

*All times listed are Central
Schedule is subject to change*

FRIDAY, MARCH 8

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:30 PM	800 Meters	W	Pentathlon
5:35 PM	Mile	W	Semifinal
5:50 PM	Mile	M	Semifinal
6:07 PM	60 Hurdles	W	Semifinal
6:17 PM	60 Hurdles	M	Semifinal
6:27 PM	400 Meters	W	Semifinal
6:42 PM	400 Meters	M	Semifinal
6:57 PM	60 Meters	W	Semifinal
7:07 PM	60 Meters	M	Semifinal
7:17 PM	800 Meters	W	Semifinal
7:27 PM	800 Meters	M	Semifinal
7:37 PM	200 Meters	W	Semifinal
7:52 PM	200 Meters	M	Semifinal
8:07 PM	5000 Meters	W	Final
8:27 PM	5000 Meters	M	Final
8:47 PM	Distance Medley Relay	W	Final
9:02 PM	Distance Medley Relay	M	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
5:15 PM	Shot Put	W	P & F
5:30 PM	Long Jump	M	P & F
5:30 PM	Pole Vault	M	Final
7:10 PM	Long Jump	W	P & F
7:20 PM	Shot Put	M	P & F

HEPTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 PM	60 Meters	M	Hept.
12:40 PM	Long Jump	M	Hept. (2 runways)
1:50 PM	Shot Put	M	Hept. (2 rings)
3:00 PM	High Jump	M	Hept. (2 pits)

PENTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
12:15 PM	60 Hurdles	W	Pent.
1:00 PM	High Jump	W	Pent. (2 pits)
3:00 PM	Shot Put	W	Pent. (2 rings)
4:00 PM	Long Jump	W	Pent. (2 runways)
5:30 PM	800 Meters	W	Pent.

SATURDAY, MARCH 9

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
4:00 PM	1000 Meters	M	Hept.
4:10 PM	Mile	W	Final
4:20 PM	Mile	M	Final
4:30 PM	60 Hurdles	W	Final
4:40 PM	60 Hurdles	M	Final
4:50 PM	400 Meters	W	Final
5:00 PM	400 Meters	M	Final
5:10 PM	60 Meters	W	Final
5:20 PM	60 Meters	M	Final
5:30 PM	800 Meters	W	Final
5:40 PM	800 Meters	M	Final
5:50 PM	200 Meters	W	Final
6:00 PM	200 Meters	M	Final
6:10 PM	3000 Meters	W	Final
6:25 PM	3000 Meters	M	Final
6:40 PM	4x400 Relay	W	Final
6:55 PM	4x400 Relay	M	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	High Jump	M	Final
1:00 PM	High Jump	W	Final
2:00 PM	Weight Throw	M	P & F
3:30 PM	Triple Jump	W	P & F
4:00 PM	Pole Vault	W	Final
4:30 PM	Weight Throw	W	P & F
5:00 PM	Triple Jump	M	P & F

Hept. EVENTS

TIME	EVENT	DIVISION	ROUND
11:45 AM	60 Hurdles	M	Hept.
12:35 PM	Pole Vault	M	Hept. (2 pits)
4:00 PM	1000 Meters	M	Hept.