

Instructions for Use (IFU)

1

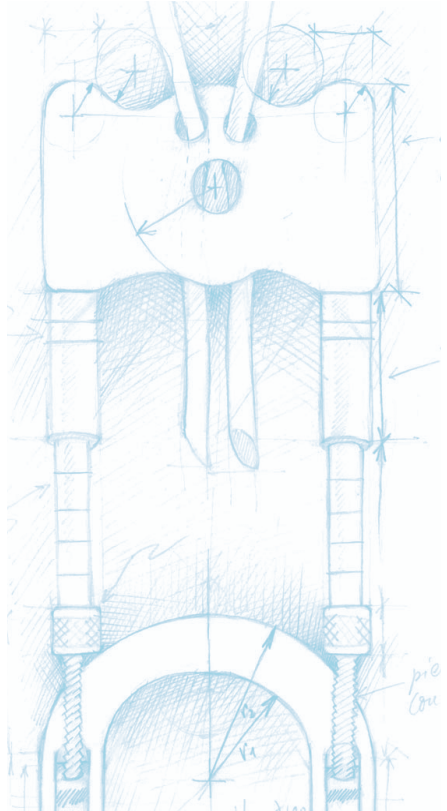


1.- Index	1
2.- Quick Guide	2
3.- Description	6
4.- Components	6
5.- Intended use	6
6.- Models	6
7.- Personalize	7
8.- Fitting	8
9.- Tables	10
10.- Method Of Use	11
11.- Surgeries	11
12.- Precautions Of Use	12
13.- Troubleshooting	13
14.- Portfolio	14



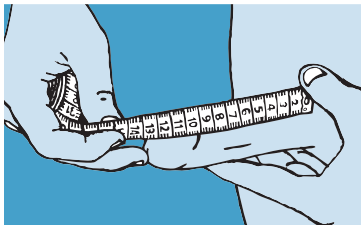
IFU 30 LANGUAGES

www.andropenis.com/ifu/



2 Quick Guide

01



The device measure is 8cm. Therefore, it must be adjusted to your personal size. Measure your penis size in erection. Subtract 4 cm, the result will be your device **PERSONAL SIZE** to start the treatment.

Das Gerät misst 8cm und muss bei Beginn der Behandlung der eigenen Länge angepasst werden. Messen Sie dafür Ihre Penislänge im erigierten Zustand und ziehen Sie 4cm ab. So erhalten Sie Ihre **PERSÖNLICHE GRÖSSE**.

Le dispositif mesure 8cm par défaut. Cependant, pour commencer le traitement, il doit être ajusté à la longueur de votre pénis. Mesurez votre pénis en érection et soustrayez 4 cm à la mesure. Le résultat sera **LA TAILLE PERSONNELLE**.

El dispositivo mide 8cm por defecto. Sin embargo, para comenzar el tratamiento debe ajustarse a la longitud del dispositivo a su tamaño personal. Para ello mida su pene en erección y reste 4 cm a la medida obtenida. El resultado será el **TAMAÑO PERSONAL**.

Il dispositivo misura 8cm. Per cominciare il trattamento la sua lunghezza deve essere adattata alle dimensioni del pene. Misuri il pene in erezione, sottragga 4cm e in questo modo otterrà la sua **MISURA PERSONALE**.

アンドロペニスのもともとのサイズは8cmです。勃起時のペニスのサイズを測定し、そこから4cm引いた数が治療開始時のアンドロペニスの個人サイズとなります。

طول جهاز الأندروپينيس 8 سم. لذا، لابد من تعديله لحجم قضيبك. قم بقياس طول قضيبك في حالة الانتصاب ثم قم بطرح 4 سم من هذا الطول والرقم الناتج سيكون هو طول الجهاز الذي ستبدأ به.

02



Remove the upper plastic support.

Entfernen Sie das obere Plastikteil.

Retirez le support supérieur.

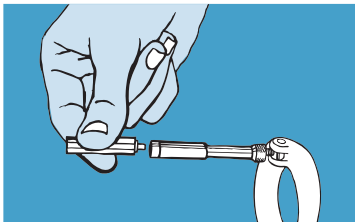
Quite el soporte superior.

Rimuova il supporto superiore in plastica.

プラスチック上部部品を取り外します。

قم بنزع الداعم المصنوع من البلاستيك الموجود في الأعلى.

