HOCKEY GUIDE 2009



NORPAC NORTHEN PACIFIC FED HODGY CONFESSIONE

QUICK FACTS

2009 STANFORD FIELD HOCKEY





2009 Stanford Field Hockey Quick Facts

General Information

Location: Stanford, CA 94305-6150 **Enrollment:** 15,140 (6,812 undergraduates)

Founded: 1891 Nickname: Cardinal Colors: Cardinal and White Conference: NorPac

Athletics Director: Bob Bowlsby President: John Hennessy

Sport Administrator: Chris Hutchins **Faculty Representative:** Ellen Markman

Coaches/Support Staff

Head Coach: Lesley Irvine (Iowa, 2001) Career Record (Years): 52-68 (7th year) Record at Stanford (Years): 52-68 (7th year)

Assistant Coach: Jordan Marotta (William & Mary, 2003) - 6th year

Assistant Coach: Mandy Hart (Penn State, 2001) - 4th year

Athletic Trainer: Myra Tara

Sports Performance: Lesley Chandler **Administrative Assistant:** Joy Aud

Field Hockey Office Phone: (650) 725-2578

Team Information

2008 Record: 9-11 (Home: 3-3, Away: 2-6, Neutral: 4-2)

2008 NorPac Record (Finish): 4-2 (2nd) **2008 NorPac Tournament:** Championship Game

(Stanford 2, California 1 in OT on Nov. 8, 2008 at Farmville, VA)

2008 NCAA Tournament: Plav-In Game

(Princeton 8, Stanford 2 on Nov. 11, 2008 at Princeton, N.J.)

Letterwinners Returning/Lost: 15/3

Starters Returning/Lost: 9/2

Newcomers: 6

Facility (capacity): Varsity Field Hockey Turf (500)

Table of Conten Quick Facts												_
Roster		 							٠.			2
Team Information		 										. 3
Coaching Staff		 										4-5
Player Profiles												
2008 Statistics/Results .												2-
Records												22
All-Time Honors												
Facility/Camp Informatior	η.	 										24
NorPac Conference		 										25
Stanford University		 					 			2	26	-27
Athletic Director												
Principles That Guide Us			٠.						٠.			28
Stanford's National Titles		 								3	30	-3-

Athletic Communications and Media Relations

Asst. Athletic Communications Director/ Field Hockey Contact: Brian Risso

Email: brisso@stanford.edu
Office Phone: (650) 736-9044
Athletic Communications and

Media Relations Office: (650) 723-4418

Athletic Communications and Media Relations Fax: (650) 725-2957

Athletics Website: www.gostanford.com

Media Information

Interview requests for players and coaches must be coordinated with the Stanford Athletics Communications and Media Relations Office. Interview requests should be submitted at least 24 hours in advance. Visit www.gostanford.com for news releases, player profiles and updated statistics.



Credits: The 2009 Stanford field hockey media guide was written and edited by Brian Risso. Design, layout and production by Don Hogue. Photography by Marc Abrams, Robert Beyers, David Gonzales, Kyle Terada and Patrick Tower.



ROSTER

2009 STANFORD FIELD HOCKEY



Back Row (left to right): Athletic trainer Myra Tara, Head Coach Lesley Irvine, Katherine Swank, Kelsey Lloyd, Rachel Bush, Becky Dru, Jaimee Erickson, Heather Alcorn, Devon Holman, Assistant Coach Jordan Marotta, Assistant Coach Mandy Hart, Sports Performance Coach Lesley Chander. Middle Row (left to right): Julia LaSalvia, Midori Uehara, Marlana Shile, Rachel Mozenter, Emily Henriksson, Katie Mitchell, Jennifer Luther, Camille Gandhi, Beth Ridley. Front Row (left to right): Katherine Donner, Alysha Sekhon, Stephanie Byrne, Nora Soza, Xanthe Travlos, Colleen Ryan, Alessandra Moss.

2009 Stanford Field Hockey Roster

No.	Name	Pos.	Ht.	Yr.	Hometown (Last School)	-
2	Camille Gandhi	M/D	5-4	Jr.	London, England (The Latymer School)	
3	Midori Uehara	M/F	5-5	Sr.	Larchmont, N.Y. (Mamaroneck HS)	Pr
4	Jaimee Erickson	M/F	5-8	Jr.	Los Gatos, CA (Los Gatos HS)	Mide
5	Nora Soza	D	5-3	Sr.	San Jose, CA (Archbishop Mitty HS)	Xan
6	Katie Mitchell	M/F	5-4	Fr.	Monte Sereno, CA (Saint Francis HS)	_
7	Rachel Mozenter	F	5-3	Sr.	Gahanna, OH (Columbus Academy)	Step
8	Becky Dru	D	5-9	Fr.	Buckinghamshire, England	Alys
					(Sir William Borlase's Grammar School)	Mar
9	Xanthe Travlos	М	5-1	Jr.	Staffordshire, England	
					(Newcastle-Under-Lyme School)	
10	Stephanie Byrne	F	5-3	So.	San Jose, CA (Saint Francis HS)	
11	Jennifer Luther	D	5-5	Sr.	North Vancouver, British Columbia, Canada	
					(Handsworth Secondary School)	
12	Alysha Sekhon	F	5-2	Fr.	West Vancouver, British Columbia, Canada	
					(Collingwood School)	
14	Heather Alcorn	D	5-4	Jr.	Encinitas, CA (La Costa Canyon HS)	
15	Colleen Ryan	M/F	5-2	Fr.	Huntington Beach, CA (Huntington Beach H	S)
16	Katherine Swank	F	5-5	Jr.	Richfield, OH (Hathaway Brown HS)	
17	Emily Henriksson	F	5-4	Fr.	Bell Canyon, CA (Louisville HS)	
18	Kelsey Lloyd	M/F	5-9	Fr.	Shavertown, PA (The Taft School)	
19	Marlana Shile	F	5-3	Sr.	Los Gatos, CA (Los Gatos HS)	
20	Devon Holman	M/F	5-6	Fr.	Fallbrook, CA (Fallbrook HS)	
21	Rachel Bush	D	5-6	Sr.	Encinitas, CA (San Dieguito Academy)	
22	Katherine Donner	M/F	5-3	Jr.	San Diego, CA (Serra HS)	
32	Beth Ridley	GK	5-9	Fr.	Oakland, ME (Messalonskee HS)	
42	Alessandra Moss	GK	5-5	So.	New York, N.Y. (Phillips Academy Andover)	
44	Julia LaSalvia	GK	5-3	Fr.	Virginia Beach, VA (Cape Henry Collegiate S	chool)

Pronunciation Guide

Midori Uehara: Me-door-ee Way-hara
Xanthe Travlos: Zan-thee
Stephanie Byrne: Burn
Alysha Sekhon: See-con
Marlana Shile: Shy-uhl



Coaching Staff

Head Coach: Lesley Irvine (lowa, 2001) – 7th year

Assistant Coaches: Jordan Marotta (William & Mary, 2003) - 6th year

Mandy Hart (Penn State, 2001) - 4th year

TEAM INFORMATION

2009 STANFORD FIELD HOCKEY



Three To Watch In 2009...

Senior Defender Nora Soza

The anchor of Stanford's backline and one of the conference's stingiest defenders. Nora Soza's career stat line doesn't exactly reflect offensive prowess. Soza has started 38 of the 46 contests she has appeared in through her first three seasons, attempting only one shot during that stretch. And it was a big one. Soza's first career shot led to her first career goal, an improbable game-winner against California last year on Senior Day that resulted in a raindrenched dogpile and No. 2 seed for Stanford in the NorPac Tournament, Just how important is Soza to the Cardinal? The 5-3 defender was named the 2008 NorPac Tournament MVP despite not attempting a single shot over three games.

Senior Forward Midori Uehara

Camille Gandhi and Xanthe Travlos have quickly established themselves as household names in two seasons. Stephanie Byrne burst onto the scene as a capable rookie scorer last year. And even though Midori Uehara enjoyed a breakthrough 2008 campaign with team-high marks in goals (11), points (22) and shots (26), it could be argued that she was still overlooked at times. Despite her success, Uehara was the only team scoring leader selected to the conference's Second Team. Simply put: Uehara is a dangerous scoring threat capable of taking over a game at a moment's notice. Her "yes-that-really-did-happen" four-goal explosion against Pacific last year serves as evidence.

Sophomore Goalkeeper Alessandra Moss

Flashy and slick in the cage, you can also throw in the adjective "clutch" when describing Alessandra Moss. In her first full season last year, Moss was named a Second Team All-NorPac honoree, tabbed a NorPac All-Tournament team selection and awarded three different conference Player of the Week honors. Moss totaled 111 saves and recorded a career-high 13 stops on two different occasions. Perhaps most importantly, Moss showed an ability to elevate her game when it counted. Moss established a reputation as one of the nation's top penalty stroke stoppers, allowing opponents to convert just one of four opportunities. She helped guide Stanford to its first penalty-stroke victory since 2005 when she turned away Pacific on Oct. 26 for a 2-1 win.

Keep These In Mind...

Stanford Well-Represented Internationally

While Stanford is beginning to emerge as a national contender, the Cardinal has been no stranger on the international stage. Earlier this summer, junior Camille Gandhi was named to the USA Field Hockey Women's Developmental Team and the USA Women's Junior World Cup Team. Gandhi is Stanford's most acclaimed international product, leading the USA U-21 National Team to a gold medal at the 2008 Junior Pan American Games with a gamewinning overtime goal. Fellow junior and England product Xanthe Travlos represented her home country as a member of the U21 team at the 2008 EuroHockey Junior Nations Championships. Meanwhile, incoming freshman Emily Henriksson earned a spot in the USA Junior National Camp for the second straight year.

Who's Next In Line For The Rookies?

Stephanie Byrne was named the 2008 NorPac Rookie of the Year, extending Stanford's stranglehold on the conference Rookie of the Year award to six seasons and counting. This time around, Byrne was the recipient thanks to a stellar season that saw her rank second on the team with six goals and 12 points while checking in third with 24 shots. Byrne continued the list of Stanford players earning the top rookie honor, following up past winners Camille Gandhi (2007), Nora Soza (2006), Caroline Hussey (2005), Jess Zutz (2004) and Cara-Lynn Lopresti (2003).

There's Some Serious Talent Here

Five different players claimed a total of seven NorPac Player of the Week honors last year, an incredible achievement considering Stanford's record failed to reach the .500 mark. That's a testament to Stanford's overall talent, which collectively ranks among the best in the conference. And while conference Player of the Week awards might not translate into championships, Stanford produced some of the league's most memorable moments in 2008: Midori Uehara scoring four goals in a 7-0 rout of Pacific (Sept. 30 - Offensive Player of the Week), Alessandra Moss turning away penalty strokes in a 2-1 win over Pacific (Oct. 26 - Defensive Player of the Week) and Nora Soza tapping home an overtime game-winner against California (Nov. 4 - Offensive Player of the Week).

Times They Are A-Changin'

Stanford and California have always represented the upper tier of the NorPac conference. Prior to Stanford's benchmark 3-1 victory over California in the 2007 NorPac Tournament final, the Cardinal had dropped 18 straight in the series to the Golden Bears- a stretch that dated back to a 1-0 Stanford shutout on Oct. 6, 2001. Stanford had come close to snapping the streak on several occasions, as 12 of those 18 losses were decided by one goal and five occurred in overtime. But that trend is quickly getting reversed. Stanford has won three of the last four meetings against California, including two consecutive wins in the NorPac Tournament championship game.

Bring On The Challenge

Once again, head coach Lesley Irvine has chosen to challenge the Cardinal with a rigorous schedule aimed at preparing her squad for the postseason. Stanford's 2009 slate features five contests against NCAA Tournament squads from a year ago, including a road tilt against defending national champion Maryland (Oct. 30). Stanford hosts Kent State, last year's MAC Tournament champion and an NCAA play-in round participant, on Sept. 6. One week later, the Cardinal plays at lowa, which reached last year's NCAA Tournament semifinals and won the Big Ten Tournament for a third straight season. Other matches against NCAA Tournament squads from a year ago include a visit to Penn State (Oct. 5) and a neutral site contest against Louisville (Nov. 1).



COACHING STAFF

2009 STANFORD FIELD HOCKEY

Lesley Irvine

Head Coach lowa (2001) 7th year



The Stanford field hockey program continues to reach new levels of success while further establishing its reputation as one of the fast-rising programs in the West under the direction of Lesley Irvine.

Now in her seventh season at the helm, Irvine has guided Stanford to back-to-back NorPac Tournament championships while her recent efforts on the recruiting trail have paid dividends in the form of All-America-caliber talent.

Building off momentum fueled from a breakthrough 2007 campaign, Stanford's 2008 season included its second straight appearance in an NCAA play-in game to follow up another NorPac Tournament title. Irvine's squad won seven of its last nine games and was crowned NorPac Tournament champions with a 2-1 victory over California.

Irvine led Stanford to one of its best seasons in school history in 2007, as the Cardinal finished 13-8 for the second-best win total in program history. Stanford recorded its first winning season since an 11-8 mark in 2001 and qualified for the NCAA Tournament for the first time since 2000. Stanford also asserted itself as the premier team in the NorPac conference, capturing its first tournament championship since 2000 with a 3-1 win over California. Meanwhile, Irvine was honored as the NorPac Coach of the Year after guiding Stanford to its best start (6-0) since 1979 and a share of the regular-season conference title. Under her direction, Stanford also cracked the national rankings for the first time since 2001.

Stanford's success over the last two seasons can be traced back to an influx of talented, young players, notably England imports Xanthe Travlos and Camille Gandhi. Tabbed an NFHCA All-West Region squad selection for the second straight year, Travlos also earned All-NorPac First Team honors for the second consecutive season. Gandhi, the 2008 NorPac Player of the Year and 2007 NorPac Rookie of the Year, was tabbed a NFHCA All-West Region First Team selection in addition to earning Third Team All-America honors by WomensFieldHockey.com.

Both Gandhi and Travlos have also been active in representing their countries in international competition. A dual national citizen, Gandhi was selected to the U.S. Under-21 National Team and also led the U.S. past Chile with the game-winning overtime goal at the 2008 Junior Pan American Games. Travlos represented England's Under-21 team at the 2008 EuroHockey Junior Nations Championships.

Further evidence of Irvine's recruiting success is Stanford's stranglehold on the NorPac Rookie of the Year award. Rookie Stephanie Byrne captured the honor in 2008, becoming the sixth consecutive Cardinal player to win the award.

Irvine, 52-68 in six seasons on The Farm, officially took over the reins of the Cardinal in December 2002 after serving the previous two seasons as an assistant coach and recruiting coordinator for the team.

