION FIVE

- 1. IN ALL MY RELATIONSHIPS, IS MY PRIMARY PURPOSE TO LOVE OTHERS AND TO SERVE AS AN EXPRESSION OF GOD'S LOVE?
- 2. WILL I MAKE A LIST ON PAPER OF THE CHARACTERISTICS "GOD" WOULD HAVE TO HAVE IN ORDER FOR ME TO TRUST HIM WITH MY LIFE?
- 3. HAVE I QUIT PLAYING GOD?
- 4. DO I ASK GOD TO HELP ME TREAT OTHERS TOMORROW THE WAY HE TREATED ME TODAY?
- 5. IN WHAT WAYS AM I EXPRESSING GOD'S LOVE IN MY RELATIONSHIPS ON A DAILY BASIS?
- 6. WHEN I EXPERIENCE SPIRITUAL REBELLION AS EVERYONE DOES ON OCCASION, DO I SIMPLY RESUME MY SPIRITUAL PRACTICES AS SOON AS I CAN? OR DO I BEAT MYSELF UP ABOUT IT?
- 7. DO I BELIEVE MY THOUGHTS CAN BE SPIRITUAL?
- 8. DO I ENCOURAGE MENTAL EMOTIONAL AND SPIRITUAL GROWTH IN EVERYONE I COME IN CONTACT WITH?
- 9. DO I DEMAND THAT YOUR GROWTH BE WHAT I THINK IT SHOULD BE BASED ON MY BELIEFS AND PERCEPTIONS?
- 10. DO I OFFER ADVICE TO OTHERS OR DO I OFFER MY EXPERIENCE AND THE SPIRITUAL PRINCIPLES OF A.A.?

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- 11. DO I ACCEPT OTHERS AS THEY ARE AT THIS MOMENT, KNOWING THEY WILL GROW AND CHANGE?
- 12. DO I UNDERSTAND AND PRACTICE UNCONDITIONAL LOVE?
- 13. IN WHAT WAY IS THIS DIFFERENT FROM BEING A PASSIVE DOORMAT?
- 14. DO I MAKE A DAILY GRATITUDE LIST? DO I MAKE A DAILY GRATITUDE LIST ABOUT MY PARTNER?
- 15. DO MY PARTNER AND I PRAY TOGETHER? DO WE PRAY ABOUT OUR RELATIONSHIP? IF NOT TOGETHER, DO WE PRAY SEPARATELY?
- 16. DO I UNDERSTAND THE RELATIONSHIP BETWEEN TRADITION FIVE AND THE SAINT FRANCIS' PRAYER?
- 17. HOW DO I EXPRESS GOD'S LOVE TO OTHERS?
- 18. WITH MY PARTNER, AM I COMPASSIONATE RATHER THAN DEFENSIVE? DO I REALIZE IT'S NOT ALWAYS ABOUT ME, ME, ME?
- 19. DO I REALLY *LISTEN* TO MY PARTNER OR AM I THINKING ABOUT WHAT I'M GOING TO SAY WHILE MY PARTNER IS TALKING?
- 20. IN ALL MY RELATIONSHIPS, DO I FIND LOVE AND JOY BECAUSE WE ARE SEPARATE BUT CONNECTED HUMAN BEINGS?
- 21. IS MY HAPPINESS A GOAL, OR A BY-PRODUCT OF LIVING THE A.A. WAY OF LIFE?

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