

# 2022-23 STATISTICS



# STANFORD MEN'S SWIMMING/DIVING



@STANFORDMSWIM

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(as of Feb. 8)

## 50-yard freestyle (NCAA A: 18.88, NCAA B: 19.82)

Name	Time	Date	Competition
1. Andrei Minakov	19.62 (B)	Jan. 20	at ASU
2. Luke Maurer	19.64 (B)	Nov. 17	at NC State/GAC Invite
3. Rafael Gu	19.76 (B)	Nov. 17	at NC State/GAC Invite
4. Avery Voss	19.98	Feb. 18	at California
5. Neel Roy	20.03	Nov. 17	at NC State/GAC Invite
6. Andres Dupont	20.11	Nov. 17	at NC State/GAC Invite
7. Will Tarvestad	20.46	Feb. 18	at California
8. Leon MacAlister	20.49	Jan. 13	vs. Pacific
9. Ethan Dang	20.87	Nov. 17	at NC State/GAC Invite
10. Aaron Sequeira	20.89	Jan. 21	at Arizona

## 100-yard freestyle (NCAA A: 41.64, NCAA B: 43.59)

Name	Time	Date	Competition
1. Andrei Minakov	42.20 (B)	Feb. 18	at California
2. Luke Maurer	42.71 (B)	Nov. 19	at NC State/GAC Invite
3. Andres Dupont	43.10 (B)	Feb. 18	at California
4. Rafael Gu	43.32 (B)	Nov. 19	at NC State/GAC Invite
5. Andres Dupont	43.77	Jan. 20	at ASU
6. Avery Voss	43.88	Nov. 19	at NC State/GAC Invite
7. Leon MacAlister	44.07	Jan. 21	at Arizona
8. Neel Roy	44.08	Nov. 19	at NC State/GAC Invite
9. Will Tarvestad	44.77	Feb. 18	at California
10. Jonathan Affeld	45.51	Feb. 4	vs. USC

## 200-yard freestyle (NCAA A: 1:31.98, NCAA B: 1:35.88)

Name	Time	Date	Competition
1. Ron Polonsky	1:33.83 (B)	Jan. 20	at ASU
2. Luke Maurer	1:34.04 (B)	Feb. 18	at California
3. Preston Forst	1:34.16 (B)	Feb. 18	at California
4. Andres Dupont	1:34.64 (B)	Nov. 18	at NC State/GAC Invite
5. Rafael Gu	1:35.02 (B)	Nov. 18	at NC State/GAC Invite
6. Neel Roy	1:35.81 (B)	Nov. 18	at NC State/GAC Invite
7. Leon MacAlister	1:37.08	Oct. 13	vs. Utah
8. Andrew Matejka	1:38.12	Nov. 18	at NC State/GAC Invite
9. Gabe Machado	1:38.84	Nov. 18	at NC State/GAC Invite
10. Matt Fenlon	1:38.99	Nov. 18	at NC State/GAC Invite
11. Will Tarvestad	1:39.84	Nov. 18	at NC State/GAC Invite

## 500-yard freestyle (NCAA A: 4:11.40, NCAA B: 4:22.35)

Name	Time	Date	Competition
1. Preston Forst	4:16.79 (B)	Feb. 18	at California
2. Ron Polonsky	4:17.73 (B)	Nov. 17	at NC State/GAC Invite
3. Matt Fenlon	4:21.09 (B)	Nov. 17	at NC State/GAC Invite
4. Andrew Matejka	4:24.06	Nov. 17	at NC State/GAC Invite
5. Gabe Machado	4:25.11	Nov. 17	at NC State/GAC Invite
6. Liam Custer	4:26.75	Nov. 17	at NC State/GAC Invite
7. Henry Morrissey	4:32.53	Nov. 17	at NC State/GAC Invite
8. Leon MacAlister	4:33.72	Jan. 13	vs. Pacific
9. Luke Maurer	4:35.19	Jan. 21	at Arizona
10. Andres Dupont	4:36.97	Jan. 13	vs. Pacific

## 1,000-yard freestyle

Name	Time	Date	Competition
1. Matt Fenlon	9:04.06	Jan. 20	at ASU
2. Gabe Machado	9:06.17	Feb. 18	at California
3. Liam Custer	9:09.00	Feb. 18	at California
4. Presont Forst	9:11.51	Oct. 13	vs. Utah
5. Andrew Matejka	9:14.72	Jan. 20	at ASU
6. Henry Morrissey	9:20.85	Feb. 18	at California

