

# STANFORD MEN'S TRACK AND FIELD

## OUTDOOR ALL-TIME TOP 10

Thru May 8, 2019

| 100 Meters            | Year       | Time   |
|-----------------------|------------|--------|
| 1. Wopamo Osaisai     | 2005       | 10.39  |
| 2. Isaiah Brandt-Sims | 2018       | 10.41  |
| 3. Gabriel Navarro    | 2018       | 10.43  |
| 4. Larry Questad      | 1963, 1965 | 10.44c |
| 5. Jimmie Johnson     | 1997       | 10.46  |
| 6. Stanley Wilson     | 2004       | 10.46  |
| 7. Marvin Holmes      | 1977       | 10.48  |
| 8. Clyde Jeffrey      | 1939       | 10.54c |
| James Lofton          | 1978       | 10.54c |
| Darrin Nelson         | 1979       | 10.54c |

**Note:** Questad's time is converted from a 9.3 hand-timed 100 yards; Jeffrey ran a hand-timed 9.4 for 100 yards; Lofton and Nelson ran 10.3 hand-timed; Gordon Banks was mistakenly listed in previous lists for a 10.40, but it was actually 10.4 hand-timed, which converts to 10.64.

| 200 Meters            | Year | Time   |
|-----------------------|------|--------|
| 1. James Lofton       | 1978 | 20.33  |
| 2. Larry Questad      | 1963 | 20.74c |
| 3. Jack Weiershauser  | 1937 | 20.84c |
| 4. Isaiah Brandt-Sims | 2015 | 20.93  |
| 5. Jimmie Johnson     | 1997 | 20.95  |
| 6. Wopamo Osaisai     | 2005 | 21.04  |
| Gabriel Navarro       | 2018 | 21.04  |
| 8. Damon Dunn         | 1996 | 21.10  |
| 9. Eric Frische       | 1963 | 21.24c |
| Ken Curl              | 1972 | 21.24c |
| Gordon Banks          | 1977 | 21.24c |

**Note:** Questad's time is converted from 20.6 hand-timed for 220 yards; Lofton's is converted from a hand-time of 20.5 for 200 meters; Weiershauser ran 20.7 hand-timed for 220 yards; Frische and Curl ran hand-timed 21.1 for 220 yards; Banks ran a hand-timed 21.0 for 200 meters. Clyde Jeffrey ran a hand-timed 20.8 for 220 yards in 1939, which is equal to 20.94 for 200 meters, but the time was run on a straight track rather than on a curve and is not included here.

| 400 Meters        | Year | Time   |
|-------------------|------|--------|
| 1. Steven Solomon | 2014 | 45.36  |
| 2. Rene Rodriguez | 1994 | 45.85  |
| 3. Alan Sheats    | 1977 | 46.08  |
| 4. Amaechi Morton | 2012 | 46.12  |
| 5. Jimmie Johnson | 1996 | 46.17  |
| 6. Nick Sebes     | 2004 | 46.20  |
| 7. Ben Eastman    | 1932 | 46.34c |
| 8. Andrew Dargie  | 2008 | 46.53  |
| 9. Ray Malott     | 1938 | 46.54c |
| James Lofton      | 1977 | 46.54c |

**Note:** Eastman's time is converted from a hand-timed 46.4 for 440 yards; Lofton's time was converted from a hand-timed 46.4; Malott's was converted from a hand-timed 46.6 for 440 yards.

| 800 Meters         | Year | Time     |
|--------------------|------|----------|
| 1. Michael Stember | 2000 | 1:46.20  |
| 2. Gabe Jennings   | 2001 | 1:46.83  |
| 3. Ernie Cunliffe  | 1960 | 1:46.84c |
| 4. David Strang    | 1990 | 1:46.90  |
| 5. Luke Lefebure   | 2014 | 1:47.64  |
| 6. Christian Skoog | 1986 | 1:47.92  |
| 7. Grant Robison   | 2003 | 1:47.96  |
| Russell Brown      | 2007 | 1:47.96  |
| 9. Bill Crowley    | 1990 | 1:48.20  |
| 10. Ryan Carroll   | 2001 | 1:48.42  |

