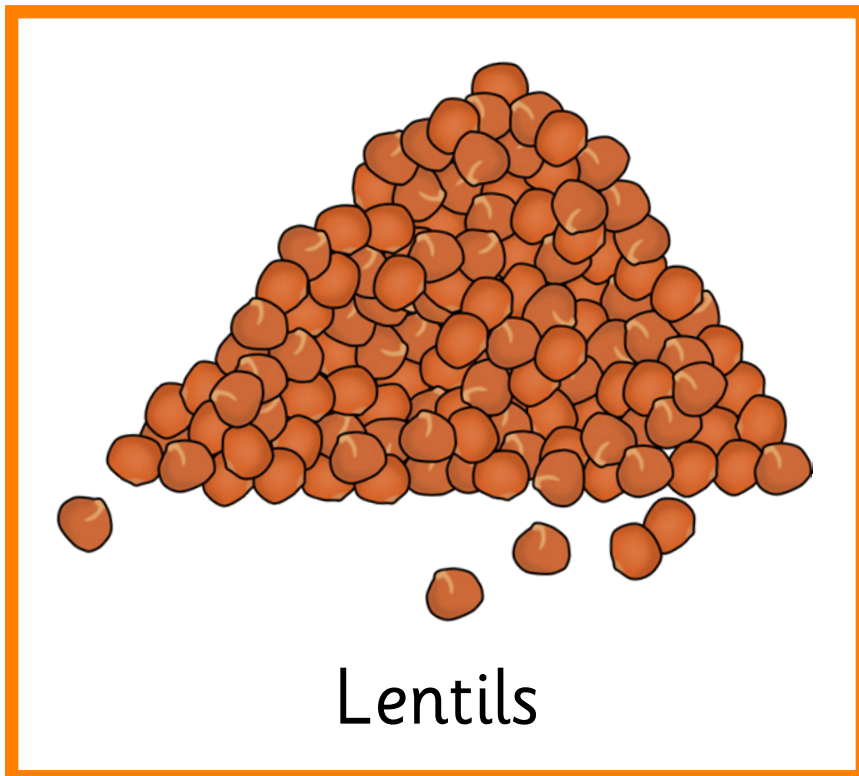
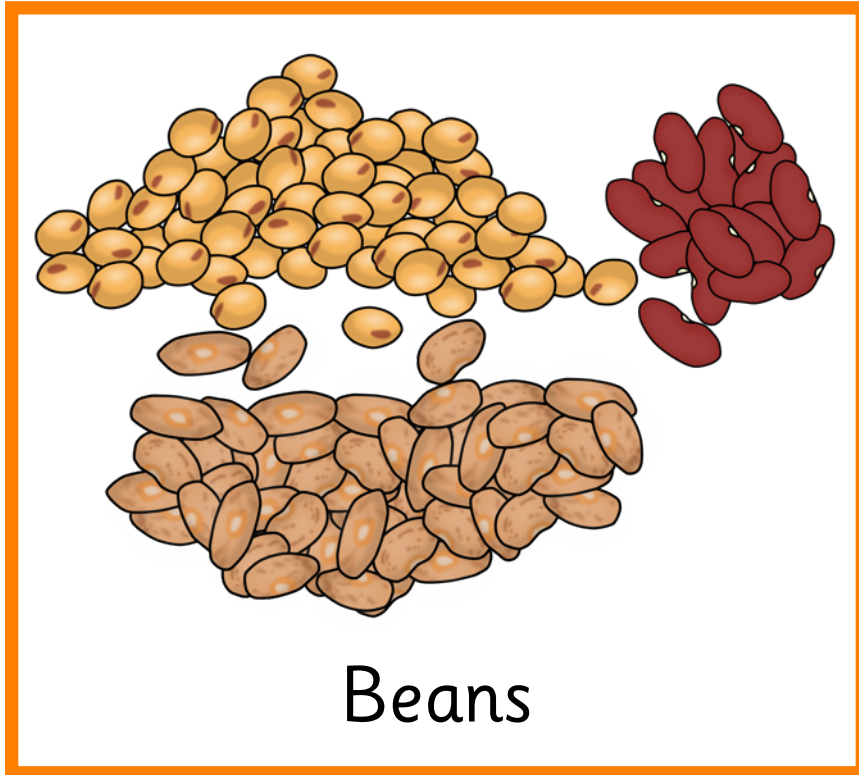


