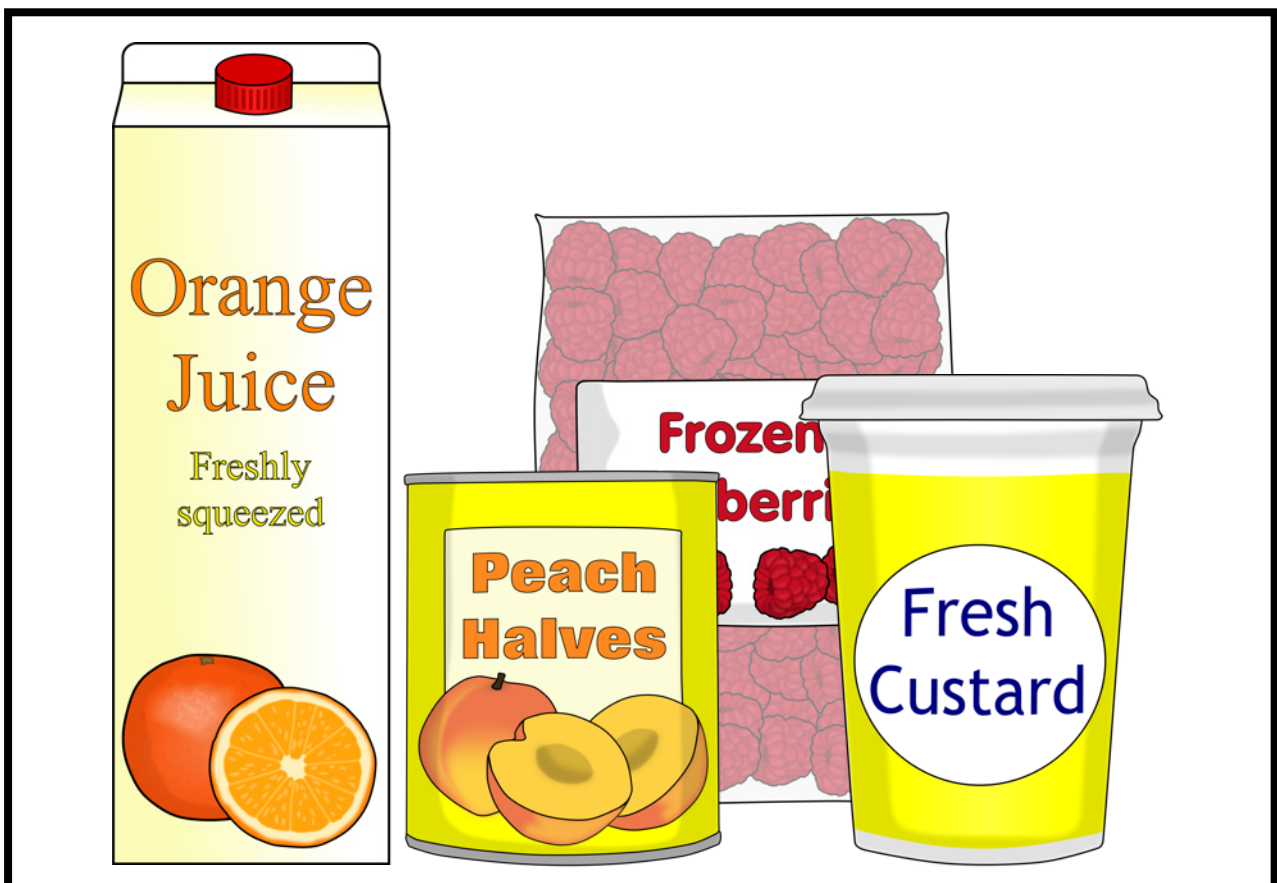


How to Make a
Peach
Melba
Smoothie



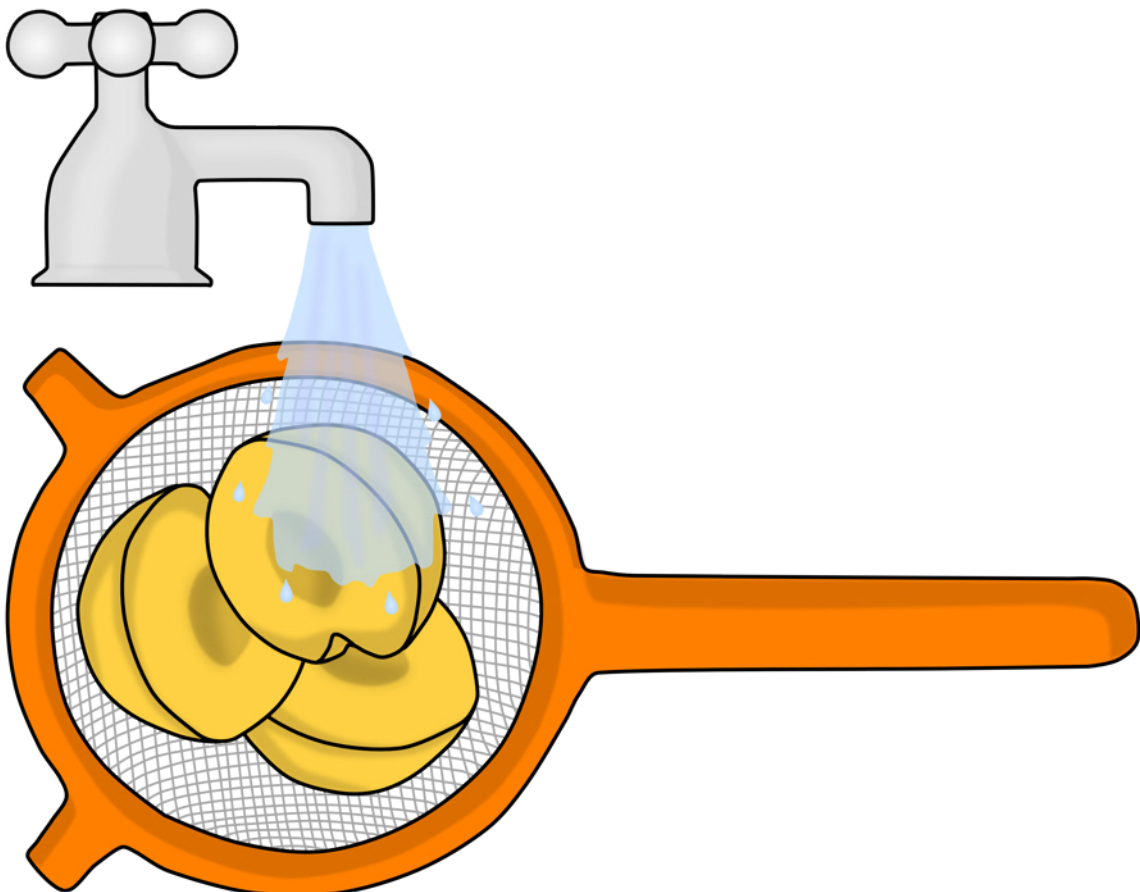
Ingredients

410g can of peaches
100g frozen raspberries
100ml orange juice
150ml fresh custard

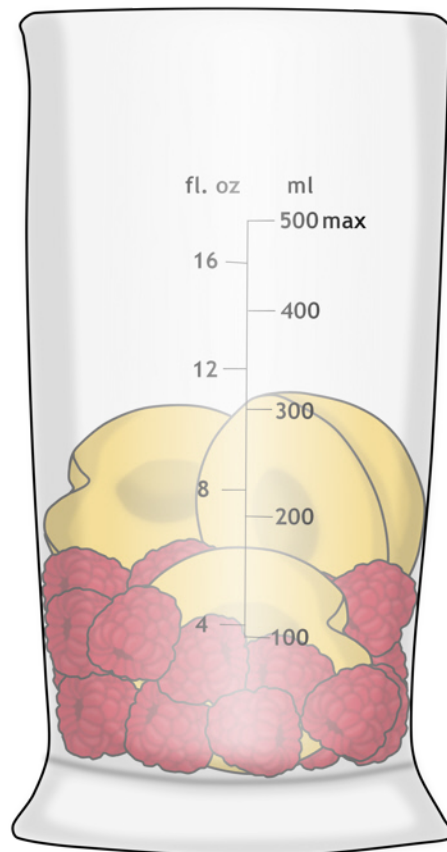


1

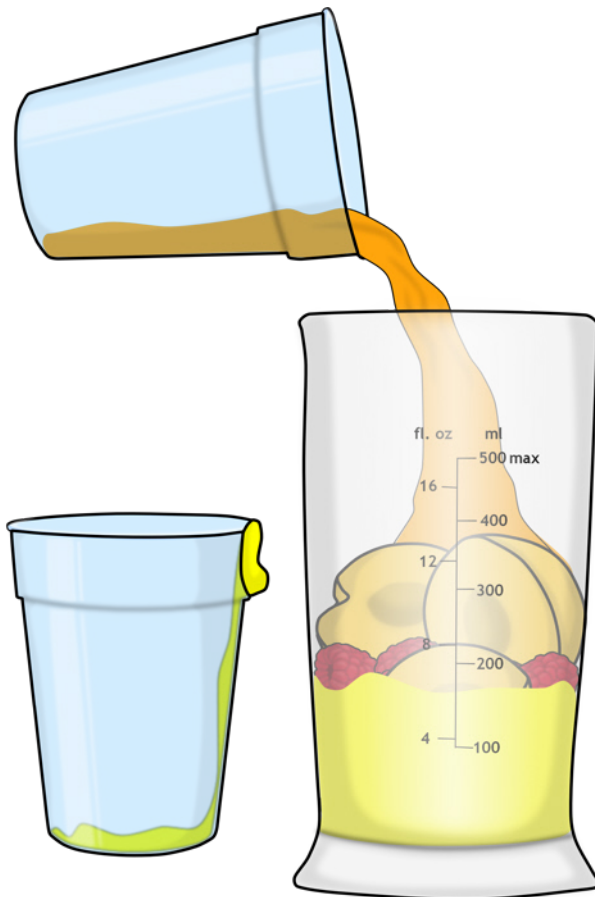
Drain and rinse the
peaches



2 Place peaches and raspberries in blender.

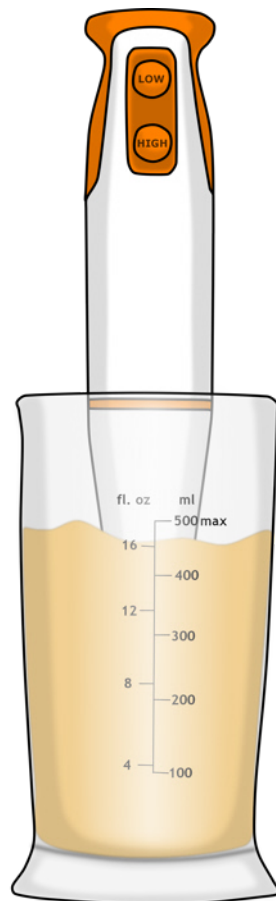


3 Add the custard and orange juice.



4

Turn the blender on and blend until the mixture is smooth and creamy.



5 Pour into a glass and enjoy!