## 1,650-yard freestyle (NCAA A: 14:37.31, NCAA B: 15:26.19)

Name	Time	Date	Competition
1. Liam Custer	15:15.47 (B)	Jan. 13	vs. Pacific
2. Gabe Machado	15:17.91 (B)	Nov. 19	at NC State/GAC Invite

3. Matt Fenlon	15:26.00 (B)	Jan. 13	vs. Pacific
4. Henry Morrissey	15:35.18	Nov. 19	at NC State/GAC Invite
5. Andrew Matejka	15:42.91	Nov. 19	at NC State/GAC Invite

## 50-yard backstroke

Name	Time	Date	Competition
1. Leon MacAlister	21.28	Nov. 19	at NC State/GAC Invite
2. Hayden Kwan	22.12	Jan. 20	at ASU
3. Josh Zuchowski	22.79	Oct. 13	vs. Utah

## 100-yard backstroke (NCAA A: 44.95, NCAA B: 47.77)

Name	Time	Date	Competition
1. Leon MacAlister	45.82 (B)	Nov. 18	at NC State/GAC Invite
2. Aaron Sequeira	46.78 (B)	Jan. 20	at ASU
3. Josh Zuchowski	47.20 (B)	Jan. 20	at ASU
4. Hayden Kwan	47.49 (B)	Jan. 20	at ASU
5. Shane Blinkman	48.08	Nov. 18	at NC State/GAC Invite
6. Rafael Gu	48.35	Jan. 13	vs. Pacific
7. Ethan Hu	48.37	Nov. 18	at NC State/GAC Invite
8. Rick Mihm	49.89	Jan. 21	at Arizona
9. Jonathan Affeld	50.17	Jan. 21	at Arizona
10. Ethan Hu	50.40	Jan. 21	at Arizona
11. Luke Maurer	50.99	Jan. 13	vs. Pacific
12. Gabe Machado	51.79	Oct. 13	vs. Utah

## 200-yard backstroke (NCAA A: 1:39.13, NCAA B: 1:44.82)

Name	Time	Date	Competition
1. Leon MacAlister	1:40.13 (B)	Nov. 19	at NC State/GAC Invite
2. Aaron Sequeira	1:42.68 (B)	Nov. 19	at NC State/GAC Invite
3. Hayden Kwan	1:42.78 (B)	Jan. 20	at ASU
4. Josh Zuchowski	1:42.89 (B)	Feb. 18	at California
5. Shane Blinkman	1:45.04	Nov. 19	at NC State/GAC Invite
6. Gabe Machado	1:46.64	Nov. 19	at NC State/GAC Invite
7. Ron Polonsky	1:47.84	Feb. 4	vs. USC
8. Zhier Fan	1:49.68	Jan. 21	at Arizona
9. Liam Custer	1:52.54	Oct. 13	vs. Utah

## 100-yard breaststroke (NCAA A: 51.40, NCAA B: 53.87)

Name	Time	Date	Competition
1. Ron Polonsky	51.77 (B)	Feb. 18	at California
2. Zhier Fan	52.63 (B)	Jan. 20	at ASU
3. Ethan Dang	53.19 (B)	Nov. 18	at NC State/GAC Invite
4. Hayden Zheng	54.50	Jan. 20	at ASU
5. Jonathan Affeld	56.30	Jan. 13	vs. Pacific

## 200-yard breaststroke (NCAA A: 1:51.54, NCAA B: 1:57.95)

Name	Time	Date	Competition
1. Zhier Fan	1:55.61 (B)	Nov. 19	at NC State/GAC Invite
2. Ethan Dang	1:56.24 (B)	Nov. 19	at NC State/GAC Invite
3. Ron Polonsky	1:56.57 (B)	Nov. 19	at NC State/GAC Invite
4. Hayden Zheng	1:58.15	Jan. 20	at ASU

## 100-yard butterfly (NCAA A: 44.82, NCAA B: 47.23)

Name	Time	Date	Competition
1. Andrei Minakov	45.07 (B)	Jan. 20	at ASU
2. Rafael Gu	45.77 (B)	Feb. 18	at California
3. Ethan Hu	45.86 (B)	Nov. 18	at NC State/GAC Invite
4. Jonathan Affeld	46.30 (B)	Feb. 18	at California
5. Aaron Sequeira	46.19 (B)	Nov. 18	at NC State/GAC Invite
6. Avery Voss	47.71	Nov. 18	at NC State/GAC Invite
7. Hayden Kwan	48.26	Nov. 18	at NC State/GAC Invite
8. Matt Fenlon	48.62	Nov. 18	at NC State/GAC Invite
9. Leon MacAlister	49.00	Oct. 13	vs. Utah
10. Josh Zuchowski	49.16	Nov. 18	at NC State/GAC Invite
11. Rick Mihm	49.41	Jan. 13	vs. Pacific
12. Neel Roy	49.74	Oct. 13	vs. Utah

