

# LANGUAGE OF LOVE

**Threads of Recovery**

**Workshop by: Bruce L (AA) & Mimi Y (AFG)**

**July 7, 2022**



[www.bit.ly/LOL-Workshop](http://www.bit.ly/LOL-Workshop)

*Workbook to take notes and aid in implementing learnings. You may print or utilize the fillable field notes. Note: Must download to your device to use fillable fields.*

## AGENDA / TOPICS

- 8-8:05am: Opening Prayer, Introduction
- 8:05 – 8:10am: Welcome and Overview
- 8:10-8:30: Bruce and Mimi's Stories
- 8:30 – 9: Maturity See-Saw
- 9 – 9:30: Guiding Principles
- 9:30 – 10: Changed Attitudes
- 10am: Closing

## OVERVIEW 8:05-8:10 (MIMI)

### Purpose

- Share OUR collective experience, strength, and hope.
- What is the Language of Love
  - How did we learn it
  - How do we build on it
  - How to “give it to keep it”
- 3 Sections:
  - Ask-it-Basket type questions and scenarios

### Hope

- Listen to Learn: Life is always in session...learn a new vocabulary...Language of Love.
- Practice: Participants walk away with new language they can begin to practice and model in their relationships.

## BRUCE & MIMI STORIES: NOTES / QUESTIONS

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### ○ Bruce's Story

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### ○ Mimi's Story

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## 1. MATURITY SEE-SAW: NOTES / QUESTIONS

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### ○ Maturity See-Saw: Adult/Adult vs. Parent/Child communications

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## 2. GUIDING PRINCIPLES & LANGUAGE: 9 – 9:30AM

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- Build your Guiding Principles & Language of Love

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### 3. CHANGED ATTITUDES 9:30 – 10AM

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- Simple changes....if nothing changes, nothing changes

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## UNTIL WE MEET AGAIN...

Thank you for joining us today.

We hope you can take away at least 1 nugget which you can implement into your daily practice.

Remember it takes just the willingness to be willing, and just a tiny shift to deliver you to god's draft, where god's ease lives. This is the sweet spot! Get there, stay there, and don't miss it. Burn it!

Feel free to share your miracles with us! Love you millions and millions!

*Mimi & Bruce*

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# ADDITIONAL DISCOVERIES / NOTES

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