**Note:** Cunliffe's time is converted from a hand-timed 1:47.3 for 880 yards.

| 1,500 Meters       | Year | Time    |
|--------------------|------|---------|
| 1. Michael Stember | 2000 | 3:35.11 |
| 2. Gabe Jennings   | 2000 | 3:35.21 |
| 3. Grant Robison   | 2003 | 3:35.75 |
| 4. Sean McGorty    | 2018 | 3:36.61 |
| 5. Russell Brown   | 2007 | 3:37.56 |
| 6. Garrett Heath   | 2009 | 3:37.57 |
| 7. Jonathon Riley  | 2000 | 3:38.90 |
| 8. Marc Olesen     | 1988 | 3:39.26 |
| 9. Donald Sage     | 2001 | 3:39.27 |
| 10. Michael Atchoo | 2013 | 3:39.57 |

| Mile                  | Year | Time     |
|-----------------------|------|----------|
| 1. Jeff Atkinson      | 1986 | 3:55.16  |
| 2. Sean McGorty       | 2018 | 3:55.21  |
| 3. Michael Stember    | 1998 | 3:59.11  |
| 4. Gabe Jennings      | 1998 | 3:59.32  |
| 5. Jonathon Riley     | 2002 | 3:59.69  |
| 6. Duncan MacDonald   | 1970 | 3:59.74c |
| 7. Brian Mittelstaedt | 1973 | 4:00.24c |
| 8. Ernie Cunliffe     | 1960 | 4:00.54c |
| 9. Harry McCalla      | 1963 | 4:01.64c |
| 10. Donald Sage       | 2004 | 4:01.69  |

**Note:** MacDonald's time is converted from a hand-timed 3:59.6. Mittelstaedt's time was 4:00.1; Cunliffe's time was 4:00.4; McCalla's time was 4:01.5.

| 3,000-Meter Steeplechase | Year | Time    |
|--------------------------|------|---------|
| 1. Ian Dobson            | 2004 | 8:32.09 |
| 2. Steven Fahy           | 2018 | 8:34.52 |
| 3. Jesse Thomas          | 2002 | 8:35.83 |
| 4. J.T. Sullivan         | 2011 | 8:37.74 |
| 5. David Frank           | 1984 | 8:38.89 |
| 6. Benjamin Johnson      | 2011 | 8:40.32 |
| 7. Jonathan Pierce       | 2006 | 8:40.72 |
| 8. David Vidal           | 2005 | 8:43.07 |
| 9. Fred Carter           | 1992 | 8:45.92 |
| 10. Brian Pettingill     | 1985 | 8:48.3  |

| 5,000 Meters      | Year | Time     |
|-------------------|------|----------|
| 1. Ian Dobson     | 2005 | 13:15.33 |
| 2. Ryan Hall      | 2005 | 13:16.03 |
| 3. Sean McGorty   | 2018 | 13:21.93 |
| 4. Louis Luchini  | 2004 | 13:25.19 |
| 5. Elliott Heath  | 2011 | 13:26.14 |
| 6. Brad Hauser    | 2000 | 13:27.31 |
| 7. Jonathon Riley | 2002 | 13:29.15 |
| 8. Grant Fisher   | 2019 | 13:29.52 |
| 9. Chris Derrick  | 2011 | 13:29.74 |
| 10. Joe Rosa      | 2014 | 13:31.69 |

| 10,000 Meters      | Year | Time     |
|--------------------|------|----------|
| 1. Chris Derrick   | 2012 | 27:31.38 |
| 2. Ian Dobson      | 2005 | 27:59.72 |
| 3. Brad Hauser     | 1999 | 28:08.12 |
| 4. Brent Hauser    | 2000 | 28:23.37 |
| 5. Adam Tenforde   | 2003 | 28:23.67 |
| 6. Jake Riley      | 2011 | 28:27.31 |
| 7. Neftalem Araia  | 2006 | 28:27.43 |
| 8. Jason Balkman   | 1999 | 28:32.21 |
| 9. Nathan Nutter   | 1998 | 28:32.62 |
| 10. Jonathon Riley | 2001 | 28:33.71 |

