1. Case report:

Man aged 25 who had undergone multiple epispadia operations and Mitrofanoff’s continent cutaneous appendiceovesicostomy procedure. He urinates every 3 hours through an intermittent catheter. Rare episodes of urinary infection. He seeks medical advice because of penis hypoplasia that causes coitil difficulty.

2. Objective examination:

At clinical examination, the stretched penis’length is 7.8 cms, with a girth of 9.8 cms measured on the middle third of the shaft, while the length in erected state is 8 cms.

3. Treatment:

The advised treatment is the application of a penis extensor, that the patient shall undergo after signing informed consent about the unpredictability of its outcomes, further advising him an 8 hours daily use for a period of 8 month.

The patient’s compliance leads to a daily use of the device of 4-6 hours over 8 month.

4. Results:

The follow-up after 3 months showed that the stretched penis measured 9.5 cms, after 6 months 10.0 cms and after 8 months 10.2 cms, with an unmodified girth of 9.8 cms. No adverse side effects were recorded during treatment, except a temporary delayed ejaculation that couldn’t be reliably proved to be related to the treatment.

5. Discussion:

A penis-stretching device seems to be a valid method to lengthen the penis in patients with antecedent penis surgery.