

SPRINTS

100 METERS

	YEAR	TIME
World Record	Year	Time
Florence Griffith-Joyner (USA)	1988	10.49
American Record	Year	Time
Florence Griffith-Joyner (USA)	1988	10.49
Collegiate Record	Year	Time
Dawn Sowell (LSU)	1989	10.78
Pac-10 Record	Year	Time
Gail Devers (UCLA)	1987	10.97
Cobb Track & Angell Field	Year	Time
Chryste Gaines (Nike)	2002	10.96
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	11.15a
2. Chryste Gaines	1992	11.16
3. Janice Davis	2006	11.24a
4. Jakki Bailey	2007	11.45a
5. Sarah Griffin Matthew	2008	11.55
6. Nashonme Johnson	2003	11.64
7. Wilsa Charles	2000	11.68
7. Ashley Purnell	2005	11.68
9. Heather Miller	1997	11.71
10. Jackie Edwards	1992	11.96

200 METERS

	YEAR	TIME
World Record	Year	Time
Florence Griffith-Joyner (USA)	1988	21.34
American Record	Year	Time
Florence Griffith-Joyner (USA)	1988	21.34
Collegiate Record	Year	Time
Dawn Sowell (LSU)	1989	22.04
Pac-10 Record	Year	Time
Carol Rodriguez (USC)	2006	22.23
Cobb Track & Angell Field	Year	Time
Marion Jones (Nike)	2002	22.35
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	22.78a
2. Chryste Gaines	1992	23.00
3. Janice Davis	2006	23.17
4. Ashley Purnell	2005	23.43
5. Nashonme Johnson	2003	23.61
6. Jakki Bailey	2007	23.66
7. Christine Moschella	2004	23.77
8. Heather Miller	1996	23.78
9. Wilsa Charles	1999	23.80
10. Tracye Lawyer	1999	23.81

400 METERS

	YEAR	TIME
World Record	Year	Time
Marita Koch (EG)	1985	47.60
American Record	Year	Time
Sanya Richards (Nike)	2006	48.70
Collegiate Record	Year	Time
Pauline Davis (Alabama)	1989	50.18
Pac-10 Record	Year	Time
Monique Henderson (UCLA)	2005	50.10
Cobb Track & Angell Field	Year	Time
Jearl Miles Clark (Nike)	2002	50.54
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	52.35
2. Nashonme Johnson	2004	52.40
3. Janice Davis	2006	52.93
4. Jayna Smith	2001	53.27
5. Christine Moschella	2005	53.37
6. Keisha Gaines	2004	53.83
7. Rhonda Oliver	1993	54.17
8. Ashley Freeman	2004	54.36
9. Chiny Offor	2004	54.43
10. Marcia Martin	1983	54.94

MID-DISTANCE/DISTANCE

800 METERS

	YEAR	TIME
World Record	Year	Time
Jarmila Kratochvilova (Cze)	1983	1:53.28
American Record	Year	Time
Jearl Miles-Clark (Reebok)	1999	1:56.40
Collegiate Record	Year	Time
Suzy Favor (Wisconsin)	1990	1:59.11
Pac-10 Record	Year	Time
Bridita Langerholc (USC)	2000	1:58.51
Cobb Track & Angell Field	Year	Time
Nicole Teter (Nike)	2002	1:58.83
Stanford Record	Year	Time
1. Malindi Elmore	2003	2:04.35
2. Regina Jacobs	1982	2:04.38
3. Ashley Wysong	2002	2:04.75
4. Ashley Freeman	2005	2:04.82
5. Lindsay Hyatt	2000	2:05.64
6. Marcia Martin	1984	2:05.77
7. Ashley Couper	2001	2:05.82
8. Chiny Offor	2004	2:06.17
9. Maurica Carlucci	2002	2:06.63
10. Sara Moore	1997	2:07.11

