#### **Department of Management and Commerce**

#### **PES University-EC Campus**

### Digimark 2.0 - 15/3/24

### **Program Schedule**

**Objective**: In recent years, the importance of mental health has gained significant attention globally. Mental health issues affect millions of individuals worldwide, yet there remains a stigma surrounding the topic, hindering open discussions and access to resources. Recognizing the need to address this issue, our proposed program aims to utilize the power of social media to promote mental health awareness among students and society at large. By leveraging the widespread reach and influence of social media platforms, we seek to provide valuable information, resources, and support to encourage positive mental health practices. We will develop a series of engaging social media campaigns focused on different aspects of mental health, including awareness, self-care, coping strategies, and destigmatization. These campaigns will utilize multimedia content such as videos, infographics, and interactive polls to capture audience attention and spark meaningful conversations.

# Profile:1

Name: Dr.Keya Das Professional Qualification: MBBS, MD Designation: Associate Professor & Incharge HOD, Department of Psychiatry, PESUIMSR, Bengaluru



**Profile-2** 

Shankar Suryanarayan- Chief Executive Officer- QUICK PRO INDIA



# Profile:3

Sharath Hari- Chief Marketing Officer - Strategic Communications - AI in Marketing -CMO on Hire - Real Estate.



Poster



# **Payment Details**

300~Rs/ team – 3 members in one team – BBA II Sem, BBA IV Sem, BCOM II Sem and BCOM IV Sem and engineering , Nursing and pharmacy students ( we will restrict to 150 students )- 50 teams

Payment link closes on 15/3/24

# **Faculty coordinator**

Dr. Raghu Yadaganti Assistant professor FOMC PES University