Food Types Sorting Cards

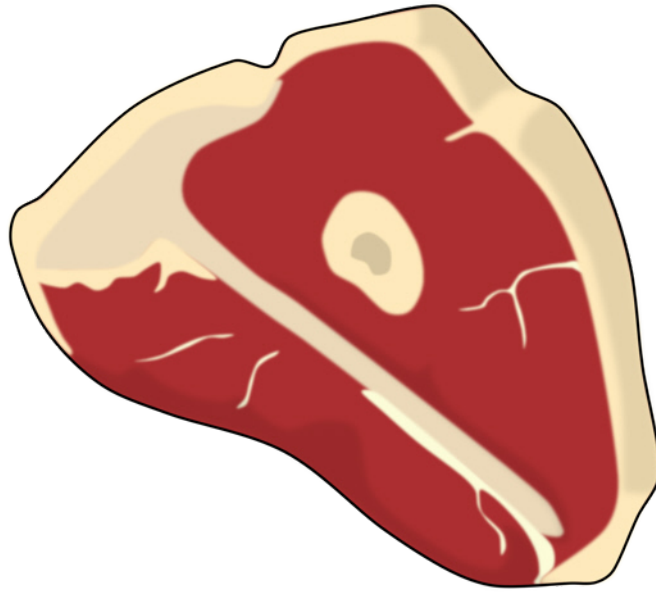
Body Building Foods



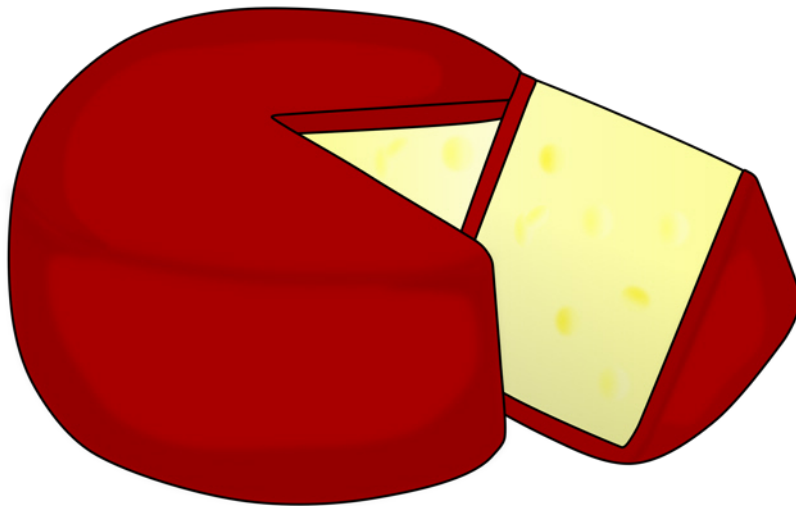
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Body Building Foods



Red Meat

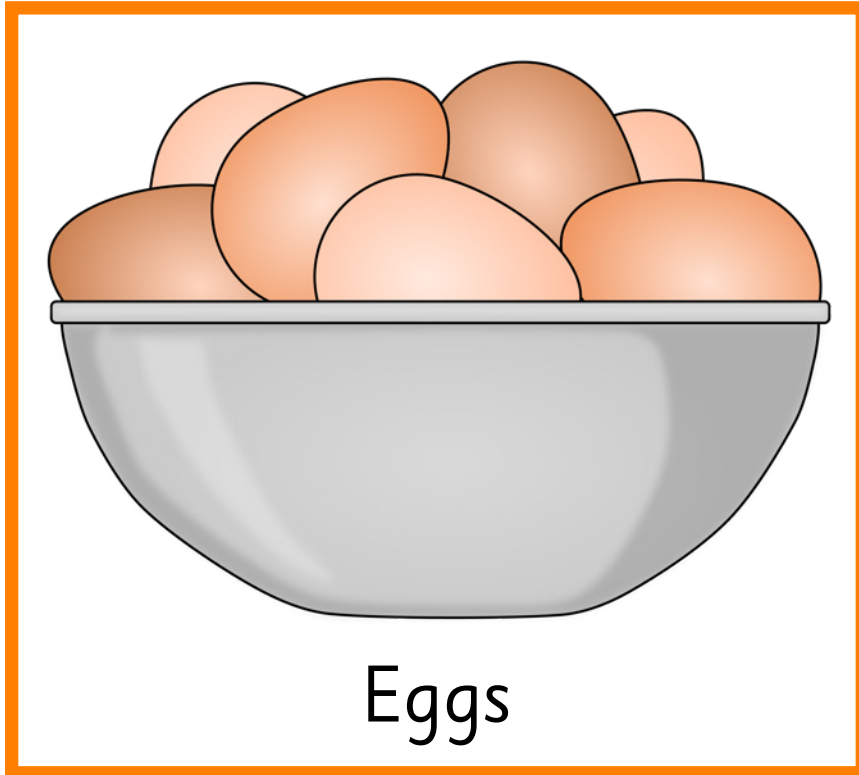


Cheese

(Cut out the cards for children to sort.)

Food Types Sorting Cards

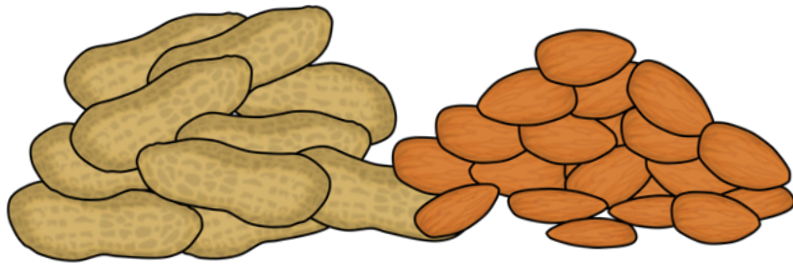
Body Building Foods



(Cut out the cards for children to sort.)

Food Types Sorting Cards

Body Building Foods



Nuts



Peanut Butter

(Cut out the cards for children to sort.)

