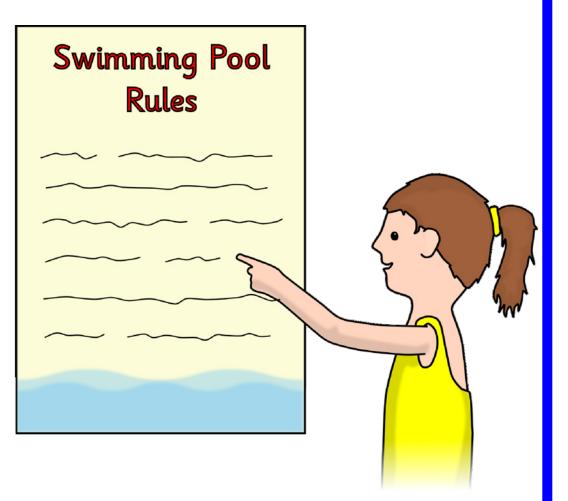




Don't eat while swimming.



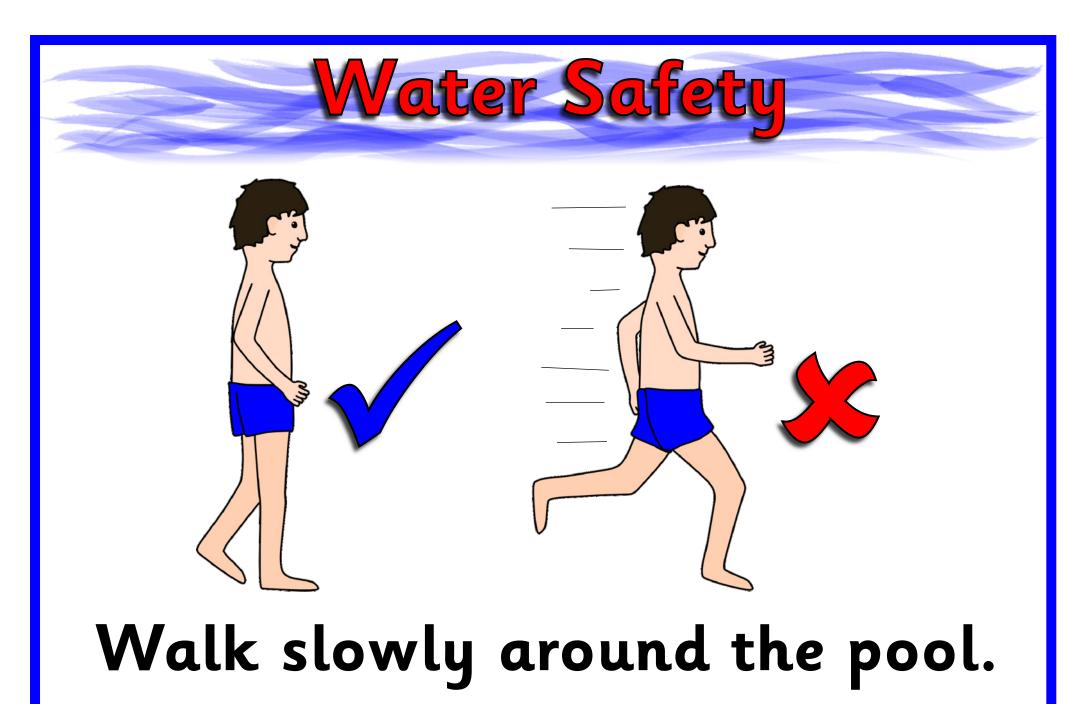
Always obey the pool rules.





Swim with a friend.







Swim at a safe depth.



Don't push or jump on others.



lakes or ponds.



Never swim alone at the beach!

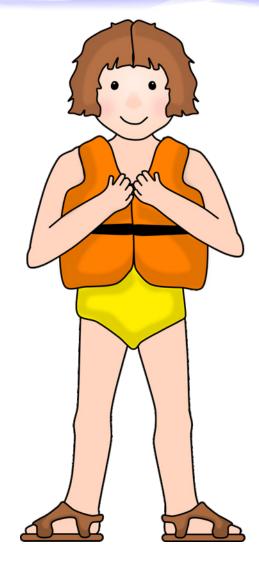


Don't swim close to piers.



Face towards the waves so that you see them coming!





Always wear a life jacket if out on a boat on a lake, river or the sea.



Never walk on a frozen pond.