



## *We Choose Grateful!*

### **WHY?**

Self-reliance can't always meet my needs.

Other people can't always meet my needs.

"We trust infinite God rather than our finite selves".

### **HOW?**

Deciding to admit and accept that my wants and my needs are two very different and often competing things.

Learning that meeting my needs is important—that meeting my wants is usually not important.

Learning that obsessing after my wants actually interferes with letting God guide me to meet my needs.

Letting the 12 Steps re-direct my priorities from selfish-based motives (wants) to service-based motives (needs).

Finding by Step Seven the humility to admit that my need for help from God is a blessing—that I am grateful for God's help in making my amends to people I have harmed.

Being grateful to learn that I must first amend the harms I have selfishly done to others before I can be a help and of service to others.

### **WHEN?**

All day, every day.

### **RESULTS?**

Being grateful IN the circumstances and situations of the day. Not being grateful or ungrateful BECAUSE OF the circumstances and situations of the day.

Always choosing to be grateful for God's love, forgiveness, inspiration, guidance, strength and limitations in all circumstances.

Always knowing that God's will in the long run is better for me and others than my will alone.

So, ***WE CHOOSE GRATEFUL!!***