Food Types Sorting Cards

Body Building Foods

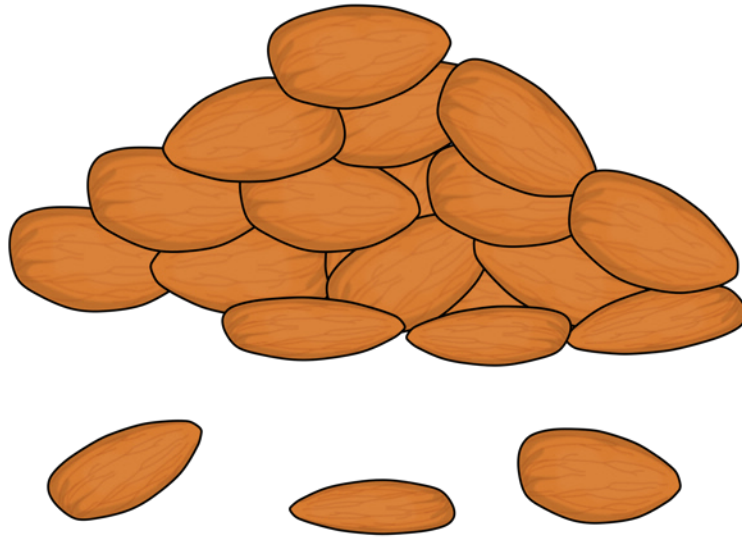


Body Building Foods

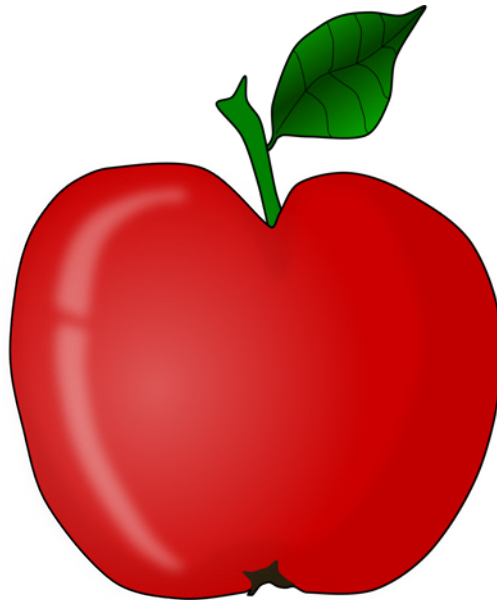
(Cut out the cards for children to sort.)

Food Types Sorting Cards

High Energy Foods



Almonds

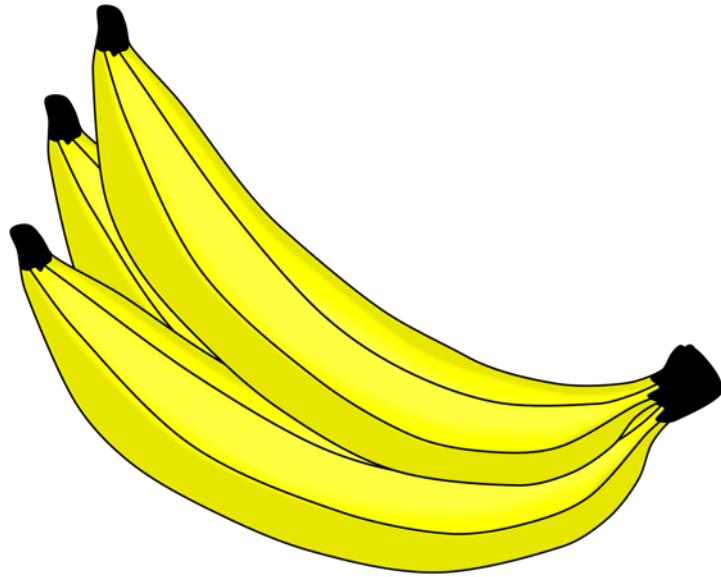


Apple

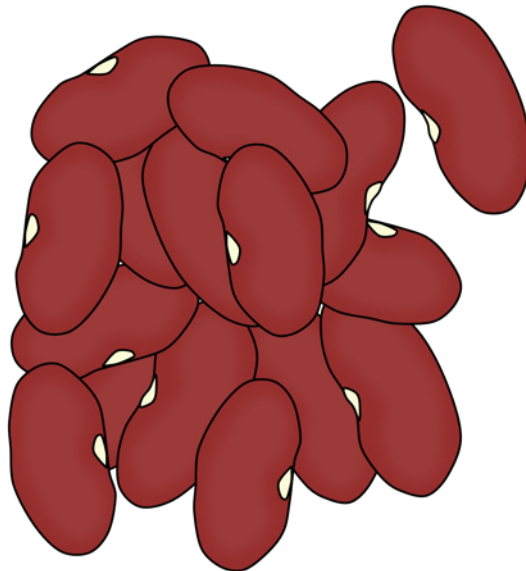
(Cut out the cards for children to sort.)