13. Preston Forst 51.40 Jan. 13 vs. Pacific

**200-yard butterfly (NCAA A: 1:40.20, NCAA B: 1:46.31)**

Name	Time	Date	Competition
1. Andrei Minakov	1:42.57 (B)	Jan. 21	at Arizona
2. Jonathan Affeld	1:43.64 (B)	Feb. 18	at California
3. Matt Fenlon	1:43.79 (B)	Nov. 19	at NC State/GAC Invite
4. Ethan Hu	1:44.35 (B)	Feb. 18	at California
5. Rick Mihm	1:45.28 (B)	Jan. 20	at ASU
6. Preston Forst	1:47.27	Nov. 19	at NC State/GAC Invite
7. Ron Polonsky	1:47.64	Oct. 13	vs. Utah
8. Hayden Kwan	1:48.05	Feb. 4	vs. USC
9. Josh Zuchowski	1:50.69	Jan. 21	at Arizona
10. Aaron Sequeira	1:53.36	Jan. 13	vs. Pacific

**200-yard individual medley (NCAA A: 1:40.22, NCAA B: 1:46.31)**

Name	Time	Date	Competition
1. Ron Polonsky	1:42.08 (B)	Feb. 18	at California
2. Jonathan Affeld	1:44.67 (B)	Nov. 17	at NC State/GAC Invite
3. Zhier Fan	1:44.96 (B)	Nov. 17	at NC State/GAC Invite
4. Rick Mihm	1:45.04 (B)	Feb. 18	at California
5. Luke Maurer	1:45.28 (B)	Nov. 17	at NC State/GAC Invite
6. Leon MacAlister	1:45.95 (B)	Nov. 17	at NC State/GAC Invite
7. Josh Zuchowski	1:46.95	Feb. 18	at California
8. Shane Blinkman	1:47.08	Nov. 17	at NC State/GAC Invite
9. Rafael Gu	1:47.55	Nov. 17	at NC State/GAC Invite
10. Aaron Sequeira	1:49.09	Nov. 17	at NC State/GAC Invite
11. Ethan Hu	1:49.19	Nov. 17	at NC State/GAC Invite
12. Hayden Kwan	1:49.94	Nov. 17	at NC State/GAC Invite
13. Hayden Zheng	1:50.73	Nov. 17	at NC State/GAC Invite

**400-yard individual medley (NCAA A: 3:39.16, NCAA B: 3:51.46)**

Name	Time	Date	Competition
1. Ron Polonsky	3:44.50 (B)	Nov. 18	at NC State/GAC Invite
2. Rick Mihm	3:51.22 (B)	Nov. 18	at NC State/GAC Invite
3. Liam Custer	3:54.80	Nov. 18	at NC State/GAC Invite

**200-yard freestyle relay (NCAA A: 1:16.80, NCAA B: 1:17.58)**

Name	Time	Date	Competition
1. Luke Maurer, Jonny Affeld, Leon MacAlister, Rafael Gu	1:17.68	Nov. 17	at NC State/GAC Invite
2. Andrei Minakov, Leon MacAlister, Rafael Gu, Luke Maurer	1:18.15	Jan. 20	at ASU
3. Avery Voss, Andres Dupont, Rick Mihm, Neel Roy	1:19.19	Nov. 17	at NC State/GAC Invite
4. Rafael Gu, Luke Maurer, Avery Voss, Andrei Minakov	1:19.73	Feb. 4	vs. USC
5. Neel Roy, Andres Dupont, Aaron Sequeira, Ethan Dang	1:20.70	Jan. 20	at ASU
6. Rafael Gu, Leon MacAlister, Ron Polonsky, Ethan Dang	1:21.10	Jan. 13	vs. Pacific
7. Leon MacAlister, Neel Roy, Andrew Matejka, Will Tarvestad	1:21.92	Feb. 4	vs. USC
8. Andrei Minakov, Avery Voss, Aaron Sequeira, Andrew Matejka	1:22.69	Jan. 13	vs. Pacific
9. Neel Roy, Rick Mihm, Luke Maurer, Gabe Machado	1:23.14	Jan. 13	vs. Pacific
10. Andres Dupont, Preston Forst, Gabe Machado, Ethan Dang	1:23.31	Feb. 4	vs. USC
11. Andres Dupont, Jonathan Affeld, Will Tarvestad, Preston Forst	1:23.42	Jan. 13	vs. Pacific
12. Aaron Sequeira, ethan Dang, Will Tarvestad, Henry Morrissey	1:23.51	Nov. 17	at NC State/GAC Invite