1,500 METERS

	YEAR	TIME
World Record	Year	Time
Qu Yunxia (Chn)	1993	3:50.46
American Record	Year	Time
Mary Slaney (AW)	1983	3:57.12
Collegiate Record	Year	Time
Suzy Favor (Wisconsin)	1990	4:08.26
Pac-10 Record	Year	Time
Leena Nilsson (UCLA)	2003	4:07.69
Cobb Track & Angell Field	Year	Time
Regina Jacobs (Nike)	2003	4:01.63
Stanford Record	Year	Time
1. Malindi Elmore	2003	4:10.42
2. Arianna Lambie	2007	4:12.29
3. Regina Jacobs	1982	4:12.3
4. Sally Glynn	2000	4:12.56
5. Lauren Fleshman	2003	4:14.68
6. Lauren Centrowitz	2008	4:16.13
7. Sara Bei	2005	4:16.14
8. Dena Dey	1996	4:16.30
9. Maurica Carlucci	2002	4:16.51
10. Ceci Hopp	1983	4:17.02

3,000 METER STEEPLE

	YEAR	TIME
World Record	Year	Time
Galina Samitova (Russia)	2004	9:01.58
American Record	Year	Time
Lisa Galaviz (Nike)	2007	9:28.75
Collegiate Record	Year	Time
Michaela Mannova (BYU)	2002	9:45.94
Pac-10 Record	Year	Time
Lisa Aguilera (ASU)	2003	9:46.43
Cobb Track & Angell Field	Year	Time
Brianna Shook (Toledo)	2003	9:44.71
Stanford Record	Year	Time
1. Lindsay Allen	2007	10:01.53
2. Katy Trotter	2004	10:07.55
3. Laura Turner	2002	10:07.77
4. Jeane Goff	2005	10:17.51
5. Katie Harrington	2007	10:28.28
6. Amanda Trotter	2005	10:36.73
7. Maddie O'Meara	2007	10:41.87

5,000 METERS

	YEAR	TIME
World Record	Year	Time
Meseret Defar (Ethiopia)	2007	14:16.63
American Record	Year	Time
Shalane Flanagan (Nike)	2000	14:44.80
Collegiate Record	Year	Time
Kathy Hayes (Oregon)	1985	15:23.03
Pac-10 Record	Year	Time
Lauren Fleshman (Stanford)	2003	15:12.71
Cobb Track & Angell Field	Year	Time
Sonia O'Sullivan (Melbourne TC)	2004	14:58.43
Stanford Record	Year	Time
1. Lauren Fleshman	2003	15:12.71

2. Sara Bei	2005	15:24.74
3. Alicia Craig	2003	15:25.73
4. PattiSue Plumer	1984	15:29.0
5. Arianna Lambie	2007	15:31.34
5. Alison Wiley	1983	15:41.0
7. Teresa McWalters	2007	15:53.89
8. Sally Glynn	2001	15:58.29
9. Mary Cobb	1997	16:04.20
10. Kim Schnurpfeil	1982	16:07.3

10,000 METERS

	YEAR	TIME
World Record	Year	Time
Wang Junxia (Chn)	1993	29:31.78
American Record	Year	Time
Shalane Flanagan (Nike)	2008	30:34.49
Collegiate Record	Year	Time
Alicia Craig, Stanford	2004	32:19.97
Pac-10 Record	Year	Time
Alicia Craig, Stanford	2004	32:19.97
Cobb Track & Angell Field	Year	Time
Werknesh Kidane (Ethiopia)	2005	30:19.38
Stanford Record	Year	Time
1. Alicia Craig	2004	32:19.97
2. Kim Schnurpfeil	1982	33:06.09
3. Carol Gray	1988	33:13.38
4. Ellen Lyons	1981	33:16.0
5. Alez Gits	2008	33:19.42
6. Anita Siraki	2005	33:37.04
7. Sara Bei	2003	33:58.06
8. Ann Locke	1982	34:07.6
9. Caroline Annis	2002	34:09.40
10. Erin Sullivan	2002	34:10.32

100 METER HURDLES

	YEAR	TIME
World Record	Year	Time
Yordanka Donkova (Bul)	1988	12.21
American Record	Year	Time
Gail Devers (Nike)	2000	12.33
Collegiate Record	Year	Time
Gail Devers (UCLA)	1988	12.61
Pac-10 Record	Year	Time
Virginia Powell (USC)	2006	12.48
Cobb Track & Angell Field	Year	Time
Gail Devers (Nike)	2002	12.51
Stanford Record	Year	Time
1. Lindsey Johnson	2003	13.48
2. Bernadette Armand	1997,'98	13.79
2. Deborah Akinniyi	2008	13.79
4. Lillian Bush	2003	13.83
5. Robyn Woolfolk	1999	13.86
5. Tracye Lawyer	1999	13.86
7. Undine Becker	2003	14.00
7. Lauren Stewart	2007	14.00
9. Nora Miller	2007	14.04
10. Whitney Liehr	2008	14.11