| <b>110-Meter Hurdles</b> | <b>Year</b> | <b>Time</b> |
|--------------------------|-------------|-------------|
| 1. Myles Bradley         | 2009        | 13.61       |
| 2. Harrison Williams     | 2016        | 13.88       |
| 3. John Foster           | 1976        | 13.94c      |
| 4. Bob Mathias           | 1953        | 14.04c      |
| Rick Tipton              | 1969        | 14.04c      |
| 6. Amaechi Morton        | 2012        | 14.07       |
| 7. Justin Williams       | 2003        | 14.10       |
| 8. J.J. Jackson          | 2009        | 14.12       |
| 9. Steve Cortwright      | 1963        | 14.14c      |
| 10. Peter Kolotouros     | 1989        | 14.15       |

**Note:** Foster's was a hand-timed 13.7; Mathias's time is converted from a hand-timed 13.8; Tipton ran a hand-timed 13.7 for 120 yards; Cortwright's time is converted from a hand-timed 13.8 for 120 yards.

| <b>400-Meter Hurdles</b> | <b>Year</b> | <b>Time</b> |
|--------------------------|-------------|-------------|
| 1. Amaechi Morton        | 2012        | 48.79       |
| 2. Durell Coleman        | 2010        | 50.24       |
| 3. Randy White           | 1971        | 50.64c      |
| 4. Jeff Allen            | 1998        | 50.98       |
| 5. Matt Hogsett          | 1974        | 51.14c      |
| 6. Tom Shellworth        | 1977        | 51.34c      |
| 7. Jackson Shumway       | 2016        | 51.39       |
| 8. Julian Body           | 2017        | 51.62       |
| 9. Garry Shumway         | 1981        | 51.71       |
| 10. Shaughn Ryan         | 1986        | 51.73       |
| 11. Daniel Brady         | 2016        | 51.79       |
| 12. Tim Collins          | 1988        | 52.15       |
| 13. Colin Dolese         | 2016        | 52.51       |
| 14. Gerren Crochet       | 2003        | 52.63       |
| 15. Jim Luttrell         | 1955        | 52.64c      |

**Note:** White's time is converted from 50.7 for 440 yards; Hogsett's time is converted from 51.3 for 440 yards; Shellworth's time was a hand-timed 51.3;

| <b>4x100-Meter Relay</b>                                      | <b>Year</b> | <b>Time</b> |
|---|-------------|-------------|
| 1.  | 1965        | 39.64c      |
| Eric Frische, Dale Rubin, Bob McIntyre, Larry Questad         |             |             |
| 2.  | 2004        | 39.71       |
| T.J. Rushing, Nick Sebes, Curtis Goehring, Stanley Wilson     |             |             |
| 3.  | 2018        | 39.79       |
| Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body |             |             |
| 4.  | 1978        | 39.84c      |
| Darrin Nelson, Alan Sheats, Gordon Banks, James Lofton        |             |             |
| 5.  | 2018        | 39.86       |
| Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body |             |             |
| 6.  | 2018        | 40.03       |
| Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body |             |             |
| 7.  | 2018        | 40.04       |
| Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body |             |             |
| 8.  | 2018        | 40.04       |
| Frank Kurtz, Gabriel Navarro, Isaiah Brandt-Sims, Julian Body |             |             |
| 9.  | 2003        | 40.15       |
| Milton Little, Gerren Crochet, Nick Sebes, T.J. Rushing       |             |             |
| 10.   | 2008        | 40.24       |
| Daniel Belch, Andrew Dargie, Tyrone McGraw, Wopamo Osaisai    |             |             |

