

Study: Penile extender found effective

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TURIN, Italy, March 6 (UPI) -- Men who wore a penile extender daily for six months increased the flaccid length of their penis by up to 32 percent, researchers in Italy said.

Researchers from San Giovanni Battista Hospital at the University of Turin in Italy suggest the treatment could provide a viable alternative to surgery, because the results were significant and patient satisfaction with the technique was high.

"Twenty-one highly motivated patients, with an average age of 47, were enrolled and 16 completed the 12-month study" urologist Dr. Paolo Gontero said in a statement.

"Having undergone psychosexual counseling, to make sure that the treatment would be beneficial, the men were asked to wear the Andro-Penis device for between 4-6 hours a day for six months. The study, published in the British Journal of Urology International, also found that:

-- The men's average flaccid penile length was 2.82 inches at baseline and had increased of 32 percent to 3.72 inches in month 12.

-- The men's average stretched penile length was 3.79 inches at baseline and had increased by 18 percent to 4.45 inches in month 12.

-- No increase in penile girth was reported.

-- Average erectile function scores improved by up to 36 percent at 12 months.