

STANFORD WOMEN'S TRACK AND FIELD

FRESHMEN ALL-TIME TOP 5

Thru Jan. 23, 2023

True freshmen only

<p>100 Meters</p> <table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left;"></th> <th style="text-align: left;">Year</th> <th style="text-align: left;">Time</th> </tr> </thead> <tbody> <tr><td>1. Chryste Gaines</td><td>1989</td><td>11.44</td></tr> <tr><td> Janice Davis</td><td>2004</td><td>11.44</td></tr> <tr><td>3. Carissa Levingston</td><td>2010</td><td>11.55</td></tr> <tr><td>4. Kori Carter</td><td>2011</td><td>11.57</td></tr> <tr><td>5. Nashonme Johnson</td><td>2003</td><td>11.64</td></tr> </tbody> </table> <p>200 Meters</p> <table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left;"></th> <th style="text-align: left;">Year</th> <th style="text-align: left;">Time</th> </tr> </thead> <tbody> <tr><td>1. Carissa Levingston</td><td>2010</td><td>23.43</td></tr> <tr><td>2. Nashonme Johnson</td><td>2003</td><td>23.61</td></tr> <tr><td>3. Ashlan Best</td><td>2018</td><td>23.62</td></tr> <tr><td>4. 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1. Alicia Craig	2003	32:40.03																																																																																																																																																																																																																																																																																																					
2. Ellen Lyons	1981	33:16.14c																																																																																																																																																																																																																																																																																																					
3. Alex Gits	2008	33:19.12																																																																																																																																																																																																																																																																																																					
4. Ann Locke	1982	34:07.74c																																																																																																																																																																																																																																																																																																					
5. Georgia Griffin	2009	35:14.46																																																																																																																																																																																																																																																																																																					
	Year	Time																																																																																																																																																																																																																																																																																																					
1. Kori Carter	2011	13.13																																																																																																																																																																																																																																																																																																					
2. Katie Nelms	2011	13.57																																																																																																																																																																																																																																																																																																					
3. Robyn Woolfolk	1999	13.86																																																																																																																																																																																																																																																																																																					
4. Lindsey Johnson	2001	13.91																																																																																																																																																																																																																																																																																																					
5. Nora Miller	2007	14.04																																																																																																																																																																																																																																																																																																					
	Year	Time																																																																																																																																																																																																																																																																																																					
1. Kori Carter	2011	57.10																																																																																																																																																																																																																																																																																																					
2. Katie Nelms	2011	58.91																																																																																																																																																																																																																																																																																																					
3. Pam Board	1984	59.64																																																																																																																																																																																																																																																																																																					
4. Hannah Labrie-Smith	2016	59.67																																																																																																																																																																																																																																																																																																					
5. Margaret Demorest	1982	1:01.04																																																																																																																																																																																																																																																																																																					
	Year	Mark																																																																																																																																																																																																																																																																																																					
1. Lisa Bernhagen	1985	6-0 (1.83)																																																																																																																																																																																																																																																																																																					
Alyssa Jones	2023	6-0 (1.83)																																																																																																																																																																																																																																																																																																					
3. Tracye Lawyer	1996	5-10 3/4 (1.80)																																																																																																																																																																																																																																																																																																					
4. Adrienne Johnson	2011	5-9 1/4 (1.76)																																																																																																																																																																																																																																																																																																					
5. Lauren Stewart	2006	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																					
Cheryl Burdick	2000	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																					
Kim Stone	2000	5-8 3/4 (1.75)																																																																																																																																																																																																																																																																																																					
	Year	Mark																																																																																																																																																																																																																																																																																																					
1. Ellie McCardwell	2011	13-7 3/4 (4.16)																																																																																																																																																																																																																																																																																																					
2. Katerina Stefanidi	2009	13-6 1/2 (4.13)																																																																																																																																																																																																																																																																																																					
3. Kaitlyn Merritt	2016	13-5 1/4 (4.10)																																																																																																																																																																																																																																																																																																					
4. Samantha Shepard	2003	13-2 1/4 (4.02)																																																																																																																																																																																																																																																																																																					
5. Kathleen Donoghue	2000	13-0 1/4 (3.97)																																																																																																																																																																																																																																																																																																					
	Year	Mark																																																																																																																																																																																																																																																																																																					
1. Erica McLain	2005	21-2 1/2 (6.46)																																																																																																																																																																																																																																																																																																					
2. Alyssa Jones	2022-23	20-6 1/4i (6.25)																																																																																																																																																																																																																																																																																																					
3. Arantxa King	2008	20-1 3/4 (6.14)																																																																																																																																																																																																																																																																																																					
4. Pam Donald	1980	20-1 1/2 (6.13)																																																																																																																																																																																																																																																																																																					
5. Jackie Edwards	1989	20-0 1/2 (6.11)																																																																																																																																																																																																																																																																																																					
	Year	Mark																																																																																																																																																																																																																																																																																																					
1. Erica McLain	2005	45-11 3/4 (14.01)																																																																																																																																																																																																																																																																																																					
2. Aria Small	2018	42-3 1/2 (12.89)																																																																																																																																																																																																																																																																																																					
3. Lauren Stewart	2006	42-1 1/2 (12.84)																																																																																																																																																																																																																																																																																																					
4. Marisa Kwiatkowski	2015	41-5 1/4 (12.63)																																																																																																																																																																																																																																																																																																					
5. Sabrina Nettey	2008	41-5 (12.62)																																																																																																																																																																																																																																																																																																					
	Year	Mark																																																																																																																																																																																																																																																																																																					
1. Jillian Camarena	2001	53-9 (16.38)																																																																																																																																																																																																																																																																																																					
2. Melissa Yungmans	2005	52-4 3/4 (15.97)																																																																																																																																																																																																																																																																																																					
3. Lena Giger	2015	51-11 1/4 (15.83)																																																																																																																																																																																																																																																																																																					
4. Patty Purpur	1986	50-9 3/4 (15.49)																																																																																																																																																																																																																																																																																																					
5. Pam Dukes	1983	49-4 1/4 (15.04)																																																																																																																																																																																																																																																																																																					

