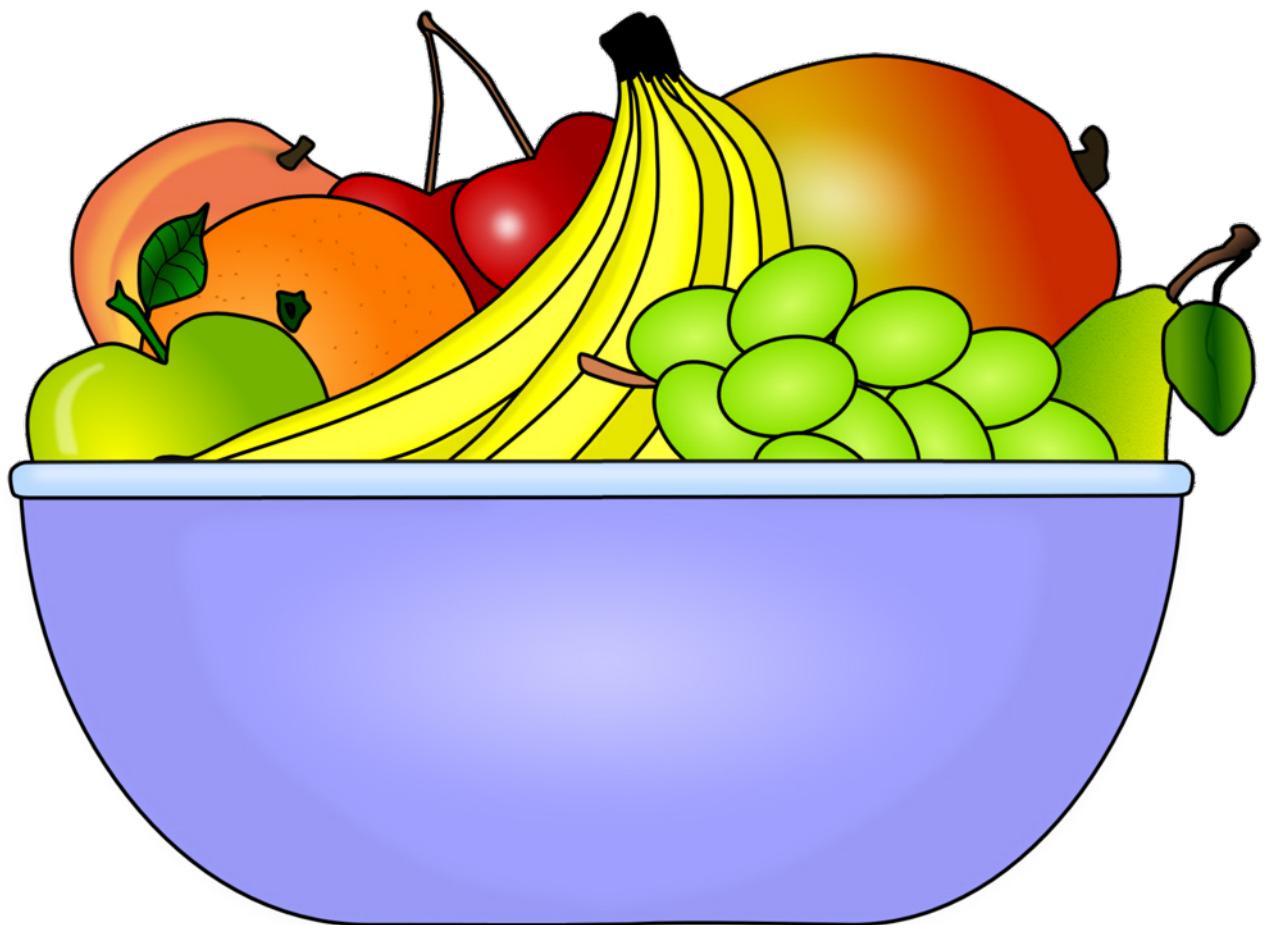


Staying Healthy



Eat lots of fruit

Staying Healthy



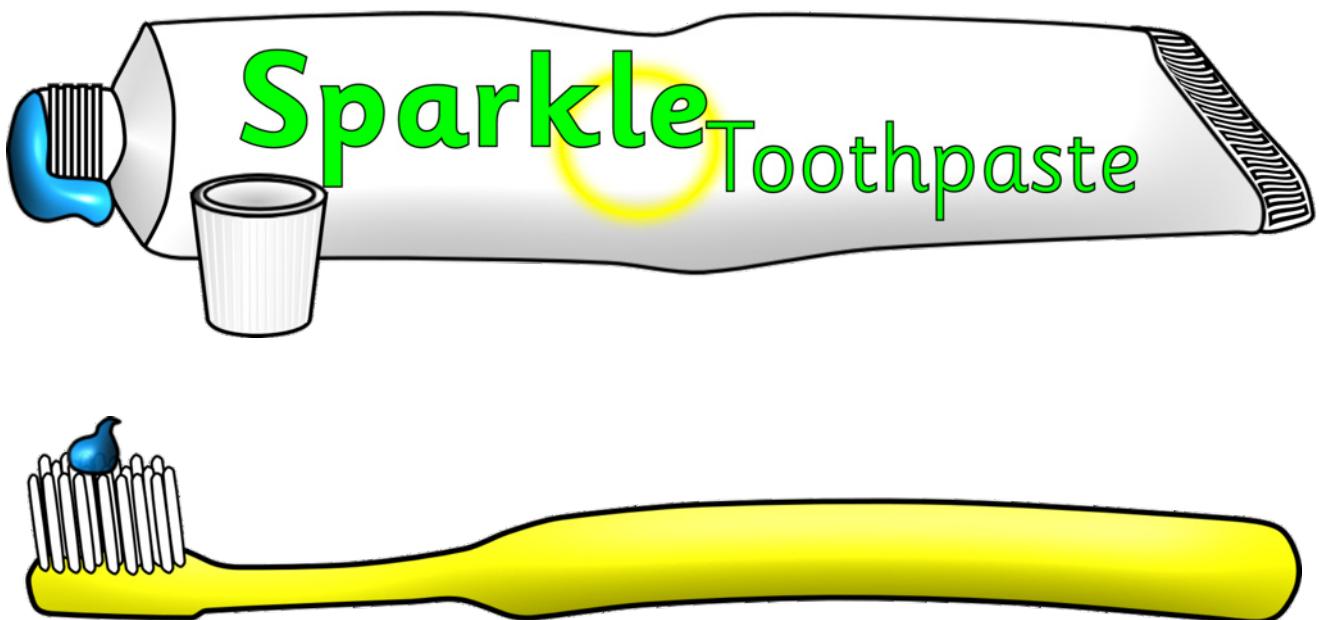
