



2023 Stanford Invitational || TENTATIVE Time Schedule
Cobb Track and Angell Field
March 30 - April 1, 2023



FRIDAY || FIELD EVENTS

Time	Event	Notes
10:00 AM	Men's Hammer Collegiate	1-2 Flights (9 to Final)
11:00 AM	Women's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
11:00 AM	Women's Shot Put Collegiate (Ring 2)	1-2 Flights (9 to Final)
11:00 AM	Women's Javelin Invitational	1 Flight (9 to Final)
11:00 AM	Women's Pole Vault Collegiate	1 Flight
11:30 AM	Men's Long Jump Collegiate	1-2 Flights (9 to Final)
11:30 AM	Women's Long Jump Collegiate	1-2 Flights (9 to Final)
1:00 PM	Men's High Jump	2 Flights (High Pit/Low Pit) * In Necessary
1:30 PM	Men's Javelin Invitational	1 Flight (9 to Final)
2:30 PM	Women's Pole Vault Invite	1 Flight
2:45 PM	Men's Long Jump Invitational	1 Flight (9 to Final)
2:45 PM	Women's Long Jump Invitational	1 Flight (9 to Final)
3:00 PM	Women's Hammer Invitational	1 Flight (9 to Final)
3:30 PM	Women's High Jump	2 Flights (High Pit/Low Pit) * If Necessary
4:00 PM	Men's Discus Invitational	1 Flight (9 to Final)
5:30 PM	Boys' Pole Vault	1 Flight
5:30 PM	Girls' Long Jump	1 Flight (9 to Final)
5:30 PM	Boys' Long Jump	1 Flight (9 to Final)
6:15 PM	Men's Discus Collegiate	1 Flight (9 to Final)

SATURDAY || FIELD EVENTS

Time	Event	Notes
9:00 AM	Boys' Discus	1 Flight (9 to Final)
9:30 AM	Girls' Pole Vault	1 Flight
10:00 AM	Boys' Triple Jump	1 Flight (9 to Final)
10:00 AM	Girls' Triple Jump	1 Flight (9 to Final)
10:00 AM	Girls' High Jump Invitational	1 Flight
10:00 AM	Women's Hammer Collegiate	1-2 Flights (9 to Final)
11:00 AM	Girls' Discus	1 Flight (9 to Final)
1:00 PM	Boys' High Jump Invitational	1 Flight
1:00 PM	Women's Triple Jump Collegiate	1-2 Flights (9 to Final)
1:00 PM	Boys' Shot Put	2 Flights (9 to Final)
1:00 PM	Girls' Shot Put	2 Flights (9 to Final)
1:00 PM	Women's Javelin Collegiate	1-2 Flights (9 to Final)
1:00 PM	Men's Hammer Invitational	1 Flight (9 to Final)
1:00 PM	Men's Pole Vault Invite	1 Flight
3:00 PM	Women's Discus Invitational	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Invitational (Ring 1)	1 Flight (9 to Final)
3:00 PM	Men's Shot Put Collegiate (Ring 2)	1-2 Flights (9 to Final)
3:30 PM	Men's Triple Jump Invitational	1 Flight (9 to Final)
3:30 PM	Women's Triple Jump Invitational	1 Flight (9 to Final)
5:00 PM	Women's Discus Collegiate	1-2 Flights (9 to Final)

