2012 NCAA Women's Soccer Tournament November 9, 2012 Laird Q. Cagan Stadium • Stanford, Calif.

No. 1 Stanford (18-1-1) 3 Idaho State (11-6-3) 0

Stanford head coach Paul Ratcliffe

• "I thought the team had high energy while scoring three great goals. It was a great night and a great way for our program to start the playoffs."

• "I was able to play everybody which is always great for the team spirit. What's even better is that everyone performed well."

• "It was a great night since the rain held off. We had a good crowd and had nothing to complain about tonight.

• "We're excited to keep moving forward. We'll find out tomorrow who our next opponent will be and we're excited to keep moving forward. Tonight was business as usual."

Stanford sophomore midfielder Alex Doll

• "We didn't know much about Idaho State, but with this being the NCAA Tournament, every game from tonight on is do-or-die. No matter the opponent, we have to take every game seriously."

• "We had the scout video and our coaches did a good job of preparing us for what we were going to see tonight. The weather has been a bit weird with it being a bit cold, but it was fine once we got going."

• "We're now going to concentrate on next weekend. I don't know who we're going to play, but regardless, it's going to be a tough game. And from now on, we have to win each game and focus on the next challenge."

Stanford junior forward Sydney Payne

• "There's pressure being the top seed but I have faith in our team and the girls I'm playing with. We moved into our new lockerroom tonight and there was a lot more energy on the field."

• "We all have to prepare our bodies tonight for the weeks ahead. Some of us will get ice baths and return to practice early tomorrow morning to get right back at it."

• "There were a lot of good things we took into halftime. The coaches liked the way we were pressuring them while having great energy on the field."

• "I always like to bring a spark to the team and I think I did that tonight. I was glad I could help out with a goal. I took the ball with my chest, turned on the defender, looked up and hit it with my left foot. It was one of the best goals I've had in a while. It was a fun one."

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Idaho State head coach Allison Gibson

• "It's been a whirlwind. We went on a month-long winning streak and it's hard to send our seniors out like this but we did a great job of overcoming a lot of obstacles throughout our season and conference play."

• "To finish the way we did, anything after that was icing on the cake. For a school and conference like ours, we wanted to come here and leave it on the field, and that's exactly what we did and I'm proud of our kids."

• "Stanford is a phenomenal team, and for us to make adjustments and do what we can do and control the controllable, it made me very proud of the team. They made the adjustments we asked them to make."

• "Sheridan has come up big for us all year. She had a phenomenal season. I think of her just being a freshman and she can only go up from here."

• "Early on in the season, we faced a lot of adversity within our team, and that was the stepping stone for us in getting stronger and building our team chemistry. It could have divided us, but it united us. And for us, that was really important. Once we started being successful on the field, things just continued to grow. We had a turning point midway throughout conference play that the team was going to move forward with everything they had and we haven't looked back since."

Idaho State freshman goalkeeper Sheridan Hapsic

• "Playing against Stanford made the pace of the game faster and that was hard for us to adjust to in the beginning. At times, we got caught watching their pretty style of play. They're a great team, and you have to give them credit for that. I don't know that we played our best soccer, but I think we gave them a good fight and kept them scoreless in the second half."

• "In our pregame preparations this week, we wanted to make sure we didn't put Stanford on a pedestal like they were any different from any other team we have played. We wanted to keep them on the same level and make sure we still played our game and prepared like we would for any other team."

• "We're going to train in the offseason and get better and be back here next year. They haven't seen the end of us."