400 METER HURDLES

	YEAR	TIME
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World Record	Year	Time
Yuliya Pechonkina (2003)	2003	52.34
American Record	Year	Time
Kim Batten (Reebok)	1995	52.61
Collegiate Record	Year	Time
Janeene Vickers (UCLA)	1991	53.47
Pac-10 Record	Year	Time
Janeene Vickers (UCLA)	1991	53.47
Cobb Track & Angell Field	Year	Time
Sandra Glover (Nike)	2003	54.75
Stanford Record	Year	Time
1. Pam Board	1987	58.31
2. Undine Becker	2005	58.59
3. Lindsey Johnson	2003	58.84
4. Danielle Spurlock	2001	59.98
5. Christy Boyd	1994	60.09
6. Margaret Demorest	1982	61.04
7. Jennifer McMillan	1998	61.14
8. Amy Henderson	1996	61.40
9. Tyra Holt	1996	61.69
10. Robyn Woolfolk	2000	61.71

RELAYS

4X100 METER RELAY	YEAR	TIME
World Record	Year	Time
East Germany	1985	41.37
American Record	Year	Time
National Team	1997	41.47
Collegiate Record	Year	Time
LSU	1989	42.50
Pac-10 Record	Year	Time
USC	2004	42.96
Cobb Track & Angell Field	Year	Time
USC	1999	43.35
Stanford Record	Year	Time
1. Stanford	2004	44.18
Janice Davis, Nashonme Johnson, Christine Moschella, Ashley Purnell		
2. Stanford	2005	44.28
Nashonme Johnson, Janice Davis, Christine Moschella, Ashley Purnell		
3. Stanford	2006	44.32
Janice Davis, Chauntae Bayne-Hackett, Jakki Bailey, Nashonme Johnson		
4. Stanford	2006	44.39
Janice Davis, Nashonme Johnson, Jakki Bailey, Alana Walker		
5. Stanford	2005	44.49
Jakki Bailey, Janice Davis, Nashonme Johnson, Ashley Purnell		
6. Stanford	2005	44.57
Jakki Bailey, Janice Davis, Christine Moschella, Ashley Purnell		
7. Stanford	2007	44.78
Janice Davis, Jakki Bailey, Nora Miller, Sarah Matthew		
8. Stanford	2005	45.06
Undine Becker, Ashley Purnell, Nashonme Johnson, Jakki Bailey		
9. Stanford	2003	45.22
Undine Becker, Chauntae Bayne, Christine Moschella, Nashonme Johnson		
10. Stanford	1991	45.32
Jackie Edwards, Rhonda Oliver, Alysia Hubbard, Chryste Gaines		

4X400 METER RELAY	YEAR	TIME
World Record	Year	Time
Soviet Union	1988	3:15.17
American Record	Year	Time
National Team	1988	3:15.51
Collegiate Record	Year	Time
South Carolina	2002	3:26.46
Pac-10 Record	Year	Time
UCLA	2003	3:27.57
Cobb Track & Angell Field	Year	Time
UCLA	2003	3:31.62
Stanford Record	Year	Time
1. Stanford	2005	3:29.39
Christine Moschella, Janice Davis, Ashley Freeman, Nashonme Johnson		
2. Stanford	2005	3:32.23
Christine Moschella, Ashley Purnell, Nashonme Johnson, Janice Davis		
3. Stanford	2006	3:32.69
Nashonme Johnson, Ashley Freeman, Janice Davis, Chauntae Bayne-Hackett		
4. Stanford	2004	3:33.09
Chinny Offor, Christine Moschella, Janice Davis, Nashonme Johnson		
5. Stanford	2006	3:33.23
Nashonme Johnson, Janice Davis, Chauntae Bayne-Hackett, Idara Otu		
6. Stanford	2005	3:34.73
Chinny Offor, Ashley Freeman, Nashonme Johnson, Janice Davis		
7. Stanford	2004	3:33.81
Keisha Gaines, Nashonme Johnson, Janice Davis, Ashley Freeman		
8. Stanford	2003	3:34.82
Chinny Offor, Christine Moschella, Lindsey Johnson, Nashonme Johnson		
9. Stanford	2003	3:35.10
Chinny Offor, Chauntae Bayne, Nashonme Johnson, Christine Moschella		
10. Stanford	2003	3:36.22
Chinny Offor, Christine Moschella, Undine Becker, Nashonme Johnson		

