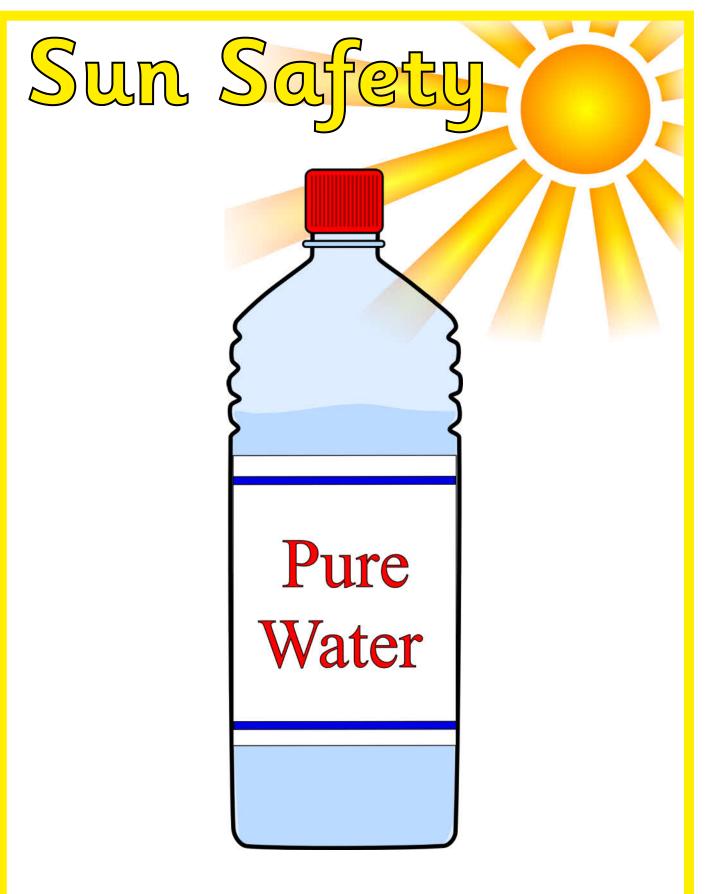


Put on sun cream.

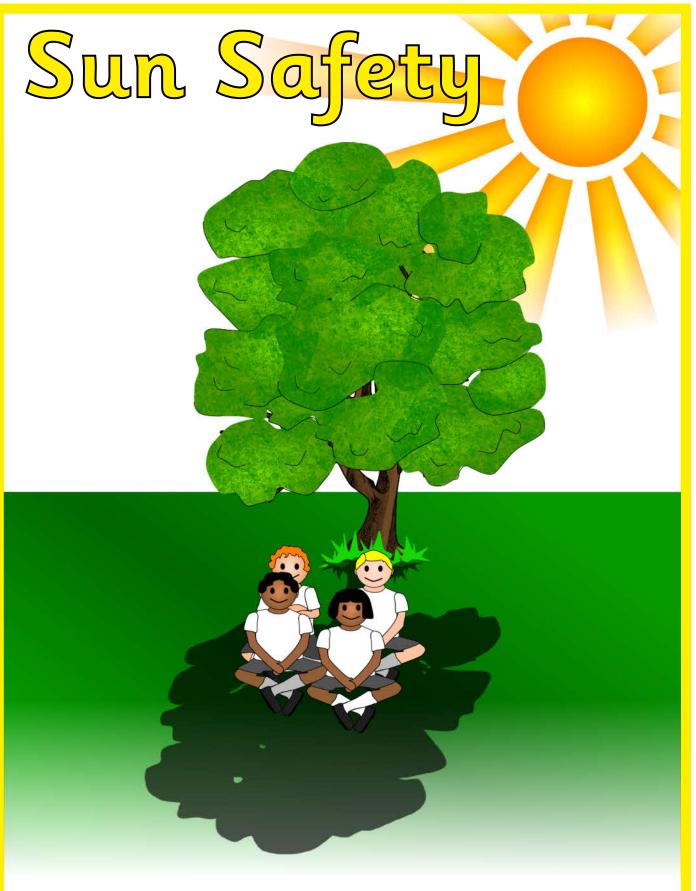


Wear a sun hat.





Drink plenty of water.



Stay in the shade.



sun lotion





t-shirt



