

LANGUAGE OF LOVE

Threads of Recovery

Workshop by: Bruce L (AA) & Mimi Y (AFG)

July 7, 2022



www.bit.ly/LOL-Workshop

Workbook to take notes and aid in implementing learnings. You may print or utilize the fillable field notes. Note: Must download to your device to use fillable fields.

AGENDA / TOPICS

- 8-8:05am: Opening Prayer, Introduction
- 8:05 – 8:10am: Welcome and Overview
- 8:10-8:30: Bruce and Mimi's Stories
- 8:30 – 9: Maturity See-Saw
- 9 – 9:30: Guiding Principles
- 9:30 – 10: Changed Attitudes
- 10am: Closing



OVERVIEW 8:05-8:10 (MIMI)

Purpose

- Share OUR collective experience, strength, and hope.
- What is the Language of Love
 - How did we learn it
 - How do we build on it
 - How to “give it to keep it”
- 3 Sections:
 - Ask-it-Basket type questions and scenarios

Hope

- Listen to Learn: Life is always in session...learn a new vocabulary...Language of Love.
- Practice: Participants walk away with new language they can begin to practice and model in their relationships.

BRUCE & MIMI STORIES: NOTES / QUESTIONS

Fillable fields (type in boxes below)

○ Bruce's Story

- _____
- _____
- _____

○ Mimi's Story

- _____
- _____
- _____



1. MATURITY SEE-SAW: NOTES / QUESTIONS

Fillable fields (type in boxes below)

- Maturity See-Saw: Adult/Adult vs. Parent/Child communications

- _____
- _____
- _____
- _____
- _____
- _____
- _____



2. GUIDING PRINCIPLES & LANGUAGE: 9 – 9:30AM

Fillable fields (type in boxes below)

- Build your Guiding Principles & Language of Love

- _____
- _____
- _____
- _____
- _____
- _____
- _____



3. CHANGED ATTITUDES 9:30 – 10AM

Fillable fields (type in boxes below)

- Simple changes....if nothing changes, nothing changes

- _____
- _____
- _____
- _____
- _____
- _____
- _____



UNTIL WE MEET AGAIN...

Thank you for joining us today.

We hope you can take away at least 1 nugget which you can implement into your daily practice.

Remember it takes just the willingness to be willing, and just a tiny shift to deliver you to god's draft, where god's ease lives. This is the sweet spot! Get there, stay there, and don't miss it. Burn it!

Feel free to share your miracles with us! Love you millions and millions!

Mimi & Bruce

mimi@mimishappy.com



ADDITIONAL DISCOVERIES / NOTES

www.bit.ly/LOL-Workshop



Fillable fields (type in boxes below)

- _____
- _____
- _____
- _____
- _____
- _____

