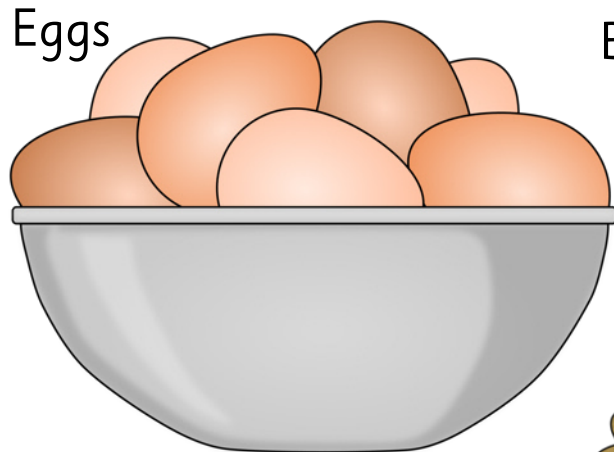
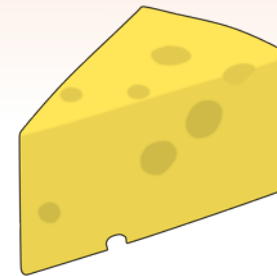
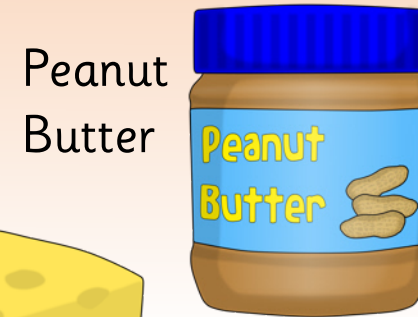
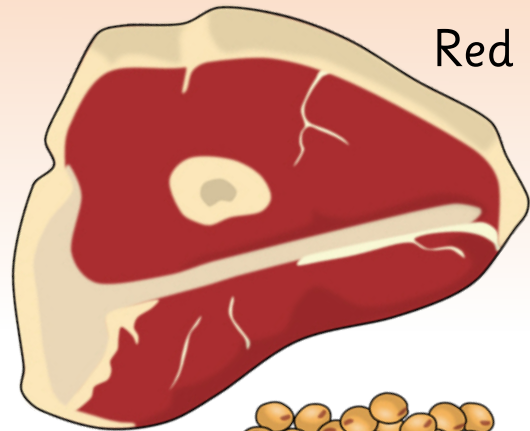
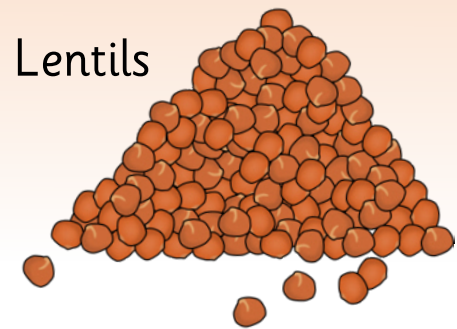


