



# STANFORD

## WOMEN'S SWIMMING & DIVING

2019 NCAA Championships • March 20-23 • Austin, Texas



### NEWS & NOTES

Two-time defending national champion Stanford will send 16 swimmers and four divers to the NCAA Swimming and Diving Championships, March 20-23, in Austin, Texas. The Cardinal has won more national championships than any other program (10 NCAA and one AIWA), and is looking for its first three-peat since winning five straight from 1992-96.

#### NCAA TEAM HISTORY

- » Stanford has won the NCAA title 10 times, the most of any team in the nation, and won an AIAW title in 1980.
- » The Cardinal has registered 38 straight top-eight finishes (every year the NCAA has sponsored a championship meet), and 14 top-five showings in the last 15 years.
- » Under head coach Greg Meehan, Stanford finished eighth (2013), second (2014), third (2015) and second (2016) before snapping the program's 19-year title drought with back-to-back championships in 2017 and 2018.
- » Stanford last won three straight NCAA titles during a five-year run from 1992-96. In all, only four schools have won three straight national titles -- Texas (1984-88), Stanford (1992-96), Georgia (1999-2001) and Auburn (2002-04). Only three coaches have won three straight national titles -- David Marsh (Auburn), Jack Bauerle (Georgia) and Richard Quick (Texas and Stanford).

#### LOTS OF TREES:

- » Stanford's 22 NCAA qualifiers (18 swimmers, four divers) was the most in the nation, and over the NCAA roster limit of 18 (divers count as half) so the Cardinal will send 16 swimmers and four divers. Stanford's other two qualifiers were sophomores Katie Glavinovich and Hannah Kukurugya, who each qualified in three events.
- » The Cardinal sent the maximum roster last year and finished with the most points at the NCAA meet in more than a decade. The year prior, Stanford had 16 at the NCAA meet when they took home the title in Indianapolis. Prior to that, 13 traveled to Atlanta in 2016 (10 swimmers, three divers) when Stanford finished as the national runner-up.
- » Stanford has 53 individual events this week (swims and dives combined), the most in the nation.

YEAR	Stanford Women's Swimming NCAA Qualifiers under Coach Meehan		
	QUALIFIERS	INDIVIDUAL RACES	NCAA FINISH
2013	10	24	4th
2014	11	27	8th
2015	13	30	3rd
2016	9	25	2nd
2017	14	42	1st
2018	18	52	1st
2019	18	51	TBA

### 2018-19 SCHEDULE

Record: 7-0 (7-0 Pac-12)

- Oct. 20. . . . . Utah . . . . . 191-101, W
- Oct. 12. . . . . at Washington State . . . . . 169-86, W
- Nov. 9 . . . . . #1 Texas. . . . . Cancelled
- Nov. 15-17 . . . . . Ohio State Invitational . . . . . 1st of 13
- Jan. 25 . . . . . at #21 Arizona . . . . . 195-99, W
- Jan. 26 . . . . . at Arizona State . . . . . 198-96, W
- Feb. 1 . . . . . #20 UCLA. . . . . 168-123, W
- Feb. 2 . . . . . #14 USC (Senior Day) . . . . . 187-107, W
- Feb. 16 . . . . . at Cal . . . . . 192-107, W

#### Pac-12 Conference Championships

(Federal Way, Wash.)

- Feb. 27-March 2 . . . . . 1st/9

#### NCAA Championships

(Austin, Texas)

- March 20-23. . . . . NOW!

#### World University Games

(Naples, Italy)

- July 4-11. . . . . World University Games . . . . . All Day

#### World Championships

(Gwanju, Korea)

- July 21-28. . . . . World Championships . . . . . All Day

#### U.S. Nationals

(Stanford, Calif.)

- July 31-Aug. 4 . . . . . U.S. Nationals . . . . . All Day

### ORDER OF EVENTS

#### Wednesday

800 Free Relay

#### Thursday

200 Free Relay

500 Free

200 IM

50 Free

400 Medley Relay

1-Meter Diving

#### Friday

400 IM

100 Fly

200 Free

100 Breast

100 Back

200 Medley Relay

3-Meter Diving

#### Saturday

1650 Free

200 Back

100 Free

200 Breast

200 Fly

400 Free Relay



**FOLLOW THE CARDINAL (@STANFORDWSWIM):** Stanford women's swimming and diving can be found on instagram, twitter and snapchat.

SID Contact . . . . . Eric Dolan  
 Email. . . . . edolan@stanford.edu  
 Cell . . . . . 585-260-8322  
 Website. . . . . GoStanford.com



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### No. 1 STANFORD CARDINAL (7-0, 7-0 Pac-12)

