

Septmeber 2018 Newsletter





Meeting your Heating & Cooling needs since 1990!

9301 Reading Rd.

Cincinnati, OH 45215
513-769-0871

Visit us on the web at: http://cincinnatiheatingandcooling.com



It's time to get your furnace ready for the colder weather!

We may be in the final days of summer but fall is just around the corner and our preventative maintenance furnace cleaning and inspection will ensure your system is ready to keep you warm on those cool days and nights!

Take advantage of our "Early Bird Special" by scheduling and having your service completed on or before **September 30th** to receive the special price of **\$79.00**. (Reg price \$97.00)

Call (513)769-0871 and schedule an appointment today!



Call our office, 513-769-0871, to set up an appointment for an in home estimate or visit our interactive website and get information on new system equipment

options: http://cincinnatiheatingandcooling.com

BE SAFE IN SEVERE WEATHER



Every person should have at least 3 days of supplies ready for an emergency at any given time! Be Prepared.





Q. What are the most common furnace problems?

- A. The most common furnace problems are:
- Faulty flame sensors; A damaged or faulty sensor can cause furnace fuel to burn improperly, which can be dangerous and can cause the furnace to shut down.
- Broken or damaged furnace motors; These are parts that will likely need to be ordered and replaced by a professional.
- Ineffective or faulty thermostat

If your thermostat isn't working, there is nothing working to efficiently **regulate the temperature** of your home.

- Faulty igniter

Igniters can become faulty when there is too much **grime or buildup**. Regular maintenance can prevent this problem.

- Q. What Maintenance Can I Do Myself Other Than Changing The Filters?
- **A.** Make sure that all vents and return air grills are free of blockages, also that the outside ground unit remains free of debris. When landscaping, be mindful of any debris near the unit and make sure to clean it

properly. If the grass and dirt are clogging the outside of the system or if furniture or other items inside are blocking vents, it will affect the air flow to the unit causing it to have to work harder to heat or cool your home.

To get the most out of your heating and air conditioning unit, it is important to schedule routine maintenance, while keeping your unit clean and serviced by a professional is important it is also a great opportunity to get feedback from our certified technicians on everything you can do to ensure your system is operating as efficiently as possible.

Q. Why is the air so dry in my house in winter?

A. Cold air doesn't hold very much moisture. During the winter months, cold air can seep into your home through windows, doors and areas that aren't well insulated, like attics and basements. The furnace and fireplace can heat the air, but they don't add any humidity to it. So you're left with warm, dry air inside your home leading to dry, cracked skin and a dry nose and throat not to mention the adverse effects to your homes wood, furniture and other fixtures. To combat the dry air, we recommend a whole home humidifier be installed with your homes heating and cooling system. With a whole house humidifier you'll be more comfortable in your home and breathe easier. You'll also feel warmer when your house is set a lower temperature because of the additional moisture in the air, so you'll be saving energy too.

Please keep the questions coming for our future Newsletters and remember,

if we use your question you will earn a \$10 gift card!

Email questions to; airpluscinti@outlook.com

(Gift cards will be mailed to the address we have on file unless otherwise stated in the email)







Whole Home Humidifiers

Enjoy the air you breathe. A properly humidified home can help you breathe more comfortably with less dryness, save on energy costs, reduce static electricity, and even help protect your wood furniture.

The Performance bypass humidifier installs and operates with your home furnace system so it uses less electricity than fan-powered humidifiers by letting your furnace blower supply the air movement to drive moisture vapor into your ducts.

Call today, (513)769-0871, to get installation and pricing information.

Humidification Helps Make You and Your Home More Comfortable



Helps temporarily relieve dry air discomforts Offers an effective solution to counteract the effects of dry harsh winter air by adding essential moisture to any room.



Comfortable humidity helps keep throat and nasal passages hydrated Helps you breathe better and sleep more comfortably.



Comfortable humidity helps temporarily relieve congestion and cough



Helps reduce static electricity Returning moisture to dry air helps reduce static shocks.



Helps keep plants healthier Using a humidifier helps return moisture to the air promoting plant growth.



Helps protect furniture Low humidity causes wood to lose moisture and shrink. Extreme changes can cause warping and cracking.





Autumn Leaf Cookies

Ingredients

- 1 1/2 cups flour 1 1/2 tsp baking powder 1/4 tsp salt 1 can vanilla frosting Food coloring & colored
- Directions

Heat oven to 3759.

