

STANFORD



INVITATIONAL

March 29-30 2024 • Cobb Track & Angell Field

• COLLEGIATE MEET INFORMATION •

IMPORTANT INFORMATION AND DEADLINES

Date	Time	Deadline
Monday, February 19, 2024	8:00 a.m., PST	Entries OPEN on Direct Athletics (www.directathletics.com)
Friday, March 15, 2024	12:00 p.m., PST	Entry Deadline
Monday, March 18, 2024	12:00 p.m., PST	Late Entry Deadline
Wednesday, March 20, 2024	5:00 p.m., PST	Accepted Entries Posted/Scratch Window Opens
Friday, March 22, 2024	5:00 p.m., PST	Scratch Window Closes
Wednesday, March 27, 2024	5:00 p.m., PST	Heat Sheets Posted (www.recordtiming.com)

MEET DIRECTOR: All meet-related communication should be directed to Lashannda Worthy (lworthy@stanford.edu).

INITIAL ENTRIES: **ALL ENTRIES** should be completed on www.directathletics.com. **ALL ENTRIES are DUE BY FRIDAY, MARCH 15, 2024 @ 12:00 P.M., PST.** ALL ENTRIES WILL BE CONSIDERED FINAL AT THE CLOSE OF ENTRIES - THERE WILL BE NO OPPORTUNITY TO UPDATE PERFORMANCES AFTER THE ENTRY DEADLINE. **NOTE:** Meet management will make every effort to accommodate as many athletes as possible up to advertised field size, however, entries are NOT GUARANTEED.

LATE ENTRIES: **Late entries will be accepted on a case-by-case basis up until MONDAY, MARCH 18 @ 12:00 p.m., PDT.** Teams who miss the initial entry deadline will only be able to register during the late window with the approval of the meet director (lworthy@stanford.edu).

ENTRY GUIDELINES: **ALL ENTRIES WILL BE THOROUGHLY RESEARCHED AND ARE AT THE DISCRETION OF MEET MANAGEMENT.** Where available, TFRRS marks (from the last two years) will be used to determine accepted entries. Entries will be evaluated according to the data available – speculative marks will not be considered. For example, if an athlete has never run a 10K, we will take performances in other events into consideration (5K from previous indoor season, NCAA Cross Country finish, etc.).

ACCEPTED ENTRIES: A list of **ACCEPTED ENTRIES** will be posted on www.recordtiming.com by 5:00 p.m, PST, on Wednesday, March 27, 2024.

SCRATCHES: THE SCRATCH WINDOW WILL OPEN ON WEDNESDAY, MARCH 22, 2024. For seeding purposes, Meet Managements asks that coaches make all **SCRATCHES** via www.directathletics.com during the declaration window. *If no action is taken, meet management will assume that they will be competing in the events that they have qualified in. If you have no scratches, no additional action is necessary.*

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ENTRY FEE STRUCTURE

ENTRY FEES: **INDIVIDUAL ENTRIES** - \$35 PER ATHLETE ENTERED; \$35 PER RELAY; **TEAM ENTRY:** \$500 PER TEAM (14 ATHLETES OR MORE); **Collegiate teams will be charged PER ATHLETE ENTERED, not PER ATHLETE ACCEPTED.** There will be NO REFUNDS issued for athletes who are not accepted into the competition.

LATE ENTRIES: ALL **LATE ENTRIES** WILL BE SUBJECT TO A **LATE ENTRY FEE** AS FOLLOWS: **INDIVIDUAL ENTRIES** - \$50 PER ATHLETE ENTERED; \$50 PER RELAY; **TEAM ENTRY:** \$700 PER TEAM (14 ATHLETES OR MORE)

ONLINE PAYMENT: **ONLINE ENTRY FEE PAYMENT IS NOW REQUIRED.** If your institution cannot accommodate online payment, please contact lworthy@stanford.edu to discuss alternative payment methods. **NOTE:** Online entries lock once payment has been made; please make all changes before processing payment.

INITIAL MEET PROCEDURES

COMMUNICATION: **ALL MEET-RELATED COMMUNICATION WILL BE VIA EMAIL TO THE ADDRESS ASSOCIATED WITH YOUR DIRECTATHLETICS ACCOUNT.** Please ensure your Direct Athletics profile reflects an email address of a current staff member. **FINAL meet procedures and LAST MINUTE NOTES will be emailed to competing teams the week of competition.**

PRACTICE: **** SUBJECT TO CHANGE **** Cobb Track and Angell Field will be open to competing teams from 1:00-7:00 p.m., on Thursday, March 28. Please note the following event-specific windows – Javelin: 1:00-4:00; Discus: 4:00-7:00 p.m.

WEIGHT ROOM: Weight room access may be requested by APPOINTMENT ONLY. Interested teams should contact Assistant Sports Performance Coach Jamie Hegg (jhegg@stanford.edu).

LOCKER ROOMS: There are no dressing rooms or shower facilities at Cobb Track and Angell Field. Meet management encourages all teams to make use of the facilities available at their hotel.

SPIKES: 1/4-inch pyramid spikes are required for all events.; High jump and javelin may utilize 3/8 spikes.

POLE VAULT POLES: All questions regarding pole shipping/storage should be directed to Assistant Coach Arthur Ignaczak (aiggy@stanford.edu).

MEET MEDICAL: Stanford Sports Medicine will have a training area that will be open one hour before the start of the first race on both days of competition, Friday, April 1 and Saturday, April 2. Please contact Erica Nelson (enelson2@stanford.edu) or Liz Perrero (lperrero@stanford.edu) for any medical or training room questions. If a Certified Athletic Trainer will not be traveling with your team, please make arrangements any medical needs prior to your team's arrival.