

2022-23 STATISTICS



STANFORD MEN'S SWIMMING/DIVING



@STANFORDMSWIM

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(as of Oct. 14)

50-yard freestyle (NCAA A: 18.88, NCAA B: 19.82)

Name	Time	Date	Competition
1. Luke Maurer	20.10	Oct. 13	vs. Utah
2. Rafael Gu	20.21	Oct. 13	vs. Utah
3. Avery Voss	20.56	Oct. 13	vs. Utah

100-yard freestyle (NCAA A: 41.64, NCAA B: 43.59)

Name	Time	Date	Competition
1. Luke Maurer	43.98	Oct. 13	vs. Utah
2. Rafael Gu	44.11	Oct. 13	vs. Utah
3. Andres Dupont	44.75	Oct. 13	vs. Utah

200-yard freestyle (NCAA A: 1:31.98, NCAA B: 1:35.88)

Name	Time	Date	Competition
1. Rafael Gu	1:35.77	Oct. 13	vs. Utah
2. Leon MacAlister	1:37.08	Oct. 13	vs. Utah
3. Neel Roy	1:37.92	Oct. 13	vs. Utah
4. Andres Dupont	1:39.19	Oct. 13	vs. Utah
5. Andrew Matejka	1:40.96	Oct. 13	vs. Utah

500-yard freestyle (NCAA A: 4:11.40, NCAA B: 4:22.35)

Name	Time	Date	Competition
1. Andrew Matejka	4:31.04	Oct. 13	vs. Utah
2. Matt Fenlon	4:32.62	Oct. 13	vs. Utah
3. Henry Morrissey	4:37.37	Oct. 13	vs. Utah

1,000-yard freestyle

Name	Time	Date	Competition
1. Presont Forst	9:11.51	Oct. 13	vs. Utah
2. Liam Custer	9:12.67	Oct. 13	vs. Utah
3. Henry Morrissey	9:30.21	Oct. 13	vs. Utah

1,650-yard freestyle (NCAA A: 14:37.31, NCAA B: 15:26.19)

Name	Time	Date	Competition
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50-yard backstroke

Name	Time	Date	Competition
1. Leon MacAlister	21.99	Oct. 13	vs. Utah
2. Hayden Kwan	22.41	Oct. 13	vs. Utah
3. Josh Zuchowski	22.79	Oct. 13	vs. Utah

100-yard backstroke (NCAA A: 44.95, NCAA B: 47.77)

Name	Time	Date	Competition
1. Hayden Kwan	48.23	Oct. 13	vs. Utah
2. Josh Zuchowski	48.52	Oct. 13	vs. Utah
3. Aaron Sequeira	49.17	Oct. 13	vs. Utah
4. Shane Blinkman	50.05	Oct. 13	vs. Utah
5. Ethan Hu	50.33	Oct. 13	vs. Utah
6. Gabe Machado	51.79	Oct. 13	vs. Utah

200-yard backstroke (NCAA A: 1:39.13, NCAA B: 1:44.82)

Name	Time	Date	Competition
1. Hayden Kwan	1:45.48	Oct. 13	vs. Utah
2. Josh Zuchowski	1:47.23	Oct. 13	vs. Utah
3. Gabe Machado	1:52.42	Oct. 13	vs. Utah
4. Liam Custer	1:52.54	Oct. 13	vs. Utah

100-yard breaststroke (NCAA A: 51.40, NCAA B: 53.87)

Name	Time	Date	Competition
1. Ethan Dang	54.69	Oct. 13	vs. Utah
2. Hayden Zheng	55.90	Oct. 13	vs. Utah

200-yard breaststroke (NCAA A: 1:51.54, NCAA B: 1:57.95)

Name	Time	Date	Competition
1. Ethan Dang	1:58.80	Oct. 13	vs. Utah
2. Ron Polonsky	1:59.10	Oct. 13	vs. Utah

100-yard butterfly (NCAA A: 44.82, NCAA B: 47.23)

Name	Time	Date	Competition
1. Ethan Hu	47.82	Oct. 13	vs. Utah
2. Jonathan Affeld	48.22	Oct. 13	vs. Utah
3. Leon MacAlister	49.00	Oct. 13	vs. Utah
4. Avery Voss	49.48	Oct. 13	vs. Utah
5. Neel Roy	49.74	Oct. 13	vs. Utah