No stranger to league success, Irvine led the Cardinal to thirdplace finishes at the NorPac Championship in each of her first three campaigns. Stanford averaged seven wins per season during Irvine's first three years at the helm and reached the nine-win mark in 2006.

Irvine was honored following the 2004 season when she was selected to serve as the head coach for the South in the National Field Hockey Coaches Association Division I North/South Senior All-Star Game, guiding her squad to a 2-1 victory with Cardinal senior Eleanor Morgan scoring the game-winning goal.

During her head coaching tenure at Stanford, Irvine has mentored three Under-21 National Team participants, five Regional All-Americans,

six NorPac Rookie of the Year honorees, 28 all-conference team choices, 19 all-conference tournament selections and 68 NFHCA Academic All-Americans.

Stanford teams have excelled in the classroom under Irvine's leadership, winning the 2003 NFHCA Division I National Academic Team Award, placing second in 2004 and taking fifth in 2005. The national academic accolades have become a yearly tradition, with at least 10 players being honored by the NFHCA for seven consecutive seasons.

Irvine has also become active in the collegiate field hockey community outside the coaching arena. Earlier this summer, she was named a member of the NCAA West Region All-America committee. From 2004-08, she served a four-year term on the NCAA Division I National Field Hockey Committee and took over as the NCAA West Regional Committee Chair. She also served as the NorPac's NFHCA representative in 2006 and was a member of the NFHCA North/South All-Star Game Selection Committee for the West Region in 2001 and 2002.

In addition, Irvine was the USA Field Hockey Futures program Regional Coaching Director from 2003-06. This role made her responsible for the implementation of the national program curriculum within the West Region, as well as coach education and evaluation. Irvine served as a head coach in the program from 2001-03 before being promoted to her current position. She has also spearheaded the Stanford Field Hockey Camps since 2002.

Irvine came to Stanford from Iowa, where she spent the 2000 season as a volunteer assistant coach.

Irvine's first collegiate coaching job at lowa followed one season as a player for the Hawkeyes in her first year as a graduate student during the fall of 1999. In her only season of collegiate field hockey, Irvine led Iowa to a Final Four appearance and Big Ten championship by pacing the team with 47 points (17 goals, 13 assists). She was named to the Final Four and Big Ten All-Tournament squads, while also earning Second Team Regional All-American and regular

season All-Big Ten honors.
A1999AcademicAll-American,
Irvine received her master's degree
in health, leisure and sports studies
from lowa in 2001.

The England native played three years of field hockey for Loughborough University in her home country, graduating from the school in 1998 with a degree in physical education, sports science and recreational management. While at Loughborough, Irvine won a total of five national field hockey

championships (three outdoor, two indoor) and was named to the British Universities All-Star squad. She was also selected to England Under-18 and Under-21 National Teams during her playing career overseas.



Totals		52-68, 20-16 NorPa	ıc
2008	Stanford	9-11, 4-2 NorPac	NCAA Play-In Round
2007	Stanford	13-8, 5-1 NorPac	NCAA First Round
2006	Stanford	9-10, 5-1 NorPac	
2005	Stanford	7-14, 4-2 NorPac	
2004	Stanford	8-12, 0-6 NorPac	
2003	Stanford	6-13, 2-4 NorPac	

COACHES/SUPPORT STAFF

2009 STANFORD FIELD HOCKEY



Assistant Coach William and Mary (2003) 6th year



Mandy Hart

Assistant Coach Penn State (2001) 4th year



Jordan Marotta begins her sixth season as an assistant coach with the Cardinal. In addition to guiding Stanford to back-to-back NorPac Tournament championships, she is responsible for extensive work with the team's offensive skills and strategy while also playing a large role in the recruiting process.

Marotta joined the Stanford coaching staff in 2004 after playing four seasons of collegiate field hockey at William and Mary, where she received a bachelor's degree in government in December of 2003.

In addition to her work at Stanford, Marotta has been a certified National Futures coach since March of 2004, coaching U-16 and U-19 teams for the Regional Futures Tournament, as well as the California representative teams at the National Futures Championship held in Virginia Beach for the last six years. Last summer, Marotta coached the California U-19 squad to a fourth place finish in the tournament.

Marotta capped a four-year collegiate playing career (2000-03) at William and Mary with a decorated senior season, earning a spot on the 2003 NFHCA Division I North/South Senior All-Star Team, as well as earning All-State, First Team All-Colonial Athletic Association, Second Team All-South Region and CAA All-Tournament honors. Marotta was a three-time CAA Player of the Week recipient that season while also finishing as the leading points scorer in the conference.

During her career at William and Mary, Marotta led the Tribe in scoring with 31 points on 13 goals and five assists in her senior campaign and finished her career with 56 points on 20 goals and 16 assists. The Tribe also reached the NCAA Tournament twice during her career. These accomplishments, in addition to her contributions to the team and the college community off the turf, resulted in her being awarded the prestigious President's Award recognizing leadership, sportsmanship, and citizenship among all athletes at William and Mary.

Marotta and her husband, Peter, have a son, Cooper, who was born this past July. The family enjoys being a part of the Stanford community.

Mandy Hart enters her fourth year as an assistant coach with the field hockey program.

Hart enjoyed a successful playing career at Penn State from 1996-2000. During her senior season in 2000, Hart was named a third team All-American, second team All-Big Ten selection and South Jersey Collegiate Defensive Player of the Year. A center back for the Nittany Lions, she also served as the team captain in 1999 and 2000.

In 1998, Hart started all 23 games for a Penn State defense that helped goalkeeper Jamie Smith post seven shutouts. The Nittany Lions blanked three nationally-ranked opponents, including Massachusetts in the NCAA first round. Hart was named to the Big Ten All-Academic Team.

While at Penn State, Hart was a member of three Big Ten championship squads (1996-98) and four NCAA Tournament teams.

Hart graduated with a bachelor of science degree in kinesiology in 2001. She has also worked in pharmaceutical sales.

During her senior season at Haddonfield Memorial High School in New Jersey, Hart scored seven goals while anchoring a defense that recorded 13 shutouts. Hart gained numerous honors including first team all-conference, first team All-Group Two, first team All-South Jersey, and first team All-State. She also played in the Garden States Games and the 1995 and 1996 National Futures Tournaments.



Myra Tara Athletic Trainer



Lesley ChandlerSports Performance



Chris Hutchins Senior Assoc. A.D., External Relations/ Field Hockey Sport Administrator



Brian Risso
Athletic
Communications
and Media Relations



2009 STANFORD FIELD HOCKEY

Heather Alcorn

Defender, 5-4, Junior Encinitas, CA (La Costa Canyon HS)

14



2008: NFHCA All-Academic selection ... one of eight players to play in all 20 games, making 18 starts ... key contributor on the defense ... fired off two shot attempts, both coming in a 4-2 win over Davidson on Nov. 6.

2007: NFHCA All-Academic selection ... one of four freshmen to play in every match ... started all 21 games ... helped anchor the Cardinal backline ... tallied her only shot of the year against Northwestern on Oct. 13 ... contributed a defensive save in win at Pacific on Sept. 30 ... made her first collegiate start in the season opener against

Boston College on Aug. 25.

High School: Four-year letterwinner in field hockey ... also a four-year letterwinner in track and field ... 2007 Female Athlete of the Year ... 2006 Field Hockey Player of the Year CIF Division I ... 2006 Field Hockey Player of the Year All-Section Team ...

2006 San Diego Union Tribune
All-Academic Team Captain ...
2006 Most Valuable Player,
LCCHS Field Hockey ...
2006 Sportsmanship Award
CIF Division I ... 2006 Most
Valuable Player – Serra
Tournament ... member of
2006, 2005, 2003 Division
I CIF Championship squad
... 2005-2007 National
Futures Championship
Team.

Other Field Hockey: Participated with RUSH field hockey program.

Personal: Parents are Alan and Theresa ... major is undeclared.

▼ Career Statistics Year GP GW G Sh. Pts. 2007 21 0 0 2008 20 0 0 0 0 3 **Totals** 41 0 0

▼ Getting to Know Heather Alcorn

Nickname: Hal, Haliburton

My most prized possession is: A heart necklace my mom gave to me, she wears a matching one as well

If I could bring anything to Stanford from my hometown, it would be: The beach and the downtown 101, so many great beach restaurants and authentic people

The biggest thrill of my life to date: When I found out I was accepted to Stanford

I grew up thinking I was going to be a: CEO of a corporation and I still think that

Best book I have ever read: The Pact by Jodi Picoult

Favorite movie: The House Bunny, watch it with our team and you'll know why

Favorite TV show: Too many to name - I'm a trashy television addict

Rachel Bush

Defender, 5-6, Senior Encinitas, CA (San Dieguito Academy)

21



2008: Competed in seven games ... earned starting nods against Pacific (Sept. 27) and Northeastern (Oct. 4).

2007: Competed in 18 games, making 14 starts ... penciled into the team's starting lineup for the final 13 contests of the season ... credited with one shot attempt on the year, coming against Appalachian State on Nov. 1.

2006: NFHCA All-Academic honoree ... participated in two contests ... recorded her only shot attempt of the season against Appalachian State on Oct. 12 in her collegiate debut.

High School: Gained numerous athletic and academic honors at San Dieguito Academy ... voted MVP in 2004 and 2005 ... served as team captain during her senior season ... named to the San Diego Field Hockey Senior All-Star Team in 2005 ... also an outstanding basketball player and track athlete ... named MVP during the 2005-06 season ... team captain in both basketball and

2009 STANFORD FIELD HOCKEY

track (2006) ... San Diego Union-Tribune All-Academic team (2003-06) ... Army National Reserve Scholar-Athlete Award winner (2006) ... Ventures Scholar (2004-06) ... won the National Charity League Yellow Rosebud Award (2005, 2006).

Other Field Hockey: A participant at the National Futures Tournament.

Personal: Parents are John Bush and Pamela Jackson ... major is environmental engineering.

▼ Care	er Sta	tistic	S				
Year	GP	G	Α	Pts.	Sh.	GW	
2006	2	0	0	0	1	0	
2007	18	0	0	0	1	0	
2008	7	0	0	0	0	0	
Totals	27	0	0	0	2	0	

▼ Getting to Know Rachel Bush

Nickname: Boosh, Tate

My most prized possession is: My iPod

Do you have any superstitions/pre-game rituals?: Listening to music, put on socks and shoes in a specific order

If I played another sport at Stanford it would be: Running hurdles on track and field team

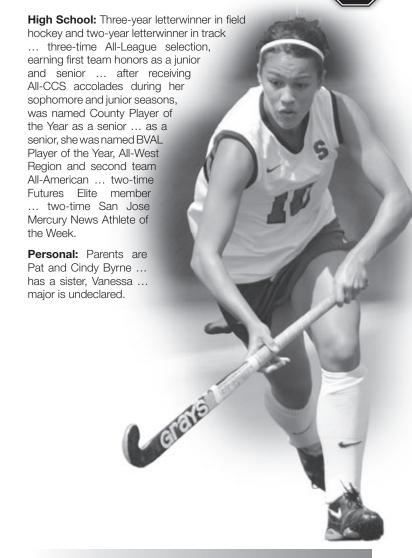
If I could bring anything to Stanford from my hometown, it would be:

The beach

People would be surprised to know that our team: Has Harry Potter nicknames.

The biggest thrill of my life to date: Traveling to the Philippines.

Ten years from now I hope to be: Done with business school and doing engineering consulting work, and living in California.



Stephanie Byrne

Forward, 5-3, Sophomore San Jose, CA (Saint Francis HS)

10



2008: Only freshman to play in all 20 games, making 18 starts ... NorPac Rookie of the Year ... ranked second on the club in goals with eight and third in points (17) and shots (32) ... scored four goals over her first five games ... tallied at least three shots on five different occasions ... four of her eight goals came against teams ranked in the top-10 ... against lowa on Sept. 13, scored a pair of goals and recorded three shots ... enjoyed one of her best performances against Pacific in the NorPac Tournament semifinals on Nov. 7, scoring twice (including the game-winner) and ripping off a career-high five shots ... earned a starting nod in the team's season opener against Drexel on Aug. 30 ... scored her first collegiate goal in the next contest against Michigan State on Sept. 3.

▼ Caree	er Sta	tistic	S			
Year	GP	G	Α	Pts.	Sh.	GW
2008	20	8	1	17	32	1
Totals	20	8	1	17	32	1

▼ Getting to Know Stephanle Byrne

Nickname: Bea

If I could bring anything to Stanford from my hometown, it would be: Pizza Antica

I grew up thinking I was going to be a: Soccer player or dancer

Best book I have ever read: Atonement by Ian McEwan

FavorIte Food: Carne Asada Fries

FavorIte movle: How to Lose a Guy in 10 Days

Favorite TV show: The Office

Talent I would most like to have: Be able to sing or at least carry a tune

2009 FIELD HOCKEY MEDIA GUIDE WWW.GOSTANFORD.COM • 7



Katherine Donner

Midfielder/Forward, 5-3, Junior San Diego, CA (Serra HS)



2008: Appeared in all 20 games, making 10 starts ... chipped in with three goals and three assists for a total of nine points ... tallied eight shot attempts ... in the season opener against Drexel on Aug. 30, scored Stanford's only goal of the match ... against Appalachian State on Sept. 17, scored a goal and fired off a season-best two shots ... her third goal of the year came against Pacific on Sept. 27 ... one month later against Pacific, scored Stanford's game-winning goal in a stroke-off

> ... racked up assists against lowa (Sept. 13), Davidson (Nov. 6) and Princeton (Nov. 11).



High School: Three-year letterwinner in field hockey. lacrosse and soccer ... two-time San Diego Hall of Champions ... 2006 All-CIF Player of the Year two-time Eastern League Player of the Year ... three-time First Team All-CIF ... two-time CIF Division II Player of the Year ... three-

▼ Care	er Sta	tistic	S				
Year	GP	G	Α	Pts.	Sh.	GW	
2007	21	2	0	4	12	0	
2008	20	3	3	9	8	1	
Totals	41	5	3	13	20	1	

time First Team All-Eastern League ... led her team to the CIF Division II championship, as well as the Eastern League championship ... twotime Female Scholar-Athlete of the Year.

Other Field Hockey: Participated in National Futures Tournament from 2004-07 ... selected to Futures Elite squad 2005-06 ... 2005 U16 National Team honoree ... selected to Junior Olympics in 2004.

Personal: Parents are Steve and Renee ... major is science, technology and society.