03



Add as many extension rods as necessary until **the device** matches your **personal size**. Once you have finished, replace the upper plastic support.

Fügen Sie sovielen Achsen wie nötig hinzu, bis **das Gerät** Ihre **persönliche Größe** erreicht hat.

Ajoutez autant d'axes que nécessaire jusqu'à ce que **l'appareil** atteigne votre **taille personnelle**. Ensuite, remplacez le support sur le dessus.

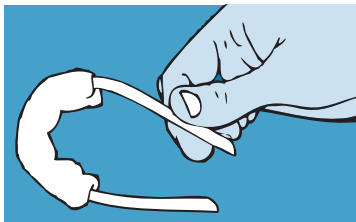
Añada tantos ejes como sean necesarios hasta que alcance la medida de su **tamaño personal**. Después vuelva a colocar el soporte superior.

Aggiunga tante assi quante sono necessarie per raggiungere la sua **misura personale**. Ricollochi il supporto superiore in plastica.

個人サイズになるまで、アンドロベースに短軸を加えていきます。長さの調節が完了したら、始めに取り外したプラスチック上部部品を再び取り付けます。

أضف قضبان عند الضرورة حتى يصل طول جهاز الأندروبينيس إلى **الطول المراد** كما تم حسابه في الأعلى. بمجرد الانتهاء من استخدام الجهاز قم بوضع قطعة البلاستيك مرة أخرى.

04



Thread the silicone band through the Androtop®. Next, insert each band end into the holes of the plastic support.

Stecken Sie das Silikonband durch den Androtop®. Danach passen Sie beide Enden des Silikonbands in die entsprechenden Löcher des oberen Plastikteils ein.

Insérez la bande de silicone à travers Androtop®. Ensuite, insérez chaque extrémité de la bande dans les trous du support supérieur.

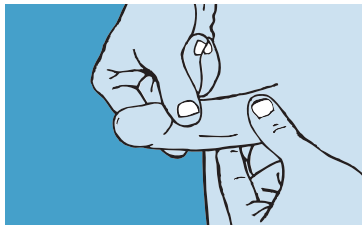
Introduzca la cinta de silicona a través del Androtop®. Después, inserte cada extremo de la cinta en los agujeros del soporte superior.

Faccia passare la fascia di silicone attraverso l'Androtop®. Successivamente inserisca entrambi gli estremi della fascia negli appositi fori del supporto superiore.

シリコンバンドをアンドロトプの穴に通します。次に、プラスチック上部部品の穴にシリコンバンドを通してください。

قم بلف خيط السليكون على الأندروتوب. ثم قم بوضع كل شريط في الأفرام في قطعة البلاستيك.





Your penis must be in flaccidity. Retract your foreskin to uncover your glans completely. We recommend covering the groove of the glans with a gauze, cotton wool and/or even the Androring® (brown jelly ring).

Ihr Penis muss sich im schlaffen Zustand befinden. Schieben Sie die Vorhaut zurück, sodass Ihre Eichel komplett zum Vorschein kommt. Wir empfehlen Ihnen die Eichel furche mit einer Gaze, einem Wattebausch oder dem Androring® (brauner Geling) zu schützen.

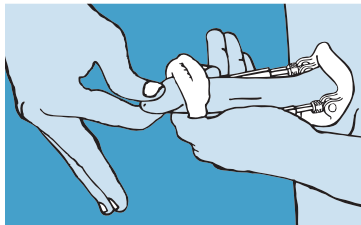
Votre pénis doit être en état de flaccidité. Rétractez le prépuce pour découvrir complètement le gland. Nous recommandons de recouvrir le sillon du gland avec un coton gaze, et / ou même l'Androring® (anneau marron).

El pene debe estar en flacidez. Retire el prepucio para dejar el glande al descubierto completamente. Recomendamos cubrir el surco del glande con una gasa, algodón o Androring® (anillo de gel).

Il pene deve trovarsi allo stato flaccido. Ritiri il prepuzio di modo che il glande rimanga completamente scoperto. Consigliamo di proteggere il solco del glande con una garza, cotone o Androring® (anello in gel).

