

**Stanford Head Coach Thom Glielmi**

"Obviously I'm pleased, we managed to pull off the championship. The strength of the team is the depth. If you watched the meet you saw some of the guys had some breaks and even some falls. But our top six guys can put together some solid routines and the difficulty is high. They knew that coming in so there was never an issue of feeling like they were out of it.

That helps in their confidence and we just kept going and kept plugging until the last guy on the last event."

"The guys have trained really hard and they're prepared. Some of our guys had uncharacteristic breaks but that happens, that's sports. That's what's so great about it. You never know what the final result is going to be until that last routine from the last guy on the last team is completed. It's fun."

"It can be nerve racking, but hopefully when you get to the championships you've prepared your team well and the guys know what to expect and you have fun with it. That's when we get the best results."

"Last year was a disappointment (at the championships). We had the top ranked team in the country coming in and we were hosting. The guys felt a lot of pressure. We'd slowly been getting better, going from seventh to sixth to third and so on. But they had never been in the position where they are the team to beat. That's a whole new experience going in with a target on your head and everyone knowing that if you don't win, it's because you screwed up. It was a lesson they had to learn and sometimes teams have to go through that process. It's painful but it's very motivational and they used it to springboard from the loss last year and made sure that didn't happen again."