

STANFORD MEN'S TRACK AND FIELD

FRESHMEN ALL-TIME TOP 5

Thru March 22, 2023

True freshmen only

100 Meters	Year	Time
1. Udodi Onwuzurike	2022	10.03
2. Wopamo Osaisai	2005	10.39
3. Gabriel Navarro	2018	10.43
4. Stanley Wilson	2001	10.47
5. Isaiah Brandt-Sims	2015	10.53

200 Meters	Year	Time
1. Udodi Onwuzurike	2022	20.08
2. Isaiah Brandt-Sims	2015	20.93
3. Wopamo Osaisai	2005	21.04
Gabriel Navarro	2018	21.04
5. Gordon Banks	1977	21.24c

Note: Banks ran a hand-timed 21.0

400 Meters	Year	Time
1. Steven Solomon	2013	46.12
2. Rene Rodriguez	1993	46.46
3. Andrew Dargie	2008	46.53
4. Harrison Williams	2015	47.16
5. Amaechi Morton	2009	47.29

800 Meters	Year	Time
1. Gabe Jennings	1998	1:46.99
2. John Schaer	1979	1:48.44c
3. John Lester	2022	1:48.49
4. Mark Hassell	1998	1:49.07
5. Michael Stember	1997	1:49.33

Note: Schaer ran a hand-timed 1:48.3.

1,500 Meters	Year	Time
1. Donald Sage	2001	3:39.27
2. Gabe Jennings	1998	3:40.54
3. Andy Powell	2000	3:40.65
4. Russell Brown	2005	3:41.72
5. Marc Olesen	1984	3:41.84c

Note: Olesen ran a hand-timed 3:41.7.

Mile	Year	Time
1. Gabe Jennings	1998	3:59.32
2. Zane Bergen	2023	4:01.67i
3. Matt Rizzo	2020	4:02.09i
4. Jonathon Riley	1998	4:02.50
5. Michael Stember	1997	4:02.72

3,000-Meter Steeplechase	Year	Time
1. Ky Robinson	2021	8:32.01
2. Jonathan Pierce	2004	9:00.35
3. J.T. Sullivan	2008	9:01.40
4. Ian Dobson	2002	9:03.06
5. Jonathon Riley	1998	9:03.59

5,000 Meters	Year	Time
1. Chris Derrick	2009	13:29.98
2. Grant Fisher	2016	13:30.13
3. Brent Hauser	1997	13:39.75
4. Brad Hauser	1998	13:42.49
5. Thomas Boyden	2021	13:42.63

10,000 Meters	Year	Time
1. Nolan Topper	2022	28:44.15
2. Brent Hauser	1997	28:46.35
3. Louis Luchini	2000	28:54.30
4. Brad Hauser	1997	29:02.58
5. Ian Dobson	2002	29:06.41

110-Meter Hurdles	Year	Time
1. Myles Bradley	2006	14.36
2. Peter Kolotouros	1988	14.41
3. Michael Harte	1997	14.44
4. Joseph Jackson	2007	14.50
5. Harrison Williams	2015	14.51

400-Meter Hurdles	Year	Time
1. Amaechi Morton	2009	50.11
2. Julian Body	2017	51.62
3. Daniel Brady	2015	52.52
4. Garry Shumway	1979	53.04
5. Matt Hogsett	1973	53.14c

Note: Hogsett ran a hand-timed 53.0.

High Jump	Year	Mark
1. Brian Marshall	1985	7-3 1/2 (2.23)
2. Michael Ponikvar	1999	7-3 (2.21)
3. Dartis Willis II	2012	7-0 1/2 (2.17)
4. Jules Sharpe	2010	7-1 (2.16)
5. Travis Clark	1992	7-0 1/2 (2.15)

Pole Vault	Year	Mark
1. Garrett Brown	2022	17-9 1/4 (5.42)
2. Toby Stevenson	1997	17-8 3/4 (5.41)
3. Dylan Duvio	2014	17-6 1/2 (5.35)
4. Max Manson	2020	17-1i (5.21)
5. Donell Hill	2006	16-7 1/4 (5.06)