Food Types Sorting Cards

High Energy Foods



Banana

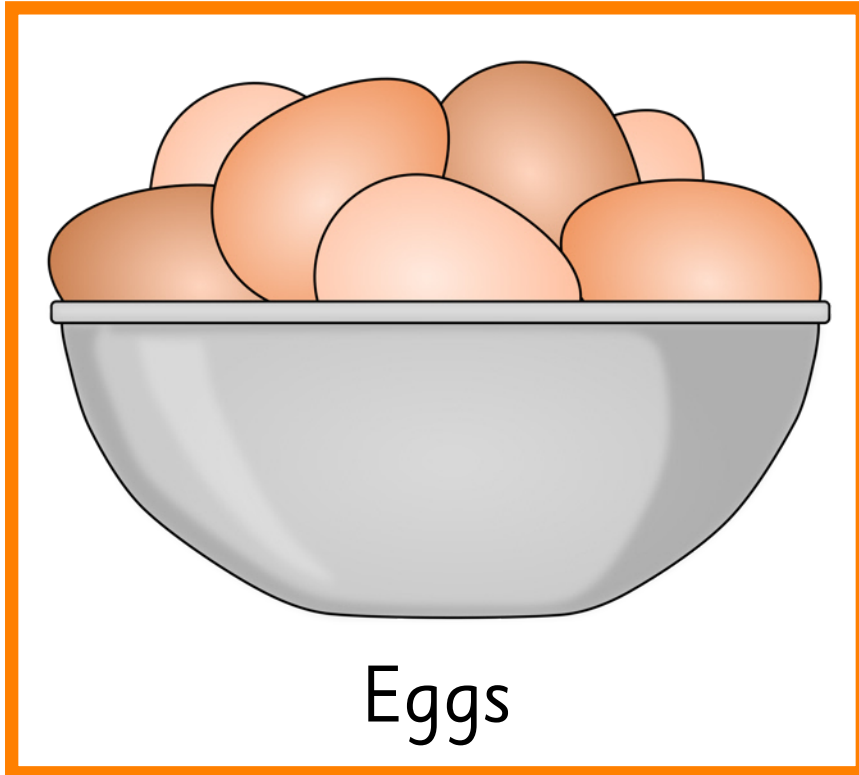


Beans

(Cut out the cards for children to sort.)

Food Types Sorting Cards

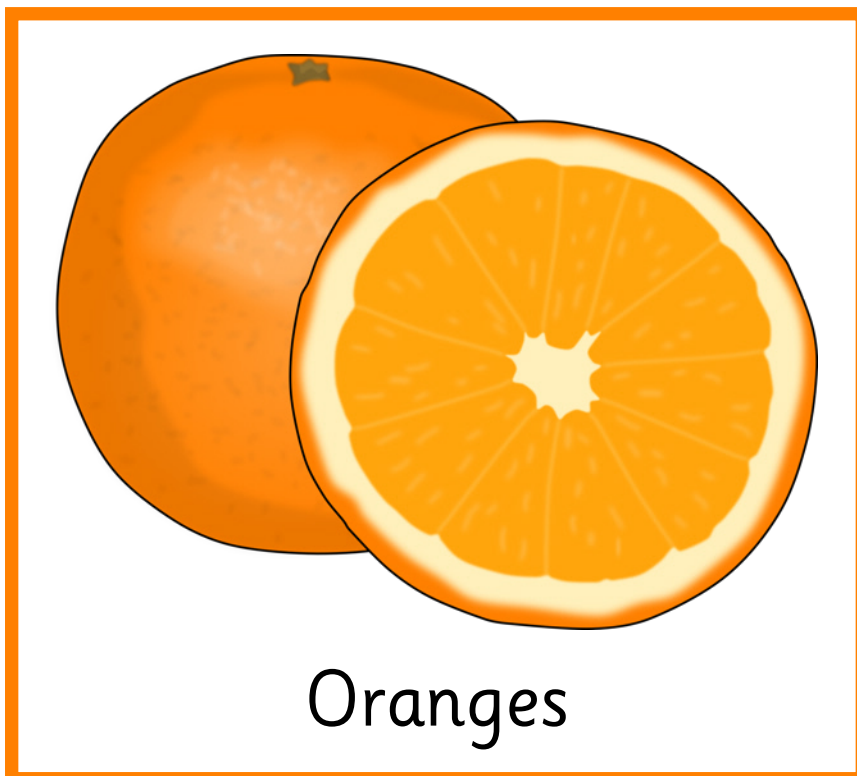
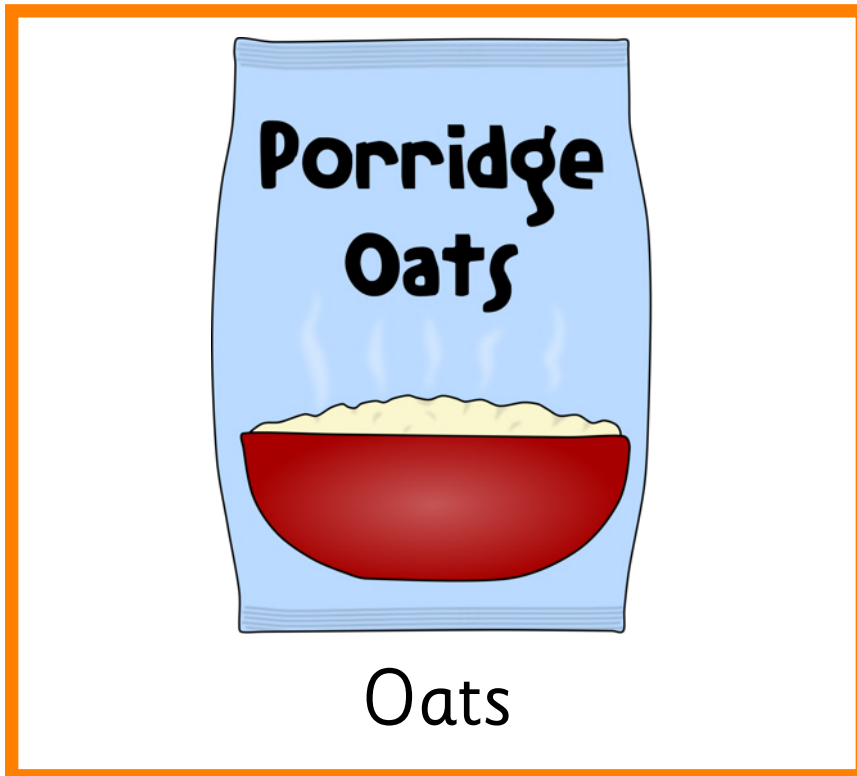
High Energy Foods



(Cut out the cards for children to sort.)