**Head Coach:** Greg Meehan (Seventh season • Rider '01)

**Assistant Coach:** Tracy Slusser (Seventh season • Purdue '06)

**Diving Coach:** Patrick Jeffrey (Fifth season • Ohio State '88)

Name	Event	Ht.	Yr.	Major	Hometown (High School)
Zoe Bartel	Breast/IM	5-8	Fr.	Undeclared	Fort Collins, Colo. (Fossil Ridge)
Megan Byrnes	Free/Back/IM	5-8	Jr.	Mgmt. Science and Engineering	Fairfax, Va. (Oakton)
Katie Drabot	Free/IM	5-7	Jr.	Human Biology	Cedarburg, Wis. (Cedarburg)
Ella Eastin	IM/Fly/Free	5-9	Sr.	Human Biology	Irvine, Calif. (Crean Lutheran)
Amalie Fackenthal	Free/Fly	5-8	Fr.	Undeclared	Carmichael, Calif. (Sacramento Country Day)
Haley Farnsworth	Diving	5-4	Jr.	Communications	San Clemente, Calif. (San Clemente)
Brooke Forde	Breast/Free/IM	5-9	So.	Undeclared	Louisville, Ky. (Sacred Heart Academy)
Katie Glavinovich	Free/Back/IM	5-11	So.	Undeclared	Laguna Beach, Calif. (JSerra Catholic)
Anya Goeders	Free/Back	6-0	Fr.	Undeclared	Lowell, Ind. (Lowell)
Lauren Green	Free/Fly	5-5	So.	Undeclared	San Jose, Calif. (Pioneer)
Hannah Kukurugya	Fly/IM	5-7	So.	Undeclared	Crown Point, Ind. (Crown Point)
Daria Lenz	Diving	5-3	Fr.	Undeclared	Alta Dena, Calif. (Polytechnic School)
Lucie Nordmann	Back/Free/Fly	6-1	Fr.	Undeclared	The Woodlands, Texas (The Woodlands)
Mia Paulsen	Diving	5-4	So.	Undeclared	Atherton, Calif. (Menlo-Atherton)
Lauren Pitzer	Free/Fly/IM	5-10	So.	Undeclared	Fort Worth, Texas (Fossil Ridge)
Allie Raab	Breast/IM	5-9	Fr.	Undeclared	Brentwood, Tennessee (Brentwood Academy)
Taylor Ruck	Free/Back	6-2	Fr.	Undeclared	Scottsdale, Ariz. (Chaparral)
Carolina Sculti	Diver	5-1	Fr.	Undeclared	Rye, N.Y. (Rye)
Brooke Stenstrom	Free	5-8	Jr.	Undeclared	Highlands Ranch, Colo. (Valor Christian)
Leah Stevens	Free/Breast/IM	5-7	Sr.	Human Biology	Louisville, Ky. (Sacred Heart Academy)
Allie Szekely	Back/Breast/IM	5-8	Jr.	Mgmt. Science and Engineering	Doylestown, Pa. (Gwynedd Mercy Academy)
Morgan Tankersley	Free	5-7	Fr.	Undeclared	Tampa, Fla. (H.B. Plant)
Ashley Volpenhein	Free	5-8	So.	Undeclared	Mason, Ohio (Mason)
Erin Voss	Back/Free	6-0	Jr.	Computer Science	Northampton, Mass. (Northampton)
Kim Williams	IM/Breast	5-9	Sr.	Psychology	Bellevue, Wash. (Bellevue)
Grace Zhao	Breast/Free	5-8	So.	Undeclared	Palo Alto, Calif. (Palo Alto)

### PRONUNCIATIONS

**Megan Byrnes** - burns

**Katie Drabot** - dray-bot

**Brooke Forde** - ford-ee

**Anya Goeders** - gett-ers

**Hannah Kukurugya** - koo-koo-roo-guh

**Mia Paulsen** - mee-uh

**Allie Raab** - Rob

**Brooke Stenstrom** - sten-strum

**Allie Szekely** - zeck-lee

**Ashley Volpenhein** - vohlp-en-highn

**Grace Zhao** - zshow

**Grace Zhao** - J-ow (rhymes with "pow")

**Greg Meehan** - Me-in

**Tracy Duchac** - doo-cotch



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### MORE NEWS & NOTES

#### LAST YEAR

- » Last year's NCAA meet ended with a victory leap into the diving well at Ohio State's McCorkle Aquatic Pavilion. Stanford celebrated its second straight NCAA team title.
- » The Cardinal had 16 different All-Americans combine for 56 All-America honors, five American records, eight individual national championships and five relay titles.
- » Stanford's 13 event victories tied the all-time record set several times, last by Stanford in 1993.
- » Stanford was just the third school to sweep all five relays at the NCAA Championships, joining Georgia in 2005 and Arizona in 2008.
- » Stanford's 593 points were the most since Georgia had 609.5 in 2005 and the most for the program since the Cardinal totaled 649.5 in 1993. Cal was second with 373 points – the 220-point difference was the third-largest margin of victory at the NCAA Championships and the largest since 1993 (Stanford over Florida, 649.5 - 421).
- » Then-junior Ella Eastin was named the NCAA Championships Swimmer of the Meet. She set two American records en route two relay titles and a meet-best three individual national titles.

#### PAC-12 CHAMPIONS

- » The Cardinal has registered 38 straight top-» Stanford is the first school to win three consecutive Pac-12 Conference titles since Arizona from 2006-08. The Wildcats and Cardinal are the only programs to three-peat as Stanford also did so as champions of the first 13 conference meets (1987-99).
- » Stanford won six individual events by four individuals -- Ella Eastin (500 free, 200 back, 400 IM), Mia Paulsen (platform), Leah Stevens (1650 free) and Grace Zhao (200 breast).
- » Eastin finished her career with nine individual Pac-12 titles, which is tied for fourth-most in conference history.
- » The top-ranked Cardinal's 1,775 points were the third-most ever scored at the Pac-12 Championships – just 1.5 points shy of last year's national title team and 29 points fewer than Stanford's 1992 national championship team that famously featured several Olympians, including Summer Sanders and Jenny Thompson.
- » Cal finished as the runner-up with 1,352 points. The 423-point difference is the largest margin of victory at this meet since Stanford outscored runner-up UCLA by 599.5 points in 1996.
- » Overall, this is Stanford's 22nd conference title, most all-time.

#### YOUNG TREES

- » For the second straight year more than half of Stanford's NCAA roster will be underclassmen. Of the 20 Cardinal student-athletes, nine are freshmen, four are sophomores, five are juniors and two are seniors.
- » But it will also be an experienced group as 10 returnees have been to the NCAA's before -- all 10 have won a national title and seven others have been part of the last two national title teams. In addition, the returning Cardinal have combined for 41 All-America honors.

#### TOP TREES

- » Stanford has the top seed in just two events entering the meet. Lauren Pitzer has the best seed time in the 500 free (4:34.30), while Ella Eastin had the only sub-four time in the 400 individual medley this year (3:57.75), and Brooke Forde owns the nation's second-best time in the event at 4:00.27.
- » Freshman Taylor Ruck as the second-best time of the year in the 200 back (1:48.67).
- » In the 200 fly, junior Katie Drabot is the No. 2 seed with a season-best time of 1:51.42, followed by Eastin's 1:52.07 which ranks third in the NCAA.

