

Apps

Waffle Fries*

Chips & Salsa* **Guacamole is also Gluten Free**

Shrimp Ceviche*

Buffalo Wings*

Hummus **No Gluten if ordered without naan (sub extra veg)**

Salads & Bowls

Cobb & Frannies Salad

No Gluten if ordered with a plain chicken breast

Ahi Poke & Crispy Salmon Bowl

No Gluten if ordered without soy marinade

Ensalada Bowl **jerk chicken is Gluten Free**

Burgers & Handhelds** **with no bun or GF Bun \$2**

Cheeseburger **Impossible Burger is also Gluten Free**

Maynard's Chicken Breast Sandwich

No Gluten if ordered with a plain chicken breast

Side Choices

House/Side Salad **No Gluten if ordered without croutons**

Potato Salad, Potato Chips & Waffle Fries*

Dressings

Bleu Cheese, Cilantro Lime & Balsamic Vinaigrette, BBQ, Ketchup, Tartar, Salsa, Buffalo Sauce, Nashville Hot Sauce & Seasoned Sour Cream

*Gluten Friendly - Items are cooked in gluten free soy cooking oil but with other items that contain Gluten.

**American, Swiss, Mixed & Parmesean Cheese are Gluten Free