Food Types Sorting Cards

High Energy Foods



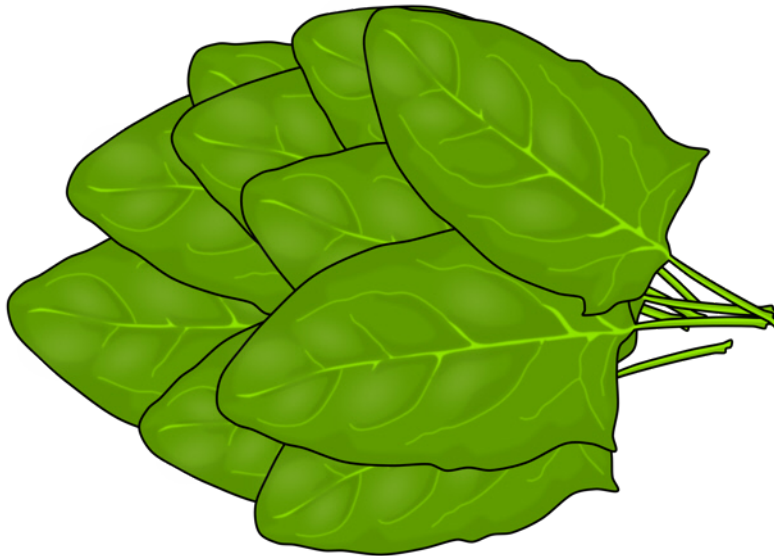
(Cut out the cards for children to sort.)

Food Types Sorting Cards

High Energy Foods



Salmon

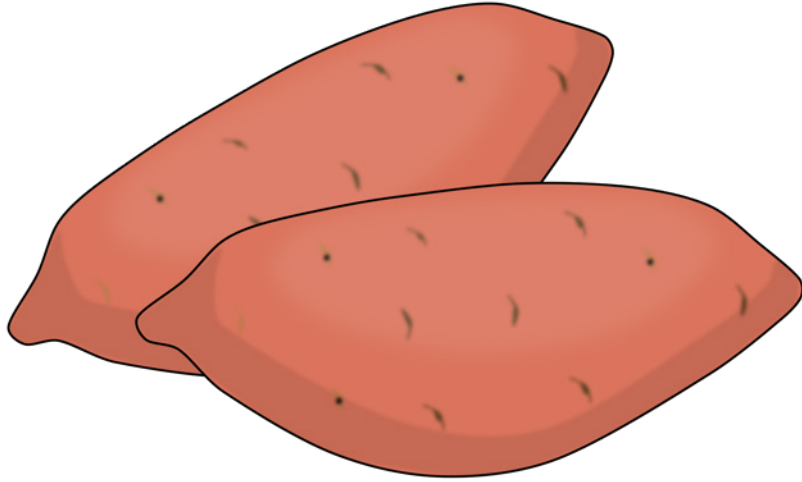


Spinach

(Cut out the cards for children to sort.)