#### REGULAR SEASON RECAP:

- » Stanford finished undefeated in dual meets for the fourth straight season. Seniors Ella Eastin, Leah Stevens and Kim Williams finished their careers with an unblemished record of 30-0.
- » Stanford has won 29 straight dual meets. The Cardinal's last defeat in a dual was to No. 3 Cal on Feb. 14, 2015—which also marks a string of 27 straight Pac-12 dual meet victories since that loss. The Cardinal has also won 19 straight dual meets at home dating back to Oct. 30, 2014 against Texas (156-144).
- » Stanford finished the regular season atop the polls for the fourth straight season.

#### WATCH

- » You can find a live stream for all preliminary events here. Finals on Wednesday and Thursday will be on ESPN3 and the Watch ESPN app, while ESPNU will provide coverage of Friday and Saturday night finals.

#### SOCIAL SCENE

- » Several different Cardinal will take over the team's instagram account during the conference championship weekend. You can follow Cardinal women's swimming and diving all year long on instagram, twitter and Facebook (@StanfordSwim).





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### STANFORD SCHEDULE BY DAY

<i>Event</i>	<i>Swimmers (Seed)</i>	<i>National Titles</i>	<i>School Record</i>
<b>Wednesday</b>			
800 Free Relay	Lineup TBD	10 (Won last two)	Manuel, Neal, Eastin, Ledecky, 6:45.91, 2017

#### Thursday

200 Free Relay	Lineup TBD	8: Last in 2018	Hu, Manuel, Pitzer, Howe, 1:25.43, 2018
500 Free	Pitzer, Tankersley, Voss, Stevens, Forde, Byrnes, Drabot	9: Ledecky won last two	Katie Ledecky, 4:24.06, 2017
200 IM	Eastin, Bartel	10: Eastin won in 2016, 2018	Ella Eastin, 1:51.65, 2016
50 Free	Goeders, Fackenthal, Nordmann	11: Manuel won last two	Simone Manuel, 21.17, 2017
1-Meter Diving	Sculti, Lenz, Farnsworth	1 (Cassidy Krug, 2007)	Cassidy Krug, 361.55, 2007
400 Medley Relay	Lineup TBD	14: Won last five	Howe, Williams, Hu, Manuel, 3:25.09, 2018

#### Friday

400 IM	Eastin, Forde, Szekely, Raab, Stevens	11: Eastin won last three	Ella Eastin, 3:54.60, 2018
100 Fly	Fackenthal	10: Last in 2014 (Lee)	Janet Hu, 50.38, 2017
200 Free	Ruck, Pitzer, Tankersley, Drabot	3: Last in 2017 (Ledecky)	Katie Ledecky, 1:40.36, 2017
100 Breast	Raab, Bartel, Zhao	7 (Last: Sarah Haase, 2015)	Sarah Haase, 57.36, 2016
100 Back	Ruck, Nordmann, Voss	7: Last in 2018 (Howe)	Ally Howe, 49.69, 2017
3-Meter Diving	Sculti, Paulsen	3 (Last: Cassidy Krug, 2007)	Cassidy Krug, 420.90, 2007
200 Medley Relay	Lineup TBD	14: Won 2014, 2016, 2018	Howe, Williams, Hu, Manuel, 1:33.11, 2018

#### Saturday

1650 Free	Byrnes, Tankersley, Stevens	7: Ledecky won last two	Katie Ledecky, 15:03.31, 2017
200 Back	Ruck, Nordmann, Voss, Szekely	2 (Last: Misty Hyman, 1998)	Ella Eastin, 1:48.53, 2019
100 Free	Pitzer, Fackenthal, Goeders	10: Manuel won last two	Simone Manuel, 45.56, 2017
200 Breast	Raab, Bartel, Zhao, Szekely	7 (Last: Caroline Bruce, 2005)	Katie Olsen, 2:05.88, 2014
200 Fly	Drabot, Eastin, Forde	12: Eastin won last two	Ella Eastin, 1:49.51, 2018
Platform	Sculti, Paulsen, Lenz	5: Last in 2016 (Leydon-Mahoney)	--
400 Free Relay	Lineup TBD	12 (Last: 2017)	Manuel, Ledecky, Hu, Neal, 3:07.61, 2017





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### NCAA TEAM CHAMPIONS

1983 . . . . . 418.5 pts.	1994 . . . . . 512.0 pts.	2017 . . . . . 526.5 pts.
1989 . . . . . 610.5 pts.	1995 . . . . . 497.5 pts.	2018 . . . . . 593.0 pts.
1992 . . . . . 735.5 pts.	1996 . . . . . 478.0 pts.	
1993 . . . . . 649.5 pts.	1998 . . . . . 422.0 pts.	

### INDIVIDUAL NCAA CHAMPIONS

#### 50 Freestyle (11 total, 5 individuals)

1984	Krissie Bush . . . . .	22.98
1986	Jenna Johnson . . . . .	22.46
1987	Jenna Johnson . . . . .	22.57
1992	Jenny Thompson . . . . .	22.14
1993	Jenny Thompson . . . . .	22.16
1997	Catherine Fox . . . . .	22.01
1998	Catherine Fox . . . . .	22.21
1999	Catherine Fox . . . . .	22.13
2015	Simone Manuel . . . . .	21.32
2017	Simone Manuel . . . . .	21.17
2018	Simone Manuel . . . . .	21.18

#### 100 Freestyle (10 total, 4 individuals)

1986	Jenna Johnson . . . . .	49.03
1987	Jenna Johnson . . . . .	48.82
1992	Jenny Thompson . . . . .	47.61
1993	Jenny Thompson . . . . .	48.03
1994	Jenny Thompson . . . . .	47.74
1995	Jenny Thompson . . . . .	48.38
1996	Claudia Franco . . . . .	49.04
2015	Simone Manuel . . . . .	46.09
2017	Simone Manuel . . . . .	45.56
2018	Simone Manuel . . . . .	45.65