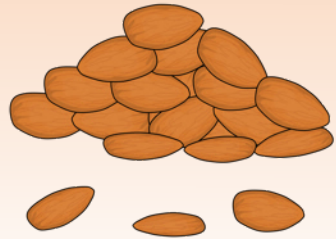
Body Building Foods



Yogurt

High Energy Foods

Almonds



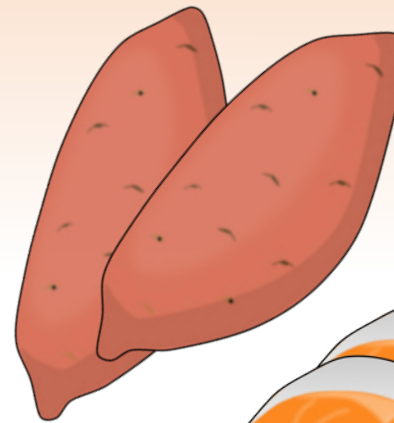
Honey



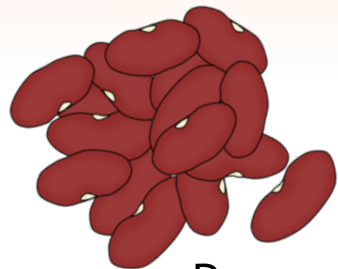
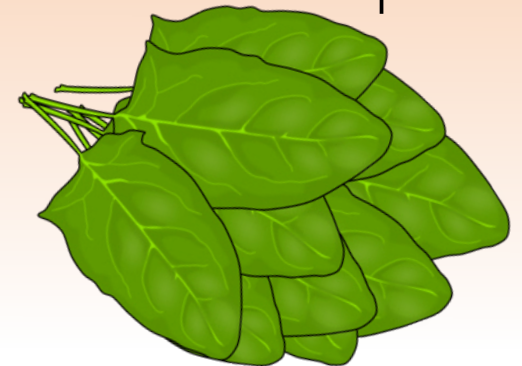
Porridge Oats