Food Types Sorting Cards

High Energy Foods



Sweet Potatoes



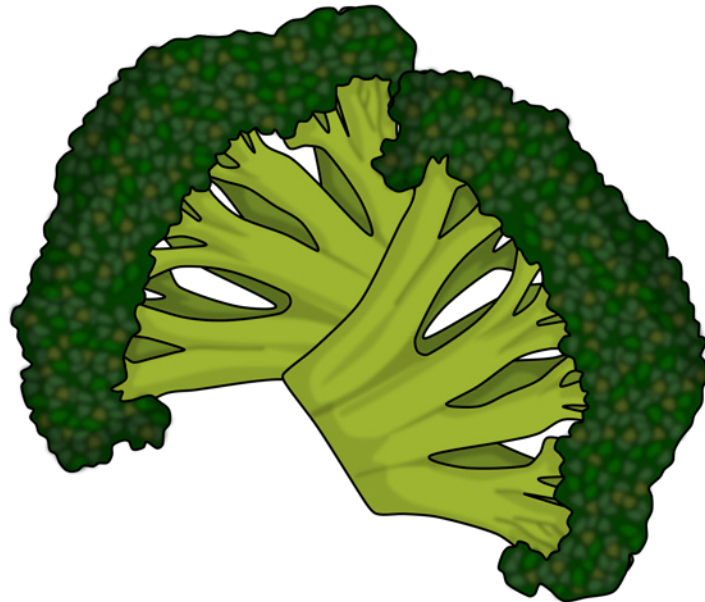
Yogurt

(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods

**High
Energy
Foods**

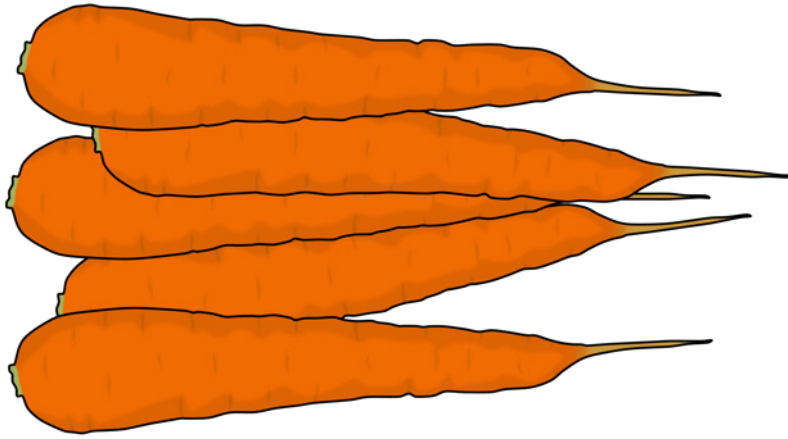


Broccoli

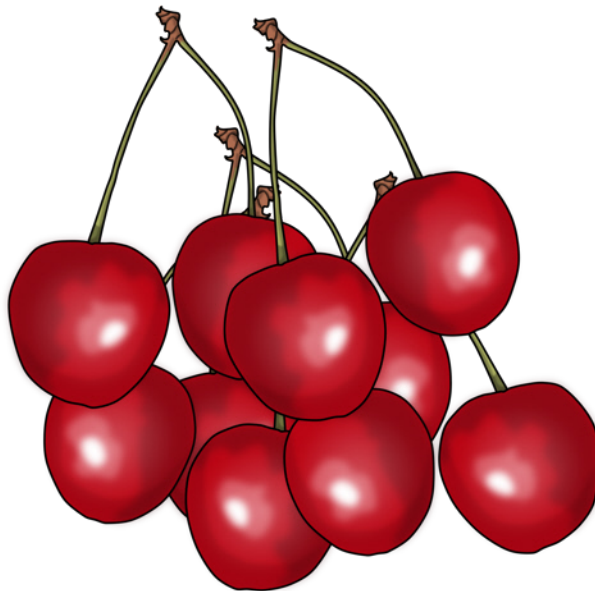
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Carrots

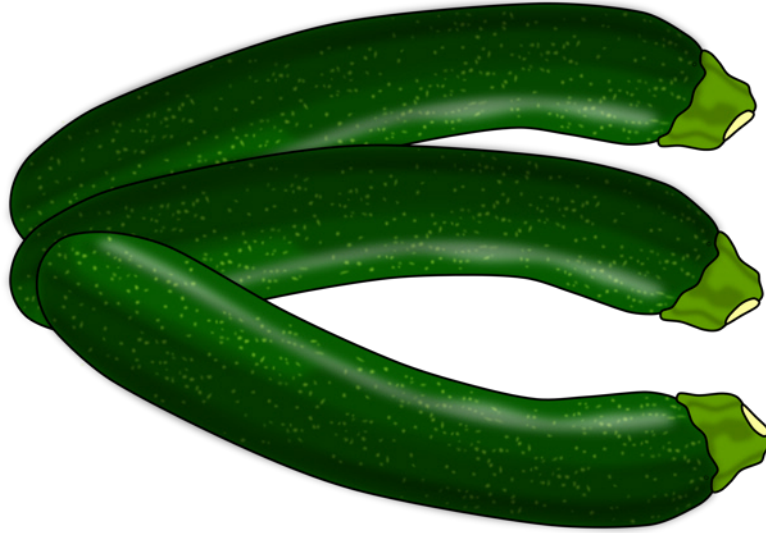


Cherries

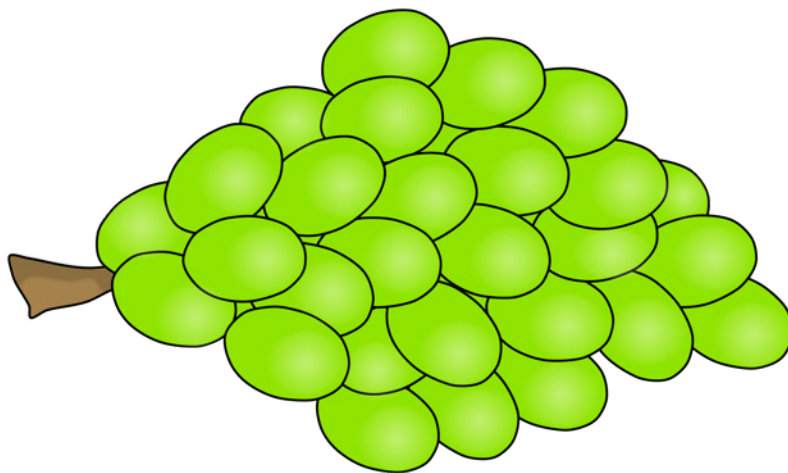
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Courgettes