#### 200 Freestyle (3 total, 2 individuals)

1982	Marybeth Linzmeier . . . . .	1:45.82
1984	Marybeth Linzmeier . . . . .	1:45.47
2017	Katie Ledecky . . . . .	1:40.36

#### 500 Freestyle (9 total, 5 individuals)

1982	Marybeth Linzmeier . . . . .	4:41.61
1983	Marybeth Linzmeier . . . . .	4:39.65
1984	Marybeth Linzmeier . . . . .	4:38.91
1990	Janet Evans . . . . .	4:34.49
1991	Janet Evans . . . . .	4:38.71
1993	Lisa Jacob . . . . .	4:45.79
2001	Jessica Foschi . . . . .	4:37.81
2017	Katie Ledecky . . . . .	4:24.06
2018	Katie Ledecky . . . . .	4:26.57

#### 1,650 Freestyle (7 total, 3 individuals)

1982	Marybeth Linzmeier . . . . .	16:02.34
1983	Marybeth Linzmeier . . . . .	16:03.76
1984	Marybeth Linzmeier . . . . .	16:02.38
1990	Janet Evans . . . . .	15:39.14
1991	Janet Evans . . . . .	15:45.98
2017	Katie Ledecky . . . . .	15:07.70
2018	Katie Ledecky . . . . .	15:07.91

#### 100 Backstroke (7 total, 4 individuals)

1992	Lea Loveless . . . . .	52.82
1993	Lea Loveless . . . . .	52.98
1994	Lea Loveless . . . . .	53.51
1996	Jessica Tong . . . . .	54.40
1997	Catherine Fox . . . . .	53.23
1998	Catherine Fox . . . . .	51.34
2018	Ally Howe . . . . .	49.70

#### 200 Backstroke (2 total, 2 individuals)

1993	Lea Loveless . . . . .	1:53.67
1998	Misty Hyman . . . . .	1:53.12

#### 100 Breaststroke (7 total, 4 individuals)

1991	Lori Heisick . . . . .	1:01.37
2001	Tara Kirk . . . . .	59.18
2002	Tara Kirk . . . . .	59.03
2003	Tara Kirk . . . . .	58.62
2004	Tara Kirk . . . . .	1:04.79
2005	Caroline Bruce . . . . .	59.55
2015	Sarah Haase . . . . .	58.32

#### 200 Breaststroke (7 total, 4 individuals)

1984	Susan Rapp . . . . .	2:12.84
1987	Susan Rapp . . . . .	2:11.93
1990	Jill Johnson . . . . .	2:12.32
2002	Tara Kirk . . . . .	2:07.36
2003	Tara Kirk . . . . .	2:08.79
2004	Tara Kirk . . . . .	2:20.70
2005	Caroline Bruce . . . . .	2:08.67

#### 100 Butterfly (10 total, 6 individuals)

1986	Jenna Johnson . . . . .	52.69
1989	Jenna Johnson . . . . .	53.24
1990	Janel Jorgensen . . . . .	53.02
1993	Janel Jorgensen . . . . .	53.19
1994	Jenny Thompson . . . . .	51.81
1995	Jenny Thompson . . . . .	52.77
1998	Misty Hyman . . . . .	51.34
1999	Misty Hyman . . . . .	51.77
2010	Elaine Breeden . . . . .	51.43
2014	Felicia Lee . . . . .	50.89

#### 200 Butterfly (12 total, 6 individuals)

1990	Janel Jorgensen . . . . .	1:58.17
1991	Summer Sanders . . . . .	1:54.17
1992	Summer Sanders . . . . .	1:53.42
1993	Janel Jorgensen . . . . .	1:57.43
1998	Misty Hyman . . . . .	1:55.70

2001	Misty Hyman . . . . .	1:55.63
2002	Shelly Ripple . . . . .	1:53.23
2007	Elaine Breeden . . . . .	1:53.02
2009	Elaine Breeden . . . . .	1:50.98
2010	Elaine Breeden . . . . .	1:52.39
2017	Ella Eastin . . . . .	1:51.35
2018	Ella Eastin . . . . .	1:50.01

#### 200 Individual Medley (9 total, 7 indiv.)

1986	Susan Rapp . . . . .	2:01.80
1990	Janel Jorgensen . . . . .	1:58.17
1991	Summer Sanders . . . . .	1:57.02
1992	Summer Sanders . . . . .	1:55.54
1995	Jenny Thompson . . . . .	1:57.63
2009	Julia Smit . . . . .	1:52.79
2010	Julia Smit . . . . .	1:53.56
2014	Maya DiRado . . . . .	1:52.50
2016	Ella Eastin . . . . .	1:51.65
2018	Ella Eastin . . . . .	1:50.67

#### 400 Individual Medley (10 total, 6 indiv.)

1989	Michelle Grigione . . . . .	4:12.29
1990	Janet Evans . . . . .	4:07.59
1991	Summer Sanders . . . . .	4:05.19
1992	Summer Sanders . . . . .	4:02.28
2008	Julia Smit . . . . .	4:02.41
2009	Julia Smit . . . . .	4:00.56
2010	Julia Smit . . . . .	4:00.90
2014	Maya DiRado . . . . .	3:58.12
2016	Ella Eastin . . . . .	3:58.40
2017	Ella Eastin . . . . .	3:57.57
2018	Ella Eastin . . . . .	3:54.60

#### 1-Meter Diving (1 total, 1 individual)

2007	Cassidy Krug . . . . .	361.55
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#### 3-Meter Diving (3 total, 2 individuals)

1992	Eileen Richetelli . . . . .	536.30
1993	Eileen Richetelli . . . . .	528.75
2007	Cassidy Krug . . . . .	420.90

#### Platform Diving (5 total, 3 individuals)

1992	Eileen Richetelli . . . . .	582.90
1993	Eileen Richetelli . . . . .	530.95
1995	Eileen Richetelli . . . . .	630.10
2001	Erin Sones . . . . .	463.05
2016	Gracia Leydon-Mahoney . . . . .	346.15