Eat vegetables

Staying Healthy



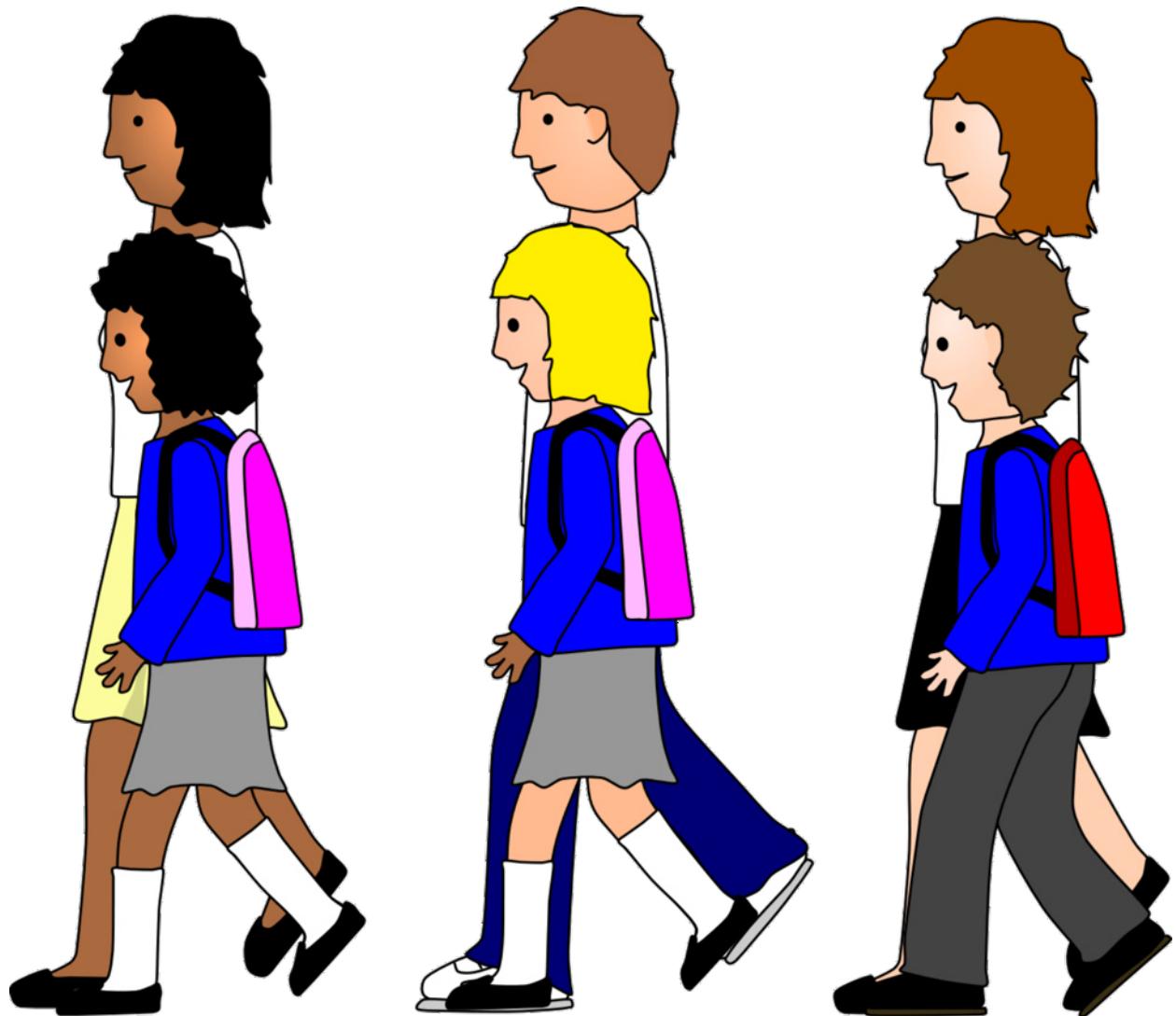
Exercise

Staying Healthy



