

12 Traditions Workshop –12 Weeks 2026
Facilitated by Francine W. and Billy N.
AA Traditions Workshop – Selected Resources

1. **Twelve Steps and Twelve Traditions** (published June 1953): (Read/Watch/Listen)
<https://www.aa.org/lit-twelve-steps-and-twelve-traditions>
2. **Language of the Heart:** <https://www.aagrapevine.org/store/language-heart-softcover>
 - a. “Twelve Suggested Points for AA Tradition” (April 1946) p. 20-24 (21)
 - b. “Tradition One” p. 76-77
 - c. “Tradition Twelve” p. 92-94
3. **AA Comes of Age** - <https://www.aa.org/alcoholics-anonymous-comes-age>
 - a. “Unity: The Second Legacy” p. 79 – 137 (97, 132; p. 136)
 - b. Sacrifice, p. 132
 - c. Issues that threatened to tear us a part: p. 97-98
4. **AA Grapevine (Archive)** Subscription Detail: <https://www.aagrapevine.org/store/grapevine-subscriptions?srsId=AfmBOorS227zySllqJ7a4Dy5aRNQt4klg7G8cfhaA99RaedwjsW0zbLg>
 - a. Articles include those written by Bill W. (94)
 - b. Audios (22)
5. **AA Pamphlets available at AA.org:**
 - a. **The A.A. Group...Where It All Begins:** <https://www.aa.org/aa-groupwhere-it-all-begins>
 - b. **A.A. Tradition--How it Developed:** <https://www.aa.org/aa-tradition-how-it-developed>
 - c. **The Twelve Traditions Illustrated:** <https://www.aa.org/twelve-traditions-illustrated>
 - d. **A.A.'s Legacy of Service:** <https://www.aa.org/aas-legacy-service>

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Special Readings during the series:

Tradition 1 on May 15, 2026:

- Bill W. letter dated June 23, 1964, to Bob (not Dr. Bob) – attached

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June 23, 1984

Dear Bob,

Our way, both as members and as Groups, of practicing the Steps appears to vary from time to time.

Many of us lack thoroughness, which most evidently you do not. And I'm very glad that you have had such good results with the approach you made.

I have only one suggestion. This would be to avoid trying to force anyone into your particular approach. Your example of good results is apt to be much more effective with others than your insistence that they conform to your particular interpretation.

Most of us alcoholics are apt to be "all or nothing" people. We go to extremes. Either we want "perfection by Thursday next" or else we want only the barest bit of A.A. that will keep us sober. Experience seems to show that we can go broke on spiritual pride or on unreasonable rebellion, or just plain apathy. A plain, every day desire to make some progress is usually the best and safest bet.

However, don't take what I say as the gospel. You--and everybody--have the right to practice A.A. as you wish. This is spiritual freedom.

May God bless you.

Ever,

Billy

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Bill Wilson wisdom on dealing with “The You’re Not Doing A.A. Right” club. Spiritual freedom for sure:

June 28, 1964

Dear Bob (not Dr.Bob),

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I have only one suggestion. This would be to avoid trying to force anyone into your particular approach. Your example of good results is apt to be much more effective with others than your insistence they conform to your particular interpretation.

Most of us alcoholics are apt to be “all or nothing” people. We go to extremes. Either we want “perfection by Thursday next” or else we want the barest bit of A.A. that will keep us sober. Experience seems to show we can go broke on spiritual pride, or on unreasonable rebellion, or just plain apathy. A plain, everyday desire to make some progress is usually the best and safest bet.

However, don’t take what I say as gospel. You—and everybody—have the right to practice A.A. as you wish. This is spiritual freedom.

May God Bless You. Ever...Bill