ペニスが勃起していない状態で、亀頭全体が完全に出るよう包皮を剥きます。亀頭(シリコンバンドが当たる部分)にガーゼやコットン、またはアンドロリング(茶色いシリコンリング)をつけ、保護することをお勧めします。

يجب أن يكون القضيب في حالة الإرتخاء. قم بسحب الجلد الزائد من على رأس القضيب إن وجد. نحن نوصي بتغطية رأس القضيب بقطعة شاش أو قطن أو حتى بالاندرونج. (الحلقة التي لونها بني) .



Next, insert your penis through the base ring (the thinnest part of the ring located upwards) and finally through the silicone band loop, resting your glans in the hollow part of the upper plastic support.

Schieben Sie als nächstes Ihren Penis durch den Basisring (die feinere Seite nach oben). Schieben Sie danach die Eichel durch die Schlaufe des Silikonbands, sodass die Eichel gegen die obere Plastikstruktur lehnt.

Ensuite, insérez votre pénis à travers l'anneau de base (la partie la plus mince de l'anneau située vers le haut) et enfin à travers la boucle de la bande en silicone, en reposant votre gland dans la partie creuse du support supérieur en plastique.

Introduzca el pene a través del anillo base colocando la parte más estrecha del anillo hacia arriba. Después haga pasar el glande a través del lazo de la cinta de silicona, dejando que el glande apoye en el soporte superior.

Ora inserisca il pene nell'anello inferiore, orientando la parte più stretta dell'anello verso l'alto. Dopodiché faccia passare il glande attraverso l'anello formato dalla banda in silicone, lasciando che il glande si appoggi al supporto superiore.

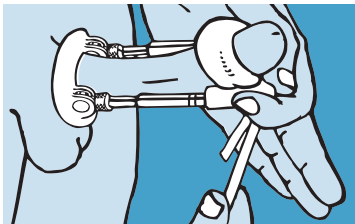
次に、ペニスをベースリングに通します(ベースリングは薄くなっているほうが上になります)。さらに、シリコンバンドの輪にペニスを通し、亀頭が上部製品のくぼみに収まるようにします。

ثم بوضع قضيبك داخل الحلقة الدائرية (أرق جزء يكون للأعلى) ثم إلى شريط السيليكون و قم بإراحة رأس قضيبك في الجزء المجوف من قطعة البلاستيك.



2 Quick Guide

07



Keeping the band above your glans, shorten the loop by pulling on each end of the silicone band until the glans is completely held.

Halten Sie das Silikonband über die Eichel und befestigen Sie diese, indem Sie an den beiden Enden des Silikonbands ziehen bis die Eichel fest sitzt.

En maintenant la bande sur le gland, raccourcissez la boucle en tirant sur chaque extrémité de la bande de silicone jusqu'à ce que le gland soit complètement tenu.

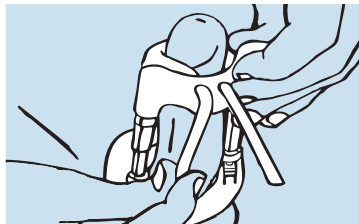
Manteniendo la cinta sobre el glande, acorte el lazo estirando cada extremo de la cinta de silicona hasta que el glande quede bien sujeto.

Mantenendo la fascia sul glande, stringa il laccio tirando entrambi gli estremi del laccio di silicone fino a quando il glande non è ben legato.

龟头をシリコンバンドの輪に通した後、バンドの両端を少しずつ下に引っ張り、ペニスが器具から外れなくなるまで締めていきます。

وضع الشريط فوق رأس القضيب وتقصير الحلقة عن طريق السحب على كل نهاية من شريط السيليكون لحين التأكد من تثبيت رأس القضيب.

08



Finally, fit the ends of the silicone band into the grooves behind the upper plastic support carefully. You have to stretch the band while pressing into the grooves.

Passen Sie schließlich vorsichtig die Enden des Silikonbands in die Rillen hinter der oberen Plastikstruktur ein. Sie müssen dafür an den Enden des Silikonbands ziehen und gleichzeitig diese in die Rillen drücken.

Enfin, avec précaution, insérez les extrémités de la bande de silicone dans les rainures derrière le support supérieur en plastique. Tirez sur chaque extrémité pour les rendre plus fines tout en appuyant pour les faire rentrer dans les rainures.