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### RELAY NCAA CHAMPIONS

#### 200 Freestyle Relay (8)

1982	Bush, Asplund, Schwarzer, Major	1:32.07
1983	Bush, Zock, Asplund, Major	1:31.67
1986	Je. Johnson, Zock, Berzins, Smith	1:31.27
1993	Edwards, Loveless, Jorgensen, Thompson	1:30.30
1994	Tong, Edwards, O'Hanlon, Thompson	1:30.53
2012	Woodward, Schaefer, Murez, Webb	1:26.85
2014	Schaefer, Neal, Lee, Olsen	1:26.23
2018	Hu, Manuel, Pitzer, Howe	1:25.43

#### 400 Freestyle Relay (13)

1982	Linzmeier, Reuss, Asplund, Major	3:20.98
1987	Johnson, McLean, Rapp, Berzins	3:17.69
1992	Edwards, Sanders, Jorgensen, Thompson	3:16.41
1994	Jespersion, Edwards, Tong, Thompson	7:09.48
1995	Franco, Bicknell, Tong, Thompson	3:17.17
1996	Tong, Austevoll, Jacob, Franco	3:18.28
1997	Rose, Amey, Franco, Fox	3:16.72
2010	Dwellely, Woodward, Webb, Smit	3:12.32
2012	Woodward, Schaefer, Murez, Webb	3:10.77
2014	Schaefer, Lee, DiRado, Neal	3:10.83
2015	Neal, Hu, Engel, Manuel	3:08.54
2017	Manuel, Ledecy, Hu, Neal	3:07.61
2018	Hu, Eastin, Drabot, Manuel	3:07.94

#### 800 Freestyle Relay (10)

1982	Elkins, Tweedy, Hanna, Linzmeier	7:16.10
1983	Reuss, Zock, Hanna, Linzmeier	7:16.50
1990	Kraemer, Jorgensen, Smith, Evans	7:07.58
1991	Jorgensen, Kraemer, Mortensen, Evans	7:09.48
1992	Kraemer, Loveless, Jorgensen, Thompson	7:04.06
1993	Jacob, Skillman, Jorgensen, Thompson	7:07.47
1996	Jespersion, Jacob, Oberhelman, Austevoll	7:11.28
1999	Hyman, Rose, Berekyei, Fox	7:06.22
2017	Manuel, Neal, Eastin, Ledecy	6:45.91
2018	Drabot, Eastin, Forde, Ledecy	6:46.93

#### 200 Medley Relay (14)

1983	Carlisle, Smith, Asplund, Bush	1:43.03
1984	Kinthead, Smith, Zock, Bush	1:42.81
1986	Pokluda, Smith, Je. Johnson, Zock	1:40.22
1992	Loveless, Heisick, Sanders, Thompson	1:38.68
1993	Loveless, Heisick, Crowe, Thompson	1:39.52
1995	Tong, O'Hanlon, Thompson, Franco	1:40.88
1996	Tong, Austevoll, Toledo, Franco	1:40.90
1998	Fox, Austevoll, Hyman, Cropper	1:37.80
1999	Ripple, Leatherwood, Hyman, Rose	1:37.77
2001	Ripple, T. Kirk, Hyman, Cropper	1:38.43
2002	Wagner, T. Kirk, Ripple, Boutwell	1:37.79
2014	Lee, Olsen, Stafford, Schaefer	1:34.95
2016	Howe, Haase, Hu, Neal	1:34.81
2018	Howe, Williams, Hu, Manuel	1:33.11

#### 400 Medley Relay (14)

1987	Donahue, Rapp, Je. Johnson, Berzins	3:38.17
1990	Trimble, Heisick, Buckovich, Jorgensen	3:38.84
1991	Jorgensen, Heisick, Sanders, Buckovich	3:39.51
1992	Loveless, Heisick, Sanders, Jorgensen	3:35.64
1993	Loveless, Heisick, Jorgensen, Jacob	3:37.27
1998	Fox, Austevoll, Hyman, Cropper	3:33.61
1999	Ripple, Austevoll, Hyman, Fox	3:33.75
2001	Ripple, T. Kirk, Hyman, Cropper	3:32.43
2002	Wagner, T. Kirk, Ripple, Boutwell	3:31.74
2014	DiRado, Olsen, Lee, Neal	3:27.51
2015	Howe, Olsen, Hu, Manuel	3:26.41
2016	Howe, Haase, Hu, Neal	3:26.14
2017	Howe, Williams, Hu, Neal	3:26.35
2018	Howe, Williams, Hu, Manuel	3:25.09

### YEAR-BY-YEAR HISTORY

Season	Head Coach	Duals	Conf.	NCAA	Season	Head Coach	Duals	Conf.	NCAA	Season	Head Coach	Duals	Conf.	NCAA
1974-75	Jim Gaughran	11-2	--	8th (AIAW)	1988-89	Richard Quick	6-0	1st	1st	2005-06	Lea Maurer	13-2	3rd	5th
1975-76	Jim Gaughran	--	--	2nd (AIAW)	1989-90	Richard Quick	8-0	1st	2nd	2006-07	Lea Maurer	10-0	2nd	4th
1976-77	Jim Gaughran	6-0	--	2nd (AIAW)	1990-91	Richard Quick	10-0	1st	2nd	2007-08	Lea Maurer	6-1	2nd	3rd
1977-78	Jim Gaughran	7-1	--	3rd (AIAW)	1991-92	Richard Quick	5-0	1st	1st	2008-09	Lea Maurer	11-0	3rd	4th
1978-79	Jim Gaughran	9-1	--	3rd (AIAW)	1992-93	Richard Quick	8-0	1st	1st	2009-10	Lea Maurer	9-0	1st	2nd
					1993-94	Richard Quick	6-0	1st	1st	2010-11	Lea Maurer	8-1	1st	4th
1979-80	Claudia Kolb Thomas	7-1	--	1st (AIAW)	1994-95	Richard Quick	8-0	1st	1st	2011-12	Lea Maurer	8-1	2nd	4th
					1995-96	Richard Quick	6-1	1st	1st					
1980-81	Holger Deitz	11-1	--	2nd	1996-97	Richard Quick	10-0	1st	2nd	2012-13	Greg Meehan	7-2	1st	8th
					1997-98	Richard Quick	7-0	1st	1st	2013-14	Greg Meehan	10-0	2nd	2nd
1981-82	George Haines	11-1	--	2nd	1998-99	Richard Quick	9-2	1st	2nd	2014-15	Greg Meehan	7-2	2nd	3rd
1982-83	George Haines	10-1	--	1st	1999-00	Richard Quick	6-1	2nd	3rd	2015-16	Greg Meehan	7-0	2nd	2nd
1983-84	George Haines	10-0	--	2nd	2000-01	Richard Quick	6-1	4th	2nd	2016-17	Greg Meehan	8-0	1st	1st
1984-85	George Haines	5-1	--	3rd	2001-02	Richard Quick	8-0	1st	3rd	2017-18	Greg Meehan	8-0	1st	1st
1985-86	George Haines	7-0	--	3rd	2002-03	Richard Quick	8-2	2nd	6th	2018-19	Greg Meehan	7-0	1st	--
1986-87	George Haines	8-1	1st	2nd	2003-04	Richard Quick	5-2	1st	5th					
1987-88	George Haines	6-1	1st	3rd	2004-05	Richard Quick	7-1	1st	5th					