Sweet Potatoes



Spinach



Beans

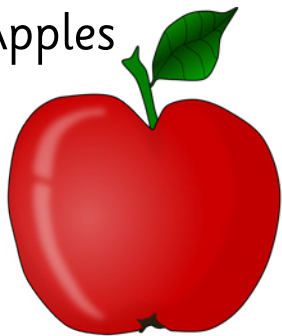
Oats

Eggs

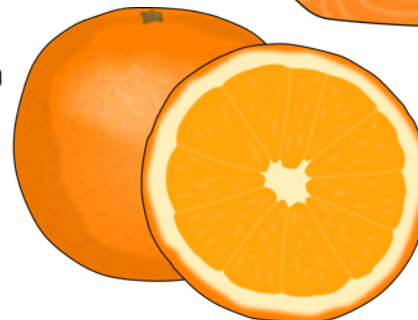
Salmon



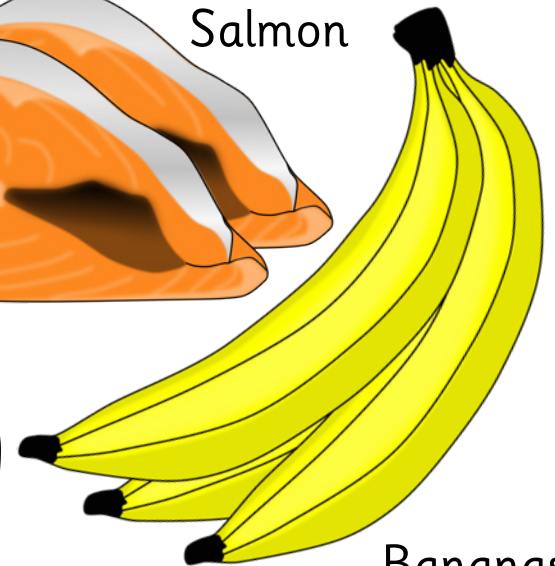
Apples



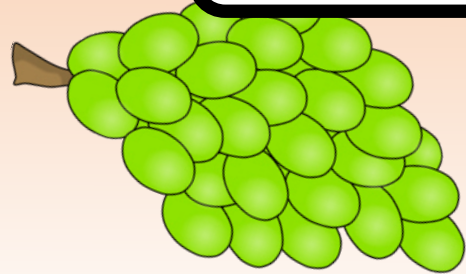
Oranges



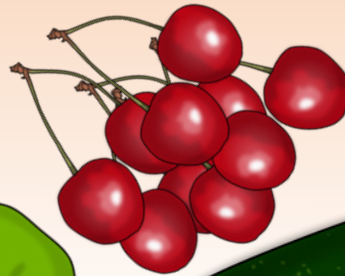
Bananas



Protective Foods

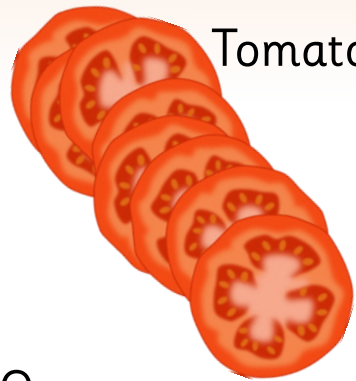
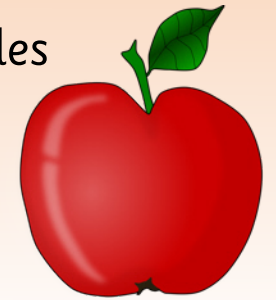


Grapes



Cherries

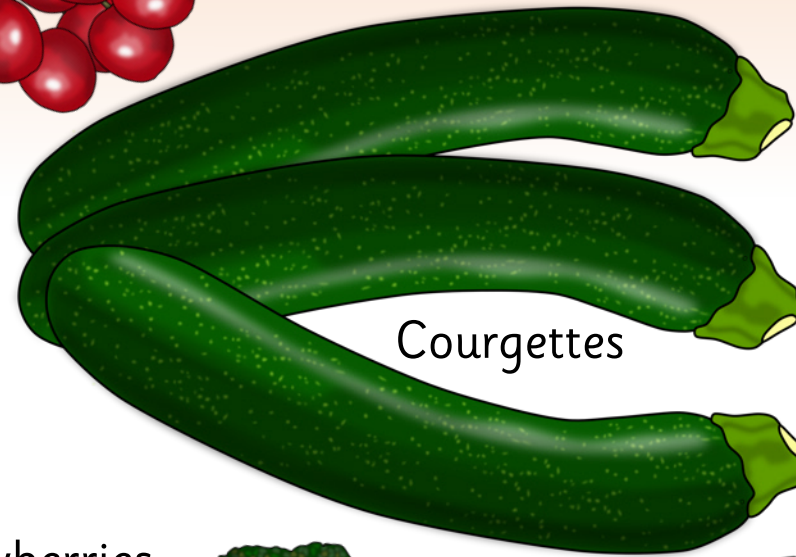
Apples



Tomatoes

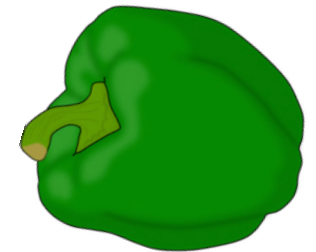


Lettuce

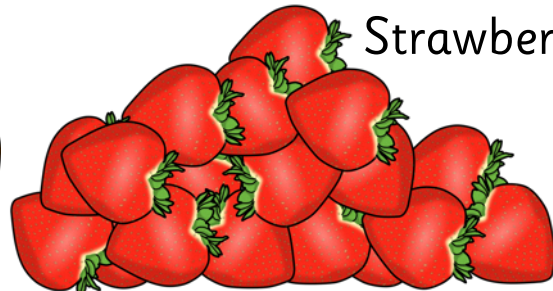
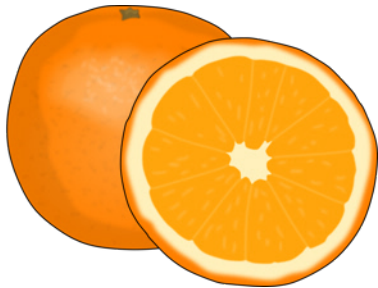


Courgettes

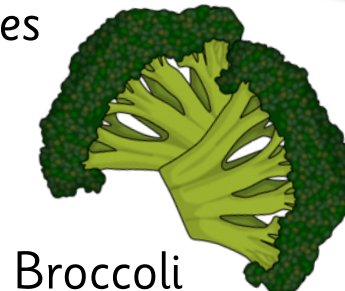
Peppers



Oranges



Strawberries



Broccoli

Carrots

