



## Instructions on how to fold your sheet.

Don't print this page, it's just for instruction!

- 1. Trim your sheet around the outer dotted line (marked in yellow).
- 2. Fold along the centre horizontal line (marked in red below) so that the blank side of the sheet is on the inside.
- 3. Then fold into a zigzag along the dotted lines so that the cover page is facing you with the fold (marked in green below) is on the left.

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6

8 Cover

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