

## SFA Training Club – Sports Dynamix

## Pro athlete strengthening & fitness program

## Coach details:

Photo	Name & Credentials
	Mr. Ramji Srinivasan Founder & MD – Sports Dynamix   Former Strength and Conditioning Coach of the 2011 World Cupwinning Indian Cricket Team. He is a highly regarded high-performance coach and a fitness fanatic, with numerous years of experience in the sporting industry. He is deemed as the principal source of inspiration for all the fitness enthusiasts and aspiring sportspersons out there and is the leading strength and conditioning coach in the country.
	Mr. Manav Mukund Director of Strength and Conditioning Has achieved Strength and Conditioning Certification from the Australian Strength and Conditioning Association (ASCA), Australia. Performance Enhancement Specialist from the National Academy of Sports Medicine (NASM), USA. Worked with IPL and Ranji trophy teams. Fitness trainer with the Indian Table Tennis Team during the Olympic Qualifiers and multiple National Champions, Commonwealth medallists, Asian Games medallists and Olympic athletes.
	Mr. Jeevan Manakumar Centre Head and Strength & Conditioning coach Certified Personal Trainer from the National Strength and Conditioning Association (NSCA), USA. Performance Enhancement Specialist from the National Academy of Sports Medicine (NASM), USA. Fitness trainer for the Indian Team at the World Junior Squash Championships. Fitness trainer with the Indian Table Tennis Team during the preparatory camp for the Olympic Qualifiers.
	Mr. Vinay Lokanathan Strength & Conditioning coach Strength and Conditioning Certification from the Australian Strength and Conditioning Association (ASCA), Australia. Has worked with players from various sports especially developing grassroot level athletes' foundational fitness. Has worked at fitness camp for the Olympic contingent Indian Table Tennis Men's team.