▼ Getting to Know Katherine Donner

Nickname: Donnie

People would be surprised to know that our team: Goes to Fraiche at least three times a week during the season

The biggest thrill of my life to date: Being NorPac champions for two

I grew up thinking I was going to be a: Superhero

Favorite movie: Anchorman: The Legend of Ron Burgundy

My parents were right when they told me: My four years at Stanford would fly by

If I had to cook all of my meals, I'd probably survive on: Any fruits, spaghetti, Easy Mac and quesadillas

Talent I would most like to have: A good singing voice and rhythm

Becky Dru

Defender, 5-9, Freshman Buckinghamshire, England (Sir William Borlase's Grammar School)





High School: Member of five indoor and outdoor County Schools championship squads ... four-time team captain ... guided her team to a 2004 Regional Schools indoor title ... two-time recipient of the Old Borlasian Grant for Excellent Achievement (2007, 2008) ... also competed in track and field, establishing school records in the U18 shot put, discus and javelin.

Other Field Hockey: Earned three different Player of the Year honors and played on three championship squads while competing for club teams Wycombe Rye and Reading ... possesses a wealth of national team experience as a member of England's U16 and U18 squads, in addition to winning a gold medal at the Home Nations Tournament and claiming a bronze medal at the 4 Nations Tournament.

Personal: Parents are Martin and Daphne Dru ... major is undeclared ... considering pursuing a major in human biology or biology.

2009 STANFORD FIELD HOCKEY



▼ Getting to Know Becky Dru

My most prized possession is: My bed

If I played another sport at Stanford it would be: | would start a netball team (similar to basketball but a few different rules!)

If I could bring anything to Stanford from my hometown, it would be: My dog, snow in the winter and the tube

Favorite Food: Ice cream and gnocchi - but not together!

My favorite TV show: The Mentalist

Ten years from now I hope to be: A doctor

If I had to cook all of my meals, I'd probably survive on: Anything I can remember or find in a recipe book and definitely a roast dinner on Sundays

Talent I would most like to have: The ability to break-dance



Midfielder/Forward, 5-8, Junior Los Gatos, CA (Los Gatos HS)

4



2008: NFHCA All-Academic selection ... appeared in 16 games, making seven starts ... only took four shots with three of those attempts resulting in goals ... notched one assist for seven points ... found the cage against Michigan State (Sept. 3), Appalachian State (Sept. 17) and Pacific (Nov. 7).

2007: NFHCA All-Academic selection ... competed in 15 games, making seven starts ... totaled six points, scoring two goals and dishing out two assists ... fired off eight shot attempts ... credited with her first career assist in a win over Davidson on Sept. 7 ... two days later against Appalachian State, scored her first career goal and added another assist ... came off the bench to score a goal against Radford on Nov. 2 ... collected two multi-shot games (Sept. 1 vs. Missouri State and Sept. 9 vs. Appalachian State) ... received her first collegiate start in the season opener against Boston College on Aug. 25.

High School: Four-year letterwinner in field hockey ... 2006 First Team CCS selection/Senior Player of the Year ... 2005 Second Team CCS honoree ... 2004 CCS Honorable Mention selection/Sophomore of the Year ... 2005 Second Team All-League pick ... 2005 Second Team CCS honoree ... team captain during her senior season ... also lettered in basketball and track and field.

Other Field Hockey: Two-time National Futures Tournament selection ... invited to the Junior Olympic camp in 2004.

Personal: Parents are Wayne and Sandra ... sister, Lyndsay, also competed in field hockey at Stanford ... major is undeclared.

▼ Care	er Sta	tistic	S			
Year	GP	G	Α	Pts.	Sh.	GW
2007	15	2	2	6	8	0
2008	16	3	1	7	4	0
Totals	31	5	3	13	12	0

▼ Getting to Know Jaimee Erickson

My favorite place that I have visited is: Galapagos Islands

If I could bring anything to Stanford from my hometown, it would be: $\mathsf{My}\ \mathsf{pugs}$

Do you have any superstitions/pregame rituals?: Eating peanut butter Something people would be surprised to know about me: I like to knit

Favorite food: Frozen yogurt

My favorite TV shows: Grey's Anatomy

If I had to cook all my meals, I would probably survive on: Smoothies

The biggest thrill of my life to date: When I got the family 1991 Toyota Prevla van on my 16th blrthday





2009 STANFORD FIELD HOCKEY

Camille Gandhi

Midfielder/Defender, 5-4, Junior London, England (The Latymer School)





2008: NorPac Player of the Year ... First Team All-NorPac ... NFHCA All-West Region First Team ... earned Third Team All-America honors from WomensFieldHockey.com ... played in 18 games, making 17 starts ... led team in assists (10) and shots (54) while scoring four goals and ranking second on the squad with 18 points ... notched two gamewinning goals ... registered at least three shots in a game on 10 different occasions ... in a 7-0 shutout of Pacific on Sept. 27, scored a goal and dished out three assists for a seasonhigh total of five points ... matched a career high with six shot attempts against Albany on Sept. 14 ... scored game-winning goal against California in double-overtime of the NorPac Tournament championship game on Nov. 8 while also recording five shot attempts ... tallied two assists against Davidson on Oct. 14.

2007: NorPac Rookie of the Year ... First Team All-NorPac ... NorPac All-Tournament Team selection ... named to the All-Rookie squad by WomensFieldHockey.com ... NFHCA All-Academic honoree ... started all 21 games ... ranked fourth on the squad with six goals to go along with five assists ... totaled 17 points ... fired off 35 shots ... ripped off at least three shots in a game on five different occasions ... against Missouri State on Sept. 1, tallied her first career goal and

assist while taking four shots in the victory ... recorded her first career multi-goal game with a pair of scores against Pacific on Sept. 2 ... credited with five shots against Longwood on Sept. 5 ... found the net and added an assist against Davidson on Sept. 7 ... took a career-

high six shots versus Northwestern on Oct. 13 ... provided an assist in Stanford's NorPac Tournament championship victory over California on Nov. 3.

e Year
NorPac
on ...
uad by
NFHCA
d all 21
uad with
assists ...
o shots ...
a game on
at Missouri
reer goal and

High School: Participated as a member of Southgate Hockey club U18 squad ... two-time team captain ... South England U18 captain in 2006 ... Southgate U18 captain in 2005-07 ... member of England Regional championship squad in 2007 ... 2006 Southgate Sixes Player of the Year ... 2004 European Championships silver medalist.

Other Field Hockey: Earlier this summer, was named to USA Field Hockey Women's Developmental Team and USA Women's Junior World Cup Team ... a dual national citizen, Gandhi was selected to the U.S. Under-21 National Team and led the U.S. past Chile with the game-winning overtime goal at the 2008 Junior Pan American Games in Mexico City ... competed for the U.S. Under-21 squad at the 2009 Australian Youth Olympic Festival in Sydney, starting all four games of the tournament ... invited to participate at U.S. Field Hockey's Junior National Camp ... selected as one of five representatives from the state of California to compete in the Woman's National Championship at the USA Field Hockey National Training Center.

Amateur Field Hockey: Selected to U18 training team in December after playing on the England U16 team that won the silver medal at the European Championships ... captain of the England U18 team.

Personal: Parents are Raj and Denise ... major is undeclared.

▼ Getting to Know Camille Gandhi

If I played another sport at Stanford It would be: Tennis

If I could bring anything to Stanford from my hometown, it would be: Oxford Street, tea and public transport

The biggest thrill of my life to date is: Paragliding in the Alps on skis

I'm most thankful for: My family

Favorite food: My mum's roast chicken

Least favorite food: Any fast food

My favorite movie: Ferris Bueller's Day Off

Ten years from now I hope to be: Successful and happy in whatever I chose to pursue

▼ Career Statistics **GW** Year GP G Pts. Sh. 2007 21 6 5 35 17 2008 10 18 54 2 18 4 **Totals** 39 10 35 89

2009 STANFORD FIELD HOCKEY



Emily Henriksson

Forward, 5-4, Freshman
Bell Canyon, CA
(Louisville HS)

17



Devon Holman

Midfielder/Forward, 5-6, Freshman Fallbrook, CA (Fallbrook HS)

20



High School: Four-year letterwinner in field hockey and team captain as a senior ... three-time MVP during her prep career, including Sunset League Best Offensive Player as a senior ... also received all-tournament honors as a junior.

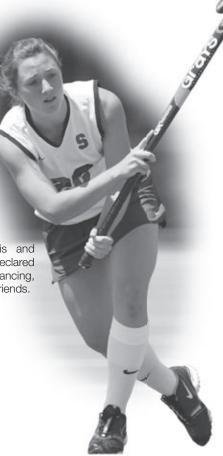
Other Field Hockey: Competed with the Hollywood club squad, earning Athlete of the Year honors in 2008 while helping guide her team to a runner-up finish in the 2007 Cal Cup as an U16 player ... four-year member of the Futures Elite organization ... selected to the Junior National Camp for two seasons ... also has two years of experience competing for the Olympic Development Select team and earned a spot in the USA Junior National Camp for the second straight year.

Personal: Parents are Ulf and Laura Henriksson ... has two sisters, AnnMarie and Nicole, and a brother, Luke ... major is undeclared ... member of Ensemble Royale, an advanced choir that has performed at The Disney Music Hall, San Francisco Bay Area Heritage Music Festival and various other venues.

2008: Redshirted the season.High School: Three-year

letterwinner in field hockey and soccer; also competed in track and lacrosse ... as a senior, was named Valuable Player Most while leading her team in goals and assists ... first-team all-league and all-section division last year ... 2007 member of the U19 National Futures Team and U19 San Diego National Indoor Team ... participated in club field hockey with Field Hockey Futures and Rush Field Hockey.

Personal: Parents are Dennis and Margot Holman ... major is undeclared ... hobbies include reading, dancing, baking and spending time with friends.



▼ Getting to Know Emily Henriksson

My most prized possession is: My fridge

I grew up thinking I was going to be a: World-famous singer

Best book I have ever read: Harry Potter series (1-7)

Favorite Food: Sushi

Least Favorite Foods: Raisins, cantaloupe

My favorite movie: The Goonies

My favorite TV shows: The Office, Bones

I'm afraid of: Balloons

▼ Getting to Know Devon Holman

My favorite place that I have visited is: Boston- I love all the history that took place there

Something people would be surprised to know about me: I have eight nieces and nephews

Favorite midnight snack: Cookie dough

Favorite vacation spot: I would love to take a trip to Europe- that is my perfect vacation

My favorite TV shows: What I Like About You

My most prized possession is: My pictures, because they are irreplaceable



2009 STANFORD FIELD HOCKEY

Julia LaSalvia

Goalkeeper, 5-3, Freshman Virginia Beach, VA (Cape Henry Collegiate School)

44



Kelsey Lloyd

Midfielder/Forward, 5-9, Freshman Shavertown, PA (The Taft School)

18



High School: Four-year letterwinner in field hockey and team captain during her senior season ... also as a senior, directed her team to a conference championship and appearance in the state semifinals ... that same season, was also tabbed all-conference, all-region and awarded a spot on the state all-tournament team ... also earned varsity letters in basketball and track.

Other Field Hockey:
Member of the Beach
Premier club organization
that was crowned 2007
National Hockey Festival
Champions ... selected to
the 2007 National Futures
Championships.

Personal: Parents are Ronald and Laura LaSalvia ... has one sister, Dani ... major is undeclared ... hobbies include photography, videography, listening to music and surfing.



High School: Four-year letterwinner in field hockey and team captain for one season ... her teams qualified for the league playoffs from 2006-08, including a state semifinal appearance in 2005 ... three-time conference all-star and two-time league all-tournament selection ... NFHCA first-team High School All-American and All-Region selection as a senior ... also lettered two years in lacrosse.

Other Field Hockey: Member of club teams Valley Styx and Pocono, earning a combined six gold medals during her tenure with both organizations ... four-time Junior National Camp member while traveling with the US U-18 and U-16 squads.

Personal: Parents Thomas and Susan Lloyd ... has one sister. Samantha. and one brother. Michael Samantha, sister, played field hockey at Brown ... hobbies include photography, water skiina and wakeboarding major is undeclared.



▼ Getting to Know Julia LaSalvia

Nickname: Jules

My most prized possession is: my IPod

If I could bring anything to Stanford from my hometown, it would be: My family and my dog, Phoebe

My favorite movie: Any Will Ferrell movie, especially Anchorman: The Legend of Ron Burgundy

My favorite TV shows: Friday Night Lights, The O.C.

My parents were right when they told me: Not to worry so much and live in the moment

I'm afraid of: Getting lost (which happens too often)

Talent I would most like to have: The ability to be in multiple places at once

▼ Getting to Know Kelsey Lloyd

If I played another sport at Stanford it would be: Soccer

If I could bring anything to Stanford from my hometown, It would be: Revello's Pizza and my dog, Kip

I grew up thinking I was going to be an: Artist

Favorite Food: Raspberries

My favorite TV shows: Law & Order, SVU, The Office

Ten years from now I hope to be: Happy and successful

I'm afraid of: Deep water

Talent I would most like to have: The ability to fly

2009 STANFORD FIELD HOCKEY



Jennifer Luther

Defender/Midfielder, 5-5, Senior N. Vancouver, British Columbia (Handsworth Secondary School)

111



2008: NFHCA All-Academic selection ... played in all 20 games, making 18 starts ... chipped in with four assists and six points ... attempted four shots ... scored her only goal of the year in a loss at Northeastern on Oct. 4, registering a career-best two shots in the process ... recorded assists against Central Michigan (Sept. 7), Appalachian State (Sept. 17), California (Nov. 1) and Pacific (Nov. 7).

2007: NFHCA All-Academic selection ... competed in seven games, all as a reserve ... fired off the first shot of her career against Radford on Oct. 30, with the attempt resulting in a goal during Stanford's 8-2 rout ... played in two of the club's three NorPac Tournament games.

2006: NFHCA All-Academic honoree ... competed in 19 games, making 18 starts ... chipped in with her only assist of the year in a 3-0 win against Appalachian State on Nov. 3 ... made her collegiate debut on Aug. 26 against Massachusetts.

High School: Played on the 2006 U-18 BC Provincial Team ... played on the 2005 BC Provincial Team (national champions) ... played on the 2004 U-16 BC Provincial Team (assistant captain, national silver medalist) ... West Vancouver FHC Adanacs Select Travel Team (2004 and 2005 USFHA National Hockey Festival) ... BC Field Hockey Regional/Zone teams (2001-05, U-14/U-16/U-18) ... co-captain her senior year, as team finished third in the league and seventh in Provincials ... First Team AAA All-Star in 2006 ... three-time Athlete of the Year and Scholar-Athlete of the Year ... co-captain of the North Shore Selects Soccer Team for six years (three-time League Champions, back-to-back Nike Premier Provincial "A" Cup Champions, Canadian Club Nationals 2006) ... Whitecaps FC Super Y League Division Champions 2004 and 2005 (competed at National Championships)... Handsworth SS Senior Soccer 2005 and 2006, AAA First Team All-Star.