FIELD

HIGH JUMP	YEAR	MARK
World Record	Year	Mark
Stefka Kostadinova (Bul)	1987	6-10 1/4 (2.09m)
American Record	Year	Mark
Louise Ritter (Mazda)	1988	6-7 3/4 (2.03m)
Collegiate Record	Year	Mark
Amy Acuff (UCLA)	1995	6-6 (1.98m)
Pac-10 Record	Year	Mark
Amy Acuff (UCLA)	1995	6-6 (1.98m)
Cobb Track & Angell Field	Year	Mark
Amy Acuff (USA)	2003	6-5 1/2 (1.97m)
Stanford Record	Year	Mark
1. Lisa Bernhagen	1987	6-2 (1.88m)
2. Tracye Lawyer	1997,'98	6-0 (1.83m)
3. Denise Gaztambide	1984	5-11 1/2 (1.82m)
3. Kimberly Stone	2003	5-11 1/2 (1.82m)
5. Peggy Odita	1989	5-10 (1.78m)
5. Julie Tinker	2001	5-10 (1.78m)
5. Lindsey Gannaway	2005	5-10 (1.78m)
5. Lauren Stewart	2007	5-10 (1.78m)
9. Wendy Allen	1989	5-8 3/4 (1.75m)
10. Cheryl Burdick	2000	5-8 1/2 (1.74m)

LONG JUMP

World Record

Galina Chistyakova (SU)

American Record

Jackie Joyner-Kersey (Nike)

Collegiate Record

Jackie Joyner (UCLA)

Pac-10 Record

Rhonda Watkins (UCLA)

Cobb Track & Angell Field

Jackie Edwards (Mizuno)

Stanford Record

1. Jackie Edwards

2. Erica McLain

3. Pam Donald

4. Undine Becker

4. Sarah Griffin Mathew

6. Arantxa King

7. Lillian Bush

8. Venessa Henlon

8. Alysia Hubbard

10. Tracye Lawyer

YEAR MARK

Year Mark

1988 24-8 1/4 (7.52m)

Year Mark

1994 24-7 (7.49m)

Year Mark

1985 22-1 1/4 (6.99m)

Year Mark

2007 22-10 (6.96m)

Year Mark

2001 22-3 (6.78m)

Year Mark

1991 21-11 3/4 (6.70m)

2008 21-6 1/4 (6.56m)

1981 20-10 (6.35m)

2003 20-5 (6.22m)

2008 20-5 (6.22m)

2008 20-3 (6.17m)

2003 19-11 3/4 (6.09m)

1990 19-11 (6.07m)

1991 19-11 (6.07m)

1997 19-9 3/4 (6.04m)

POLE VAULT

World Record

Yelena Isinbayeva (Russia)

American Record

Jenn Stuczynski (USA)

Collegiate Record

Lacy Janson (FSU)

Pac-10 Record

Chelsea Johnson (UCLA)

Cobb Track & Angell Field

Stacy Dragila (USA)

Stanford Record

1. Kathleen Donoghue

2. Samantha Shepard

3. Melissa Feinstein

4. Leila Ben-Youssef

4. Anna McFarlane

6. Caitlin Hewitt

7. Alicia Warlick

8. Christy Von der Ahe

9. Tyra Holt

10. Ashley Carroll

10. Kristen Derr

10. Milessa Muchmore

YEAR MARK

Year Mark

2005 16-5 1/4 (5.01m)

Year Mark

2007 16-0 1/4 (4.88m)

Year Mark

2006 15-0 1/4 (4.58m)

Year Mark

2006 15-1 (4.60m)

Year Mark

2001 15-9 1/4 (4.81m)

Year Mark

2002 13-5 1/4 (4.10m)