Long Jump	Year	Mark
1. Darrin Nelson	1978	25-7 1/2 (7.81)
2. James Lofton	1975	25-3 1/4 (7.70)
3. Tom Anderson	1970	24-10 1/2 (7.58)
4. Albert Dyson	1970	24-5 (7.44)
5. Allan Hunter	2021	24-3 3/4 (7.41)

Triple Jump	Year	Mark
1. Allen Meredith	1970	52-3 (15.93)
2. Solomon Welch	2005	51-9 (15.77)
3. Ian Arnold	1968	51-8 1/2 (15.76)
4. Feranmi Okanlami	2006	51-4 1/2 (15.66)
5. Tom Massey	1969	51-1 1/2 (15.58)

Shot Put	Year	Mark
1. Terry Albritton	1973	61-6 1/2 (18.76)
2. Pete Swanson	1994	58-3 1/4 (17.76)
3. Tristen Newman	2015	56-11 1/2 (17.36)
4. Andy Papathanassiou	1988	56-9 1/4 (17.30)
5. Bruce Wilhelm	1964	56-2 (17.12)

Discus	Year	Mark
1. Omer Inan	2000	188-3 (57.38)
2. Geoffrey Tabor	2009	186-8 (56.89)
3. Glenn Schneider	1986	185-0 (56.38)
4. Jeff Buckey	1994	177-3 (54.04)
5. Dan Schaefer	2005	176-0 (53.65)

Hammer	Year	Mark
1. Adam Connolly	1995	208-0 (63.40)
2. Shaun Pickering	1982	207-9 (62.32)
3. Max McKhann	2019	203-0 (61.87)
4. Nick Welihozkiy	2000	200-4 (61.06)
5. Mason McKhann	2021	170-10 (52.07)

Javelin	Year	Mark
1. Chad Wassink	1999	211-4 (64.41)
2. Andrew Rondema	2013	203-2 (61.92)
3. Aaron Konigsberg	2011	199-8 (60.85)
4. Charlie Kerr	2013	197-6 (60.20)
5. Bryan Kelley	2003	184-2 (56.15)

Decathlon	Year	Points
1. Harrison Williams	2015	7,806
2. Jason Goff	2000	7,007
3. Michael Heise	1980	6,600*
4. Josh Gleason	1995	6,483
5. Corey Dysick	2008	6,345

* Heise's score is from the old scoring tables, but his marks are unavailable and therefore his adjusted scores are unknown.

Also:

60 Meters	Year	Mark
1. Udodi Onwuzurike	2022	6.67i
2. Dorien Simon	2020	6.80i
3. Gabriel Navarro	2018	6.92i
4. John McKeeman	2002	6.93i
5. Daniel Belch	2007	6.97i

600 Meters	Year	Mark
1. Louis Stenmark	2018	1:21.86i
2. Colin Dolese	2015	1:23.04i

1,000 Meters	Year	Mark
1. Scott Buttinger	2014	2:22.58i
2. Brandon McGorty	2018	2:23.56i
3. Matt Rizzo	2020	2:27.56i
4. Tai Dinger	2015	2:28.71i
5. Thomas Coyle	2014	2:30.27i

3,000 Meters	Year	Mark
1. Chris Derrick	2009	7:56.31
2. Gabe Jennings	1998	7:58.40
3. Devin Hart	2020	8:02.47i
4. Clayton Mendez	2019	8:04.36i
5. Zane Bergen	2023	8:04.73i

60-Meter Hurdles	Year	Mark
1. Myles Bradley	2006	8.03i
2. Harrison Williams	2015	8.19i
3. Julian Body	2017	8.33i
4. Jack Herkert	2018	8.49i

35-pound Weight Throw	Year	Mark
1. Aiden Paul	2022	54-4 3/4 (16.58)
2. James Wright	2022	53-0 1/4 (16.16)
3. Jeremy Hines	2011	48-3 1/2 (14.72)
4. Garin Gross	2022	34-0 1/4 (10.37)

Heptathlon	Year	Mark
1. Harrison Williams	2015	5,539
2. Jack Herkert	2018	4,860
3. Corey Dysick	2008	4,848
4. Darien Bailey	2010	4,558
5. Kevin Cardey	2010	4,475

Decathlon (Jr.)	Year	Mark
1. Harrison Williams	2015	8,037