Finalmente, ajuste los extremos de la cinta de silicona en las hendiduras de detrás del soporte superior con cuidado. Debe estirar la cinta a la vez que presiona sobre las hendiduras.

Infine inserisca con attenzione le estremità del laccio di silicone nelle fessure presenti sul dorso del supporto superiore. È necessario tirare il laccio nel momento in cui lo si inserisce nelle scanalature.

最後に、シリコンバンドの端を慎重に上部プラスチックサポートの背後の溝にはめ込みます。溝にバンドを押し込みながらバンドを引っ張ってください。

أخيراً، ضع شريط السيليكون في الأخاديد وراء قطعة البلاستيك العلوي بعناية. يجب عليك تمديد الشريط أثناء الضغط عليه في الأخاديد.



3 Description

Andropenis® is a penile device which is attached externally to the penis. It can apply a lightweight traction on the penis as a penile traction device, or it can be used without traction as a penile splint, depending on the intended use.

4 Components

Andropenis® is composed of a plastic base ring, two metal shafts with internal springs, and an upper plastic support with a silicone band. The plastic pieces are made of POM a synthetic material that is not affected by combustible fluids such as alcohol. The band is of medical grade silicone. The metal shafts of **Andropenis®** gold are made of brass covered with a layer of 24-carat gold. The springs are made of stainless steel and the shafts of surgical grade aluminium.

COMPONENTS (fig. 1): 1-plastic base ring, 2-rounded hinge nut, 3-threaded bar, 4-threaded adjustable shaft, 5-metal shaft, 6-screw, 7-spring, 8-screw to secure the spring, 9-large 4 cm rod (1.6"), 10-medium 2 cm rod (0.8"), 11-small 0.5 cm rod (0.2"), 12-smallest rod 0.3 cm (0.1"), 13-upper plastic support, 14-silicone band, 15-protective cushion, 16-silicone rings.

NOTE: It is advisable to gently rub a small drop of oil, with the help of a cloth, between pieces 4 and 5 to allow easier sliding (see OIL).

5 Intended use

- ❑ Prevent the penile deformity after urological surgeries or diseases (splint use).
- ❑ Correct the penile deformity from urological surgeries or diseases (traction use).
- ❑ Extend penis length in micropenis & small penis syndrome (traction use).
- ❑ Create or maintain sufficient penile rigidity for sexual intercourse (splint use).

6 Models

- ❑ **Andropenis Peyronie**, to prevent or correct penile deformity in disease.
- ❑ **Andropenis Surgery**, to prevent or correct penile deformity after surgeries.
- ❑ **Andropenis Mini**, to extend penis length or help intercourse, in micropenis.
- ❑ **Andropenis Gold**, to extend penis length or help intercourse, in sensitive skin.
- ❑ **Andropenis Pro**, to extend penis length or help intercourse, in regular penis.

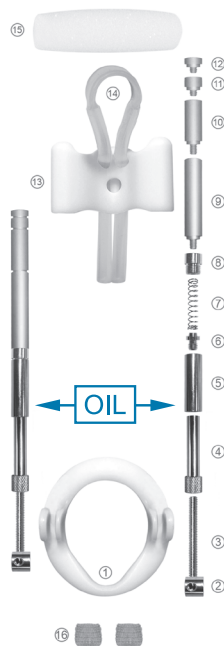


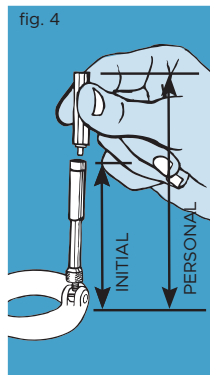
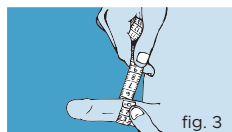
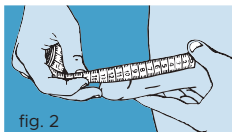
fig. 1

7 Personalize

The initial size of **Andropenis®** is 8 cm (3.1"). The size of the device is measured from the lower part of the plastic ring to the end of the metal shaft (fig.4, INITIAL).

Personalize your **Andropenis®** according to the size of your penis. Using a tape measure, measure the length and circumference of the penis in flaccid state and then erect (fig. 2 and 3).

Calculate the personal size of **Andropenis®** by subtracting 4 cm (1.6") from the size of your penis in erection.