Personal: Parents are Doug and Shelley Luther ... major is English.

▼ Care	er Sta	tistic	S			
Year	GP	G	Α	Pts.	Sh.	GW
2006	19	0	1	1	0	0
2007	7	1	0	2	1	0
2008	20	1	4	6	4	0
Totals	46	2	5	9	5	0



▼ Getting to Know Jennifer Luther

Professional Aspirations: Law

My primary inspiration in sports is: To earn a spot on the Canadian National Team

If I could invite three people to dinner in history, they would be: Queen Elizabeth, Elton John, Liz Robinson

What makes Stanford University so special: The unique blend of talented athletes, high academic standing and a gorgeous campus

Favorite Food: Cookies

My parents were right when they told me: That I would regret quitting piano

Favorite midnight snack: Cold teriyaki chicken

What people don't know about me: I asked everyone to call me "tomato" for a while when I was little

2009 FIELD HOCKEY MEDIA GUIDE



2009 STANFORD FIELD HOCKEY

Katie Mitchell

Midfielder/Forward, 5-4, Freshman Monte Sereno, CA (Saint Francis HS)





Alessandra Moss

Goalkeeper, 5-5, Sophomore New York, NY (Phillips Academy Andover)

42



2008: Redshirted the season.

High School: Three-year letterwinner in field hockey and soccer ... First Team All-League and First Team Central Coast Section during her senior

season ... served as her field hockey team's captain last year ... also enjoyed a successful soccer career, earning First Team Central Coast Section and Honorable Mention All-League accolades.

Personal: Parents are Michael and Susie Mitchell ... major is undeclared ... hobbies include painting, reading, singing and playing sports.

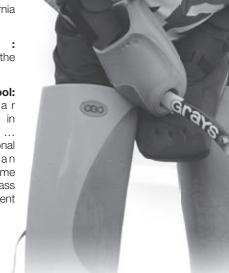


2008: Second Team All-NorPac honoree ... NorPac All-Tournament Team selection ... played in 19 games, making 15 starts ... made 111 saves, translating into a percentage of 77.6 ... sported a GAA of 1.77 ... posted a 9-9 mark in the cage ... notched two shutouts (vs. Pacific on Sept. 27 and Davidson on Oct. 14) ... recorded a career-high 13 saves twice, against lowa on Sept. 13 and versus California on Nov. 8 in the NorPac Tournament championship game ... made at least six saves on nine different occasions ... established a reputation as one of the nation's top penalty stroke stoppers,

as one of the nation's top penalty stroke stopper allowing opponents to convert just one of four opportunities ... helped guide Stanford to its first penalty-stroke victory since 2005 when she turned away Pacific on Oct. 26 for a 2-1 Stanford win ... finished with 10 saves in a loss at Princeton on Nov. 11 in an NCAA Play-In contest ... stopped eight shots in a win over California on Nov. 1.

2 0 0 7 : Redshirted the season.

High School:
Four-year
letterwinner in
field hockey ...
2006 Regional
All-American
... three-time
NEPSAC Class
AAll-Tournament



▼ Getting to Know Katle Mitchell

My favorite place that I have visited is: Spoleto, Italy

The biggest thrill of my life to date is: Jumping off of Ralnbow Falls in Yosemite

Favorite Food: Chinese chicken salad

If I could invite three people to dinner in history, they would be: Audrey Hepburn, Steve McQueen and Michaelangelo

I'm afraid of: Tiny spaces

If I played another sport at Stanford It would be: Soccer

▼ Car	eer	Statist					
Year	GP	Min.	GA	GAA	Sv.	Sho.	Rec.
2007	0	0	0	0.00	0	0	0-0
2008	19	1264:32	32	1.77	111	2	9-9
Totals	19	1264:32	32	1.77	111	2	9-9

2009 STANFORD FIELD HOCKEY

▼ Getting to Know Alessandra Moss

Nickname: Ale

My most prized possession is: My pet lizard, Gil

Do you have any superstitions/pre-game rituals?: I listen to opera

Best book I have ever read: The Fountainhead by Ayn Rand

Favorite Food: Sushi

Favorite movie: The Ladies Man

Favorite TV show: Dexter

Ten years from now I hope to be: On vacation somewhere

If I had to cook all of my meals, I'd probably survive on: Eggs

Team selection (2004, 2005, 2006) ... participated in the 2006 National Futures Tournament ... guided squad to a final appearance in 2006, quarterfinal showing in 2005 and semifinal berth in 2004 ... three-time All-New England All-Tournament pick (2004, 2005, 2006) ... also a four-year letterwinner in ice hockey, two-year letterwinner in track and field and lettered one season in lacrosse.

Personal: Parents are Robert Moss and Michela Nonis ... major is undeclared.

Rachel Mozenter

Forward, 5-3, Senior Gahanna, OH (Columbus Academy)



2008: NFHCA All-Academic recipient ... participated in all 20 games, making 11 starts ... scored three goals, including the game-winner against Central Michigan on Sept. 7 while taking three shots ... also found the cage against Pacific (Sept. 27) and Princeton (Nov. 11) ... chipped in with an assist against Michigan on Sept. 5 ... tallied 18 shots.

2007: Participated in all 21 games, making 20 starts ... finished third on the team in goals (8), assists (4) and points (20) ... ranked fourth in shots (33) ... registered two multi-goal performances on the year ... racked up at least three shots in a game on four different occasions ... against Davidson on Sept. 7, she found the net twice and dished out one assist while taking a career-high six shots ... totaled six points against Georgetown on Oct. 20, contributing two goals and two assists ... fired off four shot attempts against Radford on Nov. 2 ...tallied three shots against Pacific on Sept. 2 and California on Sept. 28.

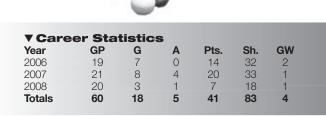
2006: Played in 19 games, making 11 starts ... ranked third on the club in goals (7) and points (14) ... ranked fourth in shots with 32 ... recorded multi-goal performances twice, against Pacific on Sept. 21 and Longwood on Oct. 22 ... fired off a season-best five shots three different times: against Northwestern on Sept. 15, Pacific on Sept. 21 and Appalachian State on Nov. 3 ... provided two game-winning goals

... ripped off at least three shots in a game on six different occasions ... made her first career start against Northwestern on Sept. 15 ... made her collegiate debut against Massachusetts on Aug. 26.

High School: A four-year letterwinner and starter since her sophomore season ... All-Ohio selection and nominated as an All-American ... two-

time first team all-league ... helped team to three state championship final game appearances, including two state championships ... team captain as a senior ... also a four-year varsity letterwinner in basketball and lacrosse ... first team All-American in lacrosse, a three-time all-league selection. and a two-time offensive MVP ... two-time MVP in basketball as well as a twotime honorable mention All-League selection ... Academic All-American ... Recipient of the Plessinger Cup for the areatest contribution to female athletics in the senior class ... Academic All-Ohio ... NFHCA Scholar-Award winner.

Personal: Parents are Mike and Karen Mozenter ... major is engineering.



▼ Getting to Know Rachel Mozenter

Nickname: Moz, Q, and many other variations. It is least likely that someone on the team will call me 'Rachel'.

My most prized possession is: My pillow

If I played another sport at Stanford It would be: Lacrosse

If I could bring anything to Stanford from my hometown, it would be: The changing seasons (maybe just some snow once in awhile)

Favorite Food: Mango

Favorite movie: The Princess Bride

My favorite class at Stanford has been: Intro to Photography

Talent I would most like to have: The ability to fly

2009 FIELD HOCKEY MEDIA GUIDE



Beth Ridley

Goalkeeper, 5-9, Freshman Oakland, ME (Messalonskee HS)



Colleen Ryan

Midfielder/Forward, 5-2, Freshman **Huntington Beach, CA** (Huntington Beach HS)



2008: Redshirted the season ... appeared in the first four games of the season, making three starts ... played 214:06 in the cage, allowing 11 goals ... GAA was 3.60 ... made 22 saves ... best outing came in her collegiate debut, allowing one goal while making nine saves off the bench against Drexel on Aug. 30 in the season opener ... earned NorPac

> Rookie of the Week honors for her performance in that game, also becoming the first Cardinal keeper to stop a penalty stroke attempt since Emily Zander in 2003 ... made six saves against Michigan State on Sept. 3 ... tallied five saves against Michigan on Sept. 5.

> > High School: Four-year varsity starter and senior captain who registered 25 career shutouts ... Regional All-American and finalist for Miss Maine Field Hockey last year ... First team all-state and first team all-league honoree during her final two seasons ... in addition

Brenda Ridley ... major is undeclared ... hobbies include traveling, outdoor activities, reading and spending time with friends.

Sho.

0

Rec.

0-2

Sv.

22

to several other All-Star honors by local publications, was a three-vear member of the Futures club team ... competed at the National Festival for three seasons. Personal: Parents are Bill and

•	Getting	to	Know	Beth	Ridley	

Min.

214:06

214:06

GA

GAA

3.60

▼ Career Statistics

GP

Nickname: Tom Riddle

Year

2008

Totals

If I could bring anything to Stanford from my hometown, it would be: My fat cat Ronald and the Early Bird

People would be surprised to know that our team: Has amazing dance

The biggest thrill of my life to date; Overcoming my fear of roller coasters

Favorite TV show: Grey's Anatomy

My parents were right when they told me: They would always support me but I had to make my own decisions

I'm afraid of: Sleeping through my alarm

Talent I would most like to have: A photographic memory

High School: Four-year letterwinner in field hockey and team captain as a senior ... member of two Southern Section Sunset League championship teams ... followed a 2007 CIF Southern Section title with a runner-up finish one year later ... NFHCA Regional High School All-American selection as a senior ... two-time allsection and all-league honoree ... also a three-time letterwinner in track and field.

Other Field Hockey: Competed three seasons with the Hollywood Athletics Club/OC Field Hockey squad ... her Mulligan Field Hockey club team was crowned 2008 National Field Hockey Festival pool winners ... selected to the National Futures Championships during the 2007 and 2008 campaigns.

Personal: Parents are Michael and Celeste Ryan ... has one brother, Christopher ... major is undeclared ... considering pursuing a major in biomechanical engineering ... hobbies include running, ceramics and walking her dog.



My most prized possession is: My Cardinal blanket that is super soft

Do you have any superstitions/pre-game rituals?: Get super-focused while listening to music

If I played another sport at Stanford It would be: Track

If I could bring anything to Stanford from my hometown, it would be: My dog, Shasta

The biggest thrill of my life to date: Camping in Yosemite

Favorite Food: Watermelon

My favorite TV show: House, CSI

My parents were right when they told me: Always do my best

2009 STANFORD FIELD HOCKEY

Alysha Sekhon

Forward, 5-2, Freshman W. Vancouver, British Columbia (Collingwood School)

12



Marlana Shile

Forward, 5-3, Senior Los Gatos, CA (Los Gatos HS)

19



High School: Four-year letterwinner in field hockey, and a two-time team captain ... during her senior campaign, team was crowned British Columbia AA High School Provincial champions and North Shore AA High School League champions ... earned MVP honors in each of her last two years ... two-time first team North Shore AA Athletic Association All-Star ... also participated in basketball, soccer and track.

Other Field Hockey: Competed for the West Vancouver Field Hockey Club and Meralomas Field Hockey Club squad ... selected to represent her regional and provincial teams at the Canadian National Championships.

Personal: Parents are Suki and Desha Sekhon ... has a sister, Vanessa, and two brothers, Harrison and Ryan ... major is undeclared ... hobbies include dance, exercising, watching sports and listening to music.

2008: NFHCA All-Academic recipient ... participated in 12 contests, all off the bench ... attempted five shots, including a season-high three against Pacific on Sept. 27.

2007: NFHCA All-Academic honoree ... played in 16 games while making six starts ... totaled nine points thanks to three goals and three assists ... took 14 shots overall ... against Pacific on Sept. 2, contributed her first career goal and assist while taking two shots ... also recorded a goal and an assist versus Davidson on Sept. 7 ... blasted a career-high four shots and chipped in with an assist against Appalachian State on Sept. 9 ... chipped in with three shots against Longwood on Sept. 5 ... picked up her third goal of the year in a win

2006: NFHCA All-Academic selection ... saw action in five games ... registered one shot attempt on the year against Appalachian State on Oct. 12 ... made her collegiate debut on Sept. 1 versus Wake Forest.

over Georgetown on Oct. 20.

High School: A standout studentathlete at Los Gatos High School ... helped her team win two CCS championships ... also helped Los Gatos to three league titles ... team captain ... All-CCS and All-League honoree ... also a standout middle distance runner in track ... earned the Award of Recognition for attaining a 4.0+ GPA ... Wellesley College Book Award winner ... featured in Who's Who Among American High School Students ... Track Captain, Rotary Club Scholarship recipient, Bank of America Liberal Arts Award Recipient.



▼ Getting to Know Alysha Sekhon

Nickname: Lysh

My most prized possession is: My teddy bear

Do you have any superstitions/pre-game rituals?: I always put my right sock/shinpad/cleat on before my left

If I played another sport at Stanford it would be: Soccer

If I could bring anything to Stanford from my hometown, it would be: Cactus Club Cafe

Least Favorite Food: Onions

Ten years from now I hope to be: A lawyer

I'm afraid of: small insects





2009 STANFORD FIELD HOCKEY

Other Field Hockey: Selected to play at the National Futures Tournament ... Regional Field Hockey Tournament participant.

Personal: Parents are Raymond and Judith Shile ... major is human biology.

▼ Getting to Know Mariana Shile

If I could bring anything from my hometown, it would be: My fat cat

Favorite vacation spot: anywhere with a beach

Something people would be surprised to know about me: I have never been on a Ferris wheel

In my off-time, I'm most likely to be found: With a coffee cup

Favorite food: Frozen yogurt

Least favorite food: Cottage cheese

If I had to cook all of my meals, I'd probably survive on: Egg whites

and pesto

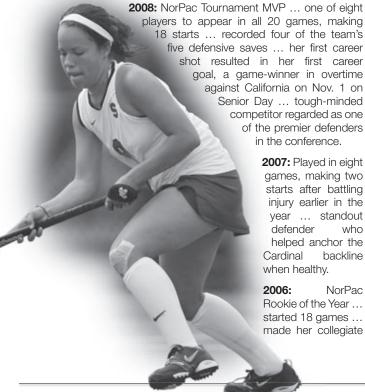
I'm afraid of: the open ocean

Nora Soza

Defender, 5-3, Senior San Jose, CA (Archbishop Mitty HS)







debut against Massachusetts on Aug. 26 when she was penciled into the starting lineup.

