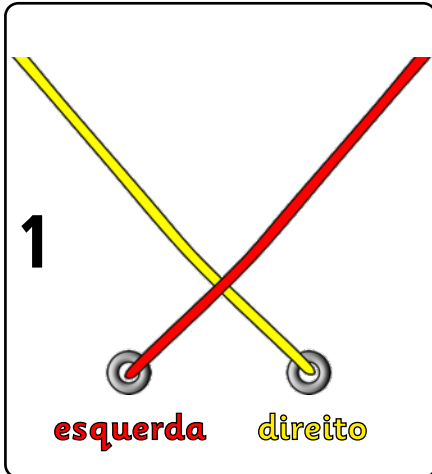
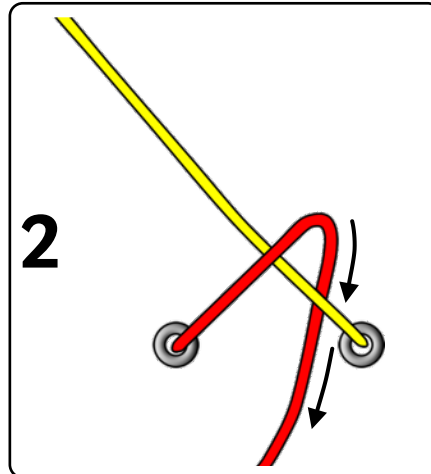


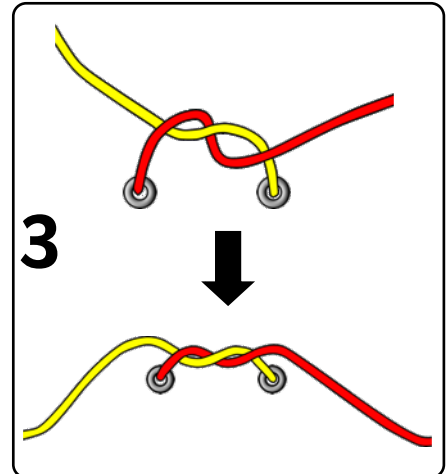
Como atar os atacadores



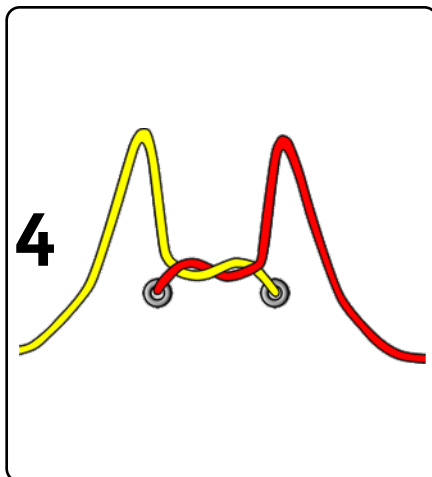
1 Pegue nos atacadores e cruze, mantendo o atacador esquerdo à frente.



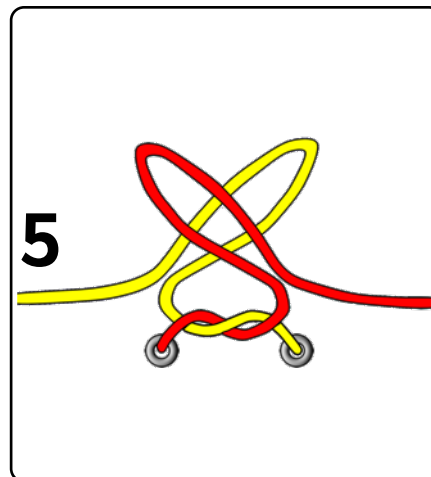
2 Introduza o atacador da mão esquerda pela base do x.



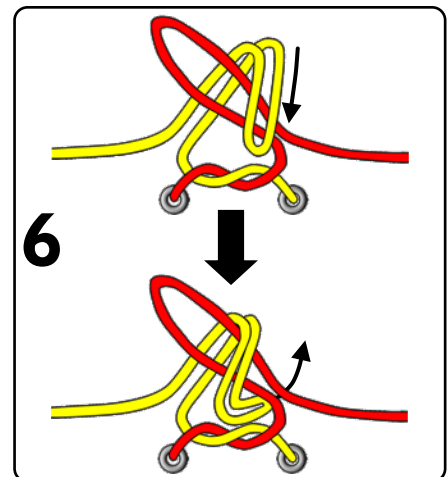
3 Aperte os atacadores.



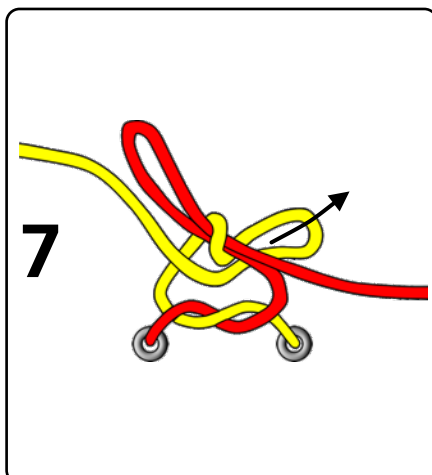
4 Faça umas "orelhas de coelho".



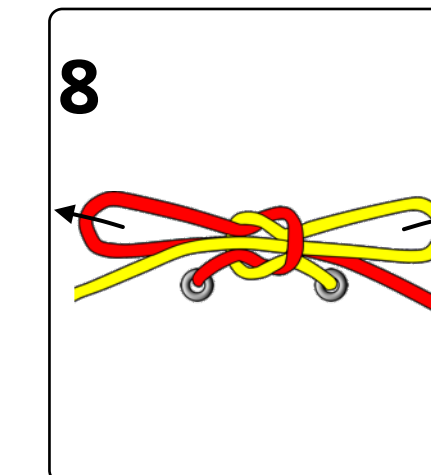
5 Cruze as "orelhas de coelho" de forma a que a direita fique à frente da esquerda.



6 Coloque a "orelha esquerda" por cima da direita e introduza-a atrás do espaço formado entre ambas.



7 Passe a "orelha direita" através do espaço para o outro lado.



8 Aperte as "orelhas de coelho" até fazer um laço.