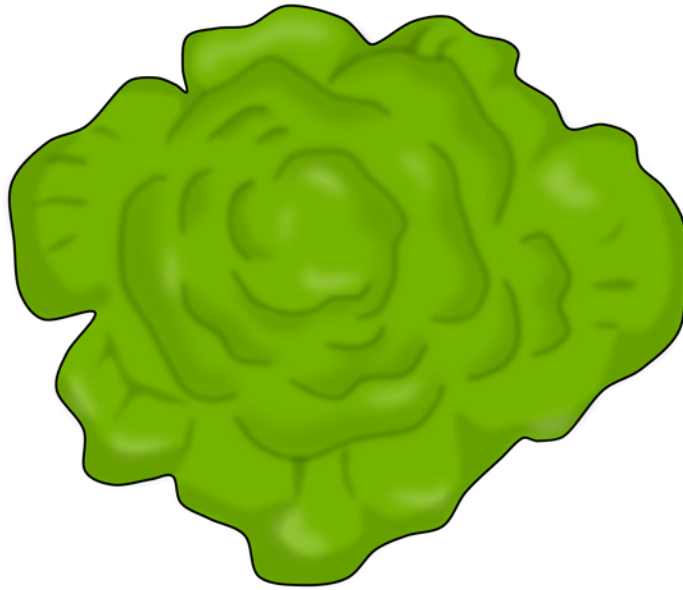


Grapes

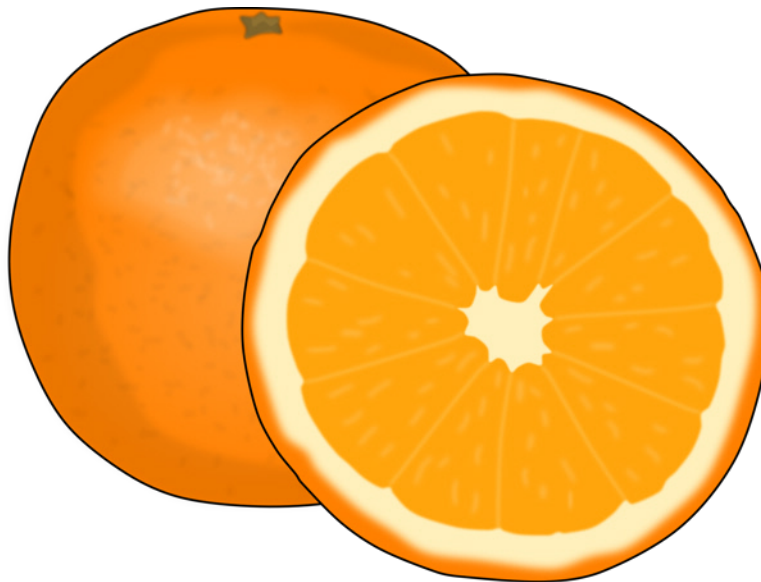
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Lettuce

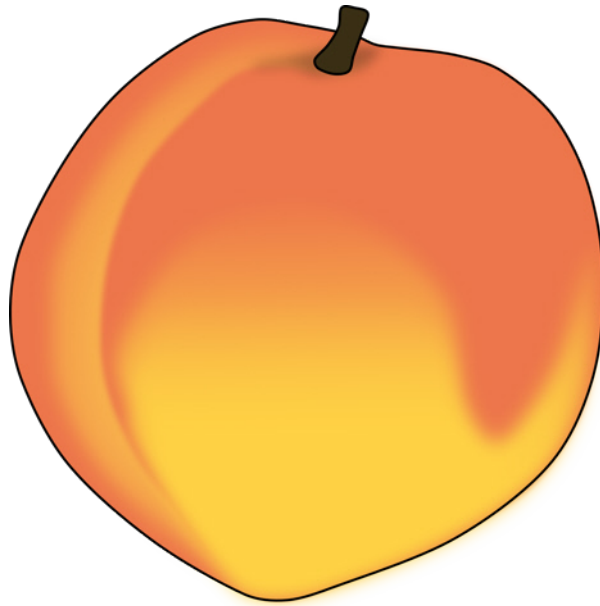


Oranges

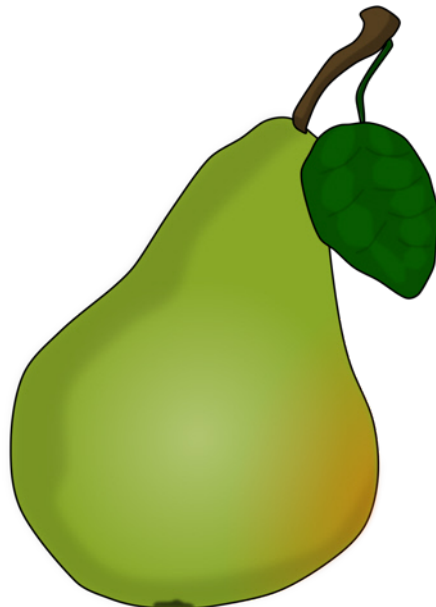
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Peach