Example: 14.7 cm. – 4 cm. = 10.7 cm. > Andropenis® personal size = 10.7 cm

Now, prepare the device so that it corresponds to your personal size.

First, detach the upper plastic support by lifting it upwards (fig 5), then add as many shafts as needed to reach the personal size of **Andropenis®** (fig. 4, PERSONAL).

Example: Personal size of 10.7 cm. = **Andropenis®** initial size (8 cm.) + piece 10 (2 cm.) + piece 11 (0.5 cm.).



How to use



NOTE:

The initial size of Andropenis Mini is 7 cm. If you have this version start the period of adaptation at that measurement (7 cm) and hold that measurement for 15 days: the first day, use the device for 3 hours, as the days pass gradually increase usage time. After the first 15-days increase usage time as indicated in the tables of use (see below).

8 Fitting

The use of a protective pharmacy cotton band is **COMPULSORY** which should be placed in the groove below the glans.. Insert one of the silicone band models (Piece 14) that best fits within the appropriate protective pad according to the size of the penis (Piece 15). Introduce the ends of the silicone band into the holes at the back side of the upper plastic support (piece 13), so that the band forms a loop.

With the penis flaccid, slide all the foreskin (uncircumcised men), onto the shaft (fig. 7) and place the silicone ring below the crown of the glans where it meets the shaft of the penis (fig. 8).



The glans should not come into direct contact with the device. Next, stretch the penis away from the body so that it is lengthened whilst flaccid.



Take the base ring (piece 1), maintaining the narrowest part of the ring facing upwards. Fit the penis through the base ring (piece 1), and rest it in the depression of the upper plastic support (piece 13). Place the left hand on the upper support (piece 13) and push the device against your body, compressing the internal springs (fig. 9).



While keeping the left hand in position, use the fingers of your right hand to pull the glans through the loop formed by the silicone band (fig. 10).



How to fix

Place the thumb of the left hand on top of the glans to maintain the penis in place while gradually shortening the silicone loop by pulling on both ends of the band with the right hand (fig. 11).



Slowly pull the skin on both sides of the penis towards your body to avoid pinching the skin or leaving a fold over the groove of the glans (fig 12).

The silicone loop should be fitted on and in line with the groove of the glans without hurting but tight enough to keep the glans from slipping out. Carefully secure the silicone band in the fasteners on the underside of the upper support (piece 13) by, stretching the tape each time you press within the recesses.

Tighten but do not pull downwards in order to avoid pinching the penis.

Double check there is no skin over the groove nor underneath the silicone band, if there is, pull the skin towards the body to avoid it being pinched. To remove **Andropenis®**, compress the springs by pushing down against the body, release the silicone band (piece 14) from the fasteners in the upper support (piece 13), and increase the size of the silicone loop to release the penis.

Andropenis® has a fastening system of the glans by a band. There are two available models **Androcomfort®** band and **Androsilicone®** band. It is placed between the glans and shaft of the penis, the coronal sulcus area-prepuce. Introduce the band in the foam system called **Androtop®**. See how to use them in:

www.andromedical.com/videos

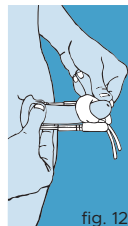


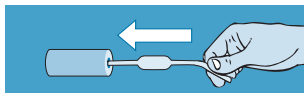
fig. 12



fig. 13



Androsupport
Guide

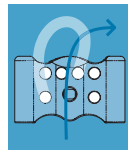


Andropenis® has a silicone ring that functions as a cushioning system called **Androring®**. It lies between the glans and shaft of the penis, the coronal sulcus-prepuce. See how to use them in:

www.andromedical.com/videos

Andropeyronie®, Androsurgery® and **Andropenis® Mini** have a superior plastic part (Androsupport) adapted for the correction of penile curvatures (see the “Androsupport Usage Guide”).

www.andropenis.com/ifu

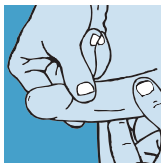


9 Tables

	DEVICE SIZE	DAILY DURATION
	Adaptation period	
First 5 days	Initial size	3 hours
Day 6 - 10	Add a small 0.5cm shaft (piece 11)	6 hours
Day 11 - 15	Add a small 0.5cm shaft (piece 11)	8 hours
	Evolution period	
1st and 2nd month	Add a small 0.5cm shaft (piece 11) every 7 days	8 hours
From the 3rd month	Add a small 0.5cm shaft (piece 11) every 10 days	8 hours
From the 5th month	Add a small 0.5cm shaft (piece 11) every 15 days	8 hours