**400-yard freestyle relay (NCAA A: 2:50.52, NCAA B: 2:52.44)**

Name	Time	Date	Competition
1. Rafael Gu, Leon MacAlister, Luke Maurer, Andrei Minakov	2:48.40 (A)	Feb. 18	at California
2. Luke Maurer, Leon MacAlister, Ron Polonsky, Andres Dupont	2:50.38 (A)	Nov. 19	at NC State/GAC Invite
3. Avery Voss, Preston Forst, Jonathan Affeld, Andres Dupont	2:53.49	Feb. 18	at California
4. Neel Roy, Rafael Gu, Aaron Sequeira, Avery Voss	2:55.05	Nov. 19	at NC State/GAC Invite
5. Leon MacAlister, Rafael Gu, Andres Dupont, Luke Maurer			

2:55.16 Oct. 13 vs. Utah

6. Andrei Minakov, Luke Maurer, Leon MacAlister, Neel Roy	2:55.95	Jan. 21	at Arizona
7. Will Tarvestad, Rick Mihm, Preston Forst, Andrew Matejka	2:58.49	Nov. 19	at NC State/GAC Invite
8. Jonathan Affeld, Preston Forst, Neel Roy, Ethan Dang	2:59.73	Oct. 13	vs. Utah
9. Preston Forst, Andres Dupont, Aaron Sequeira, Jonathan Affeld	3:02.10	Jan. 21	at Arizona
10. Avery Voss, Liam Custer, Hayden Kwan, Andrew Matejka	3:04.90	Oct. 13	vs. Utah
11. Andrew Matejka, Hayden Kwan, Josh Zuchowski, Ethan Dang	3:06.12	Jan. 21	at Arizona

**200-yard medley relay (NCAA A: 1:23.76, NCAA B: 1:24.42)**

Name	Time	Date	Competition
1. Leon MacAlister, Ron Polonsky, Andrei Minakov, Rafael Gu	1:24.00 (B)	Feb. 18	at California
2. Leon MacAlister, Zhier Fan, Andrei Minakov, Luke Maurer	1:24.47	Jan. 20	at ASU
3. Leon MacAlister, Ethan Dang, Jonny Affeld, Luke Maurer	1:24.76	Nov. 18	at NC State/GAC Invite
4. Hayden Kwan, Zhier Fan, Jonathan Affeld, Avery Voss	1:25.73	Feb. 18	at California
5. Josh Zuchowski, Zhier Fan, Rafael Gu, Avery Voss	1:26.16	Nov. 18	at NC State/GAC Invite
6. Hayden Kwan, Ethan Dang, Jonny Affeld, Rafael Gu	1:26.22	Jan. 20	at ASU
7. Leon MacAlister, Zhier Fan, Ethan Hu, Jonathan Affeld	1:27.62	Feb. 4	vs. USC
8. Leon MacAlister, Ethan Dang, Ethan Hu, Luke Maurer	1:27.91	Oct. 13	vs. Utah
9. Aaron Sequeira, Ethan Dang, Andrei Minakov, Luke Maurer	1:28.14	Jan. 13	vs. Pacific
10. Aaron Sequeira, Ron Polonsky, Hayden Kwan, Andres Dupont	1:28.56	Feb. 4	vs. USC
11. Leon MacAlister, Ron Polonsky, Aaron Sequeira, Rafael Gu	1:28.59	Jan. 21	at Arizona
12. Josh Zuchowski, Ethan Dang, Ethan Hu, Jonathan Affeld	1:28.97	Jan. 21	at Arizona
13. Josh Zuchowski, Ron Polonsky, Jonathan Affeld, Avery Voss	1:29.13	Oct. 13	vs. Utah
14. Hayden Kwan, Hayden Zheng, Rafael Gu, Leon MacAlister	1:29.37	Jan. 13	vs. Pacific
15. Hayden Kwan, Hayden Zheng, Aaron Sequeira, Neel Roy	1:30.45	Oct. 13	vs. Utah
16. Josh Zuchowski, Ron Polonsky, Jonathan Affeld, Preston Forst	1:30.99	Jan. 13	vs. Pacific