**Note:** The No. 1 time is converted from a hand-timed 39.7 for 440 yards; The No. 3 time is a hand-timed 39.7.

| <b>4x400-Meter Relay</b>  | <b>Year</b> | <b>Time</b> |
|---|-------------|-------------|
| 1.  | 2018        | 3:04.82     |
| Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims       |             |             |
| 2.  | 2018        | 3:04.84     |
| Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims       |             |             |
| 3.  | 2018        | 3:05.50     |
| Frank Kurtz, Julian Body, Gabriel Navarro, Isaiah Brandt-Sims       |             |             |
| 4.  | 2016        | 3:05.59     |
| Harrison Williams, Frank Kurtz, Isaiah Brandt-Sims, Jackson Shumway |             |             |
| 5.  | 2018        | 3:05.76     |
| Frank Kurtz, Isaiah Brandt-Sims, Gabriel Navarro, Julian Body       |             |             |
| 6.  | 2016        | 3:06.18     |
| Harrison Williams, Frank Kurtz, Isaiah Brandt-Sims, Jackson Shumway |             |             |
| 7.  | 1978        | 3:06.74c    |
| Paul McCarthy, Gordon Banks, Alan Sheats, James Lofton              |             |             |
| 8.  | 2003        | 3:07.23     |
| Milton Little, Gerren Crochet, Curtis Goehring, Nick Sebes          |             |             |
| 9.  | 1977        | 3:07.64c    |
| Alan Sheats, Tom Shellworth, Gordon Banks, James Lofton             |             |             |
| 10.   | 2004        | 3:07.53     |
| Curtis Goehring, Nick Sebes, Stanley Wilson, T.J. Rushing           |             |             |

**Note:** The No. 3 time is a converted hand-timed 3:06.6; No. 5 is from a hand-timed mile relay of 3:08.5.

| <b>High Jump</b>    | <b>Year</b> | <b>Mark</b>     |
|---------------------|-------------|-----------------|
| 1. Brian Marshall   | 1988        | 7-5 3/4 (2.28)  |
| 2. Michael Ponikvar | 2001, 2002  | 7-4 1/2 (2.25)  |
| 3. Peter Boyce      | 1968        | 7-3 (2.21)      |
| Travis Clark        | 1993        | 7-3 (2.21)      |
| 5. Dartis Willis II | 2016        | 7-2 1/4 (2.19)  |
| 6. Jules Sharpe     | 2013        | 7-1 3/4 (2.18)  |
| 7. John Hopkins     | 1989        | 7-1 1/2 (2.17)  |
| 8. Todd Beyerlein   | 1998        | 7-0 1/4 (2.14)  |
| 9. Jaak Uudmae      | 2015        | 6-10 3/4 (2.10) |
| 10. Ed Hanks        | 1965        | 6-10 (2.09)     |
| Skip Grodahl        | 1972        | 6-10 (2.09)     |
| Chris Patrick       | 1981        | 6-10 (2.09)     |

| <b>Pole Vault</b>    | <b>Year</b> | <b>Mark</b>      |
|----------------------|-------------|------------------|
| 1. Toby Stevenson    | 2000        | 18-9 1/2 (5.72)  |
| 2. Dylan Duvio       | 2015        | 18-1 3/4 (5.53)  |
| 3. Graeme Hoste      | 2006        | 18-1 (5.51)      |
| 4. John Gash         | 1987        | 17-8 1/2 (5.40)  |
| 5. Garrett Starkey   | 2015        | 17-3 (5.26)      |
| 6. Harrison Williams | 2016        | 17-2 3/4 (5.25)  |
| 7. Jamie Marek       | 1993        | 17-0 3/4 (5.20)  |
| Casey Roche          | 2009        | 17-0 3/4 (5.20)  |
| 9. Corey Dysick      | 2009        | 17-0 1/4 (5.20)  |
| 10. Jim Eshelman     | 1967        | 16-11 1/4 (5.17) |

| <b>Long Jump</b>    | <b>Year</b> | <b>Mark</b>      |
|---------------------|-------------|------------------|
| 1. James Lofton     | 1978        | 27-0 (8.22)      |
| 2. Marcus Hickerson | 1990        | 26-0 3/4 (7.94)  |
| 3. Milton Little    | 2003        | 25-11 (7.90)     |
| 4. Dan Moore        | 1962        | 25-9 1/2 (7.86)  |
| 5. Darrin Nelson    | 1978        | 25-7 1/2 (7.81)  |
| 6. Gay Bryan        | 1949        | 25-4 3/4 (7.74)  |
| 7. Frank Herrmann   | 1957        | 25-3 (7.70)      |
| 8. Bud Walsh        | 1967        | 25-2 (7.67)      |
| 9. Tom Anderson     | 1971        | 25-1 (7.65)      |
| 10. Craig Vaughan   | 1967        | 24-11 1/2 (7.61) |