RECOMMENDED

Rest and massage



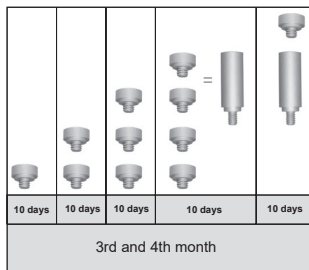
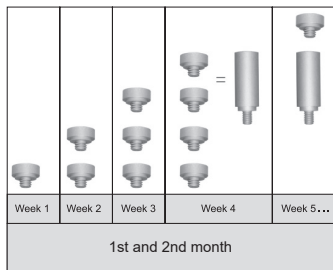
Every 2 or 1.5 hours

Do not use for more than 8 hours at regular intervals.

Every 2 hours, the device will need to be removed for a few minutes to allow the tissues to relax.

Do not sleep with the device.

Note: for your own comfort, from the 5th month onward, it is possible to first add a 0.30 cm shaft (piece 12) and a few days later change it for a 0.5cm shaft (piece 11) to make the traction more progressive.



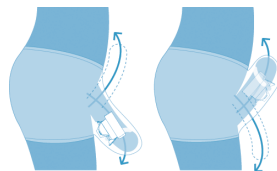
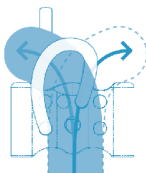
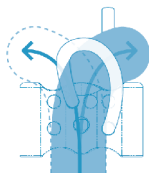
10 Method Of Use

The common treatment, excepts for different medical prescription, consists of 2 periods:

- An adaptation period, lasting 15 days.
- An evolution period, consisting of 3 separate phases: Initial evolution phase (1st and 2nd month), intermediate phase (3rd and 4th month) and final evolution phase, which begins in the 5th month.

The first day, as practice, fit and remove the device 10 times in a row. In case of curvature, it is recommended fitting the device away from the curvature. Example: if you have a rightward curvature, you should position the appliance in the opposite direction, placing it to the left in the underpants. And if you have a downward curvature, you should position the appliance downwards in the underpants (see images below). Every 2 hours, the device will need to be removed for a few minutes to allow the tissues to relax. After the 5th month, this rest period should be observed every 1.5 hours. Use this rest period to lightly massage the penis. Wash the device with PH neutral soap and water every 4 days.

Be patient and consistent with the treatment, this is the key to achieving your objectives. Any deviation from the treatment program could alter the results achieved (consult your doctor).



11 Surgeries

If the surgery is simple, it is recommended to begin use of **Androsurgery®** 15 days after surgery. If the surgery is very complex, it is recommended to begin use of **Androsurgery®** 1 month after surgery. Always consult your surgeon so he can advise how long after surgery to begin using **Androsurgery®** and the duration of use.

SURGERY	Evolution period	
1st and 2nd month	Add a small 0.5cm shaft (piece 11) every 7 days	8 hours
From the 3rd month	Add a small 0.5cm shaft (piece 11) each month	8 hours

12 Precautions Of Use

Even though there is usually no discomfort, some days the device may feel uncomfortable. Do not worry, keep using the device. However, if necessary, you may interrupt the treatment for one day.

If you experience pain or discomfort, bluish discoloration or numbness of the glans, remove the device and massage the penis. By doing so penis colour will return to normal and the unpleasant sensations will disappear. If you feel discomfort at the base of the glans, you should try wearing cotton or gauze to protect this sensitive area.

If you have not been able to wear the device for 15 to 30 days, start treatment at 1 cm (0.4") less than the size of the device at that time.

Penile bruising, penile skin reaction in the distal part of the shaft and at the base of the penis (site of application of the plastic ring), pain, penile dyschromic changes, numbness of glands, tingling sensation, edema or fluid retention in the glands, wound, irritation, inflammation and discomfort are identified as residual risks. If any of the following residual risks occur while using the device, we strongly recommend discontinuing its use.