200-yard butterfly (NCAA A: 1:40.20, NCAA B: 1:46.31)

Name	Time	Date	Competition
1. Ron Polonsky	1:47.64	Oct. 13	vs. Utah
2. Jonathan Affeld	1:48.10	Oct. 13	vs. Utah
3. Matt Fenlon	1:50.22	Oct. 13	vs. Utah

200-yard individual medley (NCAA A: 1:40.22, NCAA B: 1:46.31)

Name	Time	Date	Competition
1. Ron Polonsky	1:48.72	Oct. 13	vs. Utah
2. Shane Blinkman	1:51.72	Oct. 13	vs. Utah
3. Aaron Sequeira	1:52.02	Oct. 13	vs. Utah
4. Hayden Zheng	1:52.73	Oct. 13	vs. Utah

400-yard individual medley (NCAA A: 3:39.16, NCAA B: 3:51.46)

Name	Time	Date	Competition
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200-yard freestyle relay (NCAA A: 1:16.80, NCAA B: 1:17.58)

Name	Time	Date	Competition
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400-yard freestyle relay (NCAA A: 2:50.52, NCAA B: 2:52.44)

Name	Time	Date	Competition
1. Leon MacAlister, Rafael Gu, Andres Dupont, Luke Maurer	2:55.16	Oct. 13	vs. Utah
2. Jonathan Affeld, Preston Forst, Neel Roy, Ethan Dang	2:59.73	Oct. 13	vs. Utah
3. Avery Voss, Liam Custer, Hayden Kwan, Andrew Matejka	3:04.90	Oct. 13	vs. Utah

200-yard medley relay (NCAA A: 1:23.76, NCAA B: 1:24.42)

Name	Time	Date	Competition
1. Leon MacAlister, Ethan Dang, Ethan Hu, Luke Maurer	1:27.91	Oct. 13	vs. Utah
2. Josh Zuchowski, Ron Polonsky, Jonathan Affeld, Avery Voss	1:29.13	Oct. 13	vs. Utah
3. Hayden Kwan, Hayden Zheng, Aaron Sequeira, Neel Roy	1:30.45	Oct. 13	vs. Utah

400-yard medley relay (NCAA A: 3:04.96, NCAA B: 3:06.84)

Name	Time	Date	Competition
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800-yard freestyle relay (NCAA A: 6:16.02, NCAA B: 6:20.44)

Name	Time	Date	Competition
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1-meter diving (Zone Qualifying: 300)

Name	Score	Date	Competition
1. Jack Ryan	376.50	Oct. 13	vs. Utah
2. Ethan Foster	284.85	Oct. 13	vs. Utah

3-meter diving (Zone Qualifying: 320)

Name	Score	Date	Competition
1. Jack Ryan	357.23	Oct. 13	vs. Utah
2. Ethan Foster	273.83	Oct. 13	vs. Utah

10-meter diving

Name	Score	Date	Competition
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2022-23 NOTABLES

