

You're Sober - Now What? A 12-week Series  
QUESTIONS REGARDING TRADITION TWELVE

1. IN MY RELATIONSHIPS, AM I UNSELFISHLY CONCERNED FOR THE WELFARE OF OTHERS?
2. IF NOT, WHY NOT?
3. DO I LIVE MY LIFE BY THE PRINCIPLE OF ANONYMITY? IS THIS THE SAME AS HUMILITY? IS THIS THE SAME AS TEACHABILITY?
4. DO I DO SOMETHING NICE FOR SOMEONE EVERY DAY AND NOT LET THEM KNOW ABOUT IT? IS THIS HUMILITY?
5. DO I TREAT OTHERS WITH THE SAME LOVE AND TOLERANCE THAT GOD HAS TREATED ME?
  - a. MY HUSBAND/WIFE/CHILD
  - b. MY GIRLFRIEND/BOYFRIEND
  - c. MY NEIGHBOR
  - d. MY FRIEND/CO-WORKER
  - e. THE POSTMAN/GROCERY CLERK
  - f. THE STRANGER INTERFERING WITH MY SERENITY BY *BEING THERE* RIGHT IN FRONT OF ME!
6. HAVE I LEARNED TO LOVE THE PERSON WHILE NOT LIKING THEIR BEHAVIOR?
7. WHAT IS MY SPIRITUAL FOUNDATION? IS IT REALLY THE FOUNDATION UPON WHICH I BUILD MY DAILY LIFE?

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8. DO I FEEL I HAVE PUT THE 12 STEPS AND 12 TRADITIONS INSIDE OF ME SO THAT THEY ARE MY "GO TO" IN DEALING WITH ANY RELATIONSHIP? ARE THEY MY FIRST CHOICE IN RESPONDING TO ANY SITUATION?
9. IN ANY RELATIONSHIP, DO I LISTEN TO THE MESSAGE AND NOT FOCUS ON THE MESSENGER? EVEN IF THE MESSENGER IS (TO ME) OBNOXIOUS?
10. DO I EVER CONSIDER THAT I AM THE OBNOXIOUS PERSONALITY WHICH SOMEONE ELSE HAS TO OVERLOOK?
11. DO I PRACTICE LOVE AND TOLERANCE TOWARDS MYSELF AS WELL AS OTHERS? DO I BEAT MYSELF UP WHEN I MAKE A MISTAKE?
12. AM I THE BEST WORST?
13. DO I STICK WITH THE PROBLEM OR DO I LOOK FOR THE SOLUTION IN THE PROGRAM OF ALCOHOLICS ANONYMOUS?
14. DO I ACKNOWLEDGE AND RESPECT MY CHARACTER ASSETS?
15. IF MY GOAL IS TO FIT MYSELF TO BE OF MAXIMUM SERVICE TO GOD AND THE PEOPLE ABOUT ME, AM I WILLING TO GO TO ANY LENGTHS TO ACHIEVE THIS GOAL?