| <b>Triple Jump</b>  | <b>Year</b> | <b>Mark</b>      |
|---------------------|-------------|------------------|
| 1. Darian Brooks    | 2014        | 52-6 3/4 (16.02) |
| 2. Allen Meredith   | 1970        | 52-3 (15.93)     |
| 3. Solomon Welch    | 2005        | 51-9 (15.77)     |
| 4. Ian Arnold       | 1968        | 51-8 1/2 (15.76) |
| 5. Feranmi Okanlami | 2006        | 51-4 1/2 (15.66) |
| 6. Tom Massey       | 1969        | 51-1 1/2 (15.58) |
| 7. Jami Webb        | 1994        | 51-0 (15.54)     |
| 8. Jaak Uudmae      | 2016        | 50-10 (15.49)    |
| 9. Phil Cannon      | 1986        | 50-9 1/4 (15.47) |
| 10. Brian Manning   | 1994        | 50-7 (15.42)     |

| <b>Shot Put</b>        | <b>Year</b> | <b>Mark</b>       |
|------------------------|-------------|-------------------|
| 1. Terry Albritton     | 1977        | 67-9 1/4 (20.65)  |
| 2. Garin Veris         | 1982        | 64-10 3/4 (19.78) |
| 3. Tristen Newman      | 2017        | 60-9 1/4 (18.52)  |
| 4. Pete Swanson        | 1995        | 60-7 1/4 (18.46)  |
| 5. Brian Boggess       | 1989        | 60-1 (18.31)      |
| 6. Jerry Winters       | 1960        | 59-11 1/4 (18.27) |
| 7. Andy Papathanassiou | 1989        | 58-8 1/2 (17.89)  |
| 8. T.C. Jones          | 1969        | 58-5 1/2 (17.82)  |
| 9. Geoffrey Tabor      | 2011        | 58-4 1/2 (17.79)  |
| 10. Michael Macellari  | 2008        | 58-1 1/4 (17.71)  |

| <b>Discus</b>        | <b>Year</b> | <b>Mark</b>   |
|----------------------|-------------|---------------|
| 1. Michael Robertson | 2007        | 210-1 (64.04) |
| 2. Daniel Schaerer   | 2009        | 208-6 (63.55) |
| 3. Omer Inan         | 2002        | 198-7 (60.53) |
| 4. Glenn Schneider   | 1988        | 196-1 (59.76) |
| 5. Dave Weill        | 1963        | 193-2 (58.88) |
| 6. Geoffrey Tabor    | 2012        | 192-6 (58.67) |
| 7. Dave Thomson      | 1981        | 190-3 (58.00) |
| 8. Bob Stoecker      | 1966        | 189-1 (57.64) |
| 9. Mark Ganek        | 1999        | 187-2 (57.04) |
| 10. Steve Davis      | 1969        | 182-6 (55.62) |

| <b>Hammer</b>      | <b>Year</b> | <b>Mark</b>    |
|--------------------|-------------|----------------|
| 1. David Popejoy   | 1995        | 240-10 (73.42) |
| 2. Adam Connolly   | 1999        | 237-5 (72.37)  |
| 3. Justin Strand   | 1997        | 233-5 (71.16)  |
| 4. Brian Masterson | 1985        | 229-10 (70.06) |
| 5. Shaun Pickering | 1984        | 225-1 (68.60)  |
| 6. Rick Buss       | 1980        | 222-5 (67.80)  |
| 7. Nick Welihozkiy | 2003        | 221-1 (67.38)  |
| 8. Michael Painter | 2017        | 219-3 (66.84)  |
| 9. Dave Thomson    | 1981        | 213-2 (64.98)  |
| 10. Toby Norwood   | 1995        | 211-0 (64.32)  |