Do not use Andropenis®: while sleeping, while partaking in strenuous physical activity or sport. While under the effects of recreational drugs or alcohol. If you have an ulcer, sexually transmitted disease or wound in the genital area.

Maintain strict hygiene standards whilst using the device. Remove the device to urinate or defecate or during sexual intercourse. If you have an erection whilst using the device, do not worry: it will simply feel a little tighter.

If you develop white spots on your glans, it is necessary to see a doctor, since you may have developed a fungal infection. Personal hygiene is very important. Keep the device clean.

The use of medication for stimulating hair growth (finasteride), medication to treat depression, sleeping pills, tranquilizers and sedatives can significantly diminish the effectiveness of . The use of topical Minoxidil to stimulate hair growth is allowed.

In case of minor irritation, penile bruising or penile skin reaction in the distal part of the shaft or at the base of the penis. Do not use the device for 4 days. Apply anti-irritation ointment twice daily, morning and afternoon, and the healing ointment at night. If the wound persists, stop using the device and contact your physician. If you feel discomfort in the shaft of the penis, massage the penis with a hydrating cream for 5 minutes each night using gentle stretching motions.

Contraindications: Patients with uncontrolled diabetes, genital herpes, sexually transmitted diseases, urethritis and acute cystitis, acute prostatitis, abdominal hernia, dermatitis, testicular cancer, lymphatic cancer, lymphoma, paraplegics, quadriplegics and patients taking anticoagulant treatment.

Side effects: Andropenis® has been designed specifically for a medical use and its utilization does not involve any secondary effects, as long as it is correctly used under the indications that are exposed in this manual.

13 Troubleshooting

Problem	Possible Cause	Solution
Discomfort or Pain	Straps are too tight, improper fit, or misalignment	- Loosen the straps slightly and recheck the fit. Ensure the device is aligned properly along the shaft.
		- Apply additional padding if necessary to reduce pressure.
		- If pain persists, remove the device and consult your healthcare provider.
Skin Irritation or Redness	Prolonged wear, improper fit, or skin sensitivity to materials	- Ensure that the device is not worn for too long without breaks as advised.
		- Use a barrier cream or additional padding to protect the skin.
		- Clean the device regularly to prevent irritation from sweat and debris.
		- If irritation worsens, discontinue use and consult a doctor.
Slippage or Loosening	Straps are too loose, improper application	- Re-tighten the straps, ensuring they provide adequate support without cutting off circulation.
		- Ensure the device is properly aligned and centered on the penis.
		- Check for any wear or damage to the straps or fasteners. Replace if necessary.
Difficulty Applying the Device	Incorrect positioning	- Follow the instructions carefully for proper alignment and application.
		- If needed, watch videos demonstration
Device Causes Swelling	Excessive pressure from straps, constriction, or improper sizing	- Immediately remove the device if swelling occurs.
		- Reapply the device more loosely, ensuring proper blood flow.
		- If swelling persists, consult your healthcare provider before resuming use.
Breakage or Damage to Device	Normal wear and tear, excessive force during use	- Inspect the device before and after each use for signs of wear or damage.
		- Replace the device if any parts are broken or damaged. Do not attempt to repair a damaged device yourself.
Odor or Hygiene Issues	Inadequate cleaning	- Clean the device thoroughly after each use using mild soap and warm water.
		- Dry the device completely before storing or using it again.
		- Replace the device if it develops persistent odor or if cleaning doesn't resolve the issue.
Straps Keep Detaching	Weak or worn-out fasteners	- Check the condition of the straps and fasteners.
		- Replace the device if the fasteners no longer work effectively, as they may not provide proper support.



www.andropenis.com

Increase penis size with traction therapy and treat micropenis.



www.andropeyronie.com

Reduce penile curvature and treat Peyronie's disease.



www.androvacuum.com

Improve erections with vacuum therapy and treat erectile dysfunction.



andromedical.com/shop

Spare parts and accessories



www.andropharma.com

PENIS

Increase the own testosterone levels and improve penile lengthening.

VIGOR

Increase men's sexual desire and achieve long lasting erections.

CURVATURE

Inhibit the fibrous plaque of Peyronie with natural anti-inflammatories.

Further information, updates, privacy policy, return-refund policy, disclaimer and conditions of warranty can be found at: www.andromedical.com

© Copyright 1995-2025 Andromedical®, Madrid (Spain).