FRIDAY || TRACK EVENTS

Time	Events	Section/Advancement Procedure
11:30 AM	Men's 5000m	#4
11:48 AM	Women's 5000m	#4
12:11 PM	Women's 100mH Prelims	3 Heats (9 to Final - Winner + Times)
12:25 PM	Men's 110mH Prelims	3 Heats (9 to Final - Winner + Times)
12:40 PM	Women's 100m Prelims	5 Heats (9 to Final - Winner + Times)
1:00 PM	Men's 100m Prelims	5 Heats (9 to Final - Winner + Times)
1:21 PM	Women's 1500m	#6
1:27 PM	Women's 1500m	#5
1:33 PM	Women's 1500m	#4
1:39 PM	Men's 1500m	#6
1:45 PM	Men's 1500m	#5
1:51 PM	Men's 1500m	#4
2:03 PM	Women's 100H	Final (9 Qualifiers)
2:09 PM	Men's 110mH	Final (9 Qualifiers)
2:16 PM	Women's 100m	Final (9 Qualifiers)
2:20 PM	Men's 100m	Final (9 Qualifiers)
2:25 PM	Girls' 3200m	1 Heat
2:40 PM	Boys' 3200m	1 Heat
2:56 PM	Girls' 400mH	3 Heats
3:08 PM	Women's 400mH	2 Heats
3:18 PM	Boys' 400mH	3 Heats
3:30 PM	Men's 400mH	3 Heats
3:46 PM	Girls' Distance Medley Relay	1 Heat
4:02 PM	Boys' Distance Medley Relay	1 Heat
4:17 PM	Women's 400m	4 Heats
4:33 PM	Men's 400m	4 Heats
5:06 PM	Women's 3000m Steeple	#2
5:20 PM	Women's 3000m Steeple Invitational	#1
5:35 PM	Men's 3000m Steeple	#3
5:48 PM	Men's 3000m Steeple	#2
6:01 PM	Men's 3000m Steeple Invitational	#1
6:14 PM	Women's 1500m	#3
6:20 PM	Women's 1500m	#2
6:26 PM	Women's 1500m Invitational	#1
6:32 PM	Men's 1500m	#3
6:38 PM	Men's 1500m	#2
6:44 PM	Men's 1500m Invitational	#1
6:55 PM	Women's 5000m	#3
7:15 PM	Women's 5000m	#2
7:35 PM	Men's 5000m	#3
7:53 PM	Men's 5000m	#2
8:11 PM	Women's 5000m Invitational	#1
8:30 PM	Men's 5000m Invitational	#1
8:48 PM	Women's 10000m Invitational	#1
9:27 PM	Men's 10000m Invitational	#1
10:02 PM	Women's 10000m	#2
10:41 PM	Men's 10000m	#2

SATURDAY || TRACK EVENTS

Time	Events	Section/Advancement Procedure
11:00 AM	Girls' 4X100m Relay	3 Heats
11:15 AM	Boys' 4X100m Relay	3 Heats
11:30 AM	Girls' 1600m	2 Heats
11:46 AM	Boys' 1600m	2 Heats
12:01 PM	Girls' 100mH	3 Heats (Top 9 Times to Final)
12:14 PM	Boys' 110mH	3 Heats (Top 9 Times to Final)
12:29 PM	Girls' 100m	3 Heats (Top 9 Times to Final)
12:39 PM	Boys' 100m	3 Heats (Top 9 Times to Final)
12:50 PM	Lori Maynard Kids Half Lapper	Heats as Necessary
1:15 PM	Women's 4x100 Relay	1 Heats
1:19 PM	Men's 4x100 Relay	1 Heats
1:23 PM	Girls' 4x100 Relay	Final (9 Qualifiers)
1:28 PM	Boys' 4x100 Relay	Final (9 Qualifiers)
1:33 PM	Girls' 800m	2 Heats
1:44 PM	Boys' 800m	2 Heats
1:55 PM	Women's 800m	6 Heats
2:16 PM	Men's 800m	6 Heats
2:41 PM	Women's 200m	7 Heats
3:05 PM	Men's 200m	6 Heats
3:28 PM	Girls' 400m	3 Heats
3:40 PM	Boys' 400m	3 Heats
3:55 PM	Girls' 100H	Final (9 Qualifiers)
4:01 PM	Boys' 110mH	Final (9 Qualifiers)
4:08 PM	Girls' 100m	Final (9 Qualifiers)
4:12 PM	Boys' 100m	Final (9 Qualifiers)
4:18 PM	Women's 4x400m Relay	2 Heats
5:32 PM	Men's 4x400m Relay	2 Heats
5:46 PM	Girls' 4x400m Relay	3 Heats
5:07 PM	Boys' 4x400m Relay	3 Heats

**** Start times and heat numbers to be adjusted according to accepted entries ****