

STANFORD



INVITATIONAL

3/31-4/1, 2023 • Cobb Track & Angell Field

• POST-COLLEGIATE/UNATTACHED MEET INFORMATION •

IMPORTANT INFORMATION AND DEADLINES

| Date | Time | Deadline |
|---------------------------|-----------------|---|
| Monday, February 20, 2023 | 8:00 a.m., PST | Entries OPEN on Direct Athletics (www.directathletics.com) |
| Friday, March 17 | 12:00 p.m., PST | Entry Deadline |
| Monday, March 20 | 12:00 p.m., PST | Late Entry Deadline |
| Wednesday, March 22 | 5:00 p.m., PST | Accepted Entries Posted |
| Wednesday, March 29 | 5:00 p.m., PST | Heat Sheets Posted (www.recordtiming.com) |

MEET DIRECTOR: All meet-related communication should be directed to Meet Director Lashannda Worthy (lworthy@stanford.edu).

MEET PHILOSOPHY: The Stanford Invitational highly values the presence of unattached, post-collegiate, international, and professional athletes at our competitions, and will continue to do our best to offer opportunities that serve for the betterment of our sport. However, in the interest of transparency, we ask that unattached athletes, coaches, and agents understand that as a university - our priority is *TO THE COLLEGIATE ATHLETE*. For this reason, meet management will make no guarantees in regard to the acceptance (or heat placement) of non-collegiate athletes. **All non-collegiate entries will be considered on a case-by-case basis at the discretion of meet management.** Once we feel as though we have offered the best possible opportunities for our college entrants, we will attempt to best accommodate requests from unattached, post-collegiate, and professional entries according to the guidelines below:

TIER 1: ELITE AMERICAN AND INTERNATIONAL ATHLETES – Athletes ranked in the **Top 50** in the world (according to the IAAF) shall be given first priority. **Top 50** entries are considered from the **PREVIOUS CALENDAR YEAR** (not the prior qualifying window).

TIER 2: HIGH-RANKING AMERICAN ATHLETES – American athletes who achieved the advertised USATF Qualifying Standard in the previous calendar year shall be considered in Tier #2. Athletes who were accepted into the USATF Championships/Olympic Trials in the previous year, but did not meet the advertised standard, shall be considered in Tier 3.

TIER 3: RECENT COLLEGIANS/INTERNATIONAL ATHLETES – Recent collegians, international athletes (outside of IAAF Top 50) and up-and-coming American athletes shall be considered in Tier 3 relative to previous bests, national and international finishes, and current fitness.

TIER 4: DEBUTS/OUTDATED BESTS – Unless extenuating circumstances exist, we will only consider athletes who have displayed recent fitness (within the last calendar year). Those with outdated personal bests will only be considered if space permits. Those planning to debut in an event will only be considered if they have an equivalent performance in a similar event.

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ENTRY APPROVAL: **ALL ENTRIES MUST BE APPROVED BY THE MEET DIRECTOR – PRIOR TO ENTERING ON DIRECT ATHLETICS. ENTRY APPROVAL DOES NOT GUARANTEE THE ENTRY WILL BE ACCEPTED.** Interested athletes/coaches/agents should email Lashannda Worthy (lworthy@stanford.edu) to for entry approval. Entry requests MUST INCLUDE A PROOF OF PERFORMANCE FROM THE LAST YEAR IN ORDER TO BE CONSIDERED. **INDIVIDUAL ATHLETES** who are **APPROVED** to enter will be provided a password to enter via Direct Athletics.

TEAM REQUESTS: **INTERESTED CLUB TEAMS/TRAINING GROUPS** should email the meet director with a complete list of interested athletes, who will be approved on a case-by-case basis. **CLUB TEAMS/TRAINING GROUPS** who are interested in entering via a team account on Direct Athletics should provide the **ACCOUNT NAME** along with the request.