2003 13-2 1/4 (4.02m)

1999 13-0 1/4 (3.97m)

2003 12-11 3/4 (3.96m)

2005/06 12-11 3/4 (3.96m)

2008 12-7 1/2 (3.85m)

1998 12-1 1/2 (3.70m)

2002 11-11 3/4 (3.65m)

1997 11-8 1/4 (3.58m)

2002 11-5 3/4 (3.50m)

2002 11-5 3/4 (3.50m)

2004 11-5 3/4 (3.50m)

SHOT PUT

World Record

Natalya Lisovskaya (SU)

American Record

Ramona Pagel (Mazda)

Collegiate Record

Meg Ritchie (Arizona)

Pac-10 Record

Valeyta Althouse (UCLA)

Cobb Track & Angell Field

YEAR MARK

Year Mark

1987 74-3 (22.63m)

Year Mark

1988 66-2 1/2 (20.18m)

Year Mark

1983 62-3 3/4 (18.99m)

Year Mark

1995 61-10 1/4 (18.85m)

Year Mark

Teri Steer (Nike)

Stanford Record

1. Jillian Camarena

2. Carol Cady

3. Melissa Yunghans

4. Patty Purpur

5. Michaela Wallerstedt

6. Pam Dukes

7. Debbie Malueg

8. Cassie Romuld

9. Katrinka Jackson

10. Erin Delaney

2002 63-0 (19.20m)

Year Mark

2004 59-6 3/4 (18.15m)

1984 57-1 (17.40m)

2008 53-10 1/4 (16.41m)

1989 53-0 (16.15m)

2008 51-10 (15.80m)

1985 51-7 1/2 (15.74m)

1991 49-0 1/4 (14.94m)

2000 47-11 1/4 (14.61m)

1997 47-6 1/4 (14.48m)

2007 46-9 (14.25m)

TRIPLE JUMP

World Record

Inessa Kravets (Ukr)

American Record

Tiombe Hurd (Nike)

Collegiate Record

Stacey Bowers (Baylor)

Pac-10 Record

Erica McLain (Stanford)

Cobb Track & Angell Field

Yuliana Perez (Unat)

Stanford Record

1. Erica McLain

2. Jackie Edwards

3. Lauren Stewart

4. Deborah Akkinniyi

5. Sabrina Nettey

6. Florence Adu

7. Undine Becker

8. Arantxa King

9. Venessa Henlon

10. Julie Tinker

YEAR MARK

Year Mark

1995 50-10 1/4 (15.50m)

Year Mark

2004 47-5 (14.45m)

Year Mark

1999 46-1 (14.05m)

Year Mark

2008 46-7 1/4 (14.20m)

Year Mark

2003 46-8 1/4 (14.23m)

Year Mark

2007 46-05 1/4 (14.15m)

1992 43-4 1/2 (13.22m)

2006 42-1 1/2 (12.84m)

2006 41-7 3/4 (12.69m)

2008 41-5 (12.62m)

1994 41-3 (12.57m)

2004 41-0 1/2 (12.51m)

2008 41-0 1/2 (12.51m)

1988 40-10 1/4 (12.45m)

2000 40-7 (12.37m)

DISCUS

World Record

Gabriele Reinsch (EG)

American Record

Suzy Powell-Roos (Nike)

Collegiate Record

Meg Ritchie (Arizona)

Pac-10 Record

Aretha Hill (UW)

Cobb Track & Angell Field

Kris Kuehl (Nike)

Stanford Record

1. Carol Cady

2. Summer Pierson

3. Karen Nickerson

4. Patty Purpur

5. Molly Meyer

6. Jillian Camarena

7. Debbie Malueg

8. Sue Demars

9. Cassie Romuld

10. Sami Jo Small

YEAR MARK

Year Mark

1988 252-0 (76.80m)

Year Mark

2007 222-0 (67.67m)

Year Mark

1981 221-5 (67.48m)

Year Mark

1998 215-5 (65.62m)

Year Mark

2002 211-5 (64.44m)

Year Mark

1983 207-8 (63.30m)

2000 190-0 (57.92m)

1985 180-5 (55.00m)

1989 179-9 (54.80m)

2002 175-3 (53.42m)

2003 172-4 (52.52m)

1991 171-9 (52.34m)

