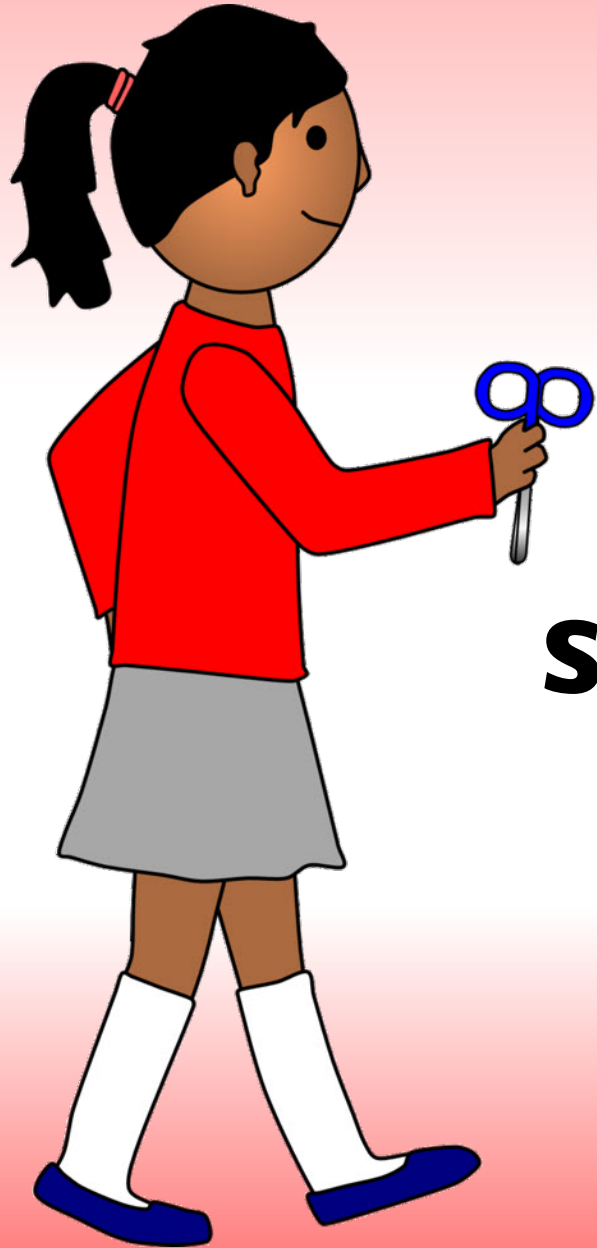
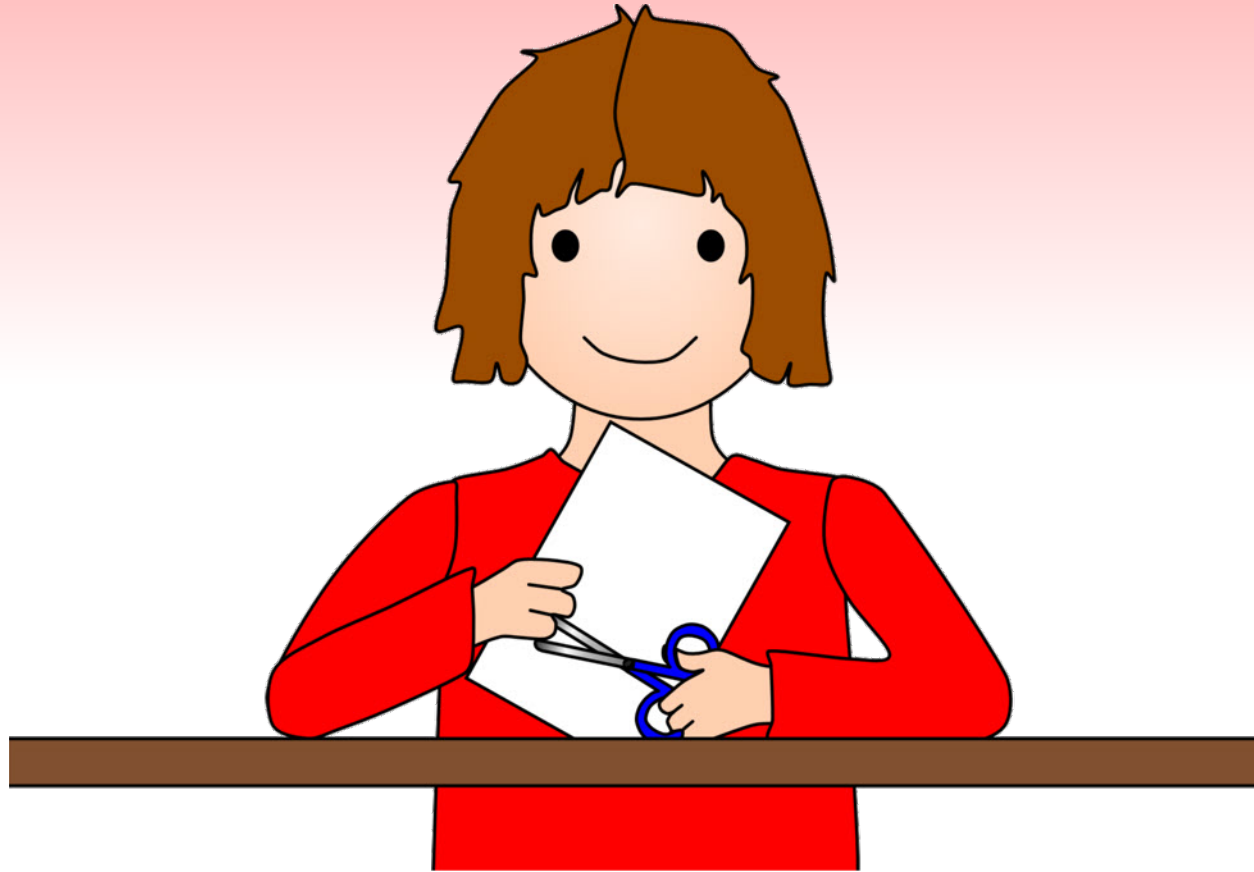


**Cofiwch gerdded  
gyda siswrn.**



**Cofiwch ddal y  
siswrn gyda'r ochr  
miniog i lawr.**



**Eisteddwch i lawr  
i dorri allan.**

**Cofiwch roi dolen y siswrn  
yn gyntaf wrth roi i ffrind.**