| <b>Javelin</b>      | <b>Year</b> | <b>Mark</b>    |
|---------------------|-------------|----------------|
| 1. Liam Christensen | 2019        | 245-4 (74.78)  |
| 2. Trevor Danielson | 2018        | 235-7 (71.80)  |
| 3. Chad Wassink     | 2001        | 234-0 (71.32)  |
| 4. Dave Pickett     | 1988        | 233-11 (71.30) |
| 5. Charlie Kerr     | 2017        | 221-10 (67.61) |
| 6. Aaron Konigsberg | 2013        | 220-1 (67.09)  |
| 7. Jason Goff       | 2004        | 218-8 (66.65)  |
| 8. Andrew Rondema   | 2015        | 217-8 (66.34)  |
| 9. Will Kingsfield  | 2018        | 212-3 (64.69)  |
| 10. Robert Hintz    | 2011        | 211-0 (64.31)  |

| <b>Decathlon</b>     | <b>Year</b> | <b>Points</b> |
|----------------------|-------------|---------------|
| 1. Harrison Williams | 2019        | 8,112         |
| 2. Bob Mathias       | 1952        | 7,592c        |
| 3. Jay Thorson       | 1986        | 7,529         |
| 4. Josh Hustedt      | 2008        | 7,465         |
| 5. Jason Goff        | 2001        | 7,428         |
| 6. Travis Clark      | 1995        | 7,287         |
| 7. Michael Heise     | 1982        | 7,228*        |
| 8. D.D. Harris       | 1989        | 7,084         |
| 9. Timi Wusu         | 2003        | 7,016         |
| 10. Josh Gleason     | 1996        | 7,013         |

**Note:** Mathias' score was a world-record 7,887 points, but has been adjusted to reflect the scoring tables that were instituted in 1984.

\*Heise's score is from the old scoring tables, but his marks are unavailable and therefore his adjusted scores are unknown.

#### **Also:**

| <b>100 Yards</b>  | <b>Year</b> | <b>Mark</b> |
|-------------------|-------------|-------------|
| 1. Larry Questad  | 1963, 1965  | 9.3         |
| 2. Clyde Jeffrey  | 1939        | 9.4         |
| 3. Eric Frische   | 1963        | 9.5         |
| Rick Tipton       | 1969        | 9.5         |
| Chuck Francis     | 1971        | 9.5         |
| 6. Morris Kirksey | 1920        | 9.6         |
| Hector Dyer       | 1930        | 9.6         |
| Dean Smith        | 1958        | 9.6         |
| Donn Forbes       | 1966        | 9.6         |

| <b>Two Mile</b>       | <b>Year</b> | <b>Mark</b> |
|-----------------------|-------------|-------------|
| 1. Don Kardong        | 1971        | 8:37.8      |
| 2. Greg Brock         | 1970        | 8:45.2      |
| 3. Tony Sandoval      | 1976        | 8:47.4      |
| 4. Arvid Kretz        | 1971        | 8:49.4      |
| 5. Brian Mittelstaedt | 1973        | 8:50.2      |

| <b>Marathon</b>  | <b>Year</b> | <b>Mark</b> |
|------------------|-------------|-------------|
| 1. Tony Sandoval | 1976        | 2:14.58     |

| <b>220-Yard Low Hurdles</b> | <b>Year</b> | <b>Mark</b> |
|-----------------------------|-------------|-------------|
| 1. Chuck Cobb               | 1957        | 23.0        |
| 2. Sam Klopstock            | 1934        | 23.2        |
| Jack Weiershauser           | 1937        | 23.2        |
| Bob Mathias                 | 1953        | 23.2        |
| 5. Jim Luttrell             | 1955        | 23.3        |

| <b>Javelin (pre-1987)</b> | <b>Year</b> | <b>Mark</b>       |
|---------------------------|-------------|-------------------|
| 1. Tom Colby              | 1968        | 265-8 (80.97)     |
| 2. Gary Bruner            | 1980        | 243-6 (74.21)     |
| 3. Art Batchelder         | 1962        | 241-10 (73.71)    |
| 4. Bob Kimball            | 1953        | 239-7 (73.02)     |
| 5. Leo Long               | 1954        | 235-9 3/4 (71.87) |