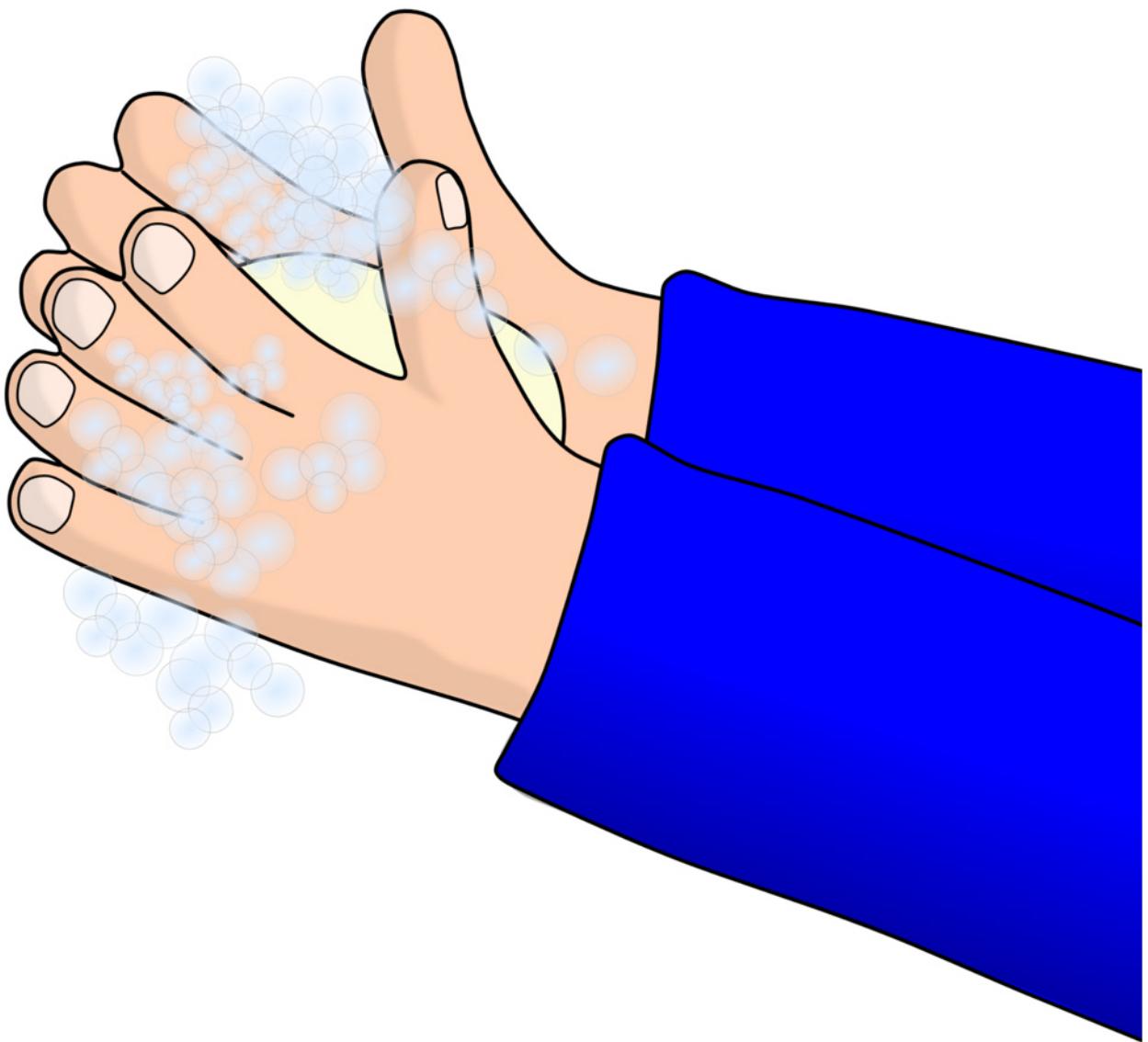
**Brush your teeth
twice a day**

Staying Healthy



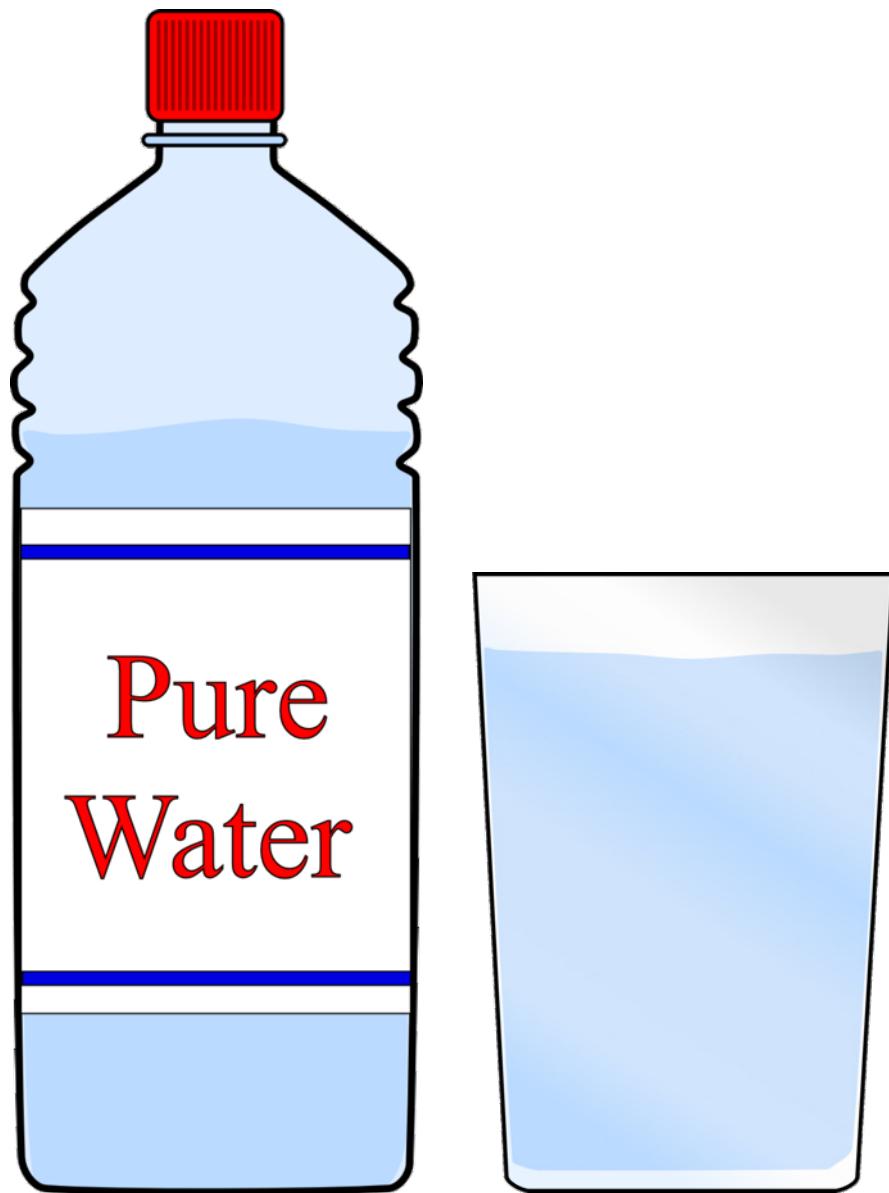
Walk to school

Staying Healthy



**Wash your hands
before eating**

Staying Healthy



**Drink lots
of water**