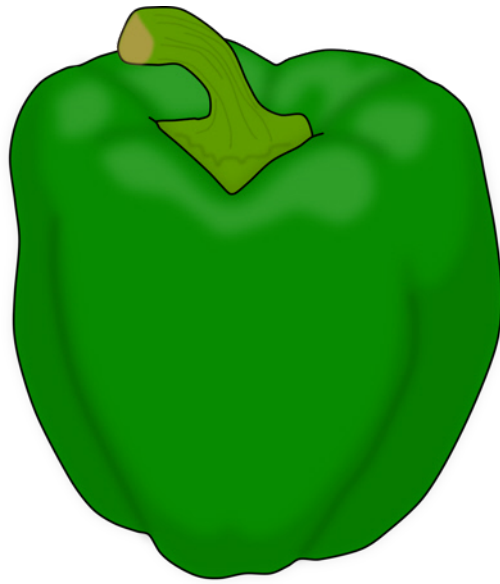


Pear

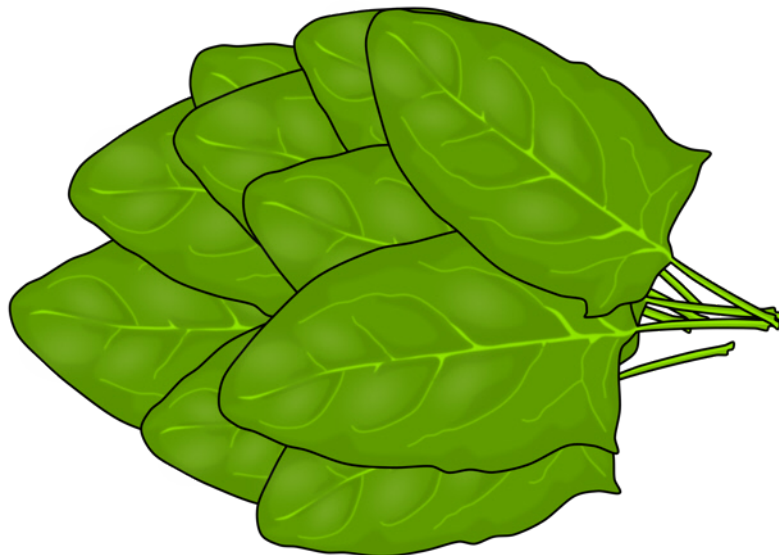
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Pepper

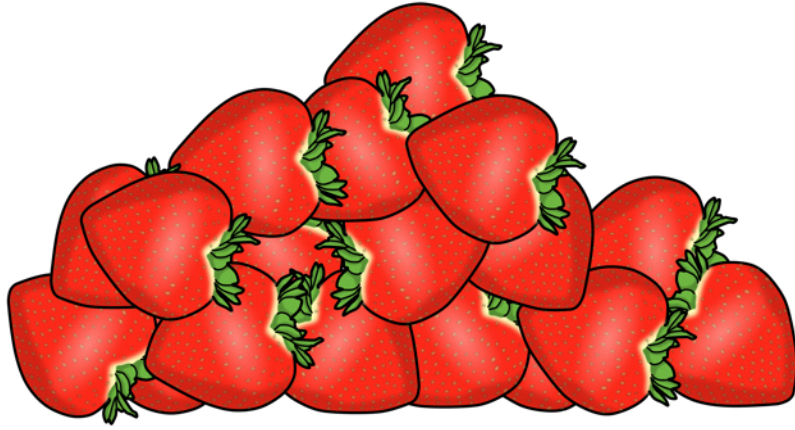


Spinach

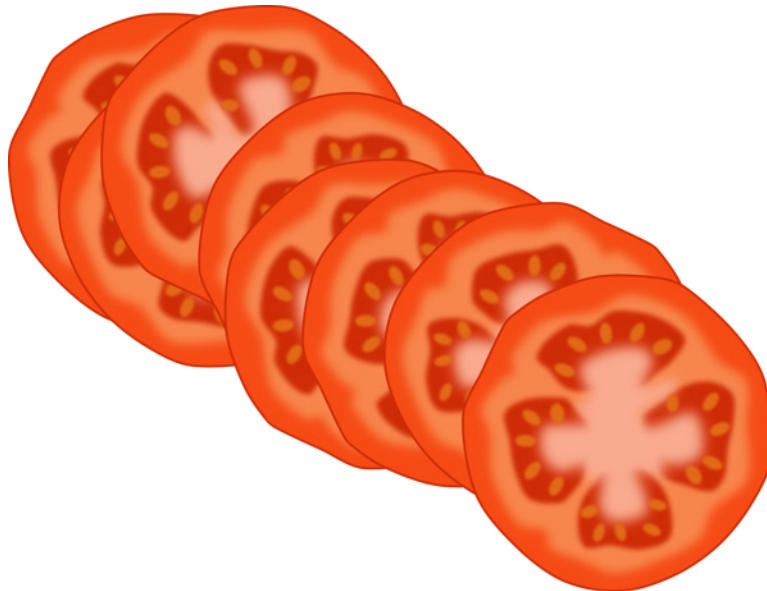
(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Strawberries

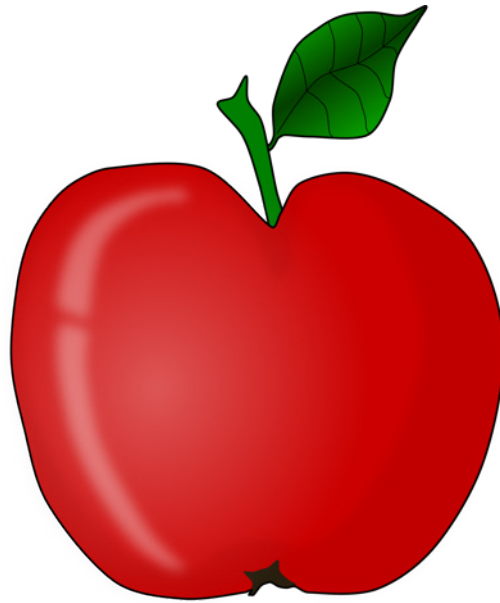


Tomatoes

(Cut out the cards for children to sort.)

Food Types Sorting Cards

Protective Foods



Apple

**Protective
Foods**

(Cut out the cards for children to sort.)