High School: The 2004 and 2005 Central Coast Section (CCS) Player of the Year ... First team all-league selection ... Archbishop Mitty High School Scholar-Athlete of the Year ... team captain and MVP ... two-time *San Jose Mercury-News* Player of the Year ... also played soccer and hockey.

Other Field Hockey: Participated in Futures for four years ... selected for the Regional team (2004, 2005, 2006).

Personal: Parents are Harry and Jan Soza ... major is human biology.

▼ Care	er Sta	tistic	S			
Year	GP	G	Α	Pts.	Sh.	GW
2006	18	0	0	0	0	0
2007	8	0	0	0	0	0
2008	20	1	0	2	1	1
Totals	46	1	0	2	1	1

▼ Getting to Know Nora Soza

Nickname: Ro, No, NoNo... those are the ones that rhyme

Do you have any superstitions/pre-game rituals?: The hair always has to work and a significant hair item is always clutch in making that happen. Giltter and sparkles usually do the trick

If I played another sport at Stanford it would be: Softball

If I could bring anything to Stanford from my hometown, it would be: Tobey, my puppy, but he comes to all the home games anyway

People would be surprised to know that our team: Practices yoga, I've gotten as far as the yoga gnome but everyone else seems to be yoga experts

The biggest thrill of my life to date: Scoring my first career goal against Cal on Senior Day in the pouring rain

FavorIte Food: Steak, mashed potatoes and a garden salad with tomatoes picked from the backyard

My favorite class at Stanford has been: Human Physiology taught by Dr. Garza

Katherine Swank

Forward, 5-5, Junior Richfield, OH (Hathaway Brown HS)

16



2008: Redshirted the season.

2007: NFHCA All-Academic selection ... competed in all 21 games, making 12 starts ... chipped in with two goals and two assists for a total of six points ... tallied nine shot attempts ... registered her first career assist in a win over Pacific on Sept. 30 ... factored into the Cardinal's scoring during the NorPac Tournament, contributing two goals and adding one assist over a stretch of three games.

PLAYER PRO

2009 STANFORD FIELD HOCKEY





2006: NFHCA All-Academic honoree ... played in 12 games ... registered two shot attempts on the year (vs. Wake Forest on Sept. 1 and vs. California on Nov. 4) ... made her collegiate debut on Aug. 26 against Massachusetts.

High School: All-state and allleague player several times ... also honored as a scholar-athlete (Academic All-American in 2005) ... helped her team to the Ohio state semifinals in 2003, 2004 and 2005.

Personal: Parents are David Swank and Clare Paquelet ... major is communication.

▼ Career Statistics											
Year	GP	G	Α	Pts.	Sh.	GW					
2006	12	0	0	0	2	0					
2007	21	2	2	6	9	1					
2008	-	-	-	-	-	-					
Totals	33	2	2	6	11	1					

▼ Getting to Know Katherine Swank

My most prized possession is: My set of CUTCO knives. I love to cook!

If I could bring anything to Stanford from my hometown, it would be: My horse and Draeger's ice cream

People would be surprised to know that our team: Has impromptu water-coloring sessions between practices

Least Favorite Food: Things that come from the ocean

My favorite class at Stanford has been: The Human Biology core

If I had to cook all of my meals, I'd probably survive on: Cornbread. Or maybe chicken salad... my mom's recipe!

Talent I would most like to have: To be able to touch my toes

Xanthe Travios

Midfielder, 5-1, Junior Staffordshire, England (Newcastle-Under-Lyme School)





2008: First Team West Region NFHCA All-American ... First Team All-NorPac honoree ... NorPac All-Tournament Team ... NFHCA All-Academic selection ... appeared in 17 games, making 15 starts ... third on the team in goals (6) and second in shot attempts (40) ... also tallied four assists for a total of 16 points ... trailing 1-0 with only four minutes remaining in regulation against California on Nov. 8, converted on Stanford's first successful penalty stroke attempt in three years ... tallied at least three shots on seven different occasions ... fired off a season-best five shots against Davidson on Oct. 14, also contributing one goal and one assist for five points ... against Princeton on Nov. 11 in an NCAA Play-In game, scored one goal and took shots, giving her two career goals in postseason play ... also found the cage against Central Michigan (Sept. 7), Longwood (Sept. 21) and Holy Cross (Oct. 6).

2007: First Team West Region NFHCA All-American ... named to the All-Rookie squad by WomensFieldHockey.com ... First

Team All-NorPac ... NorPac All-Tournament selection ... NFHCA All-Academic honoree ...one of five players to start all 21 games ... led team in shots (71) and game-winning goals (5) ... finished second on the club in goals scored (9), points (23) and assists (5) ... her most notable gamewinning goal came in Stanford's 1-0 victory over Lock Haven in the NCAA play-in game that secured an NCAA Tournament berth ...







2009 STANFORD FIELD HOCKEY

Other Field Hockey: Represented England's U21 team at the 2008 EuroHockey Junior Nations Championships ... played for the England U18 National Team for two seasons, leading her teams to two gold medals in the 4 Nations Tournament ... in 2006, named 4 Nations Tournament MVP ... England U16 team captain ... youngest member of the England U21 training squad for the most recent World Cup ... captured gold medal as a member of the Great Britain U21 squad at the Youth Olympics in Australia ... played for the Fyffes Leicester Ladies Hockey Club, which plays in the National Premier league ... claimed the National league title as well as the National Club Cup with Leicester.

Personal: Parents are John and Candi Travlos ... major is philosophy.

▼ Care	er Sta	tistic	S				
Year	GP	G	Α	Pts.	Sh.	GW	
2007	21	9	5	23	71	5	
2008	17	6	4	16	40	1	
Totals	38	15	9	39	111	6	

▼ Getting to Know Xanthe Travios

My most prized possession is: My music collection

If I could bring anything to Stanford from my hometown, it would be: The Queen!

In my off-time, I'm most likely to be found: Eating and sleeping, or sleeping and eating, then eating and sleeping

I'm most thankful for: The California weather
Favorite movies: Garden State, Finding Nemo

My parents were right when they told me: I was not going to grow any taller

Favorite midnight snack: cereal with ice cold milk

Favorite vacation spot: The little Greek Island (Ithaka) where my

grandparents live

Midori Uehara

Midfielder/Forward, 5-5, Senior Larchmont, NY (Mamaroneck HS)





2008: Second Team All-NorPac honoree ... NFHCA All-Academic selection ... appeared in 20 contests, making 12 starts ... continued to emerge as one of Stanford's elite players, leading the club in goals (11) and points (22) while ranking fourth in shots (26) ... notched two gamewinning goals ... produced one of the best offensive performances in program history when she scored four goals on four shots in a win over Pacific on Sept. 27, becoming the first Stanford player to score four goals in a match since at least 1998 ... enjoyed another multi-goal game against Davidson on Nov. 6, scoring twice while taking a career-high six shots ... 10 of her 11 goals came against NorPac opponents ... started seven of the season's last eight games.

2007: NFHCA All-Academic selection ... played in 15 contests, making six starts ... totaled seven points (three goals, one assist) ... ripped off 12 shot attempts ... recorded her first career shot against Northwestern on Oct. 13 ... scored her first career goal against Louisville on Oct. 19 ... made her first career start and added her second goal of the year on Oct. 20 against Georgetown ... two days later, scored another goal and tallied two shots at Indiana ... blasted a career-high four shots and chipped in with an assist against Appalachian State on Nov. 1.

2006: NFHCA All-Academic honoree ... participated in one game, coming off the bench during a 5-1 victory over Columbia on Sept. 3.

High School: A two-time all-state selection (2004, 2005) ... three-time all-league selection ... during the 2005 season, won the Golden Dozen Award, was Con-Edison Athlete of the Week ... gained All-Tournament honors at the 2004 New York state tournament ... 2006 AP Chemistry Award winner ... Penn Monto Academic All-American ... National Merit Scholar ... Valedictorian ... The Bausch & Lomb Science Award winner (2005) ... hobbies include photography, soccer and fencing.

Other Field Hockey: Played on the gold medal 2005 Empire State field hockey team.

Personal: Parents are Hiroshi Uehara and Gertrude Pfaffenbach ... major is human biology.





▼ Care	er Sta	tistic	5				
Year	GP	G	Α	Pts.	Sh.	GW	
2006	1	0	0	0	0	0	
2007	15	3	1	7	12	0	
2008	20	11	0	22	26	2	
Totals	36	14	1	29	38	2	

▼ Getting to Know Midori Uehara

Nickname: Meacho, Meed/Mid, Potato

If I could bring anything to Stanford from my hometown, it would be: My cat

I grew up thinking I was going to be a: Writer Best book I have ever read: Winesburg, Ohio

Favorite Food: Gummy candies

My favorite movie: Forrest Gump

If I could invite three people to dinner in history, they would be: Abraham Lincoln, Cleopatra, Galileo

I'm afraid of: Spiders





No.	Player	G-GS	G	Α	Pts	Sh	Shot Pct.	GW	PS-AT	DS
3	Midori Uehara	20-12	11	0	22	26	.423	2	0-0	0
2	Camille Gandhi	18-17	4	10	18	54	.074	2	0-0	0
10	Stephanie Byrne	20-18	8	1	17	32	.250	1	0-0	0
9	Xanthe Travlos	17-15	6	4	16	40	.150	1	1-1	0
22	Katherine Donner	20-10	3	3	9	8	.375	1	0-0	0
12	Bailey Richardson	17-15	2	5	9	20	.100	0	0-0	0
7	Rachel Mozenter	20-11	3	1	7	18	.167	1	0-0	0
4	Jaimee Erickson	16-7	3	1	7	4	.750	0	0-0	0
11	Jennifer Luther	20-18	1	4	6	4	.250	0	0-0	0
8	Hillary Braun	20-18	0	6	6	13	.000	0	0-0	0
5	Nora Soza	20-18	1	0	2	1	1.000	1	0-0	4
19	Marlana Shile	12-0	0	0	0	5	.000	0	0-0	0
17	Chloe Bade	9-0	0	0	0	3	.000	0	0-0	1
14	Heather Alcorn	20-18	0	0	0	2	.000	0	0-0	0
42	Alessandra Moss	19-15	0	0	0	0	.000	0	0-0	0
32	Beth Ridley	4-3	0	0	0	0	.000	0	0-0	0
21	Rachel Bush	7-2	0	0	0	0	.000	0	0-0	0
Totals	;	20	42	35	119	230	.183	9	1-1	5
Oppo	nents	20	43	33	119	267	.161	11	1-5	4
No.	Player	G-GS	Min.	GA	GAA	sv	Pct.	W	L T	Sho.
42	Alessandra Moss	19-15	1264:32	32	1.77	111	.776	9	9 0	2
32	Beth Ridley	4-3	214:06	11	3.60	22	.667	0	2 0	0
Totals	•	20	1478:38	43	2.04	133	.756	9	11 0	2
Oppo	nents	20	1478:38	42	1.99	96	.696	11	9 0	2

2008 Final Results

Date 8/30 9/3 9/5 9/7	Opponent DREXEL at No. 10 Michigan State at No. 9 Michigan Central Michigan (1)	Score L 3-1 L 3-2 (OT) L 5-1 W 3-2	Overall 0-1-0 0-2-0 0-3-0 1-3-0	NorPac 0-0-0 0-0-0 0-0-0 0-0-0	Att. 114 122 492 237	Goals Scored (Assist) Donner (Gandhi) Byrne (Richardson), Erickson (Richardson) Byrne (Mozenter) Travlos (unassisted), Gandhi (Braun, Luther),
9/13	NO. 4 IOWA	L 3-2	1-4-0	0-0-0	103	Mozenter (unassisted) Byrne (unassisted), Byrne (Donner) Richardson (Luther), Uehara (unassisted), Erickson (unassisted), Donner (Richardson)
9/14	NO. 19 ALBANY	L 1-0	1-5-0	0-0-0	73	
9/17	at Appalachian State*	W 4-1	2-5-0	1-0-0	271	
9/19	vs. Radford* (2)	L 1-0 (OT)	2-6-0	1-1-0	37	Travlos (Gandhi, Braun) Uehara (Gandhi), Uehara (Gandhi), Mozenter (unassisted), Gandhi (unassisted), Uehara (Gandhi), Uehara (Erickson), Donner (unassisted)
9/21	vs. Longwood* (2)	L 2-1 (OT)	2-7-0	1-2-0	65	
9/27	PACIFIC	W 7-0	3-7-0	1-2-0	173	
10/4	at Northeastern	L 3-2	3-8-0	1-2-0	368	Luther (Braun), Uehara (Travlos) Travlos (unassisted) Travlos (Gandhi), Uehara (Gandhi), Byrne (Travlos) Uehara (Richardson) Byrne (Travlos), Donner (unassisted) Uehara (Luther, Travlos), Soza (Gandhi) Gandhi (Braun, Donner), Uehara (unassisted), Richardson (Braun), Uehara (Gandhi)
10/6	at Holy Cross	L 2-1 (OT)	3-9-0	1-2-0	112	
10/14	DAVIDSON*	W 3-0	4-9-0	2-2-0	168	
10/24	at No. 15 California	L 2-1	4-10-0	2-2-0	178	
10/26	at Pacific*	W 2-1 (PS)	5-10-0	3-2-0	295	
11/1	NO. 16 CALIFORNIA*	W 2-1 (OT)	6-10-0	4-2-0	307	
11/6	Davidson (3)	W 4-2	7-10-0	4-2-0	150	
11/7 11/8 11/11	Pacific (3) No. 16 California (3) at No. 9 Princeton (4)	W 3-2 W 2-1 (2OT) L 8-2	8-10-0 9-10-0 9-11-0	4-2-0 4-2-0 4-2-0	112 341 267	Byrne (Richardson), Erickson (Luther), Byrne (Gandhi) Travlos (penalty stroke), Gandhi (unassisted) Mozenter (Byrne), Travlos (Donner, Braun)

⁽¹⁾ at Ann Arbor, MI

⁽²⁾ at Davidson, N.C.