INITIAL ENTRIES: **ALL ENTRIES** should be completed on www.directathletics.com. **ALL ENTRIES are DUE BY FRIDAY, MARCH 17, 2023 @ 12:00 P.M., PST.** ALL ENTRIES WILL BE CONSIDERED FINAL AT THE CLOSE OF ENTRIES - THERE WILL BE NO OPPORTUNITY TO UPDATE PERFORMANCES AFTER THE ENTRY DEADLINE.

LATE ENTRIES: **Late entries will be accepted on a case-by-case basis up until MONDAY, MARCH 20 @ 12:00 p.m., PDT.** Individual entries who miss the initial entry deadline will only be able to register during the late window with the approval of the meet director (lworthy@stanford.edu).

ACCEPTED ENTRIES: A list of **ACCEPTED ENTRIES** will be posted on www.recordtiming.com by 5:00 p.m, PST, on Wednesday, March 29, 2022.

UNTTACHED ENTRY FEE STRUCTURE

ENTRY FEES: \$35 PER ATHLETE PER EVENT; \$35 PER RELAY

LATE ENTRIES: ALL **LATE ENTRIES** WILL BE SUBJECT TO A **LATE ENTRY FEE** AS FOLLOWS: **INDIVIDUAL ENTRIES** - \$50 PER ATHLETE ENTERED; \$50 PER RELAY.

ONLINE PAYMENT: **ONLINE ENTRY FEE PAYMENT IS REQUIRED AND IS NON-REFUNDABLE.**

INITIAL MEET PROCEDURES

COMMUNICATION: **ALL MEET-RELATED COMMUNICATION WILL BE VIA EMAIL TO THE ADDRESS ASSOCIATED WITH YOUR DIRECTATHLETICS ACCOUNT.** Please ensure your Direct Athletics profile a current email address. **FINAL meet procedures and LAST MINUTE NOTES** will be emailed to competing individuals the week of competition.

PRACTICE: **** SUBJECT TO CHANGE **** Cobb Track and Angell Field will be open to competing teams from 1:00-7:00 p.m., on Thursday, March 31. Please note the following event-specific windows – Javelin: 1:00-4:00; Discus: 4:00-7:00 p.m.

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SUGGESTED ENTRY STANDARDS

ENTRY GUIDELINES: Due to limited space for unattached entries, NON-COLLEGIATE ATHLETES should have met the published entry guideline (posted below) within the last 12 months in order to be considered. **PLEASE NOTE – Meeting the guideline DOES NOT GUARANTEE THAT YOUR ENTRY WILL BE ACCEPTED. ALL ENTRIES ARE AT THE DISCRETION OF MEET MANAGEMENT.**

| TRACK EVENT | MEN | WOMEN |
|-----------------------------|----------|----------|
| 100 Meters | 10.34 | 11.50 |
| 200 Meters | 20.80 | 23.50 |
| 400 Meters | 46.20 | 53.50 |
| 800 Meters | 1:49.50 | 2:08.50 |
| 1500 Meters | 3:42.00 | 4:19.00 |
| 5000 Meters | 13:45.00 | 16:00.00 |
| 3000 (For 5K Consideration) | 7:55.00 | 9:12.00 |
| 10,000 Meters | 28:45.00 | 33:15.00 |
| 110/100-Meter Hurdles | 14.00 | 13.65 |
| 400-Meter Hurdles | 51.20 | 59.20 |
| 3000-Meter Steeplechase | 8:54.00 | 10:20.00 |

| FIELD EVENT | MEN | WOMEN |
|-------------|-----------------|----------------|
| High Jump | 7-1.75 (2.18) | 5-10.50 (1.79) |
| Pole Vault | 17-4.50 (5.30) | 13-1.50 (4.00) |
| Long Jump | 25-1.25 (7.65) | 20-4.25 (6.20) |
| Triple Jump | 51-6.25 (15.70) | 42-0 (12.80) |
| Shot Put | 59-0.75 (18.00) | 52-6 (16.00) |
| Discus | 185-4 (56.50) | 169-11 (51.81) |
| Hammer | 200-1 (61.00) | 183-9 (56.00) |
| Javelin | 220-9 (67.30) | 152-7 (46.50) |