- The Cardinal began the 2022-23 season on Thursday with a win over Pac-12 opponent Utah. Stanford won each of the 16 events in the meet, including a sweep of both the 200 medley and 400 free relays.
- Thursday's competition also represented the program's annual Breast Cancer Awareness meet, with all proceeds benefiting the Women's Health Center at Stanford Medicine.
- Stanford started the meet with a victory in the 200 medley relay, winning the event with a 1:27.91 as the quartet of Leon MacAlister, Ethan Dang, Ethan Hu, and Luke Maurer combined for the win. The Cardinal kept the pressure on, completing the clean sweep of the 1000 free in the next event with Preston Forst taking first overall with a 9:11.51. Freshmen Liam Custer and Henry Morrissey took second and third behind Forst to complete the sweep.
- In the diving pool, Jack Ryan earned wins in both diving events, scoring 357.23 on the 3-meter and 376.50 on the 1-meter.
- On 11 occasions, a Stanford freshman finished on the podium in an individual event. Rafael Gu earned the event win in the 200 free (1:35.77) and finished second overall in the 100 and 50 free. Freshman Hayden Kwan had a successful afternoon as well, taking home two wins, one in the 100 back in 48.23 and one in the 200 back with a 1:45.48.
- Luke Maurer took control in the sprint freestyle events, winning the 50 free with a time of 20.10. In the 100 free, Maurer also claimed the top spot with a 43.98.
- Maurer combined with Leon MacAlister, Rafael Gu, and Andres Dupont to claim first place in the 400 free relay to close out the meet win for the Cardinal. The quartet swam a 2:55.16, more than three seconds faster than the second place Utah relay.
- Ethan Dang took home first place in both breast events, clocking a 54.69 in the 100 and a 1:58.80 in the 200.
- Stanford made big strides during the 2021-22 season, improving in nearly every way over the previous campaign. The Goldman Family Director of Men's Swimming Dan Schemmel's third season at the helm proved to be his most successful with the Cardinal finishing second at the Pac-12 Championships, seventh at the NCAA Championships, and with the team's first individual NCAA event title since the 2017-18 season.
- Stanford brought the firepower to the regular season, ultimately putting together an undefeated dual meet record. Stanford faced five top-25 opponents in a row to close out the regular season with no. 22 Harvard, no. 6 ASU, no. 20 Arizona, no. 8 USC, and no. 3 California. This marked Stanford's first undefeated dual meet record under Schemmel's direction, and the first since the 2017-18 season. The Cardinal's perfect record included a 5-0 conference record, capped off by a signature win against no. 3 California in the final action before the postseason. Stanford downed the Golden Bears 153-141, winning the final relay to seal the victory on senior day.
- The postseason began with an impressive effort from the Cardinal in Federal Way, Washington, at the King County Aquatic Center. Stanford ultimately finished second overall to California, but claimed six event championships at the meet including program record relay finishes in the 200 and 400 medley relays.
- Conor Casey was dominant in the diving pool, collecting his fifth and sixth Pac-12 titles on the 1-meter and the 3-meter. Jack Ryan was right behind the senior diver, taking second place on the 1-meter and third on the 3-meter at the conference Championships. Ryan showed he's ready to take the reins from Casey, as the Denver native earned Pac-12 Freshman Diver of the Year.
- Preston Forst and Andrei Minakov were Stanford's two individual champions with Forst taking the 500 free win and Minakov earning the 100 fly victory. Following the strong performance in the conference meet, the Cardinal moved up to its highest CSCAA ranking of the season at number five.
- Stanford's final stop of the postseason came at the NCAA Championships in Atlanta, Georgia. In one of the most competitive national championships in recent history, the Cardinal had its sights set on improving upon a 14th place finish in 2021. Andrei Minakov led the charge by taking first place in the 100 fly, Stanford's first individual national title since 2018. It was also the first time a Stanford swimmer has won the 100 fly in more than a decade, dating back to Austin Staab's victory in 2011.
- Minakov wasn't the only student-athlete with a stellar performance at the NCAA Championships either. 11 Stanford swimmers and divers combined for 34 All-America honors, including five from Leon MacAlister, six from Ron Polonsky, and seven from Minakov. Stanford moved up seven spots from the previous NCAA Championships to finish seventh overall in 2022, the Cardinal's best finish at the national meet since 2017-18. With a team full of underclassmen and two of the top-performers in the first year of their athletic eligibility, the future is bright for Stanford men's swimming and diving.
- 10 Stanford records fell during the 2021-22 campaign including four relay times. Of the remaining six individual marks, Andrei Minakov claimed three, setting program records in the 100 free, 200 free, and 100 fly. Leon MacAlister became the new king of backstroke on The Farm, setting new team marks in the 100 back and 200 back. Grant Shoults also solidified his place as one of the greatest distance swimmers in program history, taking the 1,000 free record. Shoults also owns the 500 free record and sits third in the 1,650 free.
- The Cardinal flexed their strength in the classroom this season as well. Stanford was named a CSCAA Scholar All-America team in January, while 21 swimmers and divers were named to the Pac-12 Academic Honor Roll. Leon MacAlister earned a CoSIDA Academic All-District distinction for his hard work outside the pool as well.

