

To Whom It May Concern,

Schmidt Ocean Institute and R/V FALKOR (too) requires all passengers aboard, known as 'Special Personnel', to submit a medical doctor's letter stating the individual is fit to be in a shipboard environment conducting their specific job / duties.

Please find attached questions to be completed that meet this criteria.

If you have any questions for this request, please feel free to contact me at:
dcobain@schmidttocean.org or, +1 206 593 5550.

Kind regards,

Debra Cobain
Operations Associate

Guidance for doctors

Facilities

- The ship may be at sea for more than one month.
- Ship's officers will be able to provide basic emergency medical care.
- If required, the ship can contact a doctor via a telemedicine service
- On some more remote voyages, a doctor may be on board.
- It can take up to a week to get a patient to a hospital.
- The ship carries a small stock of routine medications and equipment.
- The ship carries a small stock of general emergency medicine and equipment

Fitness

- Is, without assistance, able to
 - climb vertical ladders and stairways
 - step over high sills
 - reach upwards
 - stand, walk and remain alert for an extended period
- The ship can encounter bad weather, and the patient will require good balance during everyday tasks.

Eyesight

- Visually distinguish objects, shapes and signals
- Visual acuity standard (aided if necessary)
 - 6/18 (20/60) in better eye
 - There should be a sufficient period of adaptation after becoming monocular to enable stairs to be descended rapidly and safely.

Hearing

- Hear warnings and instructions
- Hold a clear spoken conversation
- Must be able to hear emergency alarms
- Hearing aids:
 - If aids NOT worn for sleep, must be able to wake to emergency alarms.

Medications

- All personnel should bring with them sufficient medicine for their routine health requirements.
- If required, please recommend / prescribe sufficient routine and emergency medications to last for the expected duration of the voyage
- Please note, a higher dosage may be required during the voyage due to temperature, humidity, travel, stress, shift work etc.

Patient's full name	
Date of birth	
Occupation	
Duties on board	

Meets eyesight standards?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Spectacles <input type="checkbox"/> Contact Lenses <input type="checkbox"/> Notes:		
Meets hearing standards:	Aided <input type="checkbox"/>	Unaided <input type="checkbox"/> No <input type="checkbox"/>
Meets fitness standards?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Does the patient have any known allergies ?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Please list the patient's allergies, noting their severity.		
<i>Regarding any specific medical conditions or allergies:</i>		
Should patient bring any emergency medications with them?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, please list emergency medications required.		

I have examined the individual listed above and have found them to be free from any medical condition likely to be aggravated by time at sea, or to render the individual unfit for such services in a shipboard environment.	
Date of examination: DD/MM/YYYY	
Name of Doctor	
Signature of Doctor	