⁽³⁾ NorPac Championship at Farmville, VA (4) NCAA Play-In Game at Princeton, N.J. * denotes NorPac game HOME GAMES IN CAPS



Year-by-Year Records

Year 2008 2007 2006	Overall 9-11 13-8 9-10	4-2 5-1 5-1	Conference Finish 2nd NorPac T-1st NorPac 2nd NorPac	Postseason NCAA Play-In NCAA 1st Rd.	Head Coach Lesley Irvine Lesley Irvine Lesley Irvine
2005	7-14	4-2	3rd NorPac		Lesley Irvine
2004	8-12	0-6	4th NorPac		Lesley Irvine
2003	6-13	2-4	3rd NorPac		Lesley Irvine
2002	10-11	4-2	2nd NorPac		Sheryl Johnson
2001	11-8	5-1	T-1st NorPac		Sheryl Johnson
2000	13-11	4-2	1st NorPac	NCAA 1st Rd.	Sheryl Johnson
1999	9-9	4-1	2nd NorPac		Sheryl Johnson
1998	13-5	5-0	1st NorPac		Sheryl Johnson
1997	16-6	4-1	1st NorPac		Sheryl Johnson
1996	10-3		1st NorPac		Sheryl Johnson
1995	8-7	5-2	2nd NorPac	NCAA 1st Rd.	Sheryl Johnson
1994	4-8	2-4	3rd NorPac		Sheryl Johnson
1993	8-8	4-3	2nd NorPac		Sheryl Johnson
1992	4-9-2	2-3-1	2nd NorPac		Sheryl Johnson
1991	10-4	5-1	1st NorPac	NCAA 1st Rd.	Sheryl Johnson
1990	8-5-1	5-0-1	1st NorPac	NCAA 1st Rd.	Sheryl Johnson
1989	1-13-3	1-3-2	4th NorPac		Sheryl Johnson
1988	8-5-2	2-2-2	3rd NorPac		Sheryl Johnson
1987	10-6-1	6-1-1	1st NorPac	NCAA 1st Rd.	Sheryl Johnson
1986	12-5-1	6-1-1	1st NorPac	NCAA 2nd Rd.	Sheryl Johnson
1985	10-4-1	6-1-1	1st NorPac	NCAA 1st Rd.	Sheryl Johnson
1984	9-7	4-4	3rd NorPac		Onnie Killefer
1983	10-8-1	5-3	3rd NorPac		Onnie Killefer
1982	10-4-1	4-2	T-2nd NorPac		Onnie Killefer
1981	6-5-3	3-2-2	3rd NorCal		Onnie Killefer
1980	6-8-4	2-3-1	4th NorCal		Barbara Longstreth
1979	13-5-3	4-1-1	2nd NorCal	AIAW (13th, 1-2)	Barbara Longstreth
1978	8-4-5	3-1-1	T-2nd NorCal		Barbara Longstreth
1977	9-3-2	3-2-2	3rd NCIAC		Barbara Longstreth
1976	12-3	5-1	3rd NCIAC	AIAW (1-2)	Shirley Schoof
1975	5-0-1	5-0-1	1st NCIAC	AIAW	Shirley Schoof
1974	5-2-2	5-1	2nd NCIAC		Shirley Schoof



Year 2008 2007	Goals Uehara (11) Zutz (13)	Assists Gandhi (10) Braun, (6)	Points Uehara (22) Zutz (32)	Shots Gandhi (54) Travlos (71)	Saves Moss (111) Bell (199)
	,	Zutz	,	, ,	, ,
2006	Zutz (13)	Zutz (8)	Zutz (34)	Zutz (57)	Bell (109)
2005	Hussey (9)	Halliday (5)	Hussey (19)	Zutz (49)	Bell (60)
2004	Zutz, (6)	Erickson (4)	Zutz, (14)	Zutz (42)	Kralovec (125)
	Robinson	,	Robinson		,
2003	Lopresti (10)	Lopresti (6)	Lopresti (26)	Lopresti, (44) Sturdevan	Zander (122)
0000	D:II (4.0)		D:::. (0.0)		7 / (50)
2002	Billmyer (10)	Morgan, (6) Williams	Billmyer (23)	Williams (76)	Zander (50)
2001	Swesey (11)	Herman (4)	Swesey (24)	Swesey (45)	Shapiro (112)
2000	Swesey (9)	Swesev (7)	Swesey (25)	Stai (73)	Shapiro (148)
1999	Banuelos (9)	Billmyer, (4)	Banuelos (20)	Banuelos (53)	Shapiro (71)
1000	Dai 140100 (0)	Williams	Barra0100 (20)	Bai 140100 (00)	Griapiro (7 1)
1998	Leroux (14)	Cloyd, (7)	Leroux (35)	Leroux (69)	Crowley (44)
	,	Leroux	,	,	, ,
1997					
1996					
1995	Medeiros (6)	Leroux (8)	Medeiros (17)	Leroux (71)	
1994	Marfil (11)	Syer (18)	Syer (26)	Marfil (67)	Naylor (132)
	` '	, , ,	, , ,	` '	, ,
1993	Hallock (25)	Syer (6)	Hallock (52)		Hidalgo (101)



Sara Hallock, a two-time All-American and twotime NorPac Player of the Year, finished third in the nation in scoring with 25 goals during her senior campaign in 1993.



Nancy White was a two-time AIAW AII-American and member of the 1980 U.S. Olympic Team.

ALL-TIME HONORS

2009 STANFORD FIELD HOCKEY



All Time Honors

NFHCA All-Americans

Karen Chamberlain, Ami Chitwood, Maree Chung, Sara Hallock, Patsy Huntington, Karen Jones, Onnie Killefer, Elise Morgan, Alison Smith, Nancy White, Justina Williams, Andi Wolpert

NFHCA Regional All-Americans

2008: Camille Gandhi (*First Team*), Xanthe Travlos (*Second Team*)

2007: Xanthe Travlos (First Team), Jess Zutz (First Team)

2006: Aska Sturdevan (Second Team) **2005**: Missy Halliday (Second Team)

2002: Tysie Sawyer (Second Team), Christina Williams (Second Team)

2001: Erica Swesey (Second Team)

2000: Michelle Scott

1999: Mallory Chambers (Second Team), Sarah Medeiros (Second Team)

1998: Carey Cloyd, Monique Leroux, Justina Williams 1997: Carey Cloyd, Monique Leroux, Justina Williams

1996: Carey Cloyd, Karla Peterson

WomensFieldHockey.com All-Americans

2008: Camille Gandhi (Third Team) 2007: Jess Zutz (Third Team), Camille Gandhi (All-Rookie Team), Xanthe Travlos (All-Rookie

All-NorPac Selections

2008: Camille Gandhi (First Team, Player of the Year), Xanthe Travlos (First Team), Alessandra Moss (Second Team), Bailey Richardson (Second Team), Midori Uehara (Second Team), Stephanie Byrne (Rookie of the Year)

2007: Camille Gandhi (First Team, Rookie of the Year), Xanthe Travlos (First Team), Jess Zutz (First Team, Offensive Player of the Year), Madison Bell (Second Team), Bailey Richardson (Second Team), Rachel Bush (Julie Nagel Extraordinary Teammate Award), Lesley Irvine (Coach of the Year)

2006: Julia Drewes (First Team), Aska Sturdevan (First Team), Jess Zutz (First Team), Madison Bell (Second Team), Bailey Richardson (Second Team), Nora Soza (Rookie of the Year), Chloe Bade (Julie Nagel Extraordinary Teammate Award)

2005: Missy Halliday (*First Team*), Caroline Hussey (*First Team, Rookie of the Year*), Aska Sturdevan (*First Team*), Jess Zutz (*Second Team*)

2004: Eleanor Morgan *(First Team)*, Aska Sturdevan *(Second Team)*, Jess Zutz *(Second Team)*, West Division Rookie of the Year)

2003: Cara-Lynn Lopresti (*First Team, West Division Rookie of the Year*), Dani Guernsey (*Second Team*)

2002: Amanda Billmyer (First Team), Amrit Chima (First Team), Christina Williams (First Team), Tysie Sawyer (Second Team, West Division Defensive Player of the Year)

2001: Rebecca Shapiro (*First Team*), Erica Swesey (*First Team*), Sara Herman (*Second Team*). Melissa Stai (*Second Team*)

2000: Michelle Scott *(MVP)*, Amanda Billmyer, Sara Herman, Melissa Stai

1999: Julie Gwozdz (*Defensive Player of the Year*), Mallory Chambers, Lindsey Dunagan, Sarah Medeiros

1998: Justina Williams (*Outstanding Offensive Player*), Carey Cloyd, Lissy Goralnik, Monique Leroux, Sheryl Johnson (*Coach of the Year*)

1997: Justina Williams (*Co-Player of the Year*), Carey Cloyd, Stephanie Finkelstein, Lissy Goralnik, Monique Leroux, Kelly Naylor, Sheryl Johnson (*Coach of the Year*)

1996: Karla Petersen (*Player of the Year*), Carey Cloyd, Lissy Goralnik, Amy Marfil, Sheryl Johnson (*Coach of the Year*)

1995: Elise Morgan (*Player of the Year*), Leah Jacobs, Amy Marfil, Kelly Naylor, Karla Petersen, Sheryl Johnson (*Coach of the Year*)

1994: Leah Jacobs, Elise Morgan, Karla Petersen, Tina Syer

1993: Sara Hallock *(Player of the Year)*, Danielle Beynet, Gina Bianchini, Tina Syer

1992: Sara Hallock (Player of the Year), Gina Bianchini, Christina Trevino, Kristina Vidal

1991: Chris Trevino (*Player of the Year*), Sara Hallock, Susan Leckrone, Kristina Vidal, Sheryl Johnson (*Coach of the Year*)

1990: Tricia McJennett (*Player of the Year*), Sara Hallock, Ellen Lee, Clare Stephens, Chris Trevino, Sheryl Johnson (*Coach of the Year*)

1989: Michelanne Baker, Clare Stephens, Chris Trevino

1988: Karen Jones (*Player of the Year*), Dana Fleming, Wanda Key, Alison Smith, Kat Thomas

1987: Ami Chitwood, Karen Jones, Alison Smith, Kat Thomas, Sheryl Johnson (Coach of the Year)

1986: Maree Chung, Dana Fleming, Karen Jones, Alison Smith, Kat Thomas, Andi Wolpert

1985: Karen Chamberlain (*Player of the Year*), Maree Chung, Suzanne Doi, Karen Jones, Andi Wolpert, Sheryl Johnson (*Coach of the Year*)

1984: Jen Bleakley, Karen Chamberlain, Patsy Huntington, Andi Wolpert

1983: Patsy Huntington, Bonny Warner

NorPac All-Tournament Selections

2008: Hilary Braun, Alessandra Moss, Nora Soza (MVP), Xanthe Travlos

2007: Madison Bell, Camille Gandhi, Bailey Richardson *(MVP)*, Xanthe Travlos, Jess Zutz

2006: Jamie Hais, Bailey Richardson, Jess Zutz

2005: Missy Halliday, Bailey Richardson **2004:** Liz Robinson, Jess Zutz

2003: Cara-Lynn Lopresti

2002: Noor Dawood, Tysie Sawyer, Christina Williams

2001: Amanda Billmyer, Erica Swesey, Christina Williams

2000: Sara Herman, Michelle Scott (MVP), Rebecca Shapiro, Melissa Stai

1999: Amanda Billmyer, Mallory Chambers, Julie Gwozdz, Michelle Scott

NFHCA Hall Of Fame

2005: Sheryl Johnson

U.S. Olympians

Sheryl Johnson, Nancy White U.S. Under-23 National Team Carey Cloyd, Justina Williams

U.S. Under-21 National Team

Camille Gandhi, Patsy Huntington, Karen Jones, Alison Smith

U.S. Under-20 National Team

Cara-Lynn Lopresti

U.S. Junior World Cup Team

Carey Cloyd, Sarah Medeiros, Justina Williams

U.S. National Team

Sheryl Johnson, Onnie Killefer, Nancy White

U.S. Developmental Team

Camille Gandhi

Sheryl Johnson Academic Award (NorPac)

2004: Eleanor Morgan 2003: Eleanor Morgan

NFHCA Division I North/South Senior All-Star Game Selections (South)

2007: Jess Zutz

2004: Lesley Irvine (head coach), Jordan Steele (assistant coach), Eleanor Morgan

2002: Sheryl Johnson (head coach)

NFHCA Division I Academic Squad Selections

2008 (announced in 2009): Heather Alcorn, Chloe Bade, Jaimee Erickson, Jennifer Luther, Katie Mitchell, Rachel Mozenter, Bailey Richardson, Marlana Shile, Katherine Swank, Xanthe Travlos, Midori Uehara

2007 (announced in 2008): Heather Alcorn, Chloe Bade, Madison Bell, Katherine Donner, Julia Druce, Jaimee Erickson, Camille Gandhi, Caroline Hussey, Jennifer Luther, Annika Alexander-Ozinskas, Bailey Richardson, Marlana Shile, Katherine Swank, Xanthe Traylos. Midori Uehara. Jess Zutz.

2006 (announced in 2007): Chloe Bade, Madison Bell, Catherine Brooks, Rachel Bush, Julia Drewes, Jamie Hais, Caroline Hussey, Jennifer Luther, Annika Alexander-Ozinskas, Bailey Richardson, Elizabeth Rabenstine, Marlana Shile, Aska Sturdevan, Katherine Swank, Midori Uehara, Jess Zutz

2005 (announced in 2006): Chloe Bade, Madison Bell, Julia Drewes, Lyndsay Erickson, Alexandra Fox, Jamie Hais, Missy Halliday, Caroline Hussey, Bailey Richardson, Liz Robinson, Tammy Shuer, Aska Sturdevan, Elizabeth Thompson

2004 (announced in 2005): Madison Bell, Katherine Brooks, Julia Drewes, Lyndsay Erickson, Jamie Hais, Missy Halliday, Ellen Hunter, Ana Kralovec, Eleanor Morgan, Liz Robinson, Tammy Shuer, Elizabeth Thompson

2003 (announced in 2004): Katherine Brooks, Noor Dawood, Shannon Donahue, Julia Drewes, Lyndsay Erickson, Jamie Hais, Missy Halliday, Ellen Hunter, Ana Kralovec, Cara-Lynn Lopresti, Keely Machmer-Wessels, Eleanor Morgan, Liz Robinson, Tammy Shuer, Aska Sturdevan, Emily Zander

2002 (announced in 2003): Amanda Billmyer, Amrit Chima, Noor Dawood, Lyndsay Erickson, Dani Guernsey, Missy Halliday, Ana Kralovec, Keely Machmer-Wessels, Eleanor Morgan, Liz Ott, Tammy Shuer, Lauren Steward, Vicki Ward, Christina Williams, Emily Zander

NCAA Tournament Appearances 9 (1985, 1986, 1987, 1990, 1991, 1995, 2000,

2007, 2008)

AIAW Postseason Appearances 3 (1975, 1976, 1979)

Varsity Field Hockey Turf

The Stanford field hockey program begins its 12th season on the Varsity Field Hockey Turf in 2009. The state-of-the-art facility was made possible by numerous donations, including generous contributions by the Levinson Family.

With a seating capacity of 500 and measuring over 111,000 square feet, the artificial turf surface is considered one of the top playing fields in the country and the premier surface in the NorPac Conference.