2022-23 MEN'S SWIMMING AND DIVING ROSTER

NAME	EVENT	HEIGHT	YEAR	HOMETOWN (HIGH SCHOOL)	MAJOR
JONNY AFFELD	FLY/BACK/FREE/IM	6-3	JR.	PALO ALTO, CALIF. (GUNN)	COMPUTER SCIENCE
SHANE BLINKMAN	IM/BREAST/BACK	6-0	SR.	HUDSON, WISC. (HUDSON)	MECHANICAL ENGINEERING
JON COOK	BREAST/IM	6-0	GR.	MILL CREEK, WASH. (HENRY M. JACKSON)	SUSTAINABILITY SCIENCE & PRACTICE (MS)
LIAM CUSTER	FREE/IM		FR.	SARASOTA, FLA. (PINE VIEW)	UNDECLARED
ETHAN DANG	BREAST/IM	5-10	JR.	RENTON, WASH. (HAZEN)	ECONOMICS
PEYTON DONALD	DIVING		FR.	SPRING, TEXAS (GRAND OAKS)	UNDECLARED
ANDRES DUPONT	FREE		FR.	CANCUN, MEXICO (THE BOLLES SCHOOL)	UNDECLARED
ZHIER FAN	BREAST/IM		FR.	PLANO, TEXAS (PLANO SENIOR)	UNDECLARED
MATT FENLON	FREE/FLY/IM	6-1	SO.	CHAPPAQUA, N.Y. (HORACE GREELEY)	UNDECLARED
PRESTON FORST	FLY/FREE	6-3	JR.	SUMMERVILLE, N.C. (NORTHERN GUILFORD)	MANAGEMENT SCIENCE & ENGINEERING
ETHAN FOSTER	DIVING	5-7	JR.	CHARLOTTE, N.C. (SOUTH MECKLENBURG)	COMPUTER SCIENCE
RAFAEL GU	FREE/FLY		FR.	SHANGHAI, CHINA (SHANGHAI AMERICAN SCHOOL)	UNDECLARED
HUNTER HOLLENBECK	DIVING	5-11	JR.	OKEMOS, MICH. (OKEMOS)	ELECTRICAL ENGINEERING
ETHAN HU	FLY/IM	6-0	JR.	CUPERTINO, CALIF. (HARKER)	COMPUTER SCIENCE
HAYDEN KWAN	BACK		FR.	TALLAHASSEE, FLA. (LAWTON CHILES)	UNDECLARED
LEON MACALISTER	BACK/FREE	6-0	SR.	SYDNEY, AUSTRALIA (KNOX GRAMMAR SCHOOL)	ECONOMICS
GABE MACHADO	FREE/BACK	6-7	SO.	BOISE, IDAHO (BISHOP KELLY)	UNDECLARED
ANDREW MATEJKA	FREE	6-7	SR.	WELLESLEY HILLS, MASS. (WELLESLEY)	ECONOMICS
LUKE MAURER	FREE	6-7	JR.	WILMETTE, ILL. (LOYOLA ACADEMY)	ECONOMICS
RICK MIHM	FREE/IM	6-0	JR.	WEXFORD, PA. (NORTH ALLEGHENY)	ECONOMICS
ANDREI MINAKOV	FREE/FLY	6-2	R-SO.	SAINT PETERSBURG, RUSSIA (COLLEGE OF OLYMPIC RESERVE 1)	UNDECLARED
HENRY MORRISSEY	FREE		FR.	PHILADELPHIA (GERMANTOWN ACADEMY)	UNDECLARED
RON POLONSKY	IM/BREAST		SO.		UNDECLARED
NEEL ROY	FREE/IM	6-3	SR.	MUMBAI, INDIA (JAMNABAI NARSEE SCHOOL)	PHYSICS
JACK RYAN	DIVING	5-10	SO.	DENVER, COLO. (DENVER SOUTH)	UNDECLARED
AARON SEQUEIRA	BACK	6-1	JR.	CINCINNATI, OHIO (WALNUT HILLS)	UNDECLARED
WILLIAM TARVESTAD	FREE/FLY	6-1	SR.	GOSHEN, KY. (NORTH OLDHAM)	HUMAN BIOLOGY
AVERY VOSS	FREE	6-4	SO.	UPPER ARLINGTON, OHIO (UPPERARLINGTON)	UNDECLARED
HAYDEN ZHENG	FLY/IM		SO.		UNDECLARED
JOSH ZUCHOWSKI	BACK/IM		FR.	JUPITER, FLA. (THE KING'S ACADEMY)	UNDECLARED

GOLDMAN FAMILY DIRECTOR OF MEN'S SWIMMING: DAN SCHEMMELE (MICHIGAN STATE, 2008) – 4TH SEASON

ASSISTANT COACH: NEIL CASKEY (TEXAS, 2012) – 4TH SEASON

HEAD DIVING COACH: PATRICK JEFFREY (OHIO STATE, 1988) - 9TH SEASON