**400-yard medley relay (NCAA A: 3:04.96, NCAA B: 3:06.84)**

Name	Time	Date	Competition
1. Leon MacAlister, Zhier Fan, Ethan Hu, Luke Maurer	3:06.38 (B)	Nov. 17	at NC State/GAC Invite
2. Josh Zuchowski, Ron Polonsky, Aaron Sequeira, Rafael Gu	3:10.60	Nov. 17	at NC State/GAC Invite
3. Hayden Kwan, Ethan Dang, Matt Fenlon, Andres Dupont	3:12.91	Nov. 17	at NC State/GAC Invite

**800-yard freestyle relay (NCAA A: 6:16.02, NCAA B: 6:20.44)**

Name	Time	Date	Competition
1. Ron Polonsky, Leon MacAlister, Rafael Gu, Luke Maurer	6:17.35 (B)	Nov. 18	at NC State/GAC Invite
2. Rick Mihm, Liam Custer, Andrew Matejka, Henry Morrissey	6:40.56	Nov. 18	at NC State/GAC Invite

**1-meter diving (Zone Qualifying: 300)**

Name	Score	Date	Competition
1. Jack Ryan	381.08	Feb. 18	at California
2. Hunter Hollenbeck	336.15	Feb. 18	at California
3. Peyton Donald	305.90	Jan. 13	at Bruin Diving Invite
4. Ethan Foster	284.85	Oct. 13	vs. Utah

### 3-meter diving (Zone Qualifying: 320)

Name	Score	Date	Competition
1. Jack Ryan	411.85	Nov. 18	at Texas Diving Invite
2. Hunter Hollenbeck	350.25	Feb. 4	vs. USC
3. Ethan Foster	343.65	Jan. 13	at Bruin Diving Invite
4. Peyton Donald	319.20	Feb. 18	at California

### 10-meter diving

Name	Score	Date	Competition
1. Ethan Foster	321.20	Jan. 13	at Bruin Diving Invite

## 2022-23 NOTABLES

### 2/18 at No. 2 California

- No. 10 Stanford fell to No. 2 California on Saturday in the final dual meet of the regular season, 156-142. The Cardinal finishes the regular dual meet season at 4-2 while California finishes 6-1.
- Stanford started the meet strong, taking second place in the 200 medley relay behind a great effort from Leon MacAlister, Ron Polonsky, Andrei Minakov, and Rafael Gu. The quartet recorded a 1:24.00 in the event, an NCAA B Standard Cut as well as the fastest time for the Cardinal so far this year.
- In the 1000 free, Gabe Machado and Liam Custer finished in third and fourth, both recording season-best times in the event at 9:06.17 and 9:09.00 respectively.
- Luke Maurer and Preston Forst finished first and second in the 200 free as both notched season-best marks as well as 1:34.04 and 1:34.16. Forst earned his own event title later in the meet, taking the 500 free with a time of 4:16.79.
- Ron Polonsky and Zhier Fan added another one-two finish for Stanford in the 100 breast, going 51.77 and 52.66, a season-best and B Standard Cut for Polonsky and just 0.03 seconds off a season-best effort for Fan.
- Zhier Fan repeated in second place in the 200 breast, behind California's Reece Whitley in first. Ethan Dang came in just behind Fan for bronze.
- In the 100 free, Andrei Minakov outtouched Jack Alexy from California to take the event win with a 42.20. Luke Maurer added a third-place finish for the Cardinal, coming in at 43.06.
- Stanford finished with three in the top four of the 100 fly, as Rafael Gu clocked a two-second season-best time of 45.77 for silver. Jonathan Affeld and Ethan Hu added more points for the Cardinal, coming in third and fourth in the event.
- Jack Ryan earned his eighth and ninth individual event titles of the season, taking both the 1-meter and 3-meter wins. On the 1-meter, the sophomore scored a 381.08 to beat out Joshua Thai from California. Hunter Hollenbeck and Ethan Foster finished in third and fourth on the 1-meter as well.
- On the 3-meter, Ryan recorded a 395.63 for gold while Peyton Donald took second with a score of 319.20.
- Stanford closed out the meet with a strong swim in the 400 free relay as Rafael Gu, Leon MacAlister, Luke Maurer, and Andrei Minakov combined for second place and a 2:48.40, a season-best mark and an NCAA A Standard Cut.