Discus	Year	Mark
1. Valarie Allman	2014	188-6 (57.45)
2. Patty Purpur	1986	177-7 (54.12)
3. Summer Pierson	1997	177-6 (54.10)
4. Karen Nickerson	1983	174-11 (53.32)
5. Carol Cady	1981	173-11 (53.0)

Hammer	Year	Mark
1. Lena Giger	2015	190-3 (57.99)
2. Jordan Fong	2019	190-1 (57.94)
3. Jessica Pluth	2001	187-0 (57.00)
4. Sarah Hopping	2003	184-1 (56.12)
5. Katy Elsbury	2003	176-1 (53.68)

Javelin	Year	Mark
1. Mackenzie Little	2016	183-4 (55.88)
2. Brianna Bain	2012	180-2 (54.91)
3. Jenna Gray	2017	165-0 (50.29)
4. Megan Glasmann	2014	164-8 (50.19)
5. Virginia Miller	2018	162-8 (49.59)

Heptathlon	Year	Points
1. Whitney Liehr	2008	5,186
2. Lauren Stewart	2006	5,141
3. Tracye Lawyer	1996	5,108
4. Allie Jones	2019	5,041
5. Denise Gaztambide	1983	4,938

Also:

60 Meters	Year	Mark
1. Carissa Levingston	2010	7.33i
2. Janice Davis	2004	7.46i
3. Jakki Bailey	2004	7.48i
4. Griffin Matthew	2007	7.53i
5. Chauntae Bayne	2003	7.55i
Shataya Hendricks	2008	7.55i

600 Meters	Year	Mark
1. Olivia Baker	2015	1:29.42i
2. Carolyn Wilson	2018	1:29.71i
3. Kristyn Williams	2013	1:32.04i
4. Claudia Saunders	2013	1:33.30i
5. Malika Waschmann	2014	1:33.78i

1,000 Meters	Year	Mark
1. Elise Cranny	2015	2:42.39i
2. Maddy Berkson	2015	2:49.23i
3. Claudia Saunders	2013	2:51.52i
4. Anna Laman	2015	2:55.60i
5. Kaitlin Ryan	2018	3:01.99i

Mile	Year	Mark
1. Laurynne Chetelat	2009	4:42.25i
2. Audrey Suarez	2022	4:44.87i
3. Lauren Centrowitz	2006	4:46.92i
4. Maddy Berkson	2015	4:47.81i
5. Alli Billmeyer	2012	4:48.23i

60 Meter Hurdles	Year	Mark
1. Kori Carter	2011	8.33i
2. Katie Nelms	2011	8.41i
3. Tess Stapleton	2022	8.68i
4. Allie Jones	2019	8.72i
5. Karynn Dunn	2010	8.73i

20-Pound Weight Throw	Year	Mark
1. Jessica Pluth	2001	59-8 1/2 (18.20)
2. Jordan Fong	2019	56-7 1/4 (17.25)
3. Katy Elsbury	2003	52-2 1/2 (15.91)
4. Sarah Hopping	2003	52-0 1/2 (15.86)
5. Kaiah Fisher	2022	49-3 1/2 (15.02)

Pentathlon	Year	Mark
1. Lauren Stewart	2006	3,788
2. Whitney Liehr	2008	3,743
3. Karynn Dunn	2010	3,686
4. Allie Jones	2019	3,618
5. Brittany McGee	2016	3,611