Overall: 350-30 (.921)  
 Under Meehan: 54-4 (.931)  
 22 conference titles, 10 NCAA titles, 1 AIAW title





# STANFORD

## WOMEN'S SWIMMING & DIVING

2019 NCAA Championships • March 20-23 • Austin, Texas



### STANFORD SWIMMERS



**Zoe Bartel** • 5-8 • Fr. • Fort Collins, Colo. (Fossil Ridge)

- Member of Pac-12 championship team
- Scored at Pac-12 Championships in three events; 100 breast (7th, 59.92), 200 breast (5th, 2:08.93) and 200 IM (14th, 1:58.57)
- Hobbies include skiing, wake surfing and showshoeing
- Has been helicopter skiing and can solve a Rubik's cube

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

200 IM (1:58.54)  
 100 Breast (59.92) - ninth in school history  
 200 Breast (2:08.65) - eighth in school history



**MEGAN BYRNES** • 5-8 • Jr. • Fairfax, Va. (Oakton)

- Majoring in management science and engineering
- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- Two-time Pac-12 champion
  - 1650 free - 2017, 2018

- 2018 Pac-12 All-Academic first team
- Two-time CSCAA Scholar All-America (2017, 2018)

#### NCAA History

- Three-time All-America
  - 500 Freestyle - 2017 (9th)
  - 1650 Freestyle - 2017 (3rd), 2018 (4th)

#### 2019 NCAA Events (Career-best time)

500 Free (4:37.78) - eighth in school history  
 1650 Free (15:43.68) - third in school history



**KATIE DRABOT** • 5-7 • Jr. • Cedarsburg, Wis. (Cedarsburg)

- Majoring in human biology
- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- 2017 Pac-12 champion as member of 800 free relay (6:49.42, NCAA/American record at the time)

- Two-time CSCAA Scholar All-America (2017, 2018)
- 2018 Pac-12 All-Academic honorable mention

#### NCAA History

- Two-time national champion
  - 400 free relay - 2018
  - 800 free relay - 2018
- Seven-time All-America (five individual, two relays)
  - 200 free - 2017 (14th), 2018 (4th)
  - 500 free - 2017 (14th), 2018 (2nd)
  - 200 fly - 2018 (2nd)
  - 400 free relay - 2018 (1st)
  - 800 free relay - 2018 (1st)

#### 2019 NCAA Events (Career-best time)

500 Free (4:34.86) - fifth in school history  
 200 Free (1:42.99) - fifth in school history  
 200 Fly (1:51.42) - third in school history



**Ella Eastin** • 5-9 • Sr. • Irvine, Calif. (Crean Lutheran)

- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 2018, 2019)
- 2018-19 team captain
- 2018 CoSIDA First-Team Academic All-American

- Two-time Honda Swimming & Diving Award nominee (2016, 2018)
- 2019 Pac-12 Women's Swimming and Diving Scholar Athlete of the Year
- 2018 CoSIDA First-Team Academic All-American
- Two-time Pac-12 All-Academic (2017, 2018)
- Two-time Pac-12 Women's Swimmer of the Year (2017, 2018)
- 2018 NCAA Championships Swimmer of the Meet
- 2016 Pac-12 Women's Swimming Newcomer of the Year
- Three-time CSCAA Scholar All-America (2016, 2017, 2018)
- 11 Pac-12 titles (nine individual, two relays)

- 200 Backstroke - 2019
- 200 Individual Medley - 2016, 2017
- 400 Individual Medley - 2016, 2019
- 200 Butterfly - 2016, 2017, 2018
- 500 Freestyle - 2019
- 800 Free Relay - 2016, 2017
- Holds four American, NCAA and school records
  - 200 fly (1:49.51), 200 individual medley (1:50.67), 400 individual medley (3:54.60) and 800 free relay (6:45.91)

#### NCAA History

- 10-time national champion (seven individual, three relays)
  - 200 Butterfly - 2017, 2018
  - 200 Individual Medley - 2016, 2018
  - 400 Individual Medley - 2016, 2017, 2018
  - 400 Free Relay - 2018
  - 800 Free Relay - 2017, 2018
- 14-time All-America (nine individual, five relays)
  - 200 Butterfly - 2016 (2nd), 2017 (1st), 2018 (1st)
  - 200 Individual Medley - 2016 (1st), 2017 (2nd), 2018 (1st)
  - 400 Individual Medley - 2016 (1st), 2017 (1st), 2018 (1st)
  - 400 Free Relay - 2016 (4th), 2018 (1st)
  - 800 Medley Relay - 2016 (6th), 2017 (1st), 2018 (1st)

#### 2019 NCAA Events (Career-best time)

200 IM (1:50.67) - American/NCAA record  
 400 IM (3:54.60) - American/NCAA record  
 200 Fly (1:49.51) - American/NCAA record





