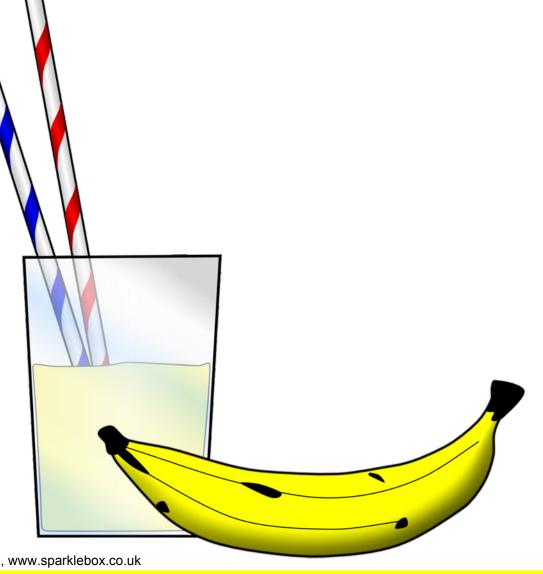
How to Make a Bamana

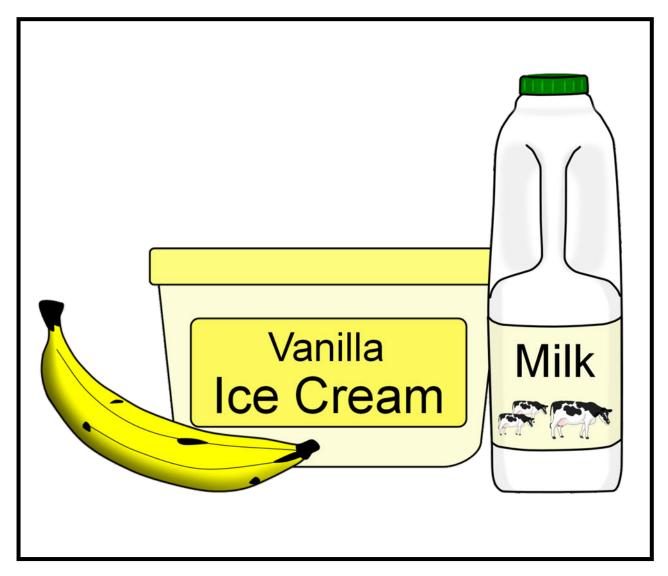
Milkshake



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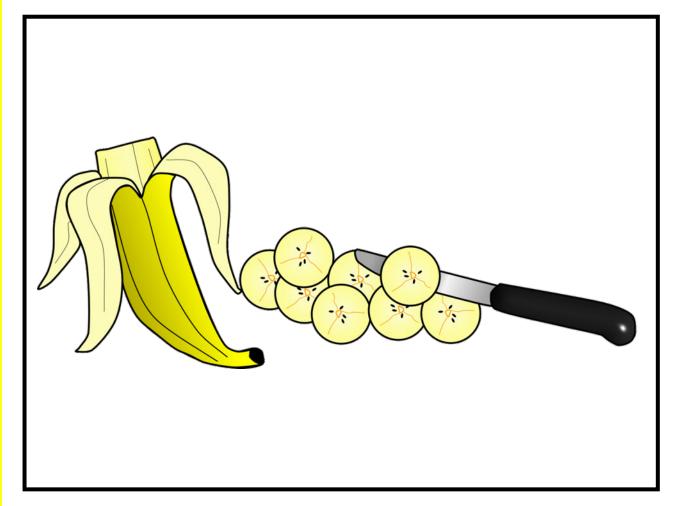
Ingredients