The 2009 campaign will feature the addition of lights to the facility, with night games on the ledger for the first time in school history. Four towers (90-foot poles) containing 30 1500-watt metal Halide Fixtures light the playing field. The poles feature the Total Light Control (TLC) visors, which efficiently direct light onto the playing surface while reducing the off-site glare to surrounding areas.

The Varsity Field Hockey Turf has served as the host site for the NorPac Conference Championship on three different occasions (1999, 2002 and 2007). Two years ago, Stanford captured the conference tournament crown with a 3-1 victory over California. Three days later, the Cardinal hosted an NCAA Tournament contest for the first time in school history, blanking Lock Haven 1-0 in a play-in game. Stanford will once again serve as the host site for the conference tournament in 2009.

In January of 2004, the facility hosted a pair of international field hockey series featuring the U.S. National Team in its preparation for 2004 Olympic qualifying matches. The Varsity Field Hockey Turf has also hosted the Sony Field Hockey Challenge, a two-day tournament bringing together a blend of collegiate and international competition, for three straight seasons.



2010 Stanford Field Hockey Camp

Directed by Stanford head coach Lesley Irvine

It is our goal to ensure that every athlete at the Stanford Field Hockey Camp receives expert coaching, the benefit of a curriculum that reflects the latest national and international thinking, and the opportunity to develop and refine their skills in a supportive and positive atmosphere. We believe in having fun and contributing to the development of the whole athlete.

U.S. Field Hockey Partner Camp

- For girls & young women ages 9 & up
- All skill levels welcome
- Outstanding coaching
- Small Groups
- Low camper to staff ratio
- Individual attention
- World-class turf field
- Outstanding athletic facilities

For more information and an application Email: lirvine@stanford.edu Phone: (650) 725-2578

Day Camp in San Diego (July 5-8)

- Stanford Field hockey Camp in Southern California
- Receive coaching from the Stanford staff and other highly qualified coaches in your own backyard
- Open to all ages and levels
- Includes goalkeeper instruction
- Teams welcome

Day Camp at Stanford (July 19-22)

- Recommended Intermediate to advanced players
- Goalkeeper instruction
- Teams welcome

Beginners Half-Day Camp at Stanford (July 19-22)

- Camp officially designed for those just getting started with field hockey
- Beginners only

Extended Day Camp at Stanford (July 24-28)

- Recommended Upper intermediate to advanced players
- Goalkeeper instruction
- Teams welcome
- No beginners please

Residence Camp at Stanford (July 24-28)

- Upper intermediate to advanced players
- Goalkeeper instruction
- Teams welcome
- No beginners please

NORPAC CONFERENCE

2009 STANFORD FIELD HOCKEY



Team	NorPac	Pct.	Overall	Pct.
California *	5-1	.833	13-5	.722
Stanford ^	4-2	.667	9-11	.450
Pacific	4-2	.667	6-12	.333
Radford	3-3	.500	9-12	.429
Longwood	3-3	.500	10-12	.454
Appalachian State	1-5	.167	2-17	.105
Davidson	1-5	.167	8-14	.363
4 1 1 1	,			

^{*} denotes regular season champions

Player of the Year: Camille Gandhi, Stanford

Offensive Player of the Year: Carla Binnewies, Longwood Defensive Player of the Year: Rachel Moffit, California

Rookie of the Year: Stephanie Byrne, Stanford Coach of the Year: lain Byers, Longwood

Sheryl Johnson Academic Excellence Award: Tyler Kirkland, Davidson Julie Nagle Extraordinary Teammate Award: Sarah Miceli, Pacific

NorPac First Team

Carla Binnewies, Longwood Britti Himelfarb, Davidson Ashley Glosz, California Stephanie McLamb, Radford Carolina Bistue, California Camille Gandhi, Stanford Katy McDonough, Pacific Rachel Moffit, California Andrea Lo, California Xanthe Travlos, Stanford Kelly Knoche, California

NorPac Second Team

Quantina Chau, Appalachian State Carra Bunner, Longwood Midori Uehara, Stanford Kathelijn van der Ven, Davidson Amanda Young, Appalachian State Tyler Kirkland, Davidson Christine Fairchild, Radford Lisa Muhl, Pacific Bailey Richardson, Stanford Lauren Van de Kamp, Longwood Alessandra Moss, Stanford

Stanford NorPac Player of the Week Honors

Offensive: Midori Uehara (Sept. 30), Nora Soza (Nov. 4)

Defensive: Alessandra Moss (Sept. 16), Alessandra Moss (Oct. 26)

Rookie: Beth Ridley (Sept. 2), Stephanie Byrne (Sept. 16), Alessandra Moss (Sept. 30)



















Stanford won the NorPac Tournament while Camille Gandhi (Player of the Year) and Stephanie Byrne (Rookie of the Year) earned individual honors.

NorPac History

Formed in 1982, the NorPac Conference has evolved over the past 27 years from an initial California membership to the current east and west blend. Three of the original teams include Pacific, Stanford and California. Both Appalachian State and Davidson accepted invitations to join in 2000, followed by Radford in 2001. Longwood was added to the conference in 2005 as a provisional member while reclassifying to a Division I membership. After fulfilling NCAA reclassification requirements, Longwood became eligible for its first conference tournament in 2007 and was the host for the 2008 championship.

UC Davis joins the NorPac conference for the 2009 season. After the Aggies' program was elevated from club to intercollegiate status, the NorPac Conference announced the addition of UC Davis as its newest member in July 2008.

The Aggies are eligible to complete in a full 2009 conference schedule, including the NorPac tournament held at Stanford on Nov. 5-7.

With the addition of UC Davis as the eighth member, the conference will re-establish Eastern and Western divisional play in 2009. The Aggies join California, Pacific and Stanford to make up the West Division. Appalachian State, Davidson, Longwood and Radford will form the East Division. The round-robin divisional play will culminate with the conference championship tournament for all eight members.

Stanford will be hosting its fourth NorPac Championship in 2009, having previously served as the host site in 1999, 2002 and 2007. The championship has been hosted three times by Saint Louis (1998, 2000, 2003). Davidson has hosted twice (2004, 2006) with Appalachian State (2001), California (2005) and Longwood (2008) serving as the host institution once.

In 1998, the growth and development of the NorPac as an NCAA single-sport conference was assisted by a three-year grant from the United States Olympic Committee (USOC) and the NCAA, as well as by a partnership with and support from the United States Field Hockey Association (USFHA). Through the grant opportunity, the restructuring of the conference included members California, Davis and Elkins College, Missouri State, Pacific, Saint Louis and Stanford.

Since 1999, the NorPac Field Hockey Conference has received an NCAA play-in opportunity or a conference automatic qualification (2005). Over the past decade NorPac representatives are 7-2 in NCAA play-in games.

[^] denotes NorPac Tournament champion

TANFORD UNIVERSITY 2009 STANFORD FIELD HOCKEY



Stanford University at a Glance

On October 1, 1891, the 465 new students who were on hand for opening day ceremonies at Leland Stanford Junior University greeted Leland and Jane Stanford enthusiastically, with a chant they had made up and rehearsed only that morning. Wah-hoo! Wah-hoo! L-S-J-U! Stanford! Its wild and spirited tone symbolized the excitement of this bold adventure. As a pioneer faculty member recalled, "Hope was in every heart, and the presiding spirit of freedom prompted us to dare greatly."

For the Stanford's on that day, the university was the realization of a dream and a fitting tribute to the memory of their only son, who had died of typhoid fever weeks before his sixteenth birthday. Far from the nation's center of culture and unencumbered by tradition or ivy, the new university drew students from all over the country: many from California; some who followed professors hired from other colleges and universities; and some simply seeking adventure in the West. Though there were many difficulties during the first months - housing was inadequate, microscopes and books were late in arriving from the East - the first year foretold of greatness. As Jane Stanford wrote in the summer of 1892, "Even our fondest hopes have been realized."

VIdeas of "Practical **Education**"

Governor and Mrs. Stanford had come from families of modest means and had built their way up through a life of hard work. So it was natural that their first thoughts were to establish an institution where young men and women could "grapple successfully with the practicalities of life." As their thoughts matured, these ideas of "practical education" enlarged to the concept of producing cultured and useful citizens who were well-prepared for professional success.

Nearly 116 years later, the university still enjoys the original 8,180 acres (almost 13 square miles) of grassy fields, eucalyptus groves, and rolling hills that were the Stanford's generous legacy, as well as the Quadrangle of "long corridors with their stately pillars" at the center of campus. It is still true, as the philosopher William James said, during his stint as a visiting professor, that the climate is "so friendly ... that every morning wakes one fresh for new amounts of work."

▼Current Perspectives

In other ways, the university has changed tremendously on its way to recognition as one of the world's great universities. At the hub of a vital and diverse Bay Area, Stanford is less than hour's drive south of San Francisco and just a few minutes north of the Silicon Valley, an area dotted with computer and high technology firms largely spawned by the university's faculty and graduates. On campus, students and faculty enjoy new libraries, modern laboratories, tremendous sports and recreation facilities, and comfortable residences. Contemporary sculpture, as well as pieces from the Stanford Museum's extensive collection of sculpture by Auguste Rodin, is placed throughout the campus, providing unexpected pleasures at many turns. At the Stanford Medical Center, world-renowned for its research, teaching, and patient care, scientists and physicians are searching for answers to fundamental questions about health and disease. Ninety miles down the coast, at Stanford's Hopkins Marine Station on the Monterey Bay, scientists are working to better understand the mechanisms of evolution, human development, and ecological systems.

The university is organized into seven schools: Earth Sciences, Education, Engineering, the Graduate School of Business, Humanities and Sciences, Law and Medicine. In addition, there are more than 30 interdisciplinary centers, programs, and research laboratories - including the Hoover Institution on War, Revolution and Peace; the Institute for International Studies; the Stanford Linear Accelerator Center; and the Stanford Center for the Study of Families, Children and Youth - where faculty from a wide range of fields bring different perspectives to bear on issues and problems. Stanford's Overseas Studies Program offers students in all fields remarkable opportunities for study abroad, with campuses in Australia, Beijing, Berlin, Cape Town, Florence, Kyoto, Madrid, Moscow, Oxford, Paris, and Santiago.







Currently 14881 students, of which 6689 are undergraduates, live and study on campus. A little more than 40 percent come from California, but all 50 states and approximately 68 countries are represented as well. Among undergraduates, approximately 55 percent are African American, Asian American, International,

Mexican American, Native American, Native Hawaiian or Other Hispanic in ethnicity. Like the faculty, the Stanford student body is distinguished. Approximately 10 students apply to Stanford for every place in the freshman class with 89% of those admitted finishing in the top 10% of their high school class. Ninety-four Stanford students have been named Rhodes Scholars, 74 have been selected Marshall Award winners, and 49 have been chosen Truman Scholars. Nearly 90 percent of graduating seniors plan to attend graduate or professional schools. Stanford students also shine in a tremendous array of activities outside the classroom – from student government to music, theater, and journalism. Through the Haas Center for Public Service, students participate in many community service activities, such as tutoring programs for children in nearby East Palo Alto, the Hunger Project, and the Arbor Free Clinic.

In the athletic arena, Stanford students have enjoyed tremendous success as well. Stanford fields teams in 36 Division I varsity sports (15 men, 20 women, 1 co-ed). Of Stanford's 95 NCAA titles (107 national), 55 have been captured since 1990, by far the most in the nation. Thirty-eight of Stanford's athletes and coaches participated win the 1992 Olympics in Barcelona, 49 competed in Atlanta at the 1996 Games, 34 represented Stanford at the 2000

U.S. News and World Report 2009 Top 10 Rankings of National Universities

- 1. Harvard
- 2. Princeton
- 3. Yale

4. STANFORD

Massachusetts Institute of Technology

- 6. Cal Tech
- Pennsylvania
- . Columbia
- 9. Duke
- University of Chicago



THE UNIVERSITY

2009 STANFORD FIELD HOCKEY



Bob Bowlsby

The Jaquish & Kenninger Director of Athletics

▼Stanford Athletic Directors

One of the most respected athletic administrators in the nation, Bob Bowlsby enters his fourth full year as the Jaquish & Kenninger Director of Athletics at Stanford University, a position he was appointed to on April 25, 2006 after spending 15 years at the helm

of the University of lowa's athletic program. In his initial three years in the position, Stanford has continued its well-earned reputation of fielding the most successful and wide-ranging Division I-A athletic programs in the nation

As Stanford's sixth athletic director, Bowlsby succeeds Ted Leland (1991-2005), Andy Geiger (1979-90), Joe Ruetz (1972-78), Chuck Taylor (1963-71) and Al Masters (1925-63). He directs a department that includes 35 intercollegiate varsity teams – 15 men's, 19 women's and one coed – plus the physical education department, intramurals, club sports, open recreation and the Stanford Golf Course.

Under his administrative guidance, Stanford claimed its unprecedented 15th straight Learfield Sports Director's Cup last spring, emblematic of the top overall program in the country. Ten Stanford teams boasted Top 10 finishes, winning national championships in men's gymnastics and women's rowing.

Stanford's student-athletes were also highly-decorated last year. Foluke Akinradewo (women's volleyball) earned her second straight national player of the year honor while eight student-athletes earned conference player of the year marks. In addition, Erik Shoji men's volleyball) earned national freshmen of the year accolades.

Two Stanford coaches--Thom Glielmi (men's gymnastics) and Yaz Farooq (women's rowing) earned national coach of the year marks.

Throughout his career, Bowlsby has emerged as a national leader in intercollegiate and amateur athletics. He was named in February, 2007, to the United States Olympic Committee Board of Directors.

He has previously served as
President of the NCAA Division I-A
Athletic Directors' Association (200203), Chair of the NCAA Division I Men's
Basketball Committee for two years
(2003-05) and a committee member
for five years, Chair of the Big Ten
Administrator's Council (2002-04) and
Chair of the NCAA Management Council.

Bowlsby was appointed by President George Bush as a member of the Commission on Opportunities in Athletics in 2002-03. The committee was led by U.S. Secretary of Education Rod Paige.

Bowlsby was elected chair of the NCAA Olympic Sports Liaison Committee and represented the NCAA as one of two voting members on the United States Olympic Committee Board of Directors. He served as a member of the NCAA/U.S. Olympic Committee Task Force chaired by Cedric Dempsey and George Steinbrenner.

In addition, Bowlsby served as chair of the NCAA Wrestling Committee and has served on NCAA committees on Financial Aid and Amateurism, the Special Committee to Review Amateurism Issues and the Special Committee to Review Financial Conditions in Athletics.

Bowlsby has also served as an Executive

Committee member with both the National Association of Collegiate Directors of Athletics and the Division I-A Athletic Directors Association and served as President of the I-A organization for two years.