# STANFORD

## WOMEN'S SWIMMING & DIVING

2019 NCAA Championships • March 20-23 • Austin, Texas



### STANFORD SWIMMERS



**Amalie Fackenthal** • 5-8 • Fr. • Carmichael, Calif. (Sacramento CD)

- Member of Pac-12 championship team
- Scored at Pac-12 Championships in three events; 50 free (11th, 22.38), 100 free (12th, 48.94) and 100 fly (12th, 52.82)
- Pac-12 runner-up as member of the 200 free relay (1:27.42) and 200 medley relay (1:35.51)

- Won the 50 free (23.14) and 100 fly (53.46) in first collegiate meet vs. Utah
- Violinist since age four and trained ukulele player
- Has an older sister, Marigot, who is a fencer at Cornell

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 50 Free (22.19)
- 100 Fly (52.61)
- 100 Free (48.63)



**Brooke Forde** • 5-9 • So. • Louisville, Ky. (Sacred Heart Academy)

- Member of 2018 NCAA championship team
- Member of two Pac-12 championship teams (2018, 2019)
- 2017-18 Pac-12 Women's Swimming Newcomer of the Year
- 2018 CSCAA Scholar All-America
- Ranks among Stanford all-time top 10 in 500 free, 200 breast, 200 IM and 400 IM

- Mother swam at Northwestern
- Brother, Mitchell, swam at Missouri, and brother, Clayton, swims at Georgia

#### NCAA History

- Three-time All-America (two individual, one relay)
  - 400 Individual Medley - 2018 (4th)
  - 500 Free - 2018 (11th)
  - 800 Free Relay - 2018 (1st)
- 800 free relay national champion (2018)

#### 2019 NCAA Events (Career-best time)

- 500 Free (4:37.53) - seventh in school history
- 400 IM (3:59.34) - fifth in school history
- 200 Fly (1:53.67) - eighth in school history



**Anya Goeders** • 6-1 • Fr. • Lowell, Ind. (Lowell)

- Member of 2019 Pac-12 championship team
- Scored at Pac-12 Championships in 50 free (9th, 22.11) and 100 free (9th, 48.71)
- Pac-12 runner-up as member of the 200 free relay (1:27.42) and 400 free relay (3:10.43)

- Won the 50 free (22.33) vs. No. 20 UCLA (Feb. 1)

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 50 Free (22.11)
- 100 Free (48.71)



**Lucie Nordmann** • 6-1 • Fr. • The Woodlands, Texas (The Woodlands)

- Member of Pac-12 championship team
- Scored at Pac-12 Championships in three events; 100 back (4th, 51.47), 200 free (15th, 1:46.46) and 200 back (3rd, 1:51.34)
- Won the 100 back (55.95) and 100 fly (56.94) in second collegiate meet (Oct. 12 at Washington State)

- Mother, Amy, was an All-American and national champion in volleyball at Washington University in Saint Louis and was inducted into the CoSIDA Academic All-America Hall of Fame in 2007
- Father, Michael, swam at the University of Utah

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 50 Free (22.40)
- 100 Back (51.47) - seventh in school history
- 200 Back (1:51.34) - sixth in school history



**Lauren Pitzer** • 5-10 • So. • Forth Worth, Texas (Fossil Ridge)

- Member of 2018 NCAA championship team
- Member of two Pac-12 championship teams (2018, 2019)
- 2018 CSCAA Scholar All-America
- 2019 Pac-12 runner-up in the 500 free (4:34.30)
- Also scored at 2019 Pac-12 Championships in the 100 free (5th, 48.25) and 200 free (4th, 1:43.50)

#### NCAA History

- 2018 national champion in the 200 free relay (1:25.43, NCAA/American record)
- Four-time All-America (one individual, three relays)
  - 500 free - 2018 (16th)
  - 200 free relay - 2018 (1st)
  - 400 free relay - 2018 (prelims)
  - 200 medley relay - 2018 (prelims)

#### 2019 NCAA Events (Career-best time)

- 500 Free (4:34.30) - third in school history
- 200 Free (1:43.50) - seventh in school history
- 100 Free (48.19 at 2019 Pac-12 Championships)



**Allie Raab** • 5-9 • Fr. • Brentwood, Tenn. (Brentwood Academy)

- Member of Pac-12 championship team
- Scored at Pac-12 Championships in three events; 200 IM (6th, 1:55.97), 100 breast (5th, 59.60) and 200 breast (4th, 2:08.11)
- Won the 200 individual medley (2:01.46) in first collegiate meet vs. Utah (Oct. 9)

- Mother, Jamie (nee Rugless), swam for Stanford (1988-90) and was an All-American for the 1989 national championship team
- Sister, Meaghan swam at Georgia and won the 2016 national team title

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 400 IM (4:06.72)
- 100 Breast (59.60) - seventh in school history
- 200 Breast (2:08.11) - seventh in school history







# STANFORD

## WOMEN'S SWIMMING & DIVING

2019 NCAA Championships • March 20-23 • Austin, Texas



### STANFORD SWIMMERS



**Taylor Ruck** • 6-2 • Fr. • Scottsdale, Ariz. (Chaparral)

- Member of 2019 Pac-12 championship team
- Pac-12 runner-up in the 100 back (50.52) and 200 back (1:48.67)
- Also scored at Pac-12's in the 50 free (6th, 22.24)
- Won two bronze medals at 2016 Summer Olympics with Canada's 4x100 and 4x200 free relay teams

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 200 Free (1:42.80) - fourth in school history
- 100 Back (50.52) - third in school history
- 200 Back (1:48.67) - second in school history



**Leah Stevens** • 5-7 • Sr. • Louisville, Ky. (Sacred Heart Academy)

- Majoring in human biology
- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- 2018-19 team captain
- Two-time Pac-12 All-Academic honorable mention (2017, 2018)
- 2019 Pac-12 champion in the 1650 free (15:51.26)
- 2018 CSCAA Scholar All-America

#### NCAA History

- Three-time All-America
  - 500 free - 2017 (11th)
  - 1650 free - 2017 (4th), 2018 (5th)