milk vanilla ice cream a banana

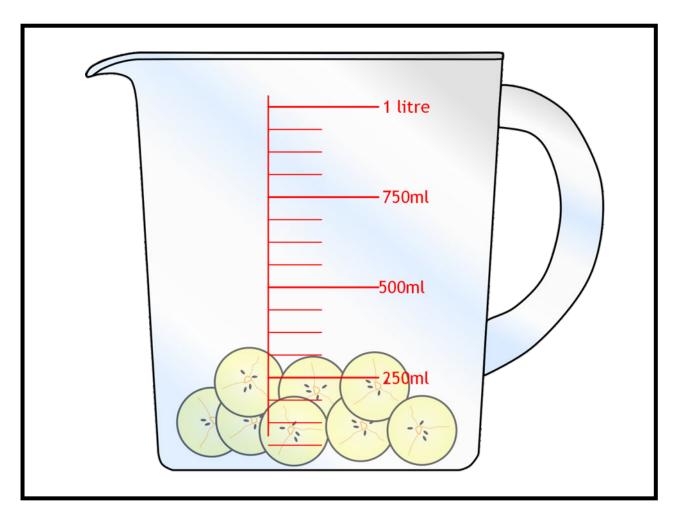


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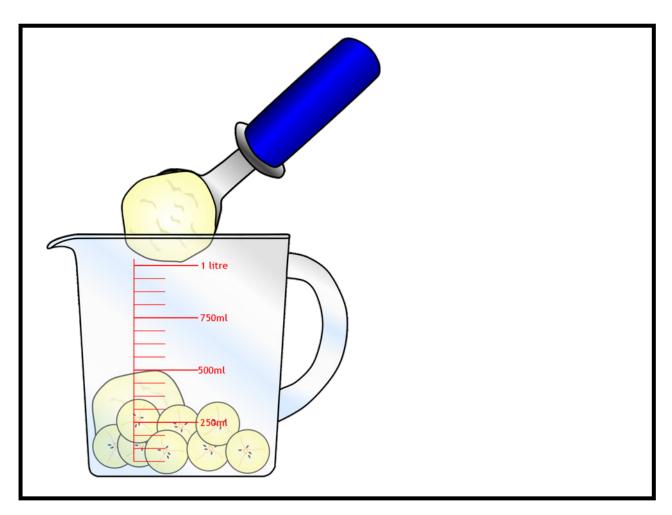
Slice the banana.



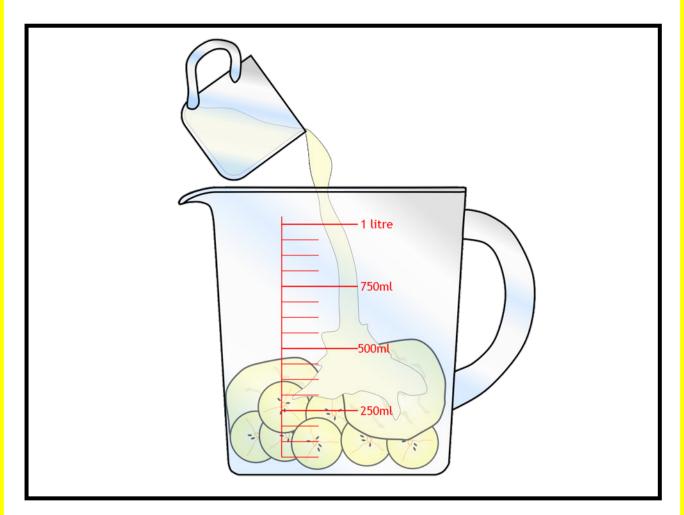
Put the banana into a jug.



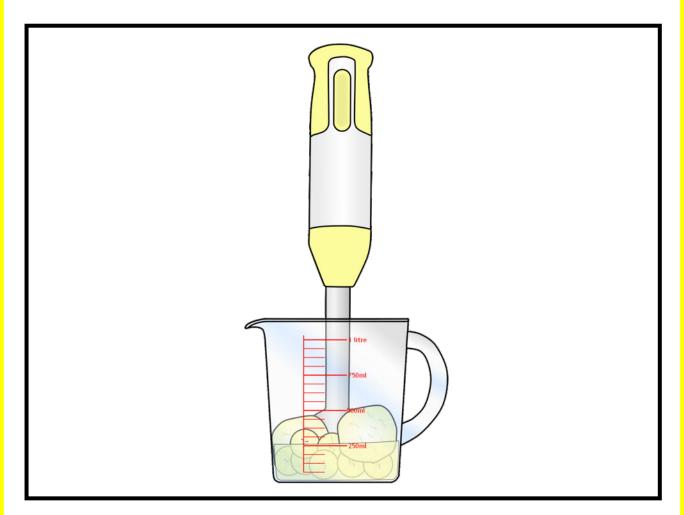
Add two scoops of ice-cream to the jug.



Pour in one cup of milk.



Blend the ingredients 5 together into a smooth mixture.



Pour the milkshake into a glass and serve.