1996 169-10 (52.78m)

1997 167-9 (51.14m)

1996 166-11 (50.88m)

HAMMER**World Record**

Tatyana Lysenko (Russia)

American Record

Erin Gilreath

Collegiate Record

Jamine Moton (Clemson)

Pac-10 Record

Eva Orban (USC)

Cobb Track & Angell Field

Anna Mahon (Unat)

Stanford Record

1. Sarah Hopping

2. Jaynie Goodbody

3. Jessica Pluth

4. Maureen Onyeagbako

5. Carol Cady

6. Katy Elsbury

7. Donielle Colich

8. Melissa Yunghans

9. Maggie Isaac

10. Gina Heads

YEAR MARK**Year Mark**

2006 255-3 (77.80m)

Year Mark

2005 242-4 (73.87m)

Year Mark

2002 220-6 (67.21m)

Year Mark

2008 230-3 (70.18m)

Year Mark

2002 230-6 (70.27m)

Year Mark

2006 219-8 (66.96m)

2008 199-4 (60.75m)

2002 196-2 (59.79m)

2001 192-11 (58.81m)

1984 188-8 (57.50m)

2005 186-8 (56.91m)

2004 185-8 (56.60m)

2008 184-11 (56.37m)

1999 174-0 (53.04m)

1998 170-0 (51.82m)

HEPTATHLON**World Record**

Jackie Joyner-Kersey (USA)

American Record

Jackie Joyner-Kersey (USA)

Collegiate Record

Diane Guthrie-Gresham (GM)

Pac-10 Record

Gea Johnson (ASU)

Cobb Track & Angell Field

Sheila Burrell (Nike)

Stanford Record

1. Tracye Lawyer

2. Lillian Bush

3. Lauren Stewart

4. Peggy Odita

5. Julie Tinker

6. Denise Gaztambide

7. Whiteny Liehr

8. Joy Goff

9. Katrinka Jackson

10. Ahimsa Hodari

YEAR POINTS**Year Points**

1988 7,291

Year Points

1988 7,291

Year Points

1995 6,527

Year Points

1990 6,135w

Year Points

2003 6,159

Year Points

1999 5,855

2003 5,519

2008 5,440

1989 5,439

2001 5,432

1986 5,392

2008 5,186

2000 5,133

1997 5,023

2003 5,021

JAVELIN (NEW IMP.)**World Record**

Osleidys Menedez (Cuba)

American Record

Kim Kreiner (USA)

Collegiate Record

Aggeliki Tsiolakoudi (UTEP)

Pac-10 Record

Rachel Yurkovich (Oregon)

Cobb Track & Angell Field

Serene Ross (Purdue)

Stanford Record

1. Danielle Maier

2. Allison Beatty

2. Erin Merriman

4. Whitney Drumright

5. Jennifer Lee

6. Kara Bennett

7. Joy Goff

8. Jaynie Goodbody

9. Tracye Lawyer

10. Sally Mills

YEAR MARK**Year Mark**

2005 235-3 (71.70m)

Year Mark

2007 210-7 (64.19m)

Year Mark

2000 197-8 (60.24m)

Year Mark

2008 191-1 (58.25m)

Year Mark

2002 197-0 (60.06m)

Year Mark

2008 174-00 (53.04m)

1999 158-7 (48.35m)

2005 158-3 (48.23m)

2001 144-10 (44.16m)

2003 142-4 (43.39m)

2008 141-8 (43.18m)

2000 140-3 (42.76m)

2007 140-00 (42.67m)

1999 132-0 (40.23m)

2005 129-7 (39.51m)

JAVELIN (OLD IMP.)**Stanford Record**

1. Erica Wheeler

2. Mary Osborne

3. Jen McCormick

4. Sami Jo Small

5. Summer Pierson

6. Allison Beatty

7. Debbie Templeton

8. Whitney Drumright

9. Joy Goff

YEAR MARK**Year Mark**

1988 192-2 (58.58m)

1980 181-3 (55.24m)

1994 179-5 (54.68m)

1995 175-11 (53.62m)

1995 175-0 (53.34m)

1998 150-7 (45.90m)

1993 144-3 (43.98m)

1998 143-4 (43.68m)

1997 143-1 (43.62m)