### 2/4 vs. No. 20 USC

- No. 12 Stanford celebrated senior day with a 169-108 win over No. 20 USC, winning 13 out of 16 events to improve to 4-1 on the season.
- In the diving well, Jack Ryan took first in the 1-meter with a 353.70 while Hunter Hollenbeck placed fifth with a 266.10. On the 3-meter, Hollenbeck and Ryan took third and fourth respectively at 350.25 and 344.78.
- The Cardinal started off the meet taking first and second in the 200 medley relay led by the A team comprised of Leon Macallister, Zhier Fan, Ethan Hu and Jonny Affeld going 1:27.62.

- Stanford took the top spot in both distance events, with Matt Fenlon (9:19.42) placing first in the 1000 and Preston Forst (4:28.77) winning the 500.
- Fan earned gold in his two events, going 53.08 in the 100 breast and 1:56.93 in the 200 breast. Mac Alister took the title in the 100 back (47.17) while Hayden Kwan won the 200 back (1:46.31).
- In the butterfly events, Andrei Minakov place first in the 100 at 47.02, more than a second faster than second place, and Jackson Odgers took the 200 fly at 1:47.55. Luke Maurer and Andres Matejka took first and second in the 200 free, going 1:36.66 and 1:38.54 respectively.
- Andres DuPont beat out Maurer by one hundredth of a second in the 100 free at 43.94 to earn the gold and Ron Polonsky wrapped up the individual part of the meet with a win in the 200 IM (1:47.59).

### 1/21 at No. 17 Arizona

- The Cardinal earned a big Pac-12 dual meet victory over conference rival No. 17 Arizona on Saturday, taking the win by a score of 190-86. Rafael Gu was one of the top performers on the day, taking event titles in the 50 free, 200 free, and 100 fly, while adding a second place finish in the 200 medley relay.
- Stanford was dominant throughout the meet, claiming 13 event titles in total. Preston Forst claimed the first win of the day for the Cardinal in the 1000 free with a 9:24.59, while Liam Custer added a second place finish in the event as well.
- Stanford's underclassmen had an impressive showing from start to finish in Phoenix. Along with Gu's strong racing, fellow freshman Hayden Kwan took two individual titles, in the 100 back at 48.54 and 200 back at 1:45.22.
- Zhier Fan, another freshman, added his own event win in the 100 breast at 53.57, and sophomore diver Jack Ryan took the title in the only men's diving event of the day, the 3-meter, with a score of 382.73.
- In the 100 free, Leon MacAlister and Andres Dupont took the top two podium spots. The senior MacAlister recorded a 44.07 while the freshman Dupont clocked a 44.27 for second place.
- Ethan Dang was the top finisher in the 200 breast with a 1:59.54, beating out fellow Cardinal Hayden Zheng who took second with a 2:04.41.
- Luke Maurer and Andrew Matejka took first and second in the 500 free, with Maurer leading the field at 4:35.19. Rick Mihm added an event win in the 400 IM, out-touching Ron Polonsky by two tenths of a second. Mihm recorded a 3:58.24 to take gold.
- In the final event of the day, the 400 free relay, Stanford took the win. Andrei Minakov, Luke Maurer, Leon MacAlister, and Neel Roy combined for a 2:55.95 to secure the victory.

### 1/20 at No. 1 ASU

- No. 12 Stanford battled hard with No. 1 ASU, but ultimately fell to the Sun Devils on Friday afternoon by a score of 186-114. It marks Stanford's first dual meet loss since the winter of 2021 and only Schemmel's third loss at the helm of the program.
- In the diving pool, Stanford swept the podium spots in the 3-meter, as Jack Ryan, Hunter Hollenbeck, and Ethan Foster finished in first, second, and third place. The trio scored 352.95, 318.08, and 315.98 respectively.
- Ryan and Hollenbeck repeated their success on the 1-meter, finishing first and second in the event as well, with Foster adding fourth. Ryan scored a 324.38 for the win, while Hollenbeck recorded a 308.48 and Foster scored a 276.08.
- In the 200 medley relay to start the meet, with Leon MacAlister, Zhier Fan, Andrei Minakov, and Luke Maurer combining for a 1:24.47. It was Stanford's fastest time of the season in the event by three tenths of a second. Hayden Kwan, Ethan Dang, Jonathan Affeld, and Rafael Gu made up the B relay, taking fourth in

the event and clocking a 1:26.22.