In a large bowl, beat sugar, butter, oil, milk, extract and egg until light and fluffy.

Stir in flow, baking powder and salt: blend well.

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Spread evenly in ungessed 15x10 baking pars; using leaf-shaped cutters, cut out cookies. Remove extra dough Bake for 10 to 12 minutes or until light golden brown.

Cool 5 minutes.

Repeat until all dough is used. Decorate cookies with tinted frosting and colored sugars.

Classic Pot Roast



Place all ingredients (except beet stock, flour, and potatoes) in a freezer bag, mix well, freeze until ready.

When ready to make: Add potatoes and 1 cup beef stock. Cook on high 3-4 hours, or low 7-8 hours. Whisk flour and remaining beef stock until all lumps removed. Add to crock pot, mix and continue cooking 30 minutes.

Recipe for: Spicy Fall Quiche



2 deep dish pie crusts 12 eggs dash of whole milk

aasn of whole wilk I lb. shredded cheddar cheese I delicata squash, silced I 12-oz. package of soy chorizo I lb. of cooked potatoes I/2 lb. silced mushrooms



Directions:

Brown the slices of squash in a cast-iron skillet and set aside. Scramble the eggs and milk together, and set aside. Preheat oven to 350 degrees.

Heat the chorizo and potatoes together until fully cocked, then split the mixture between the two pie crusts. Add the wushrooms and squash pieces, then fill each pie crust the rest of the way with the egg mixture. Top each pie with all of the cheese.

Bake covered for 30 minutes and uncovered for another 10 minutes, until the quiche is firm when a knife is put through the center. Serve warm.



Add

bacon bits for extra flavor

Cheeseburger Soup

- Pound ground beef, browned
 Cup chopped onion
 Supposed by the supp

Place all ingredients (except potatoes and shredded cheese) in a freezer bag, mix well, freeze until ready.

When ready to make: Add diced potatoes. Cook on low for when ready to make: Add diced potatoes. Cook on low to 8 hours. 30 minutes prior to serving, whisk 1.4 cup flour and 1 cup milk until no lumps remain and stir into the soup. Add cheddar cheese and stir again. Cover and cook until soup is thickened, about 30 minutes.





₩ GET'N IT DONE CHECKLIST



LLEAK DEBKIS SUCH AS LEAVES AND GRASS AND TRIM

SHRUBS AROUND YOUR OUTDOOR UNIT'S COIL

REVERSE THE DIRECTION TO OF YOUR

CEILING FAN to circulate warm air

CLEAN 🔳

FLOOR OR CEILING VENTS
Make sure your vents
are not blocked
by rugs or furniture

DO A VISUAL
INSPECTION OF SERVICE
VALVE CAPS
and refrigerant

LINE INSULATION

on your outdoor unit

ADJUST your thermostat



Programmable thermostats can

HELP YOU SAVE MONEY on your energy bills CONSIDER HAVING A
CONTRACTOR

TECHNICIAN
perform a thorough
INSPECTION
AND
service your system

CHANGE FILTERS



MAND HUMIDITY PAD



INSPECT DOORS OR

for noticeable air loss

THE FACTS OF FALL

Why Do Leaves Change Colors?

Shorter days and cooler temps force trees to stop producing chlorophyll—the substance that gives leaves their green color.

When the chlorophyll production stops, the always present carotenoids (yellow, orange, red, and brown hues) appear. In the summer months, the chlorophyll covers these carotenoids.

4,000 Pounds

The trees in just one acre of forest can shed as much as 4,000 pounds of leaves every fall.

How Does the Weather Affect the Colors of Fall?

The most intense color displays in leaves are triggered by warm, sunny days and cool nights.

Rainy/overcast days reduce the amount of sunlight and limit the brilliance of a tree's colors.

28,000 People

Hurt themselves every year raking leaves.

15,000 Tons

The average amount of leaves that the city of Reading, PA will collect between October and January.

Starbucks Hot Chocolate with Whipped Cream

A grande has 400 calories - about the same amount a 150lb person will burn after raking leaves for an hour and a half.

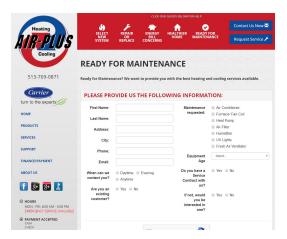
Leaf Blowers

Are illegal in more than 400 cities in California and produce as much air pollution as 17 cars.

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cincinnatiheatingandcooling.com

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