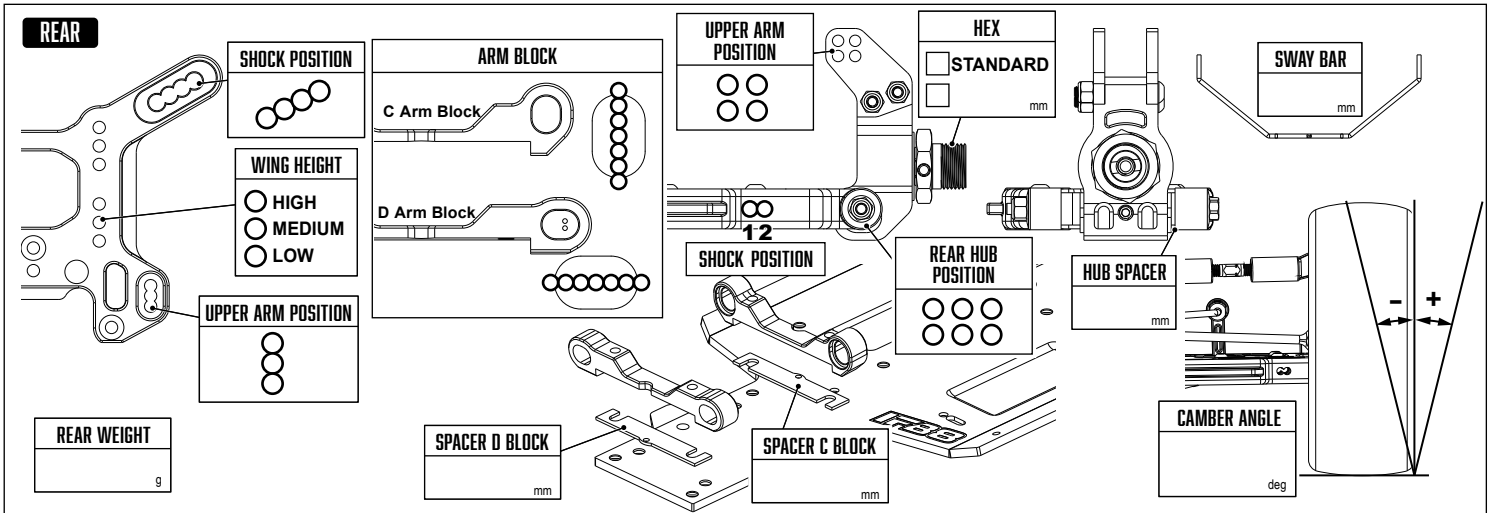
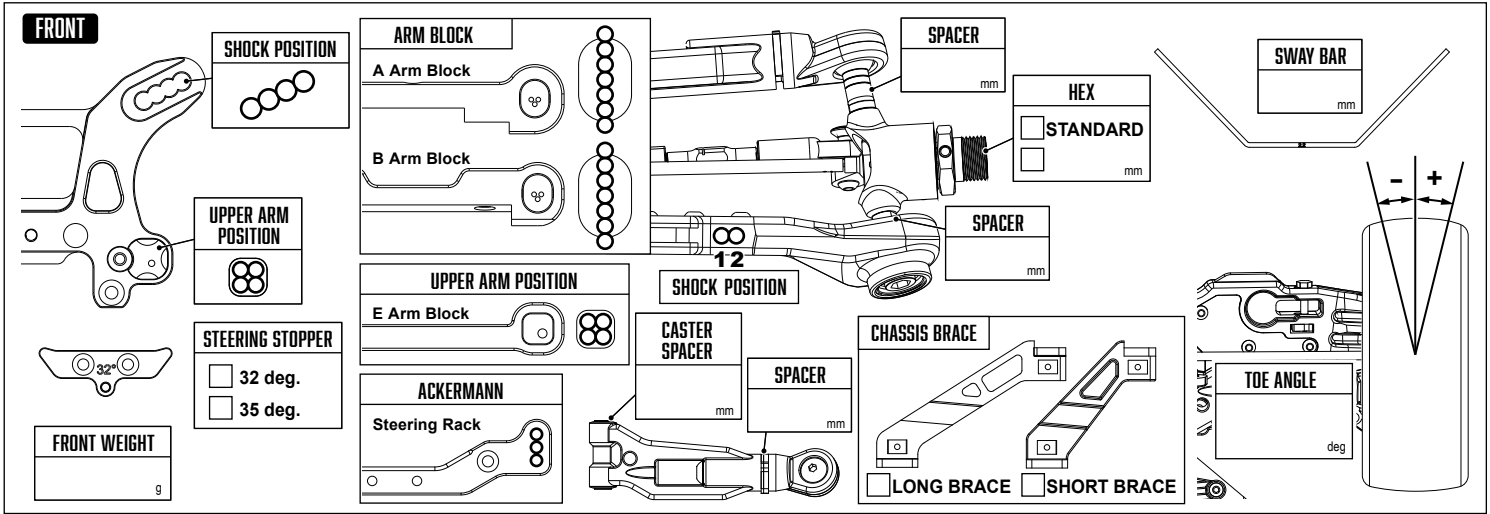


IFBB SET-UP SHEET

NAME: _____
 DATE: _____
 TRACK: _____
 EVENT: _____

TRACK			
TRACK SIZE	<input type="checkbox"/> SMALL	<input type="checkbox"/> MEDIUM	<input type="checkbox"/> LARGE
GRIP LEVEL	<input type="checkbox"/> LOW	<input type="checkbox"/> MEDIUM	<input type="checkbox"/> HIGH
TRACK CONDITION	<input type="checkbox"/> SMOOTH	<input type="checkbox"/> GROOVED	<input type="checkbox"/> BUMPY
	<input type="checkbox"/> WET	<input type="checkbox"/> DUSTY	<input type="checkbox"/> LOAMY

COMMENTS



FRONT	SHOCKS	REAR
	OIL	
	SPRING	
	PISTON HOLES	
	MEMBRANE	
	EMULSION	
NOTES:		

RIDE HEIGHT

REAR: mm

FRONT: mm

DOWN STOP

Down Stop = (B + 6 mm) - A

A

B

Down Stop

The down stop value is the distance between the chassis and the wheel hex axle. Negative droop values means the wheel hex axle is below the chassis level.

FRONT: mm

REAR: mm

FRONT	DIFFS OIL GRADE	REAR
	CENTER	
NOTES:		

CLUTCH & GEARING

SPUR GEAR: _____

BELL: _____

SHOES: _____

SPRING: _____

NOTES: _____

ENGINE

TYPE: _____

PIPE: _____

MANIFOLD: _____

PLUG: _____

RESTRICTOR: _____

FUEL: _____

BODY & WING

BODY: _____

WING: _____

NOTES: _____

TIRES

TIRE: _____

INSERT: _____

WHEEL: _____

NOTES: _____