#### 2019 NCAA Events (Career-best time)

- 500 Free (4:37.44 at 2018 Pac-12 Championships)
- 400 IM (4:07.74 at 2018 Pac-12 Championships)
- 1650 Free (15:49.07) - fourth in school history



**Allie Szekely** • 5-8 • Jr. • Doylestown, Pa. (Gwynedd Mercy Acad.)

- Majoring in management science and engineering
- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- Two-time CSCAA Scholar All-America (2017, 2018)
- 2018 Pac-12 All-Academic first team
- Scored at Pac-12 Championships in three events; 200 breast (12th, 2:11.84), 400 IM (4:06.63) and 200 back (7th, 1:54.51)
- Served 10-day mission trips to El Salvador in the summers of 2014 and 2015
- Father, mother, two uncles and one aunt all swam at Bowling Green
- Brother, Chris, swam at Army West Point

#### NCAA History

- Two-time All-America
  - 400 IM - 2017 (11th), 2018 (14th)

#### 2019 NCAA Events (Career-best time)

- 400 IM (4:02.34) - seventh in school history
- 200 Back (1:51.72) - ninth in school history
- 200 Breast (2:11.29 at 2019 Pac-12 Championships)



**Morgan Tankersley** • 5-7 • Fr. • Tampa, Fla. (H.B. Plant)

- Member of Pac-12 championship team
- Scored at the Pac-12 Championships in three events; 200 free (5th, 1:44.24), 500 free (4th, 4:37.00) and 1650 free (3rd, 15:59.98)
- Plays the piano and the violin
- Aspires to dive with and study great white sharks
- Mother and father swam at Florida State (Nov. 17)

#### NCAA History

- None

#### 2019 NCAA Events (Career-best time)

- 500 Free (4:37.00) - sixth in school history
- 200 Free (1:44.24 at 2019 Pac-12 Championships)
- 1650 Free (15:59.68) - sixth in school history



**Erin Voss** • 6-0 • Jr. • Northampton, Mass. (Northampton)

- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- 2018 Pac-12 All-Academic first team
- Two-time CSCAA Scholar All-America (2017, 2018)
- Scored at 2019 Pac-12 Championships in three events; 100 back (5th, 52.07), 200 back (4th, 1:51.43) and 500 free (6th, 4:38.29)
- Set pool record in the 200 back (1:56.82) at Washington State (Oct. 12, 2019)

#### NCAA History

- 2018 All-American in the 200 back (11th)

#### 2019 NCAA Events (Career-best time)

- 500 Free (4:38.29) - 10th in school history
- 100 Back (52.07) - ninth in school history
- 200 Back (1:51.43) - eighth in school history



**Grace Zhao** • 5-8 • So. • Palo Alto, Calif. (Palo Alto)

- Member of 2018 NCAA championship team
- Member of two Pac-12 championship teams (2018, 2019)
- 2019 Pac-12 champion in the 200 breast (2:07.07)
- Pac-12 runner-up as member of the 200 medley relay (1:35.51)
- CSCAA Scholar All-America
- Born in New York
- Lived in Beijing for 13 years, moved to Palo Alto the summer before high school

#### NCAA History

- Four-time All-America (two individual, two relays)
  - 100 breast - 2018 (13th)
  - 200 breast - 2018 (16th)
  - 200 medley relay - 2018 (prelims)
  - 400 medley relay - 2018 (prelims)

#### 2019 NCAA Events (Career-best time)

- 100 Breast (59.73) - eighth in school history
- 200 Breast (2:07.07) - third in school history





# STANFORD

## WOMEN'S SWIMMING & DIVING

2019 NCAA Championships • March 20-23 • Austin, Texas



### STANFORD DIVERS



**Haley Farnsworth** • 5-4 • Jr. • San Clemente, Calif. (San Clemente)

- Majoring in communication
- Member of two NCAA championship teams (2017, 2018)
- Member of three Pac-12 championship teams (2017, 18, 19)
- 2018 Pac-12 All-Academic honorable mention
- 2017 Pac-12 Diving Newcomer of the Year

• Spent summer of 2017 in Vietnam as part of Student-Athlete Civic Engagement (ACE) program

#### NCAA History

- Three-time NCAA qualifier on the 1-meter (2017, 2018, 2019)
- Two-time NCAA qualifier on the 3-meter (2017, 2018)
- Finished 29th on the 1-meter (268.70) and 31st on the 3-meter (293.35) in 2018
- Finished 36th on the 1-meter (248.35) and 48th on the 3-meter (242.85) in 2017

#### 2019 NCAA Event

1-Meter



**DARIA LENZ** • 5-3 • Fr. • Altadena, Calif. (Polytechnic School)

- Member of 2019 Pac-12 championship team
- Qualified for 2019 NCAA Championships on 1-meter and platform
- Scored at Pac-12 Championships on 1-meter (5th) and platform (3rd)

• Won on the 1-meter (278.55) in first collegiate meet vs. Utah (Oct. 9)  
• All three older sisters are also divers

#### NCAA History

• None

#### 2019 NCAA Events

1-Meter

Platform



**MIA PAULSEN** • 5-4 • So. • Atherton, Calif. (Menlo-Atherton)

- Member of 2018 NCAA championship team
- Member of two Pac-12 championship teams (2018, 2019)
- 2019 Pac-12 champion on the platform (256.30)
- Also scored on the 3-meter at Pac-12 Championships (8th, 243.80)

• Great-grandfather received first electrical engineering PhD at Stanford  
• Great-great grandmother was Stanford class of '00 (1900)

#### NCAA History

• None

#### 2019 NCAA Events

3-Meter

Platform



**Carolina Sculti** • 5-9 • Sr. • Irvine, Calif. (Crean Lutheran)

- Member of 2019 Pac-12 championship team
- Scored at Pac-12 Championships in all three events
  - 1-meter (3rd), 3-meter (2nd) and platform (7th)
- Won on the 1-meter (286.00) at Ohio State Invitational
- Speaks Chinese

#### NCAA History

• None

#### 2019 NCAA Events

1-Meter

3-Meter

Platform