- In the 1000 free, Matt Fenlon was Stanford's top finisher, taking third overall with a 9:04.06, only one one-hundredth behind an ASU swimmer in second place. Liam Custer and Andrew Matejka rounded out the heat for Stanford in fourth and fifth.
- Ron Polonsky recorded the Cardinal's best time in the 200 free so far this season, clocking a 1:33.83 to take second place. Preston Forst, Andres Dupont, and Neel Roy all competed in the 200 free as well.
- Leon MacAlister and Aaron Sequeira took second and third in the 100 back, finishing at 46.21 and 46.78 respectively. MacAlister took the event title in the 200 back, coming in at 1:41.26 to earn the top spot.
- In the 100 breast, Zhier Fan led the way for Stanford, coming in second place with a 52.63, the best mark for any Cardinal swimmer in the event this year.
- Andrei Minakov added a season-best mark for the Cardinal in the 50 free as well, taking second in the event at 19.62. Later in the meet, he claimed his second individual event title of the season in the 100 fly with a 45.07, nearly half a second faster than the next swimmer. Aaron Sequeira took third in the event as well at 46.23.
- Preston Forst claimed a podium spot in the 500 free, clocking a 4:19.62 for second place, and Ron Polonsky added another silver medal in the 200 IM, coming in at 1:43.72.
- In the final event, the 200 free relay, Andrei Minakov, Leon Macalister, Rafael Gu, and Luke Maurer combined for second place and a time of 1:18.15. Minakov's leadoff time of 19.55 became Stanford's best 50 free time of the year so far, topping his time from earlier in the meet.
- The Cardinal began 2023 on a high note by sweeping the Pac-12 weekly awards. Rafael Gu claimed the Pac-12 swimmer of the week award after earning three event titles and adding a second place finish as well.
- Jack Ryan took home the Pac-12 diver of the week award after finishing second overall on both the 1-meter and 3-meter at the Bruin Diving Invite.

## 2022-23 EVENT TITLES

- 200 medley relay: 3
- 400 free relay: 2
- 200 free relay: 2
- Liam Custer: 1 (1650 free)
- Ethan Dang: 3 (100 breast / 2x 200 breast)
- Andres Dupont: 1 (100 free)
- Zhier Fan: 3 (2x 100 breast, 200 breast)
- Matt Fenlon: 1 (1000 free)
- Preston Forst: 4 (2x 500 free / 2x 1000 free)
- Rafael Gu: 6 (2x 200 free / 100 back / 2x 100 fly / 50 back)
- Ethan Hu: 1 (100 fly)
- Hayden Kwan: 6 (2x 100 back / 4x 200 back)
- Leon MacAlister: 4 (3x 200 back / 100 free)
- Andrew Matejka: 2 (2x 500 free)
- Luke Maurer: 6 (50 free/ 100 free/ 2x 200 free / 500 free / 200 IM)
- Andrei Minakov: 4 (2x100 free / 2x 100 fly)
- Rick Mihm: 1 (400 IM)
- Ron Polonsky: 6 (2x 200 fly/ 2x 200 IM / 100 breast/ 200 breast)
- Neel Roy: 1 (200 free)
- Jack Ryan: 9 (4x 1-meter / 5x 3-meter)
- Avery Voss: 1 (50 free)