The National Association of Collegiate Directors of Athletics (NACDA) named

Bowlsby in 2001-02 as Central Region Athletic Director of the Year and Sports Business Journal selected him from the four regional award winners as the National Athletics Director of the Year. The award highlights the efforts of the athletic directors for their commitment and positive contributions to campuses and their surrounding communities.

As the chief administrator for lowa's athletic department from 1991-2006, Bowlsby earned a reputation as one of the most admired, energetic and ambitious athletic administrators in the nation. Bowlsby guided and supervised the merger of the Hawkeye's women's and men's athletics departments while enabling lowa to maintain its standing as one of the most visible and successful Division I athletic programs.

Under his leadership, lowa enjoyed unprecedented success and growth in the area of fund raising and facilities. Bowlsby and the UI Development staff put in place \$25 million in endowments to help support Hawkeye studentathlete scholarship aid. In addition, he managed the planning and construction of \$120 million in facility projects on campus, including an \$87 million renovation to Kinnick Stadium.

A native of Waterloo, lowa, Bowlsby became lowa's 10th Athletic Director in June, 1991, after serving in the same role at the University of Northern lowa since 1984. Bowlsby earned his bachelors degree from Moorhead State University (Minnesota) in 1975 and his master's degree from the University of lowa in 1978.

Bob and his wife, Candice, have four children: Lisa, Matt, Rachel and Kyle.



THE UNIVERSITY

2009 STANFORD FIELD HOCKEY

Principles That Guide Us

Department of Athletics, Physical Education, and Recreation

Department of Athletics, Physical Education, and Recreation

MISSION STATEMENT

From its founding in 1891, Stanford University's leaders have believed that physical activity is valuable for its own sake and that vigorous exercise is complementary to the educational purposes of the university. Within this context for human development, it is the mission of Stanford's Department of Athletics, Physical Education and Recreation to offer a wide range of high quality programs which will encourage and facilitate all participants to realize opportunities for championship athletic participation, physical fitness, health and well being.

▼We Will Teach

- · By encouraging our student-athletes to capture all the joy, power and extraordinary personal growth that comes to those who compete and support athletic excellence.
- · By hiring and retaining the best coaches and staff members available and arming them with the tools to achieve at the highest level

· By fostering and nurturing a coaching, physical education and recreation staff that is committed to teaching with integrity & ambition and that performs in a manner which is consistent with the academic priorities of Stanford University.

- By recognizing the need to work as a team while valuing each individual's unique characteristics and
- · By committing ourselves to the personal development and well being of our student-athletes and staff. Those who participate at all levels will learn the benefits of teamwork, discipline, goal setting, physical fitness, healthy lifestyles, character development, self confidence, sportsmanship, and an appreciation for lifelong learning.

▼We Will Lead

- By being the model of success, of universal opportunity, and of unwavering commitment to the ideal of the scholar-athlete.
- · By operating with integrity as we follow the spirit and the letter of each rule. Integrity will be displayed in our policies, performances and programs.
- By continuing our long history of conference and national prominence through a commitment to cutting edge involvement in athletic issues.

▼We Will Win

• By maximizing our effort in every competition, on every team and in every setting where skill, determination and hard work combine to achieve singularly successful

- · By having an uncompromising commitment to Conference and National championships and by providing each student-athlete with the tools necessary to be successful at the highest levels of both academic and athletic performance.
- By creating a commitment to a university-wide wellness culture that will allow Stanford students, faculty and staff to maximize their health and fitness opportunities throughout their lives.

▼We Will Serve

- By respecting, honoring and responding to the needs of our student-athletes, coaches, colleagues, advocates and members of our larger community.
- · By encouraging innovation and creativity. We will harness technology to extend our reach and to interface with our various internal and external constituencies
- · Through fiscal responsibility in all elements of departmental operations
- By advancing outreach as a fundamental component of the department, we will strive to enhance the overall mission of the University through competitive excellence, effective outreach and an on-going commitment to customer service
- By utilizing the department resources and physical facilities to serve the campus community, our alumni and our supporters throughout the world.
- By valuing our heritage, and in doing so we commit ourselves to championship caliber athletic achievement and the on-going enhancement of the traditions of Stanford Athletics, including leadership, individual and





Stanford's National Titles

NCAA championships are commonplace at Stanford University, as Cardinal teams have won national titles at an unprecedented rate, including a national-best 80 since 1980 and 57 since 1990. Stanford has won at least one NCAA championship for 33 consecutive years and has won four national titles in a single season nine times.

Nine different Stanford teams have won at least five national titles, including men's tennis (18), women's tennis (16), men's water polo (11), women's swimming and diving (9), men's swimming and diving (8), men's golf (8), women's volleyball (6), synchronized swimming (6) and women's cross country (5). A total of 19 Stanford teams have won at least one national championship.

Stanford teams have won a total of 110 national championships. In NCAA competition, Cardinal teams have won 97 team titles, including 59 men's championships and an NCAA-best 38 women's titles.

1996

1997

1998

2000

1978*

1982

1984

1986

1987

1988

1989

1990

1991

1997

1999

2001

2002

2004

2005

2006

1925

1928

1934

2000

Dick Gould

Dick Gould

Dick Gould Dick Gould

Women's Tennis (16)

Anne Gould

Frank Brennan

Lele Forood

Lele Forood

Lele Forood

Lele Forood

Lele Forood

Men's Track & Field (4)

Dink Templeton

Dink Templeton

Dink Templeton

Vin Lananna

▼Titles By Sport

* AIAW + Helms ^ TCYRA ! Rissman • Unofficial title # U.S. Collegiate Note: NCAA titles unless otherwise noted

Baseball	(2)
----------	-----

Dusck	/uii (=/
1987	Mark Marquess
1988	Mark Marquess

Men's Basketball (3)

1937	John W. Bunn+
1938	John W. Bunn+
1942	Everett Dean

Women's Basketball (2)

1990	Tara VanDerveer
1992	Tara VanDerveer

Men's Cross Country (4)

Vin Lananna
Vin Lananna
Vin Lananna
Andy Gerard

Women's Cross Country (5)

1996	Vin Lananna
2003	Dena Evans
2005	Peter Tegen
2006	Peter Tegen
2007	Peter Tegen

Football (1)

1926 Glenn "Pop" Warner!

Men's Golf (8)

1938	Eddie Iwiggs
1939	Eddie Twiggs
1941	Eddie Twiggs
1942	Eddie Twiggs
1946	Eddie Twiggs
1953	Eddie Twiggs
1994	Wally Goodwin
2007	Conrad Ray

Men's	Gymnastics	(4
1992	Sadao Hamada	
1993	Sadao Hamada	
1995	Sadao Hamada	
2009	Thom Glielmi	

Women's Rowing (1)

2009 Yasmin Faroog

Co-ed Sailing (1)

1997^ Steve Bourdow



1967	Jim Gaughran
1985	Skip Kenney
1986	Skip Kenney
1987	Skip Kenney
1992	Skip Kenney
1993	Skip Kenney
1994	Skip Kenney
1998	Skip Kenney

Synchronized Swimming (6)

1998#	Vickey Weir
1999#	Gail Emory
2005#	Heather Olson
2006#	Heather Olson
2007#	Heather Olson
2008#	Heather Olson

Women's Swimming & Diving (9)

980*	Claudia Kolb Thon
983	George Haines
989	Richard Quick
992	Richard Quick
993	Richard Quick
994	Richard Quick
995	Richard Quick
996	Richard Quick
998	Richard Quick

Men's Tennis (18)

wen's	iennis (18
1942•	John Lamb
1973	Dick Gould
1974	Dick Gould
1977	Dick Gould
1978	Dick Gould
1980	Dick Gould
1981	Dick Gould
1983	Dick Gould
1986	Dick Gould
1988	Dick Gould
1989	Dick Gould
1990	Dick Gould
1992	Dick Gould
1995	Dick Gould

Men's Volleyball (1)

1997 Ruben Nieves

Women's Volleyball (6)

1992	Don Shaw
1994	Don Shaw
1996	Don Shaw
1997	Don Shaw
2001	John Dunning
2004	John Dunning

Men's	Water Polo (11
1963•	Jim Gaughran
1976	Art Lambert
1978	Dante Dettamanti
1980	Dante Dettamanti
1981	Dante Dettamanti
1985	Dante Dettamanti
1986	Dante Dettamanti
1994	Dante Dettamanti
1995	Dante Dettamanti
2001	Dante Dettamanti
2002	John Vargas

Women's Water Polo (1)

2002 John Tanner

Stanford won back-to-back College World Series titles in 1987 and '88.

▼ Stanford Championship **Facts**

Total National Championships	111
Total NCAA Championships	97
Men's	59
Women's	38
Other National Championships	14



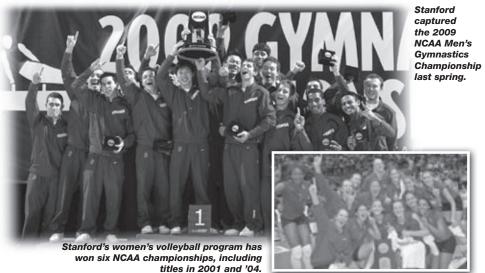
Head Coach Conrad Ray guided the

Cardinal to its eighth NCAA men's

golf championship in 2007.







▼Titles by Year

1924-25	١
Men's Track and Field	
1926-27 Football (Rissman)	1
1927-28	1
Men's Track and Field	

1933-341 Men's Track and Field

1936-371 Men's Basketball (Helms)

1937-38 Men's Basketball (Helms)

Men's Golf

1938-391 Men's Golf

1940-411 Men's Golf

1941-42..... Men's Basketball Men's Golf Men's Tennis (Unofficial)

1945-461 Men's Golf

1952-53
Men's Golf
1963-64
Man'a Water Dala / Ineffici

Men's Water Polo (Unofficial) 1966-671 Men's Swimming

1972-73.....1 Men's Tennis 1973-74.....1

1976-77.....2 Men's Tennis Men's Water Polo

Men's Tennis

1977-78.....2 Men's Tennis Women's Tennis (AIAW)

1978-79.....1 Men's Water Polo

1979-80 Women's Swimming (AIAW) Men's Tennis

1980-81.....2 Men's Tennis Men's Water Polo

1981-82.....2 Women's Tennis Men's Water Polo

1982-83.....2 Women's Swimming Men's Tennis

1983-84. Women's Tennis

1984-85..... Men's Swimming

1985-86.....4 Men's Swimming Men's Tennis Women's Tennis Men's Water Polo

1986-87.. Baseball Men's Swimming Women's Tennis Men's Water Polo

1987-88.....3 Baseball Men's Tennis Women's Tennis

1988-89. Women's Swimming Men's Tennis Men's Tennis

1989-90.....3 Women's Basketball Women's Tennis Men's Tennis

1990-91.....1 Women's Tennis

1991-92..... Women's Basketball Men's Gymnastics Men's Swimming Women's Swimming Men's Tennis

1992-93.....4 Men's Gymnastics Men's Swimming Women's Swimming Women's Volleyball

1993-94.. Men's Golf Men's Swimming Women's Swimming Men's Water Polo

1994-95.....5 Men's Gymnastics Women's Swimming Men's Tennis Women's Volleyball Men's Water Polo 1995-96 Women's Swimming

Men's Tennis

1996-97 Men's Cross Country Women's Cross Country Co-ed Sailing (ICYRA) Men's Tennis Women's Tennis Men's Vollevball Women's Volleyball

1997-98..... Men's Cross Country Men's Swimming Women's Swimming Synchronized Swimming (U.S. Collegiate) Men's Tennis Women's Volleyball

1998-99.....2 Synchronized Swimming (U.S. Collegiate) Women's Tennis

1999-2000 Men's Tennis Men's Track & Field

2000-011 Women's Tennis

2001-024 Women's Tennis Women's Volleyball Men's Water Polo Women's Water Polo 2002-03..... Men's Water Polo

Men's Cross Country

2003-04.....3 Men's Cross Country

Women's Cross Country Women's Tennis

2004-05.....3 Women's Volleyball Synchronized Swimming (U.S. Collegiate) Women's Tennis

2005-063 Women's Cross Country Synchronized Swimming (Ú.S. Collegiate) Women's Tennis

2006-07.....3 Women's Cross Country Synchronized Swimming (Ú.S. Collegiate) Men's Golf

2007-08.....2 Women's Cross Country Synchronized Swimming (U.S. Collegiate)

2008-09.....2 Men's Gymnastics Women's Rowing



Stanford's synchronized swimming program has won six national collegiate championships, including four in the last five seasons.



Stanford won its first NCAA women's rowing championship last spring in Cherry Hills, NJ.



CranBarryField Hockey

800.992.2021 · www.cranbarry.com

Proud Sponsor of Stanford University Field Hockey

Superior Equipment For Superior Athletes









2009 STANFORD FIELD HOCKEY SCHEDULE

Day	Date	Opponent	Site	Time
Tue.	Aug. 18	Pacific (scrimmage)	Stanford, CA	11 a.m.
Sat.	Aug. 22	at California (scrimmage)	Berkeley, CA	2:30 p.m.
Wed.	Aug. 26	UC Davis (scrimmage)	Stanford, CA	11 a.m.
Sun.	Aug. 30	Missouri State	Stanford, CA	1 p.m.
Fri.	Sept. 4	Northeastern	Stanford, CA	6 p.m.
Sun.	Sept. 6	Kent State	Stanford, CA	1 p.m.
Thu.	Sept. 10	at Northwestern	Evanston, IL	1 p.m.
Sat.	Sept. 12	vs. VCU	Iowa City, IA	5 p.m.
Sun.	Sept. 13	at Iowa	Iowa City, IA	5 p.m.
Sun.	Sept. 20	at UC Davis*	Davis, CA	3 p.m.
Fri.	Sept. 25	Pacific*	Stanford, CA	7 p.m.
Sun.	Sept. 27	at California*	Berkeley, CA	1 p.m.
Fri.	Oct. 2	at Temple	Philadelphia, PA	12 p.m.
Sat.	Oct. 3	at LaSalle	Philadelphia, PA	12 p.m.
Mon.	Oct. 5	at Penn State	University Park, PA	1 p.m.
Sun.	Oct. 11	at Pacific*	Stockton, CA	2 p.m.
Sat.	Oct. 17	UC Davis*	Stanford, CA	1 p.m.
Fri.	Oct. 23	California*	Stanford, CA	7 p.m.
Fri.	Oct. 30	at Maryland	College Park, MD	4 p.m.
Sun.	Nov. 1	vs. Louisville	College Park, MD	9 a.m.
Thu.	Nov. 5	NorPac Championship	Stanford, CA	All Day
Fri.	Nov. 6	NorPac Championship	Stanford, CA	All Day
Sat.	Nov. 7	NorPac Championship	Stanford, CA	All Day

* NorPac game All Times Pacific

Home games in BOLD