**Total: 67**

**2022-23 MEN'S SWIMMING AND DIVING ROSTER**

NAME	EVENT	HEIGHT	YEAR	HOMETOWN (HIGH SCHOOL)	MAJOR
JONNY AFFELD	FLY/BACK/FREE/IM	6-3	JR.	PALO ALTO, CALIF. (GUNN)	COMPUTER SCIENCE
SHANE BLINKMAN	IM/BREAST/BACK	6-0	SR.	HUDSON, WISC. (HUDSON)	MECHANICAL ENGINEERING
JON COOK	BREAST/IM	6-0	GR.	MILL CREEK, WASH. (HENRY M. JACKSON)	SUSTAINABILITY SCIENCE & PRACTICE (MS)
LIAM CUSTER	FREE/IM		FR.	SARASOTA, FLA. (PINE VIEW)	UNDECLARED
ETHAN DANG	BREAST/IM	5-10	JR.	RENTON, WASH. (HAZEN)	ECONOMICS
PEYTON DONALD	DIVING		FR.	SPRING, TEXAS (GRAND OAKS)	UNDECLARED
ANDRES DUPONT	FREE		FR.	CANCUN, MEXICO (THE BOLLES SCHOOL)	UNDECLARED
ZHIER FAN	BREAST/IM		FR.	PLANO, TEXAS (PLANO SENIOR)	UNDECLARED
MATT FENLON	FREE/FLY/IM	6-1	SO.	CHAPPAQUA, N.Y. (HORACE GREELEY)	UNDECLARED
PRESTON FORST	FLY/FREE	6-3	JR.	SUMMERVILLE, N.C. (NORTHERN GUILFORD)	MANAGEMENT SCIENCE & ENGINEERING
ETHAN FOSTER	DIVING	5-7	JR.	CHARLOTTE, N.C. (SOUTH MECKLENBURG)	COMPUTER SCIENCE
RAFAEL GU	FREE/FLY		FR.	SHANGHAI, CHINA (SHANGHAI AMERICAN SCHOOL)	UNDECLARED
HUNTER HOLLENBECK	DIVING	5-11	JR.	OKEMOS, MICH. (OKEMOS)	ELECTRICAL ENGINEERING
ETHAN HU	FLY/IM	6-0	JR.	CUPERTINO, CALIF. (HARKER)	COMPUTER SCIENCE
HAYDEN KWAN	BACK		FR.	TALLAHASSEE, FLA. (LAWTON CHILES)	UNDECLARED
LEON MACALISTER	BACK/FREE	6-0	SR.	SYDNEY, AUSTRALIA (KNOX GRAMMAR SCHOOL)	ECONOMICS
GABE MACHADO	FREE/BACK	6-7	SO.	BOISE, IDAHO (BISHOP KELLY)	UNDECLARED
ANDREW MATEJKA	FREE	6-7	SR.	WELLESLEY HILLS, MASS. (WELLESLEY)	ECONOMICS
LUKE MAURER	FREE	6-7	JR.	WILMETTE, ILL. (LOYOLA ACADEMY)	ECONOMICS
RICK MIHM	FREE/IM	6-0	JR.	WEXFORD, PA. (NORTH ALLEGHENY)	ECONOMICS
ANDREI MINAKOV	FREE/FLY	6-2	R-SO.	SAINT PETERSBURG, RUSSIA (COLLEGE OF OLYMPIC RESERVE 1)	UNDECLARED
HENRY MORRISSEY	FREE		FR.	PHILADELPHIA (GERMANTOWN ACADEMY)	UNDECLARED
RON POLONSKY	IM/BREAST		SO.		UNDECLARED
NEEL ROY	FREE/IM	6-3	SR.	MUMBAI, INDIA (JAMNABAI NARSEE SCHOOL)	PHYSICS
JACK RYAN	DIVING	5-10	SO.	DENVER, COLO. (DENVER SOUTH)	UNDECLARED
AARON SEQUEIRA	BACK	6-1	JR.	CINCINNATI, OHIO (WALNUT HILLS)	UNDECLARED
WILLIAM TARVESTAD	FREE/FLY	6-1	SR.	GOSHEN, KY. (NORTH OLDHAM)	HUMAN BIOLOGY
AVERY VOSS	FREE	6-4	SO.	UPPER ARLINGTON, OHIO (UPPERARLINGTON)	UNDECLARED
HAYDEN ZHENG	FLY/IM		SO.		UNDECLARED
JOSH ZUCHOWSKI	BACK/IM		FR.	JUPITER, FLA. (THE KING'S ACADEMY)	UNDECLARED

**GOLDMAN FAMILY DIRECTOR OF MEN'S SWIMMING:** DAN SCHEMMELE (MICHIGAN STATE, 2008) – 4TH SEASON

**ASSISTANT COACH:** NEIL CASKEY (TEXAS, 2012) – 4TH SEASON

**HEAD DIVING COACH:** PATRICK JEFFREY (OHIO STATE, 1988) - 9TH SEASON

*PRONUNCIATION GUIDE*

*ANDRES DUPONT – ON-DRAYS DEW-PONT*

*ZHIER FAN – JHEER FAWN*

*RAFAEL GU – GOO*

*ANDREW MATEJKA – MUH-TAKE-UH*

*LUKE MAURER – MOW-ER*

*ANDREI MINAKOV – ON-DRAY – MEEN-UH-COVE*

*AARON SEQUEIRA – SECK-EAR-UH*